

This verbatim transcript of the WTC Health Program Scientific/Technical Advisory Committee, Committee Meeting held in New York City November 9-10, 2011, has been reviewed for concerns under the Privacy Act (5 U.S.C. § 552a), and personally identifiable information has been redacted as necessary.

**THE U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
PUBLIC HEALTH SERVICE
CENTERS FOR DISEASE CONTROL AND PREVENTION
NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH**

convenes

MEETING ONE

WORLD TRADE CENTER HEALTH PROGRAM
SCIENTIFIC/TECHNICAL ADVISORY COMMITTEE

VOL. I

DAY ONE

WEDNESDAY, NOVEMBER 9, 2011

Jacob K. Javits Federal Building
26 Federal Plaza New York, NY

The verbatim transcript of the
Meeting of the Scientific/Technical Advisory
Committee held at the Jacob K. Javits Federal
Building, New York, New York, on November 9, 2011.

STEVEN RAY GREEN AND ASSOCIATES
NATIONALLY CERTIFIED COURT REPORTERS
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TRANSCRIPT LEGEND

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In the following transcript: a dash (--) indicates an unintentional or purposeful interruption of a sentence. An ellipsis (. . .) indicates halting speech or an unfinished sentence in dialogue or omission(s) of word(s) when reading written material.

-- (sic) denotes an incorrect usage or pronunciation of a word which is transcribed in its original form as reported.

-- (phonetically) indicates a phonetic spelling of the word if no confirmation of the correct spelling is available.

-- "uh-huh" represents an affirmative response, and "uh-uh" represents a negative response.

-- "*" denotes a spelling based on phonetics, without reference available.

-- (inaudible)/ (unintelligible) signifies speaker failure, usually failure to use a microphone.

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39

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PROCEEDINGS

(8:40 a.m.)

DR. MIDDENDORF: If there are any other committee members, now would be a good time to come up to the table, and I think we should begin.

As this is the initial meeting of the World Trade Center Scientific/Technical Advisory Committee, it seems appropriate for us to take a few moments to remember those who were killed in the attacks on 9/11, and also those responders and survivors who have since died because of those attacks. So if we could just take a few minutes to reflect on their sacrifices, and do that in silence.

(Pause)

Thank you very much. I do have a few administrative details that I need to go over here at the beginning of the meeting. First off, I want to point out where the emergency exit routes are. If there is an emergency the evacuation route would be through either the door on this side or the open area on that side (indicating). Go out to the corridor immediately on the other side of the doors, make your way down to the left and then go through the glass double doors. And as soon as you go out through the glass double doors, walk to your left, go down to the end of that hall. That's where the fire exit door is. That's where the stairs are. So that's how we (telephone connection interference). I should also make another announcement that no coffee or food is allowed here in the conference center. Water and soft drinks apparently are acceptable.

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WELCOME

My first duty on behalf of the World Trade Center Health Program is to extend a very warm welcome to our newly-impaneled members. I think we're looking very much forward to hearing some very robust discussions, the many perspectives that each of you will bring to help develop recommendations that you will give to the program administrator.

So one of the first things I need to do is take a roll call, and what I'll ask each of you to do is to identify yourselves. And when you do that I also need you to identify whether or not any changes in your job status or any changes in your interest have occurred (electronic interference) -- any changes in your interest or changes in your job would have occurred since you filled out the OGE-450 that would impact your conflict of interest status.

So why don't we start with our Chair, Dr. Ward.

DR. WARD: No changes have occurred in my job status or interest.

DR. NORTH: I'm Carol North; no changes.

MR. CASSIDY: Steve Cassidy; no changes.

MS. HUGHES: Catherine McVay Hughes; no changes.

DR. HARRISON: Robert Harrison; no changes.

DR. ROM: Bill Rom; no changes.

UNIDENTIFIED: Status quo.

DR. QUINT: Julia Quint; no changes.

DR. TRASANDE: Leonardo Trasande; no changes.

DR. DEMENT: John Dement; no changes.

DR. WEAVER: Virginia Weaver; no changes.

MS. MEJIA: Guillermina Mejia; no changes.

DR. MARKOWITZ: Steven Markowitz; no changes.

MS. DABAS: Valerie Dabas; no changes.

MS. FLYNN: Kimberly Flynn; no changes.

DR. DEMENT: John Dement; no changes.

DR. MIDDENDORF: Okay. Dr. Talaska, are you on the line?

(No response)

DR. MIDDENDORF: Dr. Talaska is a member of the Committee. He will be participating at various times by telephone, but he's not present at the moment.

I also want to extend a warm welcome to the interested members of the

1 public, many of whom are here in the audience, and we also will have
2 some folks on the phone.
3 I want to point out to you that there is time on our agenda later this
4 afternoon and early tomorrow morning for members of the public to
5 speak to the Committee if you would like to. If you're interested in
6 presenting, you must sign up out at the registration table which is over
7 in the corner. I also want to point out that there are a limited number of
8 slots. They will be assigned on a first come-first served basis, and each
9 public commenter will be given up to five minutes to present.
10 And also posted there is a copy of our redaction policy, and you need to
11 read that before you sign up for making a presentation.
12 I also want to point out that there are copies of our agenda for the
13 meeting on the back table, as are several other handouts. These
14 handouts are available not just here, but they're available on the
15 website for the World Trade Center Health Program, so you can get
16 copies of those there as well if you happen to be on the phone.
17 If we have any written comments which are submitted while we're here,
18 or afterward, if they're submitted to the addresses identified in the
19 Federal Register notice, they will all be posted in the docket. Our docket
20 number for this Committee is Docket No. 248. That's the NIOSH docket
21 page, is where you would find those comments.
22 With that, I think it -- I'm done with my administrative things and I will
23 turn it over to our Chair, Dr. Ward.
24 DR. WARD: I'd also like to add my warm welcome to the members of the
25 Advisory Committee, the representatives of responders and survivors
26 who will speak to us today, representatives of the Centers of Excellence
27 who will speak later in the day, and really to everyone who has --
28 attending this meeting. I think there are many people in the group that
29 have contributed a great deal to our recognition of the health conditions
30 that are associated with the World Trade Center exposures and whose
31 hard work and advocacy has led to passage of the Zadroga Bill. So I want
32 to recognize your contributions.
33 This Advisory Committee will have several functions. One is to give
34 formal responses to Dr. Howard's -- the questions that Dr. Howard poses
35 to us as World Trade Center administrator. But I also think one of our
36 most important functions is to have discussions here at the table where
37 we're bringing together a huge amount of expertise in the clinical
38 sciences and the epidemiology and public health, all of the sciences that

1 bear on the questions about the health conditions that we'll be
2 discussing. And in a way, the sum of the knowledge of this group will be
3 greater than the individual parts. So we are emphasizing really the
4 discussion part of the function of the Committee, but at the same time
5 our agenda today is packed with a lot of speakers and information.
6 Today is really a day to -- for us to gain information, so we will have
7 limited time for discussion today. If members of the panel want to ask a
8 question or speak, please designate it by raising your name card on end,
9 but we may at times have to move the discussion along in the interest of
10 hearing everyone who's here to speak today.
11 So thank you very much, and we'll move on to Dr. Howard.
12 DR. MIDDENDORF: Before Dr. Howard begins, we're going to try to get
13 rid of this buzz. We're going to call back to the phone folks, the
14 conference line, and see if they can get rid of that for us.

15
16 **INTRODUCTORY REMARKS**

17 DR. HOWARD: Good morning, everybody, and -- here on the Committee
18 and to those of you that came this morning. Thank you very much. To
19 all the responders and survivors and other attendees, welcome to the
20 inaugural meeting of the Scientific and Technical Advisory Committee. I
21 want to thank each of you for --(telephone/electronic malfunction).
22 (Conversation with Dr. Middendorf and the operator in an effort to clear
23 the line of electronic interference.)
24 DR. HOWARD: I'm going to try this again. The Committee has a very
25 important role to play in the World Trade Center Health Program. The
26 James Zadroga 9/11 Health and Compensation Act specifies three
27 general areas of contributions from the Scientific and Technical Advisory
28 Committee.
29 One, the Act requires the Administrator to seek advice from the
30 Committee with regard to determining eligibility criteria for responder
31 and survivor membership in the Program.
32 Second, the Act requires the Administrator to seek advice from the
33 Advisory Committee with regard to identifying research needs for the
34 Program.
35 Third, the Act provides the Administrator may consult with the Advisory
36 Committee regarding whether a particular health condition should be
37 added to the list of the World Trade Center health-related conditions.
38 I want to provide you this morning some brief updates on these three

1 roles of the Advisory Committee. With regard to eligibility criteria, no
2 modification of the statutory eligibility criteria for responders or
3 survivors is planned at this time. Work to determine the eligibility
4 criteria for the Pentagon and the Shanksville, Pennsylvania responders
5 has begun and is ongoing. Information is being gathered to develop a
6 timeline of on-site response-related activities, and exposure information
7 is being accumulated on airborne toxins and other hazards present
8 during the Pentagon and Shanksville responses. And I've provided you
9 with an information sheet on the progress of that project to date, and at
10 a subsequent meeting we'll be reporting to you and seeking your advice
11 on that particular project.

12 Second, research. A solicitation for research proposals was announced
13 on April 23rd, 2011 for the award of research contracts in FY 2011 for up
14 to three years with annual budgets of up to a half-million dollars. Four
15 proposals received funding in July, 2011, and four additional proposals
16 received funding in September for the second round of the same
17 announcement, which is now closed. A brief description of each of those
18 funded projects, all eight of those, has also been provided to you and is
19 a handout in the back of the room. I encourage you to look at that.

20 A new announcement is currently being planned for FY-12 funding. The
21 solicitation process for FY-12 funding research offered by the World
22 Trade Center Health Program will be open to all qualified applicants, and
23 will be competitively awarded based on scientific quality criteria. The
24 objective is to support the best science in areas that will be most
25 meaningful in terms of contributing to the scientific priorities of the
26 program. And here's where the Committee comes in, in identifying,
27 suggesting to the Administrator what are those priorities, where should
28 research be funded and what are the best priorities for the program.

29 Thirdly, with regard to petitions -- with regard to petitions received to
30 date requesting that a health condition be added to the list, the
31 Administrator received a petition to add cancer to the list on September
32 8th, 2011. Pursuant to Section 33(12)(a)(6)(B)(i) of the Act, the
33 Administrator requested advice from you, the Advisory Committee, on
34 that petition. That petition and the letter to the Chair is also in your
35 booklet.

36 Finally I just wanted to speak to you about the concept of advice. As the
37 Committee considers any of the issues brought to it by the program, it's
38 important to keep in mind that the Scientific/Technical Advisory

1 Committee was established by the Act to provide advice of a scientific or
2 technical nature to the Administrator. Unlike the responder steering
3 committee or the survivor steering committee with their broad
4 representation across the community of interested parties, the Advisory
5 Committee is not established as an advocacy committee.
6 Six members of the Advisory Committee, though, are representatives of
7 the populations affected by the terrorist attacks of September 11, 2001,
8 and have been seated on the Committee because of their diverse
9 experiences with concerns of those populations of people rather than
10 due to their specific scientific or technical expertise. The input of the
11 affected population is an important part of any Committee deliberation
12 as those views I think ensure that any discussion of science is grounded
13 in the real world experience of the populations affected. Ultimately,
14 though, articulating a scientific basis for any Advisory Committee
15 recommendation to the Administrator will be of greatest value to the
16 program.

17 So on behalf of the World Trade Center Health Program I welcome each
18 of you to your service on the Committee. I thank you for the time and
19 the effort that you will put into this important activity. We appreciate
20 your time. We appreciate your interest and expertise. Thank you very
21 much.

22 DR. WARD: Thank you. We'll now begin the panel of World Trade Center
23 responders and survivors, and I think the first speaker is Jim Melius.

24
25 **PANEL OF WTC RESPONDERS AND SURVIVORS**

26 DR. MELIUS: That's why you're called the technical advisory committee.
27 Anyway, I'd like to thank you for inviting me today, thank NIOSH for
28 holding this meeting and for holding it in New York City where it's
29 convenient for many of the people that are involved in this program. I'd
30 like to also thank all of you members of the panel for your willingness to
31 spend your time and efforts on this Committee. It's a very important
32 committee and one that we do appreciate your willingness to do this.
33 I work for the Laborer's Union which represents construction laborers.
34 Several thousand of those laborers worked in the rescue and recovery
35 efforts at Ground Zero. But I also work with several other -- many other
36 unions that -- really a very diverse group of people that -- represent a
37 group -- very diverse group of people who worked in the rescue and
38 recovery efforts at Ground Zero. And as you'll hear in one of the later

1 presentations, it really is very important to understand that this was a
2 large group, many different people doing it -- very hard to really sort of
3 pinpoint or characterize the people that were exposed, and that
4 diversity I think is very important to your understanding of the program.
5 Organized labor in New York has been very involved in this program right
6 from the very beginning. We -- early on we worked to get funding to
7 initialize the medical programs at Mt. Sinai and elsewhere. We lobbied
8 hard and worked hard with our congressional delegation, particularly
9 Congressmen Maloney and Nadler, to continue the funding for that, and
10 we worked very hard over many years with many groups here in order to
11 pass the legislation that established your Committee, among other
12 things. We have a great deal -- feeling of ownership of this program.
13 We've been very involved. For most of the time of the medical program
14 I've chaired what's called the steering committee, which -- on the
15 responder side, which for the responder medical program is a group that
16 meets monthly of labor representatives and representatives from the
17 medical programs to review and coordinate. On the program we've had
18 a great deal of input and we expect to continue to have a great deal of
19 input into that. As you may know, in the legislation the steering
20 committee continues to meet on a monthly basis, and we continue to
21 play that role.
22 Same on the side of the survivor community representatives, there's a
23 similar program that started a little bit later but also has that level of
24 involvement.
25 One thing I think that's important -- I chair a different committee sort of
26 analogous to this that has to do with compensation for our nuclear
27 workers in the United States. I chair that committee, been on it for
28 almost ten years now, and one thing I think is very important, I urge you
29 to do, is to, one, ensure transparency of your operations. I think that's
30 very important for the credibility of your decision-making which -- and
31 advice that you give. And secondly, that you provide ample time and
32 opportunities for public input, meeting here, but also to the extent
33 possible, to hold evening sessions, times that are convenient for working
34 people and -- to attend. I think it's important not only for the input that
35 you'll get, but also for the openness, and I think it will certainly help the
36 credibility of the decisions and advice that you give to the Administrator.
37 One area that I just want to mention that I think is probably the most
38 urgent issue to deal with -- I don't think we're expecting you to deal with

1 it today -- and that is the issue of new World Trade Center-related
2 conditions. The listing that's in the legislation, been in place for a long
3 time, it's conditions that were recognized relatively soon after 9/11 and
4 one that I think is pretty well established in terms of follow-up studies.
5 However, it's been over ten years now, and I think there's a great deal of
6 concern, as well as I think now some evidence, that there are other,
7 more latent, conditions appearing among this population, certainly a
8 great deal of concern about cancer. And given that the funding for this
9 program has been difficult to achieve, it has not always been very
10 consistent over time, I don't think that NIOSH has had adequate funding
11 to set up the kind of follow-up surveillance and follow-up studies that
12 are needed to fully detect these new conditions on a very rigorous basis.
13 And I would certainly urge you, in terms of your advice to the
14 Administrator as well as your review of the research program and so
15 forth, to ensure that this kind of function gets fully funded and fully
16 evaluated. People are very anxious for answers, in particular with
17 cancer, but with other latent conditions. And I think it's very important
18 that this get done in as expeditious a way as possible. And that also that
19 your advice to the Administrator in terms of adding additional conditions
20 to the list of covered conditions also takes into account not only the
21 science and surveillance that's underway and needs to be done, but also
22 you give a great deal of thought of what's an appropriate way of making
23 a decision on adding conditions. We do not want to wait until 30 or 50
24 years from now when all the mortality studies are done and we can look
25 back and say Well, gee, there was an increase of -- whatever, some type
26 of cancer; lung cancer, say -- so forth. And meanwhile, you know,
27 hundreds, if not thousands, of our union members and people from the
28 community have suffered and many of them may have died from this
29 condition without compensation and without recognition of these
30 conditions. And I think how to provide a fair and scientifically-based
31 decision approach to address these, to add these -- evaluate and
32 consider adding these conditions to the list of covered conditions I think
33 is one of your most important functions and one that I think you need to
34 work very closely with the Administrator on, and people in the program.
35 So with that, let me stop here and let me introduce the next member of
36 our panel -- there'll be two other speakers, one from the rescue workers'
37 side and the other will be a person representing other workers that were
38 involved in this. As you'll see, we overlap to a great degree. But next

1 person providing -- will speak will be Bill Romaka, who's the health and
2 safety director for the Uniformed Firefighters' Association, which
3 represents New York City firefighters. And Bill will come and speak now.
4 Bill?
5 MR. ROMAKA: Good morning. I want to thank the Committee first for
6 all your work and for coming together to try to help us make sense of
7 everything that's going on regarding what's going on with the medical
8 conditions of the responders and survivors.
9 The first slide I have up there is a PowerPoint presentation, just gives my
10 -- who I am and the committees and the conferences that I've been
11 attending to, and you all have that in front of you also. If I could just
12 figure out how to work this -- I'm clicking on the right side. Now I'm
13 clicking on the left side -- there it is.
14 The first responders -- I just want to -- these are the people with the
15 most-documented exposures. That's what I wanted to present to you
16 who, for the most part, we're representing today.
17 Okay, these are the related ailments that have been covered in the
18 World Trade Center bill, the Zadroga bill. As you can see at the bottom,
19 we've also seen a lot of auto-immune diseases and cancers, and those
20 are the ones that haven't been covered yet but that we're trying to build
21 the evidence for you to make an informed, scientific decision.
22 Continued problems, the biggest complaint of members in the World
23 Trade Center medical monitoring and treatment program is that when a
24 first responder is diagnosed with cancer in the program they are told
25 they have to seek treatment elsewhere. Generally what happens after
26 this is the co-pays, the deductibles, the loss of benefits contribute to the
27 financial ruin of what was once a contributing first responder and their
28 respective families. You've got to remember, it doesn't just affect the
29 responder, it affects the families, too.
30 In the law enforcement responder cohort, frustration and concern have
31 been expressed about the nature and extent of the data-gathering as it
32 relates to police officers having cancer. Though the PBA has worked
33 with Mt. Sinai to identify members who have been diagnosed with
34 cancer to ensure the accuracy of their reporting, to their knowledge Mt.
35 Sinai has not contacted NYPD to gain access to the NYPD database so
36 they could then do a complete matching against the tumor registries, as
37 does the FDNY. This action would ensure a greater level of accuracy.
38 For some time also the program did not accept reports of cancer. Even

