

MOTIVATIONAL INTERVIEWING WB4663

PROGRAM DESCRIPTION: This enduring activity describes the core components of clinical motivational interviewing and how it can be used to facilitate the treatment of pain. It presents effective communication strategies and techniques to empower change in patients and promote healthy and safe outcomes.

OBJECTIVES:

At the conclusion of the session, the participant should be able to:

1. Identify the core components of Motivational Interviewing (MI).
2. Explain how MI can be applied to the management and treatment of patients.
3. Recognize how using change talk techniques can help patients with pain make beneficial changes.
4. Identify patient-centered communication practices that empower patients' internal motivation for change.
5. Demonstrate effective team skills (e.g., sharing information effectively, listening and responding to feedback from others, and using simple communication) to address motivational interviewing skills.

FACULTY/ CREDENTIALS:

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ORIGINATION DATE: 07/17/2023

EXPIRATION DATE: 07/17/2025

URL: <https://www.cdc.gov/overdose-prevention/hcp/trainings/motivational-interviewing.html>

HARDWARE/SOFTWARE:	Computer Hardware; Internet Connection; Browser
MATERIALS:	None
TARGET AUDIENCE:	Physicians, Registered Nurses
PREREQUISITES:	<u>None</u>
FORMAT:	This activity is Web-based .
CONTACT INFORMATION:	Division of Overdose Prevention, National Center for Injury Prevention and Control 800-232-4636

ACCREDITATION STATEMENTS:



In support of improving patient care, The Centers for Disease Control and Prevention is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

CME: The Centers for Disease Control and Prevention designates this **enduring** activity for a maximum of **0.5** AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CNE: The Centers for Disease Control and Prevention designates this activity for **0.5** nursing contact hours.

CEU: The Centers for Disease Control and Prevention is authorized by IACET to offer **0.1** CEU's for this program

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Instructions for Obtaining Continuing Education (CE)

To receive continuing education (CE) for **WB4663 Motivational Interviewing**, please visit [CDC TRAIN](#) and search for the course in the Course Catalog using **WB4663**. Follow the steps below by **07/17/2025**.

1. Register for and complete the course.
2. Pass the post-assessment at 80%.
3. Complete the evaluation.
4. Visit Your Learning to access your certificates and transcript.

FEES: No fees are charged for CDC's CE activities.