

# OPIOID USE AND PREGNANCY

## WB4731

**PROGRAM DESCRIPTION:** This training provides essential knowledge needed to effectively address opioid use before pregnancy, during pregnancy, and in the postpartum period. The training module highlights considerations for initiating opioid therapy for pain for persons who can become pregnant or who are pregnant and presents recommendations for pain management and effective strategies for treating opioid use disorder in pregnant and postpartum persons.

### OBJECTIVES:

At the conclusion of the session, the participant should be able to:

1. Determine what to consider when initiating opioid therapy for pain for people who may become pregnant or who are pregnant.
2. Differentiate between pain management recommendations for individuals during pregnancy and those in the postpartum period.
3. Differentiate between strategies for treating opioid use disorder (OUD) in individuals who are pregnant and those in the postpartum period.
4. Recognize the importance of care coordination and interprofessional collaboration in pain management and OUD treatment for pregnant and postpartum people.

### FACULTY/ CREDENTIALS:

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**ORIGINATION DATE: 10/19/2023**

**EXPIRATION DATE: 10/19/2025**

**URL:** <https://www.cdc.gov/overdose-prevention/hcp/clinical-care/opioid-use-and-pregnancy.html>

**HARDWARE/SOFTWARE:** Computer Hardware; Internet Connection;  
Browser

**MATERIALS:** None

**TARGET AUDIENCE:** Physicians, Registered Nurses

**PREREQUISITES:** None

**FORMAT:** This activity is **Web-based**.

**CONTACT INFORMATION:** **Division of Overdose Prevention, National Center for Injury Prevention and Control 800-232-4636**

## ACCREDITATION STATEMENTS:



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, The Centers for Disease Control and Prevention is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**CME:** The Centers for Disease Control and Prevention designates this **enduring** activity for a maximum of **0.75** AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CNE:** The Centers for Disease Control and Prevention designates this activity for **0.75** nursing contact hours.

**CEU:** The Centers for Disease Control and Prevention is authorized by IACET to offer 0.1 CEU's for this program.

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## Instructions for Obtaining Continuing Education (CE)

To receive continuing education (CE) for **WB4731 Opioid Use and Pregnancy**, please visit [CDC TRAIN](#) and search for the course in the Course Catalog using **WB4731**. Follow the steps below by **10/19/2025**.

1. Register for and complete the course.
2. Pass the post-assessment at 80 %.
3. Complete the evaluation.
4. Visit Your Learning to access your certificates and transcript.

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