1 now cancer is not a covered illness, which is itself a deterrent to report
2 information about cancers. Many responders with cancer have informed
3 the PBA that they do not wish to waste precious time by participating in
4 a monitoring and treatment program that does not treat their disease.
5 They spend enough time in medical offices. In addition, the PBA
6 understands that 40 deceased officers may not be included in any study
7 by Mt. Sinai, a decision that could skew the results.
8 And so science -- we're talking about the known exposure. Since 9/11
9 the FDNY has had almost 1,750 firefighters and fire officers retire due to
10 pulmonary disabilities. During this time frame, based upon prior data
11 and knowledge, the predicted retirements related to pulmonary disease
12 was approximately 480.
13 Multiple myeloma -- in the Moline et al case series "Multiple Myeloma in
14 World Trade Center Responders: A Case Series" reported in the
15 American College of Occupational and Environmental Medicine in 2009,
16 it shows that this disease is showing in much younger, less than 45 years
17 old, exposed police officer first responders in numbers that were
18 approximately four times the expected SEER cases in the general
19 population.
20 In NIOSH'S first periodic review of science and medical evidence related
21 to cancer in the World Trade Center program, the authors' point about
22 cancers being prevalent in society was put forth. What we have is,
23 according to the National Cancer Institute's SEER cancer statistics
24 review, the median age of cancer patients at diagnosis for males was
25 stated as 68 years old. In the recently published FDNY cancer study
26 appearing in The Lancet, the mean age of first cancer diagnosis was 52.5
27 years.
28 Also in the fire department study big emphasis is made on biological
29 plausibility and the likeliness of chronic inflammation. We have in front
30 of you the wording that comes from the report. I hope that you can
31 review it and understand it because it is very scientific in nature.
32 NIOSH and our government's history -- NIOSH has a history of covering
33 cancer under its Special Exposure Cohort and Energy Employees
34 Occupational Illness Compensation Act once provisions of eligibility have
35 been met. Over eight years it has paid out \$5 billion in benefits to
36 52,600 claimants. Its provision further states the following when it
37 affects medical care: An employee who meets the statutory conditions
38 of coverage is entitled to prospective medical care required to cure, give

1 relief, or reduce the degree and period of disability. Provider charges
2 associated with the treatment of an accepted medical condition will be
3 paid from the compensation fund and are subject to a fee schedule.
4 Continuing on, the United States Department of Veteran Affairs assumes
5 that certain diseases are related to qualifying military service. These are
6 called presumptive diseases. VA has recognized certain cancers and
7 other health problems as presumptive diseases related to exposure to
8 Agent Orange or other herbicides during military service. Source
9 document is attached and can be accessed.
10 Zadroga bill itself -- the mandate of the law to include periodic reviews
11 of a link between cancer and exposure at the World Trade Center sites
12 suggests that there was reason to believe that exposure to the toxins at
13 the World Trade Center site may lead to increases in the cancer rates.
14 According to the language of the statute, the program Administrator was
15 required to review the scientific data regarding cancers no later than 180
16 days after the enactment of the legislation. This language speaks
17 directly to the intent of Congress to have the basis for inclusion be on
18 biological plausibility of a casual connection rather than on an
19 exhaustive scientific process which would be completed when few, if
20 any, responders would be alive to avail themselves of the treatment
21 component of the law.
22 It also should be emphasized that this is very much a unique event.
23 Science analyzes documents and compares. Science loses some
24 relevance when there is no similar comparison to make. The exposure
25 on 9/11 involved a very unique synergism that may take decades to fully
26 analyze and understand. Unfortunately there is no current comparison
27 to help make sense of this data in a timely fashion that might actually
28 help save lives.
29 Also it's important to know that New York State legislation and the
30 Governor have recognized this uniqueness and approved a presumptive
31 accident disability benefit for all New York State and City workers who
32 were exposed at the World Trade Center sites and have documented
33 exposures. This presumption already includes cancer.
34 On May 24th and 25th of 2006 at the World Trade Center Medical
35 Experts Advisors Meeting the cancer experts told everyone that the first
36 cancers to be seen would be the blood cancers and the leukemias. This
37 has been borne out by the science and is available in the reports that
38 have been made to date.

1 Biological plausibility based upon what the experts have predicted, what
2 we are seeing, should be the relevant factors upon which policy is made.
3 Documented exposures with early scientific evidence should support
4 adding additional conditions.
5 And I think it's important that you get the human element about what
6 we're talking about. Here is a picture of one of our firefighters who was
7 at the World Trade Center site in 2001. On the right is a picture of him
8 at a Washington press conference in 2009. He passed away last year,
9 leaving behind a wife and four-year-old son.
10 Thank you very much for your attention.
11 I'd like to introduce Micki Siegel as our next speaker for the responders.
12 MS. SIEGEL DE HERNANDEZ: Good morning, members of the Committee,
13 and I thank you for this opportunity to talk to you today. I'm the health
14 and safety director for the Communications Workers of America. Our
15 union represents a diverse group of workers. We had members who
16 were killed on that day, both in the towers' collapse and also on the
17 planes. We represent a group of workers like the Verizon workers, the
18 Lucent workers, in the telecommunications industry. We represent
19 traffic enforcement for the NYPD who were part of the response, nurses
20 at NYU downtown, broadcast employees and technicians who brought
21 the vision of what was happening after 9/11 to the rest of the world.
22 And we also represent workers who were in the area and who have been
23 affected by the contamination that was spread.
24 So I'm going to be presenting to you a photo essay of sorts, with some
25 comment about who we refer to as the other responders. Bill focused
26 on the FDNY and the traditional first responder population, and we --
27 this is a large group that was part of the response afterward. So I'm
28 going to pick up on that and certainly echo the concerns that Bill has
29 raised, and we'll continue that.
30 I want to mention to you that we start off every steering committee
31 meeting for the World Trade Center health program in a similar way that
32 this meeting started. There are reports made of responders who have
33 died since the month before, and we've never had a meeting where that
34 there wasn't something to report, unfortunately. So this is not just
35 academic for us. This is something that we live with every single day.
36 The reports are often of firefighters, sometimes police, but of other
37 unions as well who have already lost members to World Trade Center-
38 related diseases, and it reminds us of why we're here and why we will

1 continue to advocate for proper health care.
2 So as Jim mentioned, the responder population was very, very diverse.
3 Public and private sector actually heavily dominated by public sector
4 because of the -- of New York City workers, protective services, police
5 and other -- the construction trades. There were government
6 responders at every level, telecom, utility workers, broadcast employees,
7 relief organizations, volunteers, cleanup workers, medical personnel,
8 mental health counselors, clergy -- and people were mostly from this
9 area, but came from around the country, as you know, and also came
10 from other parts of the world. So these are not mutually exclusive
11 categories, but just to let you know how many different types of people
12 that were there.
13 This was also a heavily unionized work force. I apologize for violating
14 the rules of PowerPoint that say you should only use three or four
15 bullets for a slide, but this is just to make the point about how many
16 organizations were involved. And this is just a partial listing, does not go
17 into all the local unions.
18 So let me talk first just a little bit about the exposures and what we refer
19 to when we talk about exposures.
20 So as you all know, and you've probably seen these pictures of the dust
21 cloud from the towers' collapse. That cloud is just a snapshot in time,
22 continued to move through the community and obviously well beyond
23 the boundaries of what became the Ground Zero site. We actually don't
24 know what the boundaries are. That has never been established by any
25 scientific assessment.
26 This is what the streets of the city looked like after some of that dust
27 had settled and continued to coat everything. It was blown into
28 buildings and continued to be moved around in the outside community.
29 I put this picture in -- I actually took this from the top of the Verizon
30 Building, which was at the north side of the site, but this was taken
31 approximately a month to six weeks after the collapse, and you can still
32 see the heavy layering of dust, which I think is reflective of how much
33 the dust was -- was disturbed by the activities that were going on and
34 continued to circulate around. It didn't end with the dust cloud, I guess
35 is what I'm saying.
36 What's also very familiar is that any of those people who were caught in
37 the dust cloud who were either escaping, who were responders, had an
38 intense and overwhelming acute exposure. There's -- there's no arguing

1 with that fact. The gentleman in the center is a member of the
2 operating engineers who happened to be working that day. There were
3 others there on that first day, as well as the rescue organizations, and
4 you can see the firefighters helping him in the back.
5 So the dusts were one type of exposures, and then there were fires that
6 burned for many months afterwards. This was (telephone connection
7 interference).
8 Okay, so this shows you the smoke that continued to burn, and again,
9 this smoke (telephone connection interference) continued to spread in
10 the community. This is one of the iron workers, and you can see the
11 atmosphere that was surrounding that site and (telephone/electronic
12 interference). So there were exposures from the dust, there were
13 exposures from the smoke, and then there were also -- there was so
14 much work going on on-site, and individual work operations created
15 their own hazards.
16 This is a picture of an iron worker. He's doing something called lancing,
17 that is a high-heat torch that can cut through rock and also releases a
18 variety of metal fumes. It's just one example of one particular operation
19 that affects not only that particular worker, but others surrounding
20 them.
21 We're all familiar with the Pile and work on the Pile, and you can see
22 from the next few pictures just the range of groups that are there. In
23 the foreground are MTA employees. That's TWU Local 100. There's
24 police, fire, and lots of construction.
25 There's another example of a morning meeting, getting set through -- to
26 start some day's work.
27 And again I just want to draw your attention to the general atmosphere
28 that was there. Again, this was taken from above looking down on the
29 site from the Verizon Building.
30 There were lots of vehicles on site that also, for some of them, created
31 additional hazards and -- diesel exhausts, different agencies and
32 different companies were using them. As we -- as I go through the next
33 few pictures I'd like you to also pay attention to the respirators, or lack
34 thereof, that various workers are using because that -- that was an issue.
35 It was certainly not consistent. It was certainly not something that all
36 workers wore all the time, and there was quite a variety. So we have a
37 dust -- there's a dust mask here which is not a respirator and -- but that's
38 what was given out to many folks. Other vehicles here you can see in

1 working this crane, half-face respirator -- but again, it's not being used.
2 Remember, the backdrop of all of this was that the government agencies
3 were saying from the very beginning not necessarily that it was safe on
4 site, but it was below levels of concern, did not meet regulatory levels.
5 So the message was it's really not that bad. Right? There's really not
6 that much to worry about.
7 Obviously there are lots of hazardous work that went on site. These are
8 iron workers. This is a track worker for the MTA. This is a 24/7
9 operation, so these were not 9:00 to 5:00 jobs. People worked 12 hours,
10 14 hours, 16 hours, seven days a week.
11 So that's the Pile, and people understand what the Pile is. But then we
12 talk -- we refer to what is adjacent to the Pile, and there are questions
13 that are asked in the medical program when patients come in, 'Did you
14 work adjacent to the Pile, or off the Pile?' And I think that there are
15 some misnomers that once you got right off the Pile that there were -- it
16 was -- they were safe areas, free of contaminants.
17 So I want to show you just a few other examples of what we mean by or
18 what could be present adjacent to and off the Pile. So right adjacent to
19 the Pile was the Verizon Building. It was heavily damaged. World Trade
20 Center 7 collapsed against it. This is the east side of the building. You
21 can see the stream of water coming -- the fire service was stationed
22 there to help put out that additional fire that burned, and it caused a lot
23 of damage as well as contamination.
24 Subway system was damaged in the area, some stations completely
25 destroyed, and you have MTA workers who then had to go into these
26 locations to perform cleanup operations. And again, here we have a
27 dust mask that really doesn't protect against much. The subway.
28 Work was done on the street and in the general area. These are splicers.
29 Again, if you look at the picture carefully, there's one guy wearing a dust
30 mask, one guy wearing a half-face respirator, one guy wearing nothing.
31 It was a voluntary respiratory program because, again, everything was,
32 okay.
33 There were also lots of interior spaces, and interior spaces have gotten
34 no play in the terms that they've been completely ignored as far as the
35 contamination inside of them. And if you can imagine the contaminants
36 that were outside, in interior spaces they are confined spaces, so as
37 work was conducted people had extreme exposures in some situations.
38 So there were manholes around the site and around the neighborhood,

1 so for both Verizon, Con Ed, the electric utilities -- this one was covered
2 just because of falling glass from the buildings above.
3 This is a picture of the concourse. Those are MTA workers. As I
4 mentioned before, damage to the subway tunnels, and you can see the
5 dust just caked along the walls. This is some interior damage I -- just
6 because they are our members, I happen to have pictures of what some
7 of that damage might look like, but there were many other damaged
8 buildings where many other workers worked, and you can just see the
9 degree of dust that was in those spaces.
10 This is the cable vault. The reason -- there was a lot of service lost, was
11 because of what happened to that cable vault at the Verizon Building.
12 That's not what it normally looks like. It's a vast area. You can't really
13 see the extent of it, but this is where the hole was broken on the
14 sidewalk into the vault.
15 This is Engine 10/Ladder 10, the fire house, and you can see the damage
16 to that building. And again, many, many buildings. These are just a few
17 examples. Basements in the area where lots of workers go. To be
18 honest with you, we still have concerns to this day about cleanup that
19 may or may not have been conducted in certain locations. And I bring
20 that up because in terms of exposures and chronic exposures and when
21 they could happen, we don't know when they ended. What -- we know
22 when the site activities ended, but we really don't know when exposures
23 may have ended for other workers continuing their jobs.
24 There was a lot of cleanup done in the buildings by either unionized
25 laborers of Local 78, by SCIU 32 BJ building personnel. And then there
26 were also day laborers who were hired by contractors and
27 subcontractors to go into buildings, without training, usually without
28 protection, to clean those buildings. This is a picture -- the guy -- second
29 person from the left, **[identifying information redacted]**, has done a lot of
30 advocacy work since that time. He told me that he worked at least ten
31 buildings in six months. Only two of them provided respiratory
32 protection. He cleaned the duct work of the HVAC system, so you can
33 imagine what was brought in after the collapse and what his exposures
34 were like. And the reason he is such an advocate is because he's very,
35 very ill. So another group of responders that has gotten short shrift in
36 all of this.
37 There were also off-site -- other off sites. The Staten Island landfill
38 operations, here's some NYPD detectives sorting through -- 'cause

1 remember, this was also about recovering remains. It was not just about
2 a big cleanup and getting rid of debris. We had barge operations and so
3 you had trucks driven by Teamsters transporting that through the
4 neighborhoods to off-load to bring to the Staten Island landfill. There
5 were other work locations like places where the vehicles were brought
6 that were contaminated, where they needed to be maintained and
7 worked on by mechanics. You have the Office of the Medical Examiner
8 who had temporary morgues on-site and also off-site, so many, many
9 different locations, and the exposure scenarios are vast.
10 So to conclude, a few recommendations to you as a Committee. One,
11 you really should consider a much more thorough discussion about
12 exposures in a future meeting, and please solicit information from a
13 variety of sources, including unions and others who have data that's not
14 public data that sort of brings some of these issues to mind. The
15 exposures are important because they speak directly to the development
16 of disease.
17 When you are evaluating cancer and other diseases you need to look at a
18 variety of evidence related to causation, as Bill mentioned, biologic
19 plausibility. You cannot rely solely on published epidemiological studies,
20 although there have -- fire department has a seminal study that came
21 out recently. But that will always be after the fact, after workers have
22 died. And as I -- as everybody has said, we have concerns about ongoing
23 health issues.
24 We recommend increased efforts for continued and more rigorous
25 disease surveillance than is currently happening.
26 And also we hope the Committee can advocate for continued outreach
27 for many diverse groups who still have not been reached as part of
28 medical need and to bring into this program.
29 So thank you for the following folks for photos that they contributed,
30 and that's the end of my presentation. Thank you.
31 Oh, one more thing. I'm going to pass out to the Committee a packet
32 that has been provided by District Council 37. They are the largest
33 municipal union here in New York City and represent a huge number of
34 job titles, and there's a video in here which talks about some of their
35 members who were involved in the response. And I think it -- it's
36 fascinating in the sense that there are job titles you would never ever
37 have thought of that participated. So thank you DC-37 and I'll get that
38 out to all of you.

1 DR. WARD: Thank you, and we'd like to invite the speakers back to the
2 table for questions and comments.
3 DR. MIDDENDORF: And while you're coming to the table, I apologize for
4 the static, Micki, during your presentation.
5 MS. SIEGEL DE HERNANDEZ: That's okay.
6 DR. MIDDENDORF: We're working with the conference line folks to see if
7 we can get rid of that.
8 DR. WARD: Questions or comments for the panel?
9 DR. HARRISON: Is this on? There we go -- thank you. My name is Bob
10 Harrison. I want to thank all three of you for wonderful presentations,
11 particularly -- I'm from California and seeing the photos and the
12 situations that the workers were in were really eye-opening to me, so I
13 want to thank you particularly for sharing those.
14 I wondered if anyone would speak to your suggestion about using
15 biological plausibility in addition to or separate from the epidemiological
16 evidence for cancer. Particularly if you could speak about the type of
17 exposures that occurred and what we know about the chemical
18 constituents and the biological mechanisms.
19 MS. SIEGEL DE HERNANDEZ: I think we probably all have comments
20 about this, and this is what I think needs much -- much more discussion
21 in the future. The World Trade Center contaminants, both the smoke
22 and the dust -- very complex, hundreds -- hundreds of materials. There
23 have been estimates that -- reaching a thousand. And some of those
24 components are carcinogens, known carcinogens, and there are others
25 that, you know, have other kinds of health effects. It was a very caustic -
26 - it was of a very caustic nature.
27 Bill mentioned synergism. There is nobody that knows what the effect of
28 all of those components put together -- what that will be. And the
29 method of assessment that was conducted in terms of exposures, the
30 sort of one chemical at a time or one contaminant at a time, based upon
31 some -- some known contaminants like asbestos, to make a decision
32 about the whole mixture, we feel is a really inappropriate method. So I
33 think there's enough evidence to look at some individual components
34 that we do know about, but I think that we really have to also -- that the
35 Committee really needs to understand and -- what some of the limits are
36 about what we know about that mixture as a whole.
37 MR. ROMAKA: So in other words, we're advocating for biological
38 plausibility based upon what early scientific evidence shows, 'cause if

1 you go with epidemiology by itself, it's based on the SEER principle. The
2 last two letters of the SEER principle means end result. So we're not
3 going to be able to help anybody by talking about after everybody's dead
4 and gone, so we'd appreciate that -- is an open mind to using the science
5 based upon what experts have said and what the biological plausibility
6 is, just one-sided.

7 DR. MELIUS: Well, it's a long discussion, but just briefly, I think -- at
8 least I think of it as one -- you know, what are the individual components
9 and the exposures, the known carcinogens. Secondly, beyond that, you
10 have this -- the inflammatory response and diseases that resulted from
11 it, what does that say about the possible development -- development of
12 cancer. And then third I think what's a fair and appropriate way of
13 assessing that, you know, without waiting 50 years till mortality studies
14 are done 'cause we're talking about people that need medical care in the
15 short term and -- do that. And frankly, our country doesn't do that very
16 well in the programs we have established so far. I mean the nuclear
17 worker program -- we're actually compensating people from the
18 Manhattan Project, which is World War II, so I mean it's sort of in some
19 ways pretty absurd. I'm glad we're doing it finally, but it's -- but we
20 need some way -- and I think, you know, what's the way of -- sort of the
21 overall weight of the evidence that provides a fair evaluation and there's
22 some plausibility in science to it, but at the same time, you know, maybe
23 not have quite as strict a criteria that we would have for saying, you
24 know, pure causality or something in terms of a regulatory sense or
25 some other -- other venues. So it's putting those together, but it is a
26 longer discussion but I think it's a very important one to have.

27 DR. WARD: Then we'll go down the row of raised name cards.

28 MS. SIEGEL DE HERNANDEZ: May I just add one more comment, just to
29 finish that? One of the things that's striking in talking to members who
30 have cancer is that they're often -- have more than one cancer, they
31 have other diseases. And when we look at epidemiological studies and
32 it's sort of rate by a particular cancer, it's not looking at the whole
33 picture and sort of this issue of multiple diseases.

34 MR. CASSIDY: Yeah, I'd like to thank all of you for your presentation, and
35 I thought what was powerful was -- I mean time heals all wounds and ten
36 years later a lot of people have forgotten. Those -- those images that
37 you showed us again kind of have drifted from people's recollections.
38 But I do want to remind everyone that a lot of first responders and

1 others who were affected by this pointed to something that's happened
2 throughout the country and happened here in New York about five years
3 ago where second-hand smoke was banned in restaurants and public
4 parks because second-hand smoke kills from cigarettes. So I just want to
5 remind everyone if you take a look at those pictures, anyone who would
6 trade places -- I'll sit in any bar anywhere while the waitress and
7 somebody else is smoking cigarettes, but I don't want to go back to that
8 Pile. And I think common sense has to play a role in this, and I want to
9 thank you for pointing that out.

10 DR. WARD: Ms. Flynn?

11 MS. FLYNN: Many people here may not know that you were the labor
12 liaison to the EPA World Trade Center Expert Technical Review Panel,
13 and so you know a great deal about the flaws and inadequacies of the
14 environmental measurements taken, on the Pile and well beyond the
15 Pile. So in light of that knowledge, what is your thinking about how to
16 approach exposure characterization and exposure assessment?

17 MS. SIEGEL DE HERNANDEZ: I try not to let people know about that ill-
18 fated panel, Kimberly, so thanks for outing me. Again, this is a -- it's a
19 much more complicated answer to that. I mean I think part of the
20 discussion that we need to have about exposures is an understanding of
21 what is not known, what data is not available, what data that was
22 collected cannot give the answers that everybody is looking for, and --
23 but what can we look at in terms of figuring out exposures. So it's more
24 complicated than what you say -- what you were asking about. I just
25 think that in general, in the community, there was some sampling that
26 was done on-site. As I said, it was one contaminant type sampling, and
27 compared to occupational exposures -- occupational standards that are
28 not health standards. So that was part of the problem.

29 Out -- once you left that Pile, virtually nothing was done, or very little
30 was done that was applicable and that helps explain disease that people
31 are experiencing. And to me, the biggest flaw in what happened after
32 9/11 was, as people were trying to assess -- what little was done to
33 assess -- once people started getting sick, and that happened early on --
34 right? The fire department was reporting on World Trade Center cough
35 in the beginning of October, within a couple of weeks. Once people
36 started experiencing disease that -- then -- something wasn't jiving,
37 something wasn't matching between 'it's safe based upon this
38 measurement' and 'people should be okay, no long-term health effects

1 expected.' Well, that didn't completely answer it, I'm sorry.
2 DR. WARD: So Paul just reminded me that we are running short on time,
3 so we'll take your comment and we'll take the three tent cards that were
4 up initially, and then unfortunately we'll have to move on.
5 MR. ROMAKA: Well, I just want to make the point that -- okay, are we
6 saying that -- you're down in here, you have this exposure, are we saying
7 that it's not going to cause cancer? Are we saying that it was healthy for
8 you? Are we saying that it's possible that it's going to cause cancer?
9 Where is that line that the Committee or that people are looking for?
10 We know that it wasn't healthy for you when you look at Washington --
11 they went around in space suits to clean that up. New York City, that
12 never happened. I think that you just have to understand the difference
13 between the two and where do you want that line to be drawn.
14 DR. MARKOWITZ: Just a couple of quick questions. Micki, you said that
15 you thought there hadn't been adequate outreach to certain groups, and
16 that may or may not relate to eligibility. I was wondering what you had
17 in mind.
18 The second question is both you and Jim mentioned the need for more
19 rigorous or more extensive disease surveillance. Again, if you had
20 further thoughts, that would be of interest.
21 MS. SIEGEL DE HERNANDEZ: I think there are a lot of groups that still
22 haven't been reached. Certainly with the change in some of the
23 eligibility requirements and the extension of the time frames there are
24 even members of our own unions who weren't previously eligible for the
25 program who are now eligible. So I just think that it's something -- new
26 people come into the program all the time. You'll hear that from the
27 medical programs. And there are many, many reasons for that.
28 Outreach is one part. We certainly have not reached out across the
29 country. I haven't even spoken about national responders or some of
30 our members who moved out of this area. So there are constantly new
31 groups that we discover.
32 One thing that I didn't mention early on -- you just reminded me, Steve --
33 is we don't know how many responders were there. Nobody tracked
34 that. Employers -- many employers did not track that. City agen-- the
35 city doesn't know who was actually sent down there. So we don't have
36 that answer. There are estimates about how many people were
37 involved. We don't know. We don't know that denominator, as people
38 call it, so continued outreach is still needed.

1 I'm going to pass the mic to Jim for the surveillance piece.
2 DR. MELIUS: That's actually part of it. But in terms of surveillance, I
3 think there needs to be more resources put to case finding and follow-
4 up. I mean we have to understand that in New York -- as well as I think
5 many other states, but in New York the -- there's less and less reporting
6 going to the cancer registry. It's less complete -- probably it was 20
7 years ago, lot more people being treated as outpatients now. And I
8 don't believe there's reporting and I think there's actually some good
9 evidence of that from some of the surveillance that the centers have
10 done already. It's a significant problem. So case finding and follow-up I
11 think is important.
12 Secondly, I think there's also -- as Micki said, there are no lists, and one
13 of the major problems we have is that nobody knows who was there.
14 Fire department I think has some records, police have some records.
15 Most other city agencies did not keep records -- do that. Many private --
16 there were volunteers. It's very, very -- very complicated, but there are
17 some. And I think looking at some of those -- our union, for example,
18 kept records 'cause people worked for contractors, and for their pension
19 and insurance benefits there's reporting back, so we have fairly good
20 lists of people that worked there. And I think those are -- not all those
21 people participate in the medical programs or the registry. And in fact,
22 many do not, and I think follow-up of those lists is also another --
23 another possibility where we need more resources for surveillance.
24 It's -- when you talk about sort of resource versus sur-- I mean there's
25 limited resources and this is going to be I think a very 'what do you focus
26 on' 'cause there's so many issues that need to be addressed and would --
27 but I think on the surveillance side it just -- resources -- and Micki has a
28 follow-up.
29 MS. SIEGEL DE HERNANDEZ: Specifically with the issue about -- related
30 to cancer surveillance, I think there's an assumption that all the answers
31 lie in the programs if we only analyze the data. You know, I know that
32 many of our members who have cancer are not in the program, because
33 everybody-- everybody knows it doesn't provide health care and they
34 spend -- their lives revolve around their cancer treatment. And so there
35 are a lot of cases that are not being captured, at least on the health
36 program side. That also speaks to continued outreach and looking at
37 other ways to try and understand really the extent of disease -- not just
38 cancer, but other kinds of diseases that the program is just not covering.

1 MS. MEJIA: Guillermina Mejia here. I just have a brief question. Maybe
2 you can -- can you give us a brief account of how the current covered
3 conditions were identified so that we have a little background
4 information?

5 DR. MELIUS: You probably could turn to the person next to you, he was
6 as much part of -- [identifying information redacted]-- but I think it's fair to
7 say they were -- and people in the audience here and everyone else on
8 the panel can -- I mean they were identified essentially clinically. It's
9 what -- if people were providing monitoring, there were people that
10 were sick within the -- from the responder program and [identifying
11 information redacted] was seeing similar problems in the -- within the
12 community -- that. And at the time that the -- funding for this program,
13 for the treatment part of the program, came in late 2006, really 2007
14 when it was implemented. And before the time that was being
15 implemented, there was internal discussions within the programs and it's
16 just what -- basically they determined what did they know clinically,
17 what did they have evidence from from what had been published to
18 date. I think obviously post-traumatic stress, the resp-- I mean I think
19 they were all relatively straightforward, and all of them were
20 subsequently I think confirmed from the follow-up studies that have
21 been done. I don't think -- but it was based mostly on sort of clinical
22 impression. But again, we're talking, within the responder program,
23 over 30,000 people that had received treatment as of a year ago, it's
24 probably more now, so it's a very large number out of a relatively limited
25 population, so I think it's pretty straightforward.

26 DR. WEAVER: Mr. Romaka mentioned the presumptive accident
27 disability benefit for New York State and City employees, and noted that
28 it includes cancer. I'm interested to know which employees are covered,
29 whether it includes fire and police department, and whether it covers all
30 cancers or specific cancers. Thank you.

31 MR. ROMAKA: Right now the way it's written for the most part people
32 have to first of all identify and get certified that they were there, that
33 they had an exposure. They have to get signed off by their agency that
34 this is what happened. It covers all cancers, but there is a different
35 degree, depending on each individual pension system, as to what cancer
36 constitutes a presumptive disability because a presumptive disability for
37 running into fires is different than a presumptive disability for being a
38 police officer or being another worker. And the Workers Compensation

1 system is for volunteers who weren't there also, so everybody who
2 registered with -- from the State, it wasn't just firemen, police officers, it
3 was everybody who registered with the State. It's up to the individual
4 pension plans as to how they feel that it should be treated, what -- what
5 constitutes a disability.

6 I'd just like to add something -- a little bit off the point, was the big
7 problem that we have when we compare the cancers and stuff. We
8 compare it to the New York State Tumor Registry, and that's two or
9 three years behind all the time, which is a big problem for us when we're
10 seeing increased cancers now. We had four firefighters diagnosed with
11 non-Hodgkin's lymphoma within a three-week period and all with
12 leukemia. That's not going to show up until five years from now.
13 They're all problems when you look at just the science end of it.

14 DR. WARD: I think we'll have to forego all other questions, but if you
15 have one last comment, we can take that and --

16 MS. SIEGEL DE HERNANDEZ: My one comment about the presumptive
17 disability law is you should also know that it's not something that was
18 just provided. It was something that the unions had to fight for and it
19 was in recognition that, for many of these diseases that we are seeing
20 our members have, couldn't wait again. Couldn't wait 20 years before it
21 was proven a hundred -- you know, 100 percent scientific certainty, that
22 the only way to treat people fairly and give them compensation was to
23 presume that if they had those exposures, if they participated in the
24 response, that these were the conditions that they should be
25 compensated for.

26 MR. ROMAKA: And there is a committee that's -- looks at that bill each
27 year to see what needs to be adjusted or fixed so that the right thing is
28 done for the intent of the bill. That was made by government officials
29 also, so it wasn't just labor going up there saying 'do this.' It was agreed
30 to by all the interested parties.

31 DR. WARD: I think we unfortunately need to move on. Thank you all
32 very much.

33 MR. ROMAKA: Thank you very much.

34 (Pause)

35 **SURVIVORS**

36 MR. SPENCER: While we're waiting I'll just say that we have two folks
37 who are going to be presenting from -- one from Florida and one from
38 California, and hopefully technology will not fail us.

1 Ready to start? Okay. So on behalf of the Survivors Steering Committee
2 I want to thank the Scientific/Technical Advisory Committee for the
3 invitation to make this presentation. We hope it will help the
4 Committee gain a better grasp of the health problems affecting the
5 survivor community. We have a PowerPoint up so folks can follow along.
6 I'm Rob Spencer, the labor co-chair of the Survivors Steering Committee.
7 I work for a City workers' union called the Organization of Staff Analysts.
8 Our community co-chair, Kimberly Flynn, is a member of the STAC.
9 The Survivors Steering Committee was created to play an advisory role
10 on the administration of the Survivor Health Program and to represent
11 and gain input from the community of affected non-responder
12 stakeholders. It's the successor to the Community Advisory Committee
13 of the World Trade Center Environmental Health Center, which is the
14 Clinical Center of Excellence, serving non-responders. On the slide, by
15 the way, is some of the groups that have been current or former
16 members of the -- either the Community Advisory Committee or the
17 Survivors Steering Committee.
18 Before we begin, the Steering Committee would like to raise one
19 procedural matter, that of an imbalance on the Scientific/Technical
20 Advisory Committee in the number of representatives of affected
21 communities. We have requested that the Administrator add an
22 additional representative of the survivor community to the panel, and
23 that this addition occur prior to the second meeting of the body. The
24 Survivors Steering Committee has recommended a well-qualified
25 individual for that role, and we hope that that recommendation will be
26 given serious consideration that it deserves.
27 Our goal here is to provide a brief overview of the non-responder
28 populations affected by 9/11, their 9/11 exposures, and their health
29 experiences. This morning you'll hear from individuals who were
30 students, residents, and area workers on 9/11. And you can see, this is
31 the morning of, and there is a slightly different version of the dust cloud
32 approaching Chambers Street than Micki had in her presentation, but it
33 gives you some sense of its sort of mode of force and how far it traveled
34 how quickly.
35 The collapse and burning of the World Trade Center caused an
36 unprecedented environmental disaster. Toxic dust and smoke
37 permeated densely populated urban area. So you can see in these slides
38 some of the people who were directly affected on the day by the initial

1 collapse cloud. And here you just see some of the residual effects in
2 stores, on streets. I'm not sure I want that fruit and vegetable stand's
3 produce.
4 Fires then -- in addition to the effects of the initial collapse cloud, the
5 fires at the site persisted for many months. And you can see in these
6 photographs -- these were taken anywhere from a few days to several
7 months after 9/11. You can see that there's -- the persistent fires
8 created smoke clouds that hung -- a plume that sort of shifted with the
9 wind direction and hung over lower Manhattan neighborhoods and
10 persisted.
11 And how did this deal with -- how did interiors look after this event.
12 Well, this is an example of some buildings that border the World Trade
13 Center site. These are apartments.
14 Throughout the Ground Zero cleanup, World Trade Center dust and
15 contaminants entered buildings through multiple routes. Many of the
16 residents of the affected areas were not evacuated, but remained in
17 their homes throughout. Some area workers were brought back to the
18 locations as soon as two days after the attacks, and I know that
19 anecdotally from members of my own union.
20 On September 18th EPA Administrator Christine Todd Whitman through
21 my people declared the air was safe, which put the health of tens of
22 thousands of people at risk. Residents, students and area workers who
23 had evacuated returned to the area and were exposed to World Trade
24 Center smoke and dust, indoors and out.
25 The White House Council on Environmental Quality, influencing EPA risk
26 communications, transformed statements of caution and concern to
27 ones that downplayed health risk. Revealed by the EPA Inspector
28 General's report in 2003, these altered communications misrepresented
29 or concealed information that might have helped protect thousands from
30 the contaminated air.
31 On the tenth anniversary of 9/11 ProPublica, working from documents
32 obtained by the New York Committee on Occupational Safety and Health,
33 revealed just how far this went -- and I think this quote is particularly
34 interesting: 'In one instance, a warning that people should not report to
35 work on a busy thoroughfare in the financial district -- Water Street --
36 was rewritten and workers were urged to return to their offices as soon
37 as the financial district opened on September 17th.'
38 The same day, the New York City Department of Health issued an

1 advisory: 'How should I clean the dust in my apartment when I move
2 back in? The best way to remove dust is to use a wet rag or a wet mop.'
3 The advice for pregnant women, which is on the slide, or young children
4 and area workers was sort of equally questionable. In fact, and this is an
5 important point, there has been no comprehensive and scientifically-
6 valid assessment of indoor contamination ever done.
7 After a lengthy struggle the EPA announced the Test & Clean Program on
8 May 2002 for residences only in Manhattan south of Canal Street, purely
9 on a voluntary basis. Workplaces were excluded, buildings were not
10 treated as systems, and tests in HVAC systems in inaccessible areas that
11 were most likely to harbor contamination were not conducted. Efforts
12 by advocates to improve the program and expand the boundary above
13 Canal Street and into Brooklyn were rejected.
14 The August 2003 EPA Inspector General's report criticized the cleanup as
15 flawed and inadequate, and called on the agency to re-examine the
16 remaining risks to residents, students and area workers in lower
17 Manhattan and in Brooklyn. After another lengthy struggle the EPA
18 created the World Trade Center Expert Technical Review Panel -- that
19 was the panel that Micki was mentioning -- to examine the first Test &
20 Clean Program and to develop a new program to address the remaining
21 health risks to survivors.
22 After months of meetings the EPA unveiled the second program, which
23 was essentially the same as the first. It was deemed unacceptable by a
24 majority of the experts on its own panel, and all of the labor and
25 community representatives. The Government Accountability Office
26 conducted a review -- when you look at this slide you'll see the number
27 of little bullet points in the right-hand column there are little things that
28 they -- advice that they did not take, and those are pretty significant,
29 including testing workplaces and so forth.
30 By 2004 the New York City Department of Health had opened the World
31 Trade Center Health Registry. There was no input from affected
32 community or labor stakeholders into the design of the registry and the
33 wave one survey. Criticisms included arbitrary boundaries not based on
34 any reasonable exposure criteria; exclusion of affected neighborhoods,
35 including Chinatown and the lower east side; exclusion of area workers
36 who were not present below Chambers Street on 9/11; carving out the
37 entire population of the borough of Manhattan Community College;
38 failure of the wave one survey to assess survivors' exposure to indoor

1 dusts; failure of the wave one survey to assess unmet health needs.
2 These omissions and failures of public health policy and exposure
3 assessment resulted in illness and the demand from affected
4 communities, initially led by Beyond Ground Zero Network, for
5 appropriate and needed 9/11 health care for survivors. The World Trade
6 Center Environmental Health Center is the outgrowth of those demands,
7 met by responsive public health professionals and the New York City
8 health and hospitals cooperation.
9 The individuals who will present after me this morning will offer
10 snapshots of the 9/11 survivor experience. We'll hear in order from
11 Mariama James, who's sitting here; Jo Polett, who's here; Gail Benzman,
12 who is on the phone; Lillian Bermudez, who is at the far end of the table;
13 and Lila Nordstrom, who is also on the phone.
14 So first up is Mariama James.
15 MS. JAMES: My name is Mariama James. I live in Southbridge Towers
16 with my family. That's on Gold Street -- my building's on Gold Street.
17 I'm also a member of Community Board One, formerly of the World
18 Trade Center Redevelopment Committee, presently on the Youth and
19 Education and Financial District Committees.
20 On the morning of September 11th I was eight months pregnant with my
21 third child. I did my usual commute from Gold Street to Queens, Long
22 Island City Queens, that's two trains and a bus through the -- once I
23 reached -- I was very early that day so I went to hang out in the
24 engineering department, and through their floor-to-ceiling bay windows
25 I was able to see the first plane hit. I immediately called my children's
26 school and contacted them, urging them to close the school and let the
27 children get home. I was only thinking of traffic at that point.
28 But by the time the second plane hit I could no longer reach them and
29 weren't sure if they were -- whether -- if they were okay. Stayed at work
30 as long as I could in hopes of speaking to them, and once that seemed
31 futile I began pretty much a walk from Queens back to lower Manhattan.
32 When I arrived home I was covered in dust from head to toe. My father,
33 who had been successful in picking up my children from the Village,
34 walking from Gold Street to Bleecker Street in SoHo and back, was also
35 covered in dust, as were all three (sic) of my children.
36 At Southbridge Towers, the entire complex, we had no power, no water,
37 no phones. At daybreak when the sun came out we were able to see
38 that our home was covered in the same thick dust that was everywhere

1 else in the surrounding areas. Neighbors said that the building was
2 engulfed in the collapse cloud.
3 Soon we were told the dust was safe to remove ourselves. At eight and
4 a half months pregnant I got down on my hands and knees and ripped up
5 my children's carpet -- the padding, the wood, entirety. I cleaned the
6 rest of my house as well. My father was there to help with me as well,
7 and he vacuumed with a non-HEPA vac. We used our wet rags and wiped
8 up what we could.
9 Not long after 9/11 the City Health Department put out an advisory to
10 residents that stated, in addition to cleaning with wet rag and mop and
11 throwing away any spoiled food, pregnant women and young children do
12 not need to take additional precautions. And I think there was just a
13 quote in Rob's presentation a moment ago with specific regard to
14 pregnant women not needing to do anything in particular.
15 My daughter was born on October 23rd. She was diagnosed with asthma
16 and sinusitis, things of that nature, by the time she was ten months old.
17 And my other children, none of whom had health problems before 9/11,
18 developed the same conditions -- which are now considered classic
19 World Trade Center illnesses.
20 For years all three of my kids took daily treatments of Zyrtec, Allegra,
21 Singulair, Asthmanex, Albuterol, Rhinocort, Qvar and Advair for allergy,
22 sinusitis and asthma-related symptoms and were eventually also
23 prescribed Prevacid for GERD that the doctors said was caused by post-
24 nasal drip from the sinusitis problems.
25 There was no program to treat children who were sick from 9/11. I had
26 to be -- which is myself -- to find a pediatric pulmonologist. For many
27 years she required them to come in once a month, and then later, as
28 they became better, three times a month (sic).
29 We still keep steroids and nebulizer meds on hand in my house, in the
30 event that any children -- any of the three children should reach their
31 what they call red level of asthma action plans. They miss school often.
32 At five my daughter knew how to load the nebulizer and administer
33 treatment to herself.
34 In 2002 when my son's teacher and I realized that he was having
35 difficulty processing instructions, we had him tested and he has since
36 been diagnosed with learning disabilities. His sisters later followed in
37 being diagnosed with the same.
38 Our health care costs went through the roof, averaging around \$820 a

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month because of \$50 co-pays for each med and \$50 co-pays for each doctor visit. And as a result, I by myself could not afford to go to the doctor, so I've only recently begun to seek treatment.

All three of my children still have persistent asthma, sinusitis and GERD, for which they are now being treated at the EHC. And the last, and I guess most important at this point, point I'd like to make is that children are in many ways the most vulnerable population exposed to 9/11 dust and smoke, yet they are the least studied. It is absolutely critical that NIOSH fund the pediatric study proposed by Drs. Leo Trasande and Liz Fiorino which will test hundreds of downtown children for World Trade Center exposures and related symptoms. Years ago we called for a program to screen the area's children and we didn't get one. We must have this study. Without it we have no clear picture of the effects of 9/11 on the physical health of downtown children.

MR. SPENCER: And next up is Jo Polett.

MS. POLETT: My name is Jo Polett. I'm a patient at the WTC EHC and I live at 105 Duane Street, a 52-story rental high rise located seven blocks north of the World Trade Center site. Constructed in 1990, the building has no asbestos-containing material and no interior source of lead.

On 9/11 dust from the collapsing towers entered our building through windows, the louvers of heating and air conditioning units, and the building-wide ventilation system. In the months following the attacks smoke-borne contaminants from the fires that burned at the site polluted the air and continued to enter our homes.

On the morning of 9/11 I watched the towers burn and collapse through the living room window of my south-facing apartment. I spent a week with friends in Brooklyn and returned to my apartment once power and water had been restored to the building.

Respiratory symptoms were common among my neighbors, but we were assured by federal and city officials that our symptoms would be short-term, with no lasting consequences, so we tried to ignore them. As the symptoms of some intensified, it became hard to do that. I had no history of respiratory problems, I was not caught in the dust cloud and, because my windows were closed when the dust cloud hit the building, when I returned home I saw barely any dust.

Yet by the end of October respiratory symptoms that had begun to occur intermittently following my return became persistent and increased in severity. On November 20th I consulted an occupational physician and

1 was advised to vacate my apartment until it was professionally cleaned.
2 A FEMA inspector declared it uninhabitable and I was relocated to a
3 hotel on the upper east side.
4 I spent the next two and a half years working with my fellow tenants to
5 get our building properly cleaned. Our efforts met with little success.
6 By the end of November we'd learned that, even if tenants who could
7 afford to do so had their apartments professionally cleaned, if the
8 ventilation system was circulating contaminated air the cleaned
9 apartments would be re-contaminated. On December 3rd of 2001 we
10 brought in a certified industrial hygienist who sampled the supply air
11 diffuser or hallway vent on the tenth floor. The sample was collected by
12 micro-vac and analyzed by TEM for asbestos. The sample tested positive
13 for asbestos at a level of 550,000 asbestos structures per square
14 centimeter. Expected background for buildings such as ours, constructed
15 without ACM, is usually below 1,000 structures per square centimeter,
16 though some studies show that in a poorly-maintained building in an
17 urban area the level can be as high as 10,000 structures per square
18 centimeter. 105 Duane is a well-maintained building, but in either case
19 the sampling result in asbestos level between 500 and 50 times expected
20 background shows that the ventilation system was contaminated with
21 asbestos from the World Trade Center. In either case, the presence of
22 additional constituents of the collapse dust and smoke.
23 There is a supply air diffuser on every floor of the building. Outside air is
24 drawn into the ventilation system through an intake vent at the base of
25 the building, and is then vented into the hallways through the supply air
26 diffusers. That air enters apartments through entry doors and is
27 circulated out of apartments through exhaust vents located in kitchens
28 and bathrooms. Sampling in July 2002 of the entry doorframe of a fifth
29 floor apartment yielded a result of 123,000 structures -- asbestos
30 structures per square centimeter, indicating that the ventilation system
31 was circulating asbestos and other WTC contaminants through hallways
32 and into apartments.
33 Sampling of the FAMCO unit of the living room heating and air
34 conditioning unit in that apartment yielded a result of 37,000 asbestos
35 structures per square centimeter. That unit had not been turned on
36 since 9/11. Identical sampling in an identical unit that had been turned
37 on since 9/11 showed a level of 16,700 asbestos structures per square
38 centimeter. That sampling was collected in my apartment in January of

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2002.

In addition to findings of trace amounts of asbestos in the kitchen and bathroom exhaust vents, the sampling report also noted the presence of World Trade Center dust and debris still visible on an exterior window ledge.

In addition to independent sampling results, my building has EPA sampling results that also confirm WTC contamination. My apartment was one of the 222 residence (sic) in lower Manhattan that EPA sampled for heavy metals and dioxin during the first test and clean program that launched in May of 2002.

The wipe sample result for lead on my bedroom floor, taken in May of 2003, was 127 micrograms per square foot. It was five times of EPA's health-based benchmark for lead. The result for antimony was 1090 micrograms per square foot. EPA's health-based benchmark for antimony was 627 micrograms per square foot.

The eight residences in my building sampled for heavy metals and dioxins more than a year after the collapse, four exceeded EPA's health-based benchmark for lead.

Though EPA and the New York City Department of Health responded to the inconveniently high number of positive lead results in lower Manhattan by attributing them to interior lead paint in older buildings, there was no interior source of lead at 105 Duane Street. And it is, and was at the time, a known fact that there was lead in World Trade Center dust.

Thank you, and please keep in mind that the sampling results I've cited came from a building that did not appear to be significantly impacted by World Trade Center dust, yet harbored contaminants in sufficient quantities to cause lasting health effects.

MR. SPENCER: Next up will be Gail Benzman, who's going to speak to us hopefully over the phone from Florida. Gail?

MS. BENZMAN (via telephone): Thank you. Good morning, ladies and gentlemen. My name is Gail Benzman and I am a survivor of 9/11, even though I was not physically in the area at the time of the attack.

On 9/11 I had taken the day off to work on the primary election. I was lucky. I watched the planes hit from Queens. If not, I would have been at a meeting within a block of the collapse of the towers.

On 9/11 I was employed by the New York City Comptroller's Office located at Chambers and Center Streets. That night the mayor issued an

1 order that all non-essential city personnel were not to report to work.
2 On September 18th EPA Administrator Christine Todd Whitman
3 announced that the air had been tested and was safe. I received an
4 order to report to work on September 20th.
5 As I rode the subway to work that morning, at each station as the train
6 doors opened, the smell of smoke became more intense. At the City Hall
7 stop the platform was black with smoke. We all had to cover our faces
8 as the tears rolled down our cheeks and we ran up the stairs. In the
9 street was more smoke and the smell of burning debris and chemicals.
10 Dust and debris were continually being blown through the air and hosed
11 off the buildings, coating everyone and everything, as well as being
12 blown through the open windows of the buildings and circulated by the
13 ceiling fans.
14 Every morning, after we staggered through the smoke and fumes, before
15 we could begin to work we had to clean our desks, papers, walls and
16 rugs. My reaction to the smoke and dust particles was almost
17 immediate. I had problems breathing and my chest hurt.
18 On September 25th I spoke with the deputy comptroller about the
19 medical reactions I was having -- constant coughing, swollen glands, sore
20 throat, pain in my sinuses, headaches and constant pressure in my chest,
21 as well as nosebleeds. He informed me that the EPA had tested the air
22 and that there was nothing wrong. If I felt sick, I should go home.
23 October 17th was my first of many 9/11-related doctor visits. The list of
24 medications prescribed continued to grow -- V-Pack, Claritin, Brobin
25 (ph), Flonase, Albuterol, Dioxin, Codeine, et cetera -- as did my absences
26 and time spent in bed. The comptroller's environmental policy person
27 arranged for an appointment for me at Mt. Sinai's Occupational and
28 Environmental Health Clinic.
29 On November 8th I was informed that I had reactive airway disease and
30 asthma, a respiratory disease I never had prior to 9/11. Additionally I
31 have been diagnosed with chronic sinusitis and GERD.
32 All the while the federal and city agencies continued to say that there
33 was nothing wrong with the air, in every statement and at all public
34 hearings. Yet doctors, residents and workers testified to new and
35 worsening illness.
36 I had been advised to think about applying for disability, but I had bills to
37 pay, including a mortgage, and I would no longer be able to continue to
38 contribute the time and money I needed to my pension. Dr. Levin

1 suggested I file for Workers Comp. Most attorneys would not accept my
2 case since I had not worked on the Pile. Finally a small firm accepted my
3 case in July 2002. After numerous hearings I was notified by the
4 Workers Comp that I had won my case. My office was reimbursed for my
5 absences and the sick time was credited back to me. I was also informed
6 that I was afforded lifetime medical. But in 2007 my case manager
7 disappeared. Messages left by her were never answered, nor was
8 anyone else ever assigned to my case. Workers Comp stopped paying my
9 drugs. Since 2007 I have been paying for all medications that my
10 insurance has not paid for.

11 To avoid further exposure, I retired when I finally could and left New
12 York. I moved to Florida on January 23rd, 2010. I still have the same
13 medical problems -- reactive airway disease, chest pains, acute sinitis
14 (ph), reflux, and problems with my voice, although I do not suffer as
15 many attacks. Doctors in Florida do not have much experience in
16 treating individuals with 9/11 health problems, even though there are
17 over 1700 of us now living in Florida. After all these years I've learned
18 which medications work for me and which don't.

19 I have been to New York City only three times since I moved. Every time
20 I go I have had an attack of asthma, shortness of breath, chest pains and
21 sinusitis. My most recent attack -- my most recent visit required me to
22 be in a lower Manhattan building, and I suffered one of my worst attacks
23 in a long time.

24 Since I was not at work below Chambers Street on 9/11 I was not eligible
25 for the World Trade Center Health Registry. Although I now live in
26 Florida, I recently had my first thorough examination at Bellevue's EHC.
27 Thank you for listening.

28 MR. SPENCER: Thank you, Gail. Next is Lillian Bermudez.

29 MS. BERMUDEZ: Hi, my name is Lillian Bermudez -- I get emotional. I
30 live in Delancey Street above Canal Street. I work for the New York City
31 Police Department. I am a senior police administrative aide, and I have
32 four children, which two -- **[identifying information redacted]**, who was 12,
33 and **[identifying information redacted]**, who was 9 at the time of the 9/11.
34 A few days -- a few days after the 9/11 the fumes and constant --
35 constantly coming through my windows, my kids were complaining about
36 the smell, and the towers were still burning. I could smell it, too, and it
37 was very intense and I wondered if it was dangerous. But of course they
38 said that the air was clean.

1 Neither of my kids had any health problems before 9/11. So by the end
2 of October 2001 my son, who's been home from school for two days
3 coughing and sneezing, and I thought it was a cold -- I thought he was
4 suffering from a cold. He had complaint of his chest hurt and I thought
5 that he was -- it was because of the cold that his chest was hurting a lot.
6 On the third day, on a Sunday, when I saw that he wasn't getting better I
7 decided to take him to the doctor at the Bellevue ER. When he was at
8 the triage nurse he check-- they checked his oxygen blood level and
9 asked for Mitch to be taken in right away. As soon as they took him in
10 they put him in a bed, they started putting IV on him and giving him
11 oxygen. And I asked them 'What's going on? What's wrong with him?'
12 They told me that he was having an asthma attack. And I was shocked,
13 because he never had asthma before. That's the first time I hear about
14 it.
15 The next thing I knew, they're sending him straight to ICU where the
16 doctor was struggling to get Mitch breathing under control. I stayed
17 there with my son on the ICU for three days until he was better. The day
18 after he was admitted the doctor told me that if I waited one more day
19 and he would have died.
20 A social worker came to the ICU and started asking me questions,
21 whether there was dust, pets, smoking in the apartment. We don't
22 smoke, we didn't have pets at the time, and if -- and the -- in the
23 apartment -- you know, and the apartment was always kept clean, no
24 matter what. My kids had seen a pediatrician every year and both been
25 healthy. They were never -- I was never told that any of my children,
26 you know, had asthma at the time.
27 Because of the dust and fumes from 9/11 I have -- my daughter -- no,
28 before the fume from 9/11 she's -- they said that the air was clean and it
29 was not clean. Oh, God, I don't know where I'm at. I am so...
30 (Pause)
31 Yeah, after -- I mean after the social worker was drilling me, that's how I
32 felt, I just kept paying attention to my son who was having problem
33 breathing and the doctors could not get it under control. I said that the
34 dust -- the dust fumes from 9/11 was not good. She kept telling me yes,
35 they said it was clean, that it was nothing wrong with it. She kept
36 resisting -- and I kept -- I got too upset, you know, I don't want to discuss
37 it anymore, and I went over to my son.
38 Mitch came out of ICU after three days, but he was kept in the hospital

1 for five more days so they could keep giving him aburals, steroids and
2 oxygen. He was given a diagnose of asthma and medicine, and we went
3 home.
4 By 2002 my daughter [identifying information redacted] was sick, and
5 when I brought her to the ER she was diagnosed with sinusitis. The ER
6 doctor gave her a pump, but every time she got a cold it would get worse
7 -- the sinusitis would get worse. Eventually she was diagnosed with
8 asthma also.
9 Even though Mitch stayed on the medicine from the ER doctors, he
10 continued to have severe asthma attacks, and I would take him to the
11 ER. He was admitted to the hospital at least four more times.
12 In 2007 I met Dr. Joan Wright-- Re-- oh, God -- and she told me to take
13 [identifying information redacted] and [identifying information redacted] to
14 Bellevue World Trade Center Clinic to get tested. They got the right kind
15 of medicine, and since then my kids have been doing great. Now they
16 can live like kids again.
17 If my kids have any more asthma or sinus problems, the doctor there are
18 there for them. They know my children's history from 9/11, and they
19 know what to look for and how to get them well because where my
20 children live, they didn't qualif-- and because where we live, they didn't
21 qualify for the health registry, either.
22 And I just want to say one thing that -- I am not taking anything away
23 from the first responders. I am so glad and thank God that they were
24 there for us to be there to help out, but we as to living in the residency
25 have problems also.
26 MR. SPENCER: Thank you, Lillian. Last up, from California, is Lila
27 Nordstrom.
28 MS. NORDSTROM (via telephone): Hi. Can you guys hear me?
29 DR. WARD: Yes.
30 MS. NORDSTROM: Oh, great. Okay, good. So I was a Stuyvesant student
31 on September 11th in 2001. Our school was just three blocks from the
32 World Trade Center and on the day of the attacks we were held inside
33 the building until about 10:30, just before the north tower fell -- I think
34 it fell at 10:38 -- so a lot of us ran from the collapsing building the
35 moment we exited, but a lot of us did not get out of the school until well
36 after that time and exited into a scene full of dust and debris.
37 Stuyvesant High School was in the dust cloud and it was used as a
38 command center for several weeks after the attacks. But it was not

1 cleaned adequately prior to our re-occupying it. The vents were not
2 cleaned. There was no fabric or drapery replaced. It had a very cursory
3 like mopping, essentially.

4 We returned back to Stuyvesant on October 9th, 2001. It was only three
5 weeks after the attacks. The area was essentially a war zone. We had to
6 go through National Guard checkpoints to get into school, and there
7 were still fires burning at Ground Zero which burned for at least a month
8 after our return. Smoke and ash were blowing into the school daily, and
9 by the end of each school day the smell of smoke was really suffocating.
10 I'm a life-long asthmatic and up until that point my asthma had been
11 well controlled, but I started having breathing problems immediately, as
12 soon as we returned to Stuyvesant. Coughs and nosebleeds and
13 respiratory problems became really common in the Stuyvesant
14 community.

15 To make matters worse, hundreds of trucks carrying the dust and debris
16 from the Pile at Ground Zero passed by our school every day on their
17 way to the barge, which was moored just outside of our building. The
18 barge was facing a community college as well, and a large apartment
19 complex. Their -- the trucks dumped their loads next to our air intake
20 system, and environmental testing at the barge on several days showed
21 that levels of particulate matter were higher there than they were at
22 Ground Zero, so -- and that was right outside Stuyvesant's doors.

23 Stuyvesant students were minors at the time of the attacks, and we had
24 no ability to advocate for ourselves and really no choice but to trust that
25 the Board of Education had made the right decision to send us back. But
26 the parent association at Stuyvesant eventually discovered that the City
27 had really failed to disclose a lot of relevant facts about the environment
28 in and around Stuyvesant, and they now maintain a website where a lot
29 of their failed attempts to get the City to do further testing and cleaning
30 are archived, and that's a good resource for finding out what -- you
31 know, what information was available at the time and what wasn't.

32 Stuyvesant alumni from that year are right now in an age group with
33 really high numbers of uninsured people, and we're already facing
34 discrimination based on 9/11-related pre-existing conditions on the open
35 insurance market. That's really problematic for us 'cause we are heavily
36 dispersed nationwide at this point. We live in a lot of different states
37 and not all of them offer the protections that New York State does in
38 terms of pre-existing conditions when you're buying private insurance.

1 At the moment acid reflux and coughs and respiratory problems are very
2 widespread with the Stuyvesant population. There are anecdotal reports
3 of cancers and autoimmune disorders that are growing, but there was no
4 comprehensive study ever done of the health impacts on Stuyvesant
5 alumni, so we don't have exact data.
6 As -- I've -- I have four cancers and two autoimmune disorders were
7 reported -- have been reported to me by former classmates in the last
8 five years, but that certainly doesn't account for the variety that -- you
9 know, that could be out there.
10 I just wanted to finish by reading a statement by my classmate from that
11 year, Amit Friedlander. In 2006 he was diagnosed with Hodgkin's
12 lymphoma. He said: 'All through college, which was 2002 through 2006,
13 I frequently came down with severe flu and cold-like symptoms for a
14 week at a time, and people often told me that I looked sickly and like a
15 drug addict. I just figured I was tired and sick and looked worn out
16 because I was working hard. Shortly after graduating from college a
17 physical therapist noticed a lump in my chest, and the lump was
18 diagnosed by doctors as Hodgkin's lymphoma. I found out that many
19 9/11 responders were being diagnosed with Hodgkin's and other blood
20 cancers. And while I wasn't one of the heroes working in the rubble at
21 the World Trade Center, I had significant exposure to Ground Zero dust,
22 smoke and debris. It is also worth noting that every day there were
23 numerous truckloads of World Trade Center debris going past the
24 Stuyvesant High School building and being unloaded onto a barge right
25 outside the school through late spring of 2002.'
26 Thanks.
27 MR. SPENCER: Thank you, Lila. So in closing I'd like to thank Mariama,
28 Jo, Gail, Lillian and Lila, and also my co-chair -- my community co-chair,
29 Kimberly Flynn, for their hard work in putting together this presentation.
30 We hope the Committee has found it somewhat helpful. Thank you.
31 DR. WARD: And we'd like to take at least as many as three questions for
32 the panel. We are running a little late so we'll have to limit it to three.
33 DR. DEMENT: Seems like a recurring theme in all the presentations -- at
34 least most of them -- is the issues for young children, in particular
35 present in the vicinity and certainly outside of some of the zones that
36 were designated. I'd like to hear more discussion about what is going on
37 with regard to looking at children, and maybe some comments about
38 what should be done.

1 MS. POLETT: I mean, we'd just say that parents with affected children
2 couldn't wait for the WTC EHC pediatric program, so they're -- they took
3 them to doctors, you know, all over the city. And that's such a concern
4 because they're dispersed, there's -- the large numbers of them are not
5 being tracked. There are very few children in the World Trade Center
6 Health Registry. I think it's what, 2,000 or --
7 MR. SPENCER: Three.
8 MS. POLETT: -- 3,000, so we're really concerned that there'll be no way
9 to scope out emergent illnesses. If you remember back to the data in my
10 building -- I mean obviously I'm not concerned about the asbestos long
11 latency period, not a problem. I am really, really worried about the
12 children who are living in my building now.
13 MR. SPENCER: One other interesting fact is that it's become -- first of
14 all, there were several different pediatric populations. There were those
15 who were in sort of high school that have now aged out into an adult
16 population and they're part of the -- could be part of the EHC directly.
17 There are people who were, you know, much younger children who are
18 still being -- could be treated at the pediatric program. But one of the
19 things we found that was very difficult with is reaching out and finding
20 the people in the community, because in -- for example, the Department
21 of Education has not exactly been forthcoming about facilitating
22 outreach to parents or to, you know, anyone who was connected to this
23 population at the time. And it's only, you know, recently that there's
24 been any modest movement in this direction -- just pointing that out.
25 MS. JAMES: I would just first repeat again that the study needs to be
26 funded for pediatrics, Dr. Trasande's study, Dr. Loosfemio's (ph) study.
27 But also to say that I think that from the top there needs to be some
28 encouragement to pediatric physicians. Not all of them take World
29 Trade Center-related illnesses seriously, even to this date after they've
30 been recognized. There needs to be something from the Department of
31 Health, something from the national medical boards to these doctors to
32 not basically laugh it off if you receive a patient -- a pediatric patient
33 that's complaining of multiple respiratory and sinus diseases --
34 conditions.
35 MR. SPENCER: And the last thing I'd say on that is that often parents
36 seem resistant to identifying, believe it or not, medical problems as
37 being tied to 9/11. And one -- my community co-chair, who sits on your
38 Committee, would probably tell you she's run a pediatric outreach

1 project on behalf of the EHC and sometimes getting people to sort of
2 accept the idea that these post-9/11 onset illnesses are actually tied to
3 that. For some reason there's more of a stigma in some of these
4 communities to that than there would be that they just -- it just
5 developed, you know. I don't quite understand it, but there it is.
6 MS. POLETT: And the other problem that -- parents who brought their
7 children back or remained in their homes have a really hard time with
8 that, so as I think Rob said, there's resistance. But the other problem is
9 they're handicapped by the misinformation they have received. So a
10 parent whose child was not caught in the dust cloud or didn't occupy or
11 reoccupy an apartment with heavy dust or visible dust just assumes that,
12 you know, whatever is going on with their child -- the asthma, the
13 sinusitis, the learning delays -- must have some other cause.
14 MS. BERMUDEZ: I just want to say that the only reason why I found out
15 about my kids being affected with the 9/11 was because one day I went
16 to my -- to their doctor and she told me they were having a meeting
17 about the 9/11. And me, I always thought that there was something
18 wrong with -- with the air and all -- you know, all that stuff, and she told
19 me about this meeting -- I forgot the council person that was supposed
20 to be there, and I met some of the Committee people there, and I just
21 sat in the back and I just listened to what they were saying. But if it
22 wasn't for that meeting I would have never known that my kids was
23 affected with 9/11. I just thought it was just -- they were sick. You
24 know, a cold at the first, but then when they started getting worse and I
25 realized he was getting worse, and then I had started putting two
26 together and I said well, they were talking about that the air was clean,
27 and all of a sudden, you know, all these things are happening and then it
28 was talking about no, the air is not clean. And I spoke to some of the
29 Committee members and they kept telling me well, keep coming to the
30 meetings and we'll get more information about what's going on. But if it
31 wasn't for that meeting, I would have been one of those parents that
32 would have known nothing about what was going on, what was going on
33 with my children. I mean all of a sudden they come out with asthma;
34 from where, from what? And like I say, we were not informed at all
35 about anything about the 9/11. And I have a -- and I met a couple of
36 parents and I told them about it. 'Oh, no, I couldn't believe that; that
37 couldn't happen.' I say 'Yes, I think you should start getting' -- you
38 know, getting more information and go on the internet, there's a lot of

1 information about 9/11. And because of that, more parents are being
2 aware, but there are a lot of parents out there that are not aware and
3 the children are sick and not getting the right treatment that they should
4 get.

5 MS. FLYNN: Can you hear me? Yeah. There was no official public health
6 guidance for parents of young children until 2009. That is the time in
7 which the New York City Department of Health issued its guidelines for
8 children and adolescents exposed to the World Trade Center disaster.
9 And there was no funded pediatric program for children suffering from
10 9/11-related mental or physical health effects until 2008.

11 MS. HUGHES: I want to thank all of you for sharing your stories with
12 you, and as a fellow mom, I really want to thank the parents and it's
13 been a really hard struggle for the last ten years to get to where we are.
14 And it'll be interesting to see what this Committee will be able to
15 address, and we can't forget about the children, too. Thanks. Thanks a
16 lot.

17 DR. WARD: I think we will move on to taking a short break for 15
18 minutes. I thank all the members who spoke very much. I think it was a
19 very enlightening session. Thank you.

20 (Recess 10:37 a.m. to 11:00 a.m.)

21 DR. WARD: If everyone could take their seats.

22 (Pause)

23 DR. MIDDENDORF: Just a note to the record as we reconvene that all the
24 previous members are currently at the table except for Dr. Rom. When
25 he returns we'll put a note to the record that he has returned.
26 And I'll also ask if Dr. Talaska's on the phone?

27 (No response)

28 Not hearing, I'm assuming that he has not joined us as yet.
29 Before we get on with the rest of our program I do want to remind folks
30 that, if you aren't aware, that today at 2:00 o'clock the federal
31 government will be conducting the first nationwide test of the
32 Emergency Alert System. The test will last up to three and a half
33 minutes. During this period the regularly-scheduled radio, television,
34 cable and satellite shows will be interrupted as the system is being
35 tested. So we're informing you that this event will be just a test and not
36 a real emergency alert. My understanding is that there may be sirens
37 and things like that going off as well, so it is not a real emergency. We
38 will -- if it's too loud, we'll wait for it to be over and done with. If we

1 can, we'll work through it. So I just want to make sure everybody is
2 aware of that.

3 And a note to the record that Dr. Rom has now returned.

4 DR. WARD: Then we'll begin with Dr. Mark Farfel.

TREATMENT PROGRAMS AND HEALTH REGISTRY:

5 WTC HEALTH REGISTRY

6 DR. FARFEL: Are the slides cued up? So thank you for the opportunity to
7 speak for about 15 minutes about the World Trade Center Health
8 Registry. It's been mentioned a number of times this morning already.
9 As I look around I see a number of you are very familiar with registry
10 activities and research through service on the registry's advisory
11 committees, the science, labor and community, and some of you have
12 gotten recent updates on registry research at the October WTC seminar
13 that Steve Markowitz helped organize. But I know that others may not
14 be as familiar, so what I'm going to do this morning is just briefly present
15 on registry background and some of the past findings, but really focus on
16 ongoing research and planned research. I think that would be of interest
17 to the Committee.

18 Let's begin with our registry aims. We have three, and the first is
19 expanding knowledge about long-term health effects of 9/11 and gaps in
20 health care. And in a nutshell, we -- this basically entails three
21 approaches to the research. One is we do periodic health surveys of our
22 enrollees; two, we do in-depth studies, some collaboratively with
23 external researchers, and we also do matching to other health registries
24 such as the National Death Index. The registry also responds to health
25 needs and concerns of enrollees and others who were exposed. It was
26 mentioned earlier the pediatric physician guidelines, there was also the
27 adult guidelines, came out of this specific aim of the registry. And we
28 now also have a treatment referral project that I'm going to mention a
29 little bit later that's part of the core registry function under aim two.
30 Lastly, we expend quite a bit of effort maintaining updated contact
31 information, or an updated registry, so that we can reach people for the
32 first two aims, and also so we can serve as a resource for external
33 researchers doing 9/11-related research.

34 So briefly on the history of the registry, the Health Registry was actually
35 conceived shortly after 9/11, and the registry was established at the

1 health department in partnership with ATSDR in 2000 (sic). We're
2 currently funded by NIOSH and that came in the more recent years.
3 The first registry survey was in 2003 and 2004, and at that time we had
4 71,000 exposed persons enrolled in the registry, and including the 3,000
5 children that were mentioned earlier. And they took a 30-minute
6 telephone interview which gathered information about physical and
7 mental health symptoms and conditions, new or worsening conditions,
8 and 9/11 exposures.
9 The second registry survey was 2006-2008, and nearly 70 percent of the
10 adult enrollees responded to that survey, and we had just over half of
11 the parent proxies who responded for their children who were in the
12 registry also responded to that survey. So the goals there were to assess
13 the course of symptoms and conditions that had been reported on wave
14 one. We did get some exposure clarifications, including asking questions
15 about the intensity of the dust cloud exposure, and we asked about any
16 new emerging conditions.
17 The wave three survey, which is the 10-year follow-up, the 2011-2012
18 survey, is currently underway. We did launch in July to the adults and
19 most recently to the parents of children still enrolled. And our goals
20 there are to assess the course of conditions, emerging conditions, unmet
21 health care needs there.
22 So very briefly, the registry had four eligibility groups that were
23 individuals who were highly likely to have been exposed, have had high
24 exposures to the 9/11 event or the aftermath. And the largest group by
25 far, the building occupants and passersby of Chambers Street on 9/11,
26 and that includes occupants of damaged and destroyed buildings and
27 about 4,000 occupants of the twin towers; followed by rescue/recovery
28 workers and volunteers at the site, and that includes several thousand of
29 NYPD, FDNY, Department of Sanitation employees, as well as about
30 5,000 people who reported they were there as volunteers. The third
31 group is the residents south of Canal Street, 14,665; followed by children
32 and staff in schools south of Canal Street.
33 Now the numbers do add up to more than 71,000 because about one in
34 four of the enrollees were actually -- fell into more than one of the
35 eligibility groups. So the registry has about 17 percent of the estimated
36 400,000 people who are eligible across the four eligibility groups. And of
37 course exposed persons did not need to be ill to be eligible for
38 enrollment in the registry.

1 Just wanted to say a word about recruitment briefly. We have two main
2 groups, the first that we call list-identified, which comprises about 30
3 percent of the enrollees. These are people who are recruited from lists
4 of names that were culled from employers and organizations, or
5 residents through publicly-available directories, so there are a large
6 number of lists with a large number of potential enrollees, and they
7 were reached out to by the survey vendor and assessed for potential
8 eligibility.
9 So this group, since it was recruited from lists, is less likely to be subject
10 to selection bias compared to the remainder of the enrollees that we call
11 the so-called self-identified.
12 These are people who responded to the extensive media outreach and
13 awareness campaigns -- subway and bus ads and so forth, letters sent to
14 parents -- and pre-registered or contacted a toll-free number. And then
15 those inbound calls were handled and people were interviewed.
16 So we do take into account recruitment source and registry analyses, and
17 when we do look at list-identified enrollees separately we do find similar
18 trends in findings.
19 Now this attack truly was an attack on the United States, and this map
20 reflects that the registry has enrollees from all 50 states. We actually
21 have responders from all 50 states as well. The majority -- we also have
22 enrollees from 18 countries. The majority of the enrollees resided in
23 New York City on 9/11. We had about -- close to 90 percent in the New
24 York City metropolitan area. And then we have enrollees -- large
25 numbers of enrollees in states like California, Pennsylvania and Florida.
26 A few strengths of the registry to point out at this point is that we do
27 have published estimates of the numbers of exposed persons, and it was
28 addressed earlier this morning that these are just estimates, but we do
29 have them. The registry, as I mentioned earlier, is a vehicle for external
30 researchers to conduct their own WTC research, or in collaboration with
31 the registry. We have about ten external collaborations to date with
32 local researchers affiliated with local universities, including Columbia,
33 NYU, Cornell. We also have collaborations with international
34 researchers from the United Kingdom. And the topics really range quite
35 widely, from looking at evacuation procedures and understanding
36 behavioral aspects and structural aspects of building evacuation to
37 understanding the transmission of PTSD from first responder parents to
38 their children.

1 And I think first and foremost, you know, we do have the diverse groups
2 of enrollees that we follow, with quite a number of subgroups in there
3 that I've alluded to. And each of these main registry groupings that I just
4 presented has experienced a large burden of both physical and mental
5 health symptoms and conditions.
6 And I just wanted to show a couple of slides of some of the more
7 common conditions. I want to begin with PTSD. I have one slide, and
8 then one slide on new asthma after 9/11. So we call this probable PTSD
9 because the -- our surveys, which were self-report surveys, actually
10 screened for PTSD using the PCL checklist, which was a 17-item checklist
11 grounded in the events of 9/11, so that's why we refer to it as probable.
12 So by the point of the second wave of our survey in '06-'07, about one in
13 four of our enrollees had new-onset PTSD that had no prior history of
14 PTSD; about ten percent had late-onset PTSD at wave two; and about ten
15 percent had reported PTSD or screened positive at both waves one and
16 wave two. Most of those individual enrollees who had the chronic or the
17 late-onset PTSD reported poor mental health in the past month, it was
18 13 days or more poor mental health, and no mental health care in the
19 past year. And I think that last finding really highlights the importance
20 of ongoing mental health services following a disaster and the
21 importance of understanding the barriers to care.
22 And when we looked across rescue recovery groups there was a range of
23 prevalences of PTSD from seven to 24 percent. It was lowest in the
24 police and it was highest in workers who were least likely to have had
25 any prior disaster experience or training, such as sanitation,
26 construction, and the spontaneous volunteers.
27 Now what you see next under the risk factors are some 9/11-related risk
28 factors and others for probable PTSD, so the 9/11 is being caught in the
29 dust cloud, witnessing horror, being injured on 9/11; also heavy dust in
30 the home and the workplace, which has been mentioned earlier today;
31 for rescue/recovery workers, early arrival, longer duration of
32 rescue/recovery work; and then event-related loss of job or spouse and
33 low social support. So the ones I've highlighted in gold-colored font are
34 also risk factors for new-onset asthma after 9/11. And for rescue and
35 recovery workers, delay in deploying a mask or respirator after 9/11 was
36 also associated with new-onset asthma.
37 So let's turn to asthma, and this is the annualized incidence of new
38 asthma post-9/11 in persons who had no history. And the asthma rates

1 were significantly elevated after 9/11. They were highest in the first 16
2 months. The rate in 2001, which was about three percent, was six-fold
3 higher than the general U.S. population rate. And then you can see it
4 declined starting in 2003 to less than one percent. And there was an
5 increase in 2006 which we think is just attributable to the fact that we
6 were asking about asthma again in the wave two survey, some recall.
7 The fact that so many of the people who were diagnosed after 2003 had
8 actually reported symptoms of wheezing before 2003, we suspect some
9 of the late diagnosed asthma may actually be 9/11 event-related asthma
10 that was just -- had a late diagnosis.
11 By 2006/7 12 percent of rescue/recovery workers and eight percent of
12 other enrollees had new-onset asthma, first time. And there was a
13 similar pattern in annualized incidents of asthma among the children
14 enrollees in the registry.
15 I wanted to talk about some recent findings. Some of these were
16 actually presented at the October WTC research seminar, but I wanted to
17 mention some of these. The first was a result of a collaboration between
18 the registry and NYU Bellevue. It was a nested case controlled study of
19 residents and area worker enrollees which were -- sort of tended to be
20 more of under-studied populations post-9/11. And the oscillometry and
21 PFT testing showed lower airway disease among residents and area
22 workers that were associated with persistent symptoms at waves one
23 and wave two and exposure.
24 And we also, in the second finding reported here, we looked at 9,300
25 rescue/recovery workers who had worked on the Pile, and those that
26 reported wearing a respirator were less likely to report symptoms and --
27 respiratory symptoms and conditions than those that reported no or
28 lower levels of rescue -- of respiratory protection. Predictors of
29 adequate respiratory protection we found were working in the
30 construction, utility or remediation trade, having had prior respiratory
31 training. And it came up earlier that there was mixed degree of
32 respiratory protection on 9/11, and we actually found in this study that
33 50 percent reported no respiratory protection at all on 9/11.
34 And the third -- the third recent finding is risk factors associated with
35 heart disease, and we reported dust exposure and the psychological
36 trauma was associated with an elevated risk of non-fatal heart disease
37 two to six years after 9/11, and that PTSD was independently associated
38 with heart disease.

1 Then the last bullet, we also found, looking at about 37,000 adults, that
2 persistent symptoms of GERD, gastroesophageal reflux disease, were
3 common. It was actually reported by 13 percent, and that those
4 symptoms were associated with 9/11 exposures, independent of both
5 asthma and PTSD, 'cause it's known that you can have elevated GERD
6 symptoms when you have asthma/PTSD, so it was important to look at
7 that independently.
8 Other recent findings was -- here's one case of a less common physical
9 effect. It was a nested case-controlled study led by Dr. Jim Cone, who's
10 here, on sarcoidosis after 9/11, and that was found to be associated with
11 rescue/recovery work on the Pile, and there were 43 biopsy-confirmed
12 cases. It was actually one of the largest studies of sarcoidosis out there.
13 Back to the volunteers, I mentioned we have 5,000 volunteers in the
14 registry, and the study here compared the lay volunteers or people that
15 spontaneously arrived at the site, and compared their health to the
16 volunteers who reported they were affiliated with organizations like the
17 Red Cross. And we found that the lay volunteers arrived earliest and
18 were at greatest risk for post-9/11 first time asthma/PTSD compared to
19 the affiliated volunteers.
20 Last one on this slide is a paper that was recently published in the
21 special Lancet volume where we reported the initial results of the
22 registry's ongoing mortality study. The overall mortality reported was
23 below population rates, but we did report elevated all cause and
24 cardiovascular mortality among the intensely exposed survivors relative
25 to those who were less intensely exposed. And by intensely exposed in
26 that analysis were individuals that had more than one injury on 9/11 and
27 residents who did not evacuate from the home, as well as school
28 children who were present in their school in lower Manhattan on 9/11.
29 Wanted to now begin to talk about some of the ongoing research that
30 we have at the registry, and fortunately we obtained consent from
31 enrollees to do matching to other health registries -- that we obtained in
32 2003/4 at the time of enrollment. So we have three sets of matching
33 activities that are ongoing. The second one I'll mention first because
34 that -- that I've mentioned we published the initial study, but the
35 matching to vital records and the National Death Index to ask the
36 question 'Is there evidence of excess mortality among enrollees; and if
37 so, are they related to 9/11 exposures?' That's ongoing, initial findings
38 published. The top is -- refers to matching to state cancer registries, and

1 we matched to eleven that comprise about 90 percent of enrollees, and
2 we have a similar research question that we're asking, but in this case
3 with regard to cancer.
4 The last item is matching to New York State hospital discharge data, and
5 we're looking to that as an important tool to validate, again, registry
6 self-reported -- of outcomes, for example, heart disease. And the good
7 news is the first installment has just arrived. We haven't received all the
8 data requested, but now we're, you know, in a position -- hopefully in
9 2012 -- to actually -- to begin working on that.
10 We have a lot of analyses underway. I just wanted to list some of those
11 to give you an idea what to expect in the future. **[identifying information**
12 **redacted]**, who's the founding PI of the registry, presented at the WTC
13 seminar in October on unmet health care needs. And I think it's going to
14 help us understand better which groups have perceived unmet health
15 care needs. The registry also has done focus groups with survivors to
16 talk about their perceptions of health care and access, so I think those
17 two together will help us understand better how to conduct outreach to
18 different populations that are affected by 9/11. The referral evaluation
19 will also give us a handle on how many people who scheduled visits
20 actually kept them, and to help us understand if health status has
21 improved.
22 We're also looking at injury on 9/11 and asking the question about long-
23 term health impacts. We're asking questions about the relationship
24 between 9/11 exposures and heavy or binge drinking among enrollees.
25 We're asking the question about pediatric asthma, so we're looking at
26 the wave two and we'll be looking at wave three asthma data in children.
27 We also have almost 300 pairs of parent-child enrollee data, and so
28 we're looking at -- similar to what was done by external researchers -- is
29 parental PTSD related to stress symptoms and behavioral problems in
30 children.
31 And then of course the whole wave three survey that we're going to
32 complete in March gives us an opportunity to look at the continued
33 course of symptoms and conditions previously reported in asking about
34 new or emerging conditions.
35 Just a little bit more about the initial cancer study that's underway now.
36 The methods are to compare incident cancer observed cases with
37 expected cancer cases. The population for the initial cancer study are
38 our enrollees, who are New York State residents on 9/11. The source of

1 the cancer data will be linkage with state cancer registries through 2008.
2 We'll be looking at the first primary invasive cancer or borderline
3 bladder. And the comparison population will be New York State
4 reference population rates, and the person years calculation will be
5 based on the time of enrollment into the registry to the time of cancer
6 diagnosis, death, or the end of 2008, whichever is earlier. The timeline -
7 - I can tell you we're working hard to have a paper submitted early in
8 2012 as possible, and we're also -- of course it's hard to tell when there
9 may actually be a publication, but we're also hoping that's as early as
10 possible in 2012 because I know this Committee would find that
11 information helpful.

12 Just want to talk a little bit more now about wave three, 'cause it is our
13 ten-year follow-up. We launched in July and by 9/11, the tenth
14 anniversary, all 67,000 adults in the registry were sent a survey. And like
15 wave two, we have three modes. We're offering the web, paper and
16 telephone. And we're offering the surveys in Spanish, Chinese and
17 English. We have -- we're approaching the 30,000 milestone, 30,000
18 completed surveys. The response rate is 44 percent. And it's interesting
19 that among those who responded to the wave two survey we have over
20 50 percent of the surveys back. So that's a high-responding group, which
21 will give us a third point in time for large numbers of enrollees.

22 And as was the case in wave two, the rescue/recovery workers are
23 responding the best so far, and we've started building outreach in lower
24 Manhattan with the help of our community advisors, and we do plan to
25 do door-to-door outreach to try to boost the response of some of the
26 other groups, and local media outreach as well.

27 Now the child survey was launched November 1, and we now have 1,200
28 children who are below the age of 18. And actually at this point, ten
29 years post 9/11, all of the children are adolescents ten years and above.
30 So we had a separate survey booklet for the parent and one for the
31 adolescents. And for the first time we're offering a web-based survey
32 both to parents and children. We thought that might engender a better
33 response than we had last time. And we're offering the paper in three
34 languages.

35 And I just wanted to briefly mention some of the new content for the
36 child survey. We have well-being on the adolescent survey. We have
37 school functioning, school engagement. We're asking questions for the
38 first time about illicit drug use and use of prescription drugs. And for

1 the parents we're getting more information on their own physical and
2 mental health status.
3 I thought you might be interested in just a tad more detail on the
4 content of the adult survey, so we're getting updates on wave two items,
5 physical and mental health symptoms including asthma and heart
6 disease. On the mental health side we're again having a PCL checklist for
7 probable PTSD, the K-6 scale for severe psychological distress and
8 diagnosed mental health conditions. We're getting more information on
9 health status and quality of life and functioning, social support, life
10 events and alcohol use. And then we're also asking again about use of
11 the WTC programs and unmet needs.
12 What we've added new to the wave three survey is more questions to
13 get at GERD rather than GERD symptoms. We're asking about sleep
14 apnea and other respiratory conditions. We're asking more about
15 medications and hospitalizations for health conditions as an indicator of
16 severity. We've added asthma control both to the pediatric and the
17 adult survey. We have for the first time scales for depression and
18 anxiety assessment. We're getting for the first time a history of trauma
19 'cause we need to take that into account in understanding PTSD and
20 depression. And we're getting information on health insurance
21 coverage.
22 But the survey length, since we're no longer asking about exposure
23 issues, we've actually managed to still retain about a 20-minute length
24 survey.
25 I had mentioned earlier we have a treatment referral program, and it's
26 interesting and worrisome that, despite multiple rounds of outreach by
27 the registry and certainly quite a bit of outreach by the clinical
28 programs, that we have large numbers of enrollees who are just not
29 well-informed about the WTC clinical programs. And so our treatment
30 referral program started through a subcontract to HHC's Environmental
31 Health Center, a World Trade Center of Excellence. So what we were
32 trying to do is encourage the eligible survivor enrollees to seek care at
33 the Bellevue Clinic at no cost to enrollees. And so our initial focus was
34 of course the residents and area workers who were in New York City, and
35 we focused on those who had unmet health care needs, as well as either
36 physical symptoms and/or probable PTSD, and we got guidance from
37 Joan Reibman about which symptoms, you know, to put in that cluster.
38 And we did personalized outreach, which was different from what we

1 had done in the past. We had personalized letters and telephone calls,
2 and we have staff who are trained as nurses and we have a pharmacist,
3 someone who's -- has a pharmacy background leading the unit. And
4 we've reached out to more than 9,000 enrollees to date, including a
5 large number of people with PTSD symptoms. And the good news is that
6 about 1,000 enrollees have actually made their first appointment at the
7 EHC center. And what's good news in there is that some of those
8 enrollees are enrollees with PTSD. So it seems like we're learning some
9 new things about how to do successful outreach to these populations,
10 particularly people who have the avoidance characteristic of PTSD.
11 And now of course the program's referring our enrollees to the WTC
12 Health Program, and we're planning to include survivors outside the New
13 York City area. And we believe that the registry is an untapped source
14 for WTC Health Program outreach to that population, as well as rescue
15 and recovery workers.
16 So let me just conclude on some next steps and priorities. We are going
17 to complete the wave three survey by March of 2012. This would
18 actually be a much more compressed time frame than we've had in past
19 surveys. We plan to submit manuscripts based on ongoing research,
20 including the initial cancer study and analyses of wave two and three
21 data. We're going to share findings with the public, enrollees and policy
22 makers. We do post-publications on the website. And in order to keep
23 all this going, we're going to need to apply for continuation funding from
24 NIOSH. We are currently funded under a three-year cooperative
25 agreement and we're anticipating that early in 2012 we'll be writing that
26 continuation application.
27 Thank you.

**WTC ENVIRONMENTAL HEALTH CENTER/
HEALTH AND HOSPITALS CORPORATION**

28 DR. WARD: Dr. Joan Reibman.
29 DR. REIBMAN: Good morning. It's my pleasure to be here, and many of
30 you I know and many of you I don't know. And I would like to do today is
31 sort of, as the only clinical center for the non-responders or the
32 survivors, I sort of have a heavy load to lift because I have a large diverse
33 population to talk about and so I'm going to take a few liberties. But and
34 I also apologize for not giving you a handout.
35 Let me start by first giving you a little definition that I think you're
36 hearing throughout the day that is a little confusing. What you've heard
37

1 is Health and Hospitals Corporation. That's the corporation that
2 oversees the public hospital system in New York City. There are a
3 number of hospitals, one of which is Bellevue Hospital, which you've
4 heard about today, too. Many of those hospitals have academic
5 associations. And so for example, Bellevue Hospital's associated with
6 NYU, which is why you're hearing NYU Bellevue so much.
7 What I'd like to do today if I can figure out how to do this and I do right -
8 - is that what it is? Yeah. I apologize for showing this slide again. I do it
9 for a purpose. One, to remind you that, again, we think of lower
10 Manhattan as a financial area, but it actually -- as you've heard today
11 from so many people -- is a large residential area and also has a huge
12 working population. These -- the data of the number of people who
13 were down there around 9/11 comes from the World Trade Center
14 Registry. Again, I show that to you because it strikes terror in the heart
15 of the government when they look at these numbers of potentially
16 60,000 residents, 300,000 area workers and 15,000 students who might
17 have been exposed. And when people start thinking about whether
18 these people are sick, it raises enormous concern.
19 What I'd like to do today is a little bit -- talk about the problems with
20 disaster exposure science and the community at risk, the background
21 history of the World Trade Center Environmental Health Center Program,
22 the clinical findings that we have, and certainly touch on unanswered
23 questions.
24 I don't need to go into this audience about the basic tenets of
25 environmental human exposure science, except to say that when we
26 think about that, what you've been hearing today from responders, from
27 community members, is that in fact those tenets are very difficult to do
28 when you're talking about what we're really talking about today, which is
29 environmental disaster exposure science. And that's because the
30 systems are in disarray, politics and economics complicate questions of
31 potential health risk, exposure assessment may not be feasible, and
32 disease assessment systems may not be available. And so therefore
33 you're hearing, ten years later, many of the problems because of these
34 issues.
35 The first question for the community was did World Trade Center dust or
36 fume exposure pose a health risk to the community, was really a difficult
37 question to ask. Again, you've heard today about risk denied by the EPA,
38 about warnings that -- about procedures that were told to the

1 community and that local workers returned soon after the event, and
2 that the concept of potential health risk to the surrounding community
3 was only accepted after prolonged delay. And it took many, many
4 people working to get that word out that in fact there might be a
5 description -- a problem.
6 You've heard people ask about what were the exposures, and I'm not
7 going to go into them except to show you that most of the details about
8 the potential exposures came from academic institutions, as well as
9 other sites, and the key things were that there were huge numbers of
10 small and large particles that -- as you've heard, the dust was very
11 alkaline but that there were many, many other components. And as
12 you're going to hear as people start talking about biologic plausibility,
13 that there were huge other chemical constituents with potential health
14 risks.
15 So how does one do exposure assessment for community members? And
16 clearly for us it's been complicated by the wide variety of exposure
17 possibilities -- the variable amount of time in the area that people had,
18 whether they were there on 9/11, whether they were evacuated,
19 whether they did not evacuate, whether they returned episodically to
20 clean. And there were no studies done immediately after the event to
21 assess exposure history -- assess exposure, meaning we had to rely a lot
22 on recall, which all of you know is limited.
23 So again, you've seen these pictures, but I show them to you to remind
24 you about exposure and what it means to us when we talk about acute
25 exposures, we talk about dust cloud exposure and -- and in our clinic we
26 say 'Oh, another dust cloud person.' These were people who were
27 heavily coated in the dust. But it's not so simple because some of them
28 had heavy coating, some had less -- were less coated. Some were there
29 when the debris fell down before the clouds -- before the buildings
30 collapsed. And there was also extensive dust in the afternoon.
31 We talk about chronic exposures, which are much more difficult to
32 assess, including outdoor exposures -- and this is a picture of the
33 workers returning on 9/11 -- on 9/17 when you can see that the streets
34 were still heavily coated in World Trade Center dust. We talk about
35 chronic exposures to indoor -- and these are pictures of people's
36 apartments, these were their furnishings. And we talk about the fact
37 that some residents were evacuated, many others were not. But we do
38 know that the chemical composition indoor was similar to that outdoor.

1 And then we talk about gases and fumes.
2 But how do we put that all together for an exposure assessment? Well,
3 it's been very, very difficult. Most of the time we just talk dust cloud;
4 it's the simplest way to look at it. I take this picture from a publication
5 that's in press in a collaboration we did with the World Trade Center
6 Registry by [identifying information redacted] (ph) where she tried to look
7 at acute and chronic exposures and do them by a principal components
8 analysis, putting all of them in the mix. And what she basically
9 concluded is that both acute and chronic exposures independent -- were
10 independent risks for persistent lower respiratory symptoms in the
11 residential and working community, suggesting that what we're saying
12 by just saying acute exposures is inadequate, but we don't really have a
13 handle yet on how to look at chronic exposures as well.
14 What do we do about disease assessment in the community? Well, it's
15 been very difficult. Most of the -- really the -- we were alerted as an
16 academic community to this really by the October 11th Pace University
17 community forum when many of us were asked to be on a panel, and
18 most of us had no answers. On that panel were also members of the
19 FDNY, also organized labor, also Mt. Sinai representatives, and many
20 community members were in the audience, all of whom were wearing
21 dangling masks and coughing and saying should we be concerned or
22 should we not, and we really had no answers at that time.
23 So we set out with the New York State Department of Health to do a
24 residents' respiratory health study in October 2001. We obtained
25 funding by the CDC, and this was a cross-sectional study of a control and
26 exposed population. We did an exposed population surrounding Ground
27 Zero. The control population was -- not on this picture -- in upper
28 Manhattan. And we designed, implemented and completed the study 16
29 months after 9/11. It was a very difficult study. There were no --
30 mailing systems were not working. We had to go and do this by hand on
31 site. We were lent really a lot of effort by the community. We were lent
32 sites to do lung function testing, et cetera. We over-sampled the
33 exposed community because at that point we were the first ones out
34 there to really be looking at the exposed community, and we thought
35 that this would be perhaps used for later studies later on.
36 And basically simply what we showed was, not surprisingly, that there
37 was an increase in respiratory symptoms -- whether it was cough,
38 wheezing, chest tightness, shortness of breath -- in this population a

1 year and a half after the event, and that these symptoms remained a
2 year and a half after the event; that in fact one could also document that
3 these symptoms were not just being reported, but they were associated
4 with unplanned medical visits, with new use of fast-relief medicines --
5 Albuterol -- and with controller medication in the exposed population
6 compared to the control population. And furthermore that the risk of
7 developing these symptoms, whether they were new upper respiratory
8 or new lower respiratory or persistent upper or persistent lower, was
9 associated with the persistence of dust or odors in the home.
10 And so these were some of the early studies to document that in fact
11 there was a civilian or community or non-responder or survivor
12 population, as they're now called, that was also at risk for adverse health
13 effects from exposure to the World Trade Center dust and fumes. And
14 my pointer's not working, but as you heard from Mark, many of these
15 studies have now been done and confirmed and supported by the
16 number of World Trade Center Health Registry studies that have been
17 done.
18 We then began a clinical program, first as an unfunded pilot project with
19 community groups -- actually Beyond Ground Zero Network and other
20 groups that are sitting in this room -- because people came and said can
21 you treat us, and we actually didn't want to because we weren't funded
22 and we didn't have a place to treat anybody, but we put people in our
23 asthma program and began a small pilot program. We were eventually
24 funded by the American Red Cross Liberty Disaster Relief Fund in 2005 to
25 just do a treatment program, and in 2006 we obtained funding from the
26 City of New York for a treatment program, and in 2008 we had our first
27 federal funding from CDC/NIOSH.
28 These fundings were to do treatment. That is, we were never funded to
29 do a screening of non-symptomatic individuals. We were always funded
30 to do treatment for self-referred individuals with presumed World Trade
31 Center-related illness. We worked with community members to define
32 geographic exposure boundaries. We worked to define what kind of
33 symptoms, and we tried to stay inclusive because we didn't know what
34 to expect. We were initially not funded to do isolated mental health but
35 only physical. Subsequently, with City funding, could we treat people
36 who also had mental health symptoms.
37 Our target populations were the non-rescue and responder workers --
38 although, because of our initial funding, we had a small population of

1 rescue and recovery workers. But really our target population was
2 residents, local workers, students -- and because of who we are, we also
3 had a large number of cleanup workers.
4 And so we developed -- really working in parallel to the responder
5 programs -- a multi-disciplinary treatment program providing medical,
6 mental health and social services. And to date we have recruited nearly
7 6,000 individuals into this program, starting in September 2005 to
8 September 2008.
9 Just briefly, because our population differs again from what you've been
10 hearing about, these are early population of almost 2,000, the
11 differences are we are -- have a large number of women in our clinic.
12 This is very different from the responder populations. We have a very
13 mixed race ethnicity, which -- a large Hispanic population. And
14 consistently about 40 percent of our populations say that they were in the
15 dust cloud on 9/11.
16 Again, I don't have a pointer so it's hard to show this, but basically what
17 I'm showing here is that when we ask our population what are their
18 symptoms, whether they are a resident, a cleanup worker, a local
19 worker, the symptoms are those we have been hearing about over and
20 over -- cough, lower respiratory symptoms, cough, wheeze, dyspnea,
21 chest tightness, et cetera. So the populations, regardless of whom they
22 are, are having the same symptoms.
23 One of the areas we became interested in was what really were these
24 illnesses. This is one very -- one simple case, a 37-year-old gentleman,
25 previously healthy, not in the dust cloud, developed shortness of breath,
26 came into our program, had wheezing, had spirometry shown in the little
27 picture on the right -- that was classic for asthma. And so he's no
28 problem for us. We say he has asthma and we can treat him. We know
29 how to treat him. We feel very comfortable.
30 However, not everybody presented that way. And in fact, if you look at
31 our lung function distribution similar to the responder, what you find is
32 that in fact most people -- if you look at spirometry pattern, most of
33 them have normal spirometry. Only a small number have an obstructed
34 pattern consistent with asthma. Many of them have a reduced vital
35 capacity; that is, a slightly reduced lung volume. And a small number
36 have both an obstructed and a low vital capacity.
37 So we weren't sure what that meant and how to explain that, and there
38 are a number of things one can ask about, including are these patients,

1 like an asthmatic, just have retained their lung function but they're
2 hyper-responsive, or are we not detecting the abnormalities in the lung,
3 do we need more sensitive assays? Or are they not even lung symptoms,
4 that people have cardiac disease or mental health? And all of those
5 questions remain of interest.
6 What I wanted to show you today is -- and this is reinforced by the fact
7 that if you look in the firefighters -- and David will talk to you more and
8 more about this -- and if you look at them in one point of time, they
9 have normal lung function. If you look at them longitudinally you can
10 see that in fact there's a decline in their lung function. But we didn't
11 have that opportunity. We didn't have the early lung function in these
12 patients. So we were just looking initially at one point and now, later
13 on, longitudinally.
14 So we tried to ask are there other techniques we can use that might in
15 fact be simple, because we couldn't do methacholines on everybody, but
16 might be simple to identify are there other ways we can look for
17 abnormal lung function. And as you heard Mark talk about, we did a
18 collaborative study with the World Trade Center Registry looking at a
19 technique called impulse oscillometry, which is non-invasive, which can
20 be interpreted in a number of ways, one of which is to say that it might
21 suggest that there's abnormalities within the distal airways that might
22 not be detected by spirometry -- and I have a typo there, but that was
23 this morning. Basically what we showed with the registry is that if you
24 look in the shaded boxes, that's one of the measurements of impulse
25 oscillometry in which you can see consistently across BMI -- we put BMI
26 in because obesity is known to interfere with measurements -- but
27 consistently across these groups that the patients who had symptoms,
28 compared to those who did not have symptoms, in white, that the
29 patients who had symptoms, in gray, consistently had higher
30 oscillometry measurements, even if they had normal spirometry.
31 So that suggested to us that this might be a way to start to tease out
32 some of the mechanisms or some of the reasons why people had these
33 symptoms, even if they had normal spirometry.
34 We have done this consistently in our population in the clinic as well, but
35 we didn't have a control population. So working with the registry
36 allowed us to have a control population and that was very beneficial to
37 us. And what you can see here is that the first box on the left is an
38 asymptomatic group, and this is the measurement -- their oscillometry

1 measurement. And the other gr-- the other boxes are -- all are clinic
2 patients with symptoms, and what you can see is that they have,
3 regardless of their spirometry pattern, they tend to have higher
4 oscillometry measurements, even if they -- and even if they have normal
5 spirometry.
6 So this suggests to us that perhaps this is a tool that we can use, in
7 conjunction with everything else, to try to figure out what are some of
8 the causes of some of the respiratory symptoms in this population, and
9 we think that that's helpful.
10 One of the other things we have done in this program is to look at
11 pathologic findings, because we felt we didn't fully understand the
12 disease. And so we did a case series of 12 patients who had clinically-
13 indicated open lung biopsies. This is not an easy thing to do. We don't
14 do this regularly. We don't like to do it. These were patients who either
15 had abnormal CAT scans that we couldn't interpret or had very severe
16 lung function findings. We ran these findings through four pathologists
17 and none of -- only one patient could they come to a conclusion with a
18 firm diagnosis. Most of what they felt they could do was describe what
19 they were finding, which was a little bit of patchy fibrosis or scarring in
20 the lung; a little bit of bronchiolitis or small airways abnormalities, that
21 is inflammation around the small airways. Surprisingly, they described
22 emphysematous changes -- that is loss of alveoli -- in all of the patients.
23 And also uniformly they identified intracellular birefringing particles
24 under polarized light microscopy.
25 So here is one of these patients, and what you can see is the CAT scan on
26 the upper left. Panel A is the -- is a high reso-- cut through a high
27 resolution CAT scan. It's basically pretty normal. Panel B is an
28 expiratory film in what you can see is some areas which are dark. That's
29 air trapping; in other words, the air is not being cleared out of the lung.
30 Panel C is one of the biopsies in which you can see there is -- it looks a
31 little lacier than it should be, but then there's some little areas of blue
32 which are areas of inflammation. Panel C (sic), there's an arrow pointing
33 to something that's a little difficult to see, but it's a particle within a cell.
34 And if you look in Panel E, there's something that glows out, and that's
35 the particle that's in the cell.
36 Now most things don't glow. Certain things do glow, and what we did do
37 is send this to be analyzed by scanning electron microscopy, and what
38 was -- been described in these patients is that in the patients there is

1 silica, aluminum silicates, titanium, talc, and a variety of metals which
2 are unusual in human beings, including steel, copper and chromium.
3 So that suggested to us again evidence that these were in fact
4 inhalational injuries that could most likely be due to World Trade Center
5 exposures.
6 And what we also know now is that what we are seeing is a diversity of
7 respiratory illnesses that include upper airway, include nasal, sinus,
8 cough, irritant asthma is what we call the asthma now, airway damage
9 including bronchiectasis, sarcoidosis as you heard, and a variety of
10 interstitial lung diseases in a small population, and that these depend on
11 the dose and clearly individuals' susceptibility that we don't understand
12 in these populations because we know that not everybody is susceptible
13 to all of these.
14 Finally -- two other things -- finally, one of the things we have been
15 doing is looking longitudinally at our population at lung function. And
16 surprisingly, what we have in our early data that we had submitted is
17 that in fact overall what we are seeing in a population sent to us for
18 treatment is that there is improvement in lung function in this group as a
19 whole; that the improvement differs depending on the entering pattern
20 of lung function -- that is, whether they started out normal and in fact
21 they get better, even more normal, which suggests that the normal was a
22 statistical normal; that the low vital capacity group improves; that the
23 obstructive group improves their obstruction; and the group who have
24 both obstruction and restriction in fact improve. So that's very helpful
25 to us.
26 Except as you see here, very quickly, if you look at the group as a
27 percent of predicted where they should be, shown in the red bar, the
28 white is their initial, the shaded are their follow-up, what you can see is
29 that the normals are normal, they get a little better, they stay normal.
30 The low vital capacity improves but does not reach normal. The
31 obstructed -- they improve their forced vital capacity on the left, that's
32 their volumes, but they don't improve their flow to normal. And the low
33 vital capacity again improve. The low vital capacity obstructed group
34 improve, but don't improve to normal.
35 So what we are saying here is that although we are seeing improvement
36 in those who started with abnormal patterns, they are not reaching back
37 to normal over time.
38 One other thing -- we looked at this, again looking at longitudinal lung

1 function, now grouping our population as a potential exposure category -
2 - resident, local worker, rescue/recovery, cleanup. And what you can
3 see in yellow is that surprisingly, although the local workers improved
4 their forced vital capacity a little bit, it didn't reach significance, and
5 they didn't improve their flow to an extent that reached significance --
6 suggesting that there's something about the local worker population
7 that's a little bit different, that they're not responding as well, and we
8 don't really understand why that is.

9 We have also -- because our patients were enrolled for physical
10 conditions, not for mental health, but underwent mental health
11 screening, again using the PCL, we looked at who's at risk for probable
12 PTSD in these patients. And several things came out that were
13 interesting. One that, because we had such a large population of
14 women, that women were at higher risk. Low income clearly puts
15 someone at risk, as shown in red. And also shown in red being in a dust
16 cloud puts someone at risk. And having respiratory symptoms, both
17 upper and lower, puts someone at risk. And we use a dyspnea score,
18 which is a score of degree of shortness of breath. And the greater the
19 dyspnea score someone had also puts someone at risk for having
20 potential PTSD.

21 Finally, you've heard a lot about children, and we have a pediatric
22 program which we have had a lot of difficulty recruiting children into, for
23 a number of reasons that -- some of which are known, some of which are
24 unknown to us. What I'm showing here is data I should not be
25 presenting because it's very, very, very, very, very preliminary, but just
26 because it's interesting. But if we look at our first 80-some-odd children
27 in whom we have full data, because our datasets are not closed yet, then
28 in fact we see a lot of -- a lot of girls. We see a diverse race ethnicity,
29 again with a 20-some-odd percent Hispanic population. We see that
30 almost 40 percent of these children were caught in the dust cloud; that
31 about 20 percent say they had a heavy volume of dust in their clothing
32 or hair. Many of them had dust in their home, and 60 percent of them
33 were in school in southern Manhattan on 9/11, suggesting that in fact
34 this may -- this is an important group to start looking at. These are --
35 anyone who was 18 or younger on 9/11.

36 If we start looking at lung function -- and again, lung function -- we have
37 to use different parameters for kids -- that in a population who came to
38 us, about 20 percent said they had a new asthma diagnosis. The mean

1 latency was at -- of that was about three years. And that if you just look
2 very simply, what's -- as a simple exposure -- again, dust cloud, 'cause
3 it's the simplest exposure measurement you can do -- then in fact dust
4 cloud was a risk for an abnormal ratio of FEV-1 to FVC, that is flow, and
5 also for an obstructive pattern, suggesting again that we need to look at
6 these children much more carefully; that there are issues that we
7 haven't teased out in them.
8 There are many, many unanswered questions in the survivor population.
9 There are a huge number of medical questions. I didn't even touch on
10 cancer risk because our population is a self-referred population. We can
11 describe what we're seeing. We can't give rates for population rates.
12 There are lots of questions still in terms of the lung disease, what's the
13 long-term progression, what are the types, how should we be treating
14 these diseases, are there autoimmune or connective tissue disorders, are
15 there neurological sequelae including headaches, peripheral
16 neuropathies; who's vulnerable, who's not vulnerable, what are the
17 populations that are at risk? We don't know the answer to those. Huge
18 number of mental health questions -- who's at risk for persistent PTSD,
19 what are the long-term outcomes of PTSD, how should we be treating
20 PTSD in civilian populations, particularly when they're associated with
21 complex mental health issues, multiple comorbid conditions and huge
22 socioeconomic stresses, and is there a risk for cognitive defects in
23 people who have persistent PTSD? And as you've heard, we have a huge
24 number of unanswered questions in the children -- what are their lung
25 risks, are they developmental, are there endocrinologic risks, and what
26 are their mental health issues?
27 And I'm stopping there, and I thank you very much.

FIRE DEPARTMENT OF NEW YORK

28 **CLINICAL CENTER FOR EXCELLENCE**

29 DR. WARD: Now we'll hear from Dr. Prezant.

30 DR. PREZANT: Thank you for inviting me here today. I'm going to take a
31 little different tact in my presentation. I'm going to try to -- of course
32 the temptation is to give you an overview of our program, and there are
33 certain things that I will touch on that are overview in nature. But I'd
34 like to concentrate on providing you with three specific issues.

35 One, understanding the unique exposure and the unique fact that our
36 cohort is not self-referred and therefore is the only cohort that can do

1 true incidence and prevalence analysis.
2 The next thing I'd like to concentrate on is showing you how that
3 exposure has impacted on health outcomes, including cancer.
4 And then finally, I'd like to make some brief comments about where I
5 think future research should go.
6 You've already heard about the immense dust exposure and the tragedy
7 on that day. The New York City Fire Department has approximately
8 16,000 rescue workers and recovery workers that were exposed to the
9 dust. This 16,000 group is comprised of New York City firefighters and
10 officers, New York City Fire Department EMS workers and their officers,
11 as well as selected pre-9/11 retirees that came in to help us with our
12 rescue/recovery effort.
13 We've heard about the dust exposure, that the dust cloud is the largest
14 exposure, and I'll show you momentarily that we had 1,600 -- ten
15 percent to 15 percent of this workforce -- that was there during the dust
16 cloud.
17 We've heard that the dust is alkaline in nature, and that much larger
18 particles than would be expected by physical science research actually
19 penetrated into the lower airways.
20 And important when we think about biologic plausibility, that there was
21 asbestos, silica, fibrous glass, volatile organic carbons, PCBs, dioxins, et
22 cetera, that have all been shown to be components of this dust.
23 Now if everybody was in the space suit that someone else referred to
24 earlier today, there would have been no respiratory exposures, and
25 probably no systemic exposures. But as shown, that was not the case.
26 Firefighters had the best respirator on the planet Earth, a self-contained
27 breathing apparatus. However, it lasts for only approximately 15
28 minutes. Thereafter, normally in a fire we bring either new firefighters
29 in or, rarely, we bring new bottles in to the firefighters that are there.
30 Given the fact that this was an attack on New York City, we were unable
31 to do that. And then we were unable to get them P-100 respirators for
32 approximately a week or more. And after that, the nature of this work is
33 so hazardous that these type of P-100 respirators that you see here
34 really are not conducive to communication, they're not conducive to
35 comfort, they're not conducive to outdoor rescue/recovery work, all
36 right, in difficult conditions.
37 We know that large particles did get down into the lower airways. We
38 have many collaborative studies going on at the fire department. One of

1 them is with NYU. And here was a firefighter who developed acute
2 respiratory distress after having worked down at the World Trade Center
3 site for 20 of the first 27 days, and became severely hypoxic, was taken
4 to the emergency room at Bellevue, was intubated and was
5 bronchoscopically lavaged. And as we published with NYU, there were
6 uncoated asbestos fibers, degraded fibrous glass, and fly ash particles,
7 which are large elements of pulverized concrete, down in the lower
8 airways and alveoli. This is stuff that normally, in a low-density
9 exposure, would be confined to the nostrils and sinuses. But in this type
10 of exposure overwhelmed our normal respiratory protective mechanisms
11 and penetrated down below. This is an isolated firefighter who was
12 extremely ill, all right.
13 However, we found the same thing, or similar issues, on ambulatory,
14 mildly symptomatic firefighters which we published with an Israeli
15 collaboration in 2004. These are 39 firefighters who had induced sputum
16 -- they did not get lavaged, they did not require intubation, they were
17 walking, healthy firefighters. They had their sputum induced. They
18 coughed up this sputum. It was analyzed for dust particles, and in their
19 dust particles were very similar to World Trade Center dust, and there
20 was an exposure gradient -- which I'll get to in a moment. Every one of
21 our studies, with rare exceptions, has demonstrated an exposure
22 gradient based on arrival time.
23 Understanding that there was dramatic exposures, that there was
24 symptoms occurring from day one that were unusual for any type of a
25 fire, we started the first long-term medical monitoring and treatment
26 program, starting monitoring on October 5th of 2001.
27 (telephonic/electronic interference) ...our previous disasters, and we
28 also knew that our cohort, our patients, our members would be asking
29 repeatedly about late-emerging diseases. And therefore we immediately
30 set up to take in information about things like cancer and autoimmune
31 diseases.
32 Typically in an environmental disaster -- I'm sorry let me restart that.
33 Typically in an occupational exposure we count the number of days
34 exposed as an occupational worker. We're able to say you were in a
35 particular area of the factory or the sandblasting area or the quarry, and
36 therefore your exposure -- as long as you weren't wearing respiratory
37 protection -- was the same each one of these days. Count up the days,
38 count up the hours, and you're able to get a very nice exposure gradient

1 that really is based on duration. And if you have specific air contaminant
2 information, you can even express it more than just hours, days, years.
3 You can even express it on the basis of the number of particles or the
4 amount of that chemical or asbestos fiber that has been inhaled over
5 time.
6 That is not the case in an environmental disaster. If we were still looking
7 for modeling data based on the various different amounts of chemicals
8 and dust that were out there and what the air quality demonstrated day
9 one, day five, day 15, people are in different areas, some are crawling
10 into crevices, most of our firefighters were in fact crawling into crevices
11 -- they're being exposed to air that was really more typical of day one.
12 So any type of complicated modeling will never answer an exposure
13 response gradient for this workforce.
14 Rather, we found that initial arrival time is the best exposure response
15 gradient. Day one in the morning, you're exposed to the dust cloud and
16 the collapse. And from a mental health perspective, you're also exposed
17 to the most severe, life-threatening conditions, as well as the loss of
18 your coworkers. On subsequent days -- day one, day two and the
19 beginning of day three -- there's still immense dust cloud exposures to
20 everyone, no matter what they're doing.
21 The night of day three there were rains, but that does not eliminate the
22 dust exposure. The dust exposure persisted for all the reasons that you
23 were -- that you heard about earlier this morning, including persistent
24 fires. But for firefighters and certain other workers, even day three, day
25 14, day 20, they're actually crawling into crevices and having exposures
26 that might be similar to day one, though in a much more isolated
27 fashion.
28 Therefore, we found that doing this type of gradient -- day one, day two,
29 day three through 14, and after day 14 -- was our best predictor of
30 disease, and our best predictor of both physical health and mental
31 health disease. Duration is a mild predictor, and most of our workforce -
32 - the median amount of months that our workforce spent down there
33 was four months. And we do have, for some of our outcomes, duration
34 being a useful predictor. Because all of our workers were down there --
35 you can see from this graph, way over 80 percent of our workforce was
36 down there in the first week, we are not able to do exposure gradients
37 based on the use, or lack of use, of a respirator because they did not
38 have a respirator in that first week.

1 This will take too much time to go through, but I just want to mention to
2 you that we have a variety of medical questionnaires that we update.
3 Our questionnaires have been used by the other groups as well, as we
4 have benefited from their questionnaires. These are both mental health
5 and physical health questionnaires that utilize the same PCL-17,
6 depression scores, et cetera. We do spirometry and many of the other
7 tests. And then these move on to treatment referrals as needed.
8 All of this data is processed and is available for analysis, and has been
9 the basis of every sentinel study produced after the World Trade Center
10 exposure via collaborations with Albert Einstein College of Medicine,
11 Montefiore Medical Center, NYU, and to a lesser extent, Robert Wood
12 Johnson. This is a critical thing that we are able to analyze this data.
13 Why? Because arguably we were the most exposed workforce. But very
14 clearly, we're the only workforce that knows the denominator of those
15 people that were exposed. We have pre-9/11 data on every one of our
16 workers, so we can have an objective comparison. We know the exact
17 number of people that were down there so that we can -- this is not a
18 self-selected group. And by analyzing this data, internally and with
19 outside collaborators, we are able to provide analyses and information in
20 a very rapid approach and then seek corroboration through the other
21 data Centers of Excellence.
22 But it is also important because our individual members, when they
23 come in they ask two questions, repeatedly. And that's why this data is
24 useful on a micro level as well as a macro level. Our members come into
25 our program because they know they can get outstanding medical care.
26 The first question they ask, 'cause they're humans, 'How am I doing?'
27 The second question they ask is 'How are my buddies doing?' And
28 because of that we've been able to work with their representatives, the
29 various different unions, to make it clear that research is not a four-
30 letter word. Rather, it is the only way that we can provide people with
31 credible answers, and then adapt our treatment protocols to meet their
32 needs.
33 And the proof of this is the fact that this is the most successful labor-
34 management health and safety initiative ever. We have provided 15,375
35 baseline medicals to a little less than 16,000 people that were exposed.
36 This is over 98 percent compliance. We have over 95 percent
37 compliance with our second exam, over 90 percent compliance with our
38 third exam. We have already over 82 percent compliance with our

1 fourth exam, and that was just started in 2008. Give us another year and
2 that will be above 90 percent as well. Longitudinal dropout is minimal in
3 this workgroup, and we achieve this without spending one dime on
4 health care advertisement. This has allowed us to be the sentinel group
5 for first demonstrating the World Trade Center cough syndrome in
6 September 2002, and demonstrating the exposure response gradient
7 that I've already discussed based on arrival time; that the World Trade
8 Center cough syndrome is obstructive airways disease, chronic bronchitis
9 and asthma, along with sinusitis and GERD.
10 We've published on several occasions both cross-sectional and
11 longitudinal analysis of how their symptoms have gone over time. They
12 started with cough and sore throat as their main symptom, and as you
13 can see, those are the -- at around 60 percent on year one. If we had
14 looked at this on week one, they would have been over 95 percent.
15 By year eight, and this is true even in year ten, the cough and sore throat
16 have dropped down to less than 20 percent. But the other symptoms --
17 dyspnea, wheeze, sinusitis and GERD -- remain in the 35 to 45 percent
18 range.
19 We looked at lung function because we have pre-9/11 lung function
20 when we were able to demonstrate very rapidly that there was a
21 tremendous drop in lung function in the first six to 12 months. We then
22 followed that up with a seven-year study, began demonstrating minimal
23 longitudinal dropout, with the median length of time being over six years
24 in both our firefighters, our EMS people. And even if we break this down
25 by active and retirees, we see the same thing. In total we analyzed
26 nearly 62,000 spirometries. This was done in collaboration with
27 Montefiore Medical Center and Albert Einstein College of Medicine, and
28 there were -- and there were over 2,000 people in this group that were
29 present during the early arrival time of this 13,000 people that were
30 studied.
31 Here's our findings. The dotted lines represent extrapolated values for
32 this group over time. They don't come from the published literature but
33 rather from the pre-9/11 data themselves in this group. They were
34 dropping at approximately 30 milliliters per year, which is normal for a
35 male population. Those are the dotted lines. The blue line is what
36 actually happened in our firefighters after 9/11 over the next seven
37 years. There was an initial drop of approximately 350 milliliters, and
38 that drop demonstrated an arrival response time gradient, which I'll

1 show you in the next slide. Thereafter, as a majority, they did not
2 recover. Their lung function remained persistently low, without
3 recovery. This is in contrast to what you'd see if there were normal
4 smoke inhalation, which we have over 30 years' experience dealing with,
5 and typically within two months lung function returns to the dotted line
6 after normal smoke inhalation.

7 We see the same in the red line, which is our EMS workers. It starts
8 lower because they have a lower health requirement for joining the
9 workforce, and it starts lower because there are more females. In our
10 firefighter workforce it's about 96 percent male. In our EMS workforce
11 it's about 60 percent male. The red line, though, despite the fact that
12 this is both males and females in EMS, despite the fact that they have a
13 little less exposure in terms of their work tasks, demonstrates again a
14 dramatic decline in lung function -- a little over 300 milliliters in the first
15 six months -- and once again a persistent abnormality in that decline in
16 lung function.

17 People have said oh, this must be because everybody's a cigarette
18 smoker. The reality is that in the New York City Fire Department there
19 are less cigarette smokers than there are in New York City. New York
20 City on 9/11 had over 20 percent of its population smoking. The fire
21 department had about 17 percent. And shortly thereafter we initiated a
22 very aggressive tobacco cessation program, dropping tobacco to about
23 seven percent in the fire side, and this was published in CHEST in 2004,
24 the tobacco cessation effort.

25 But here you can see the fact that tobacco is not the major issue. The
26 blue line this time represents never smokers. The red line this time
27 represents ever smokers. You can see that although at each time point
28 lung function is lower in the ever smokers, and that is a statistically
29 significant effect, in reality the drop in lung function is predominantly in
30 nearly all due to World Trade Center dust, and only minuscule impact of
31 cigarette smoking. You can see this because the red line is only slightly
32 lower than the blue line.

33 The exposure response gradient is demonstrated in this group because if
34 you look at that first drop in lung function in the six to 12 months, in this
35 study averaging 372 milliliters, you can see that there was the greatest
36 lung function in those people called here early, which are people that
37 were there in the morning of 9/11, slightly less reduction in lung
38 function in those people who arrived in the next day, and slightly less

1 reduction in lung function -- but still substantial -- in those people that
2 arrived for the first time at a later time point.
3 Now this resulted in many people becoming ill. This is not just a
4 reduction in lung function, as I can show you -- as I've showed you
5 already. There's a large amount of asthma, sinusitis, GERD-like
6 symptoms. And in your main presentation, which I have had to excerpt
7 some of the slides and not show you, this is also corroborated by
8 diagnostic data, both internally at FDNY and by self-reported diagnostic
9 data from their own physicians.
10 But we were very interested in looking at whether these drops in lung
11 functions and these symptoms were due to obstructive airways disease
12 or due to restrictive airways disease. Dr. Reibman presented some
13 oscillometry data demonstrating that it was obstructive airways disease,
14 for the most part, in her group. We approached this in a slightly
15 different area -- again collaborating with Einstein and NYU on this issue.
16 We looked at 1,720 people that were referred for in-depth pulmonary
17 function testing. This would be bronchodilator response, lung volumes,
18 diffusion capacity. And we found on the Y axis is the drop in lung
19 function after 9/11. If you are less than one, you dropped lung function
20 after 9/11. On the X axis on Panel A is a bronchodilator response, and
21 this shows that the greater your drop in lung function after 9/11, the
22 more likely you are to have a bronchodilator response; i.e., the more
23 likely this is to be obstructive airways disease rather than interstitial
24 lung disease. Likewise on Panel B, the greater your drop in lung
25 function, the more likely you are to be hyper-inflated, to have big lungs.
26 This again is consistent with obstructive airways disease rather than
27 interstitial lung disease.
28 We looked at bronchodilator response correlated with lung volumes,
29 again demonstrating more likely to be obstructive airways disease than
30 interstitial lung disease. We looked at chest CAT scans, again
31 demonstrating in nearly every case that this was air trapping rather than
32 interstitial pulmonary fibrosis. And we looked at methacholine challenge
33 testing, again suggesting obstructive airways disease more likely than
34 interstitial lung disease.
35 When we put all of these findings together in that study we could find
36 that there was some evidence for obstructive airways disease in about
37 60 percent of this group. Well, that raises the point, the question, well,
38 does that mean that 40 percent had interstitial lung disease, 'cause that

1 is a substantial amount. And that is not the case. For the 40 percent we
2 had no interstitial lung disease or obstructive lung disease. Time will tell
3 what they have. In only 1.7 percent did we have evidence for interstitial
4 lung disease, so it is very clear that interstitial lung disease is incredibly
5 rare after World Trade Center dust exposure.
6 We do have a few cases of pulmonary fibrosis, two of which have
7 required lung transplantation. We have 27 cases so far of post-9/11
8 sarcoidosis, and we demonstrated that sarcoidosis was the more likely
9 disease that -- if you're looking at interstitial, though very unusual.
10 There was a blip of sarcoidosis in the first year, and then a continued
11 slight increase, and this was published early on in CHEST 2007.
12 Sarcoidosis is slightly different than we had in pre-9/11. Our rates are
13 higher than pre-9/11. Again, by having pre-9/11 data we are able to
14 show objectively change in population rates for our cohort. But in
15 addition to the increased incidence, the disease itself is presenting
16 differently. It's much more extrapulmonary, much more involving
17 rheumatologic problems, and that these problems have required
18 substantially different medications. The vast majority of people pre-
19 9/11 did not require any medication for their sarcoid. Post-9/11 31
20 percent have required steroids, and nearly all of the rheumatologic cases
21 -- here it's shown as three bone cases, but we now have almost ten
22 cases. Almost all of them have required either Methotrexate or more
23 expensive medications like Humira or Enbrel.
24 The other groups have talked about post-traumatic stress disorder.
25 About 12 percent of our workforce had probable PTSD in the first year.
26 About seven percent have it now on year nine. However, what this slide
27 shows is based on arrival time. And what you can see in the blue line at
28 the top of your graph is the incidence cross-sectionally of PTSD in those
29 who arrived in the morning during the collapse. And here we have early
30 on about 20 percent of our group having PTSD and nine years later about
31 12 percent. While in the other groups it is far lower. In fact, this 20 to
32 24 percent of PTSD in year one is almost as high as survivors in other
33 studies -- survivors of the actual collapse or of other disasters, like in
34 Oklahoma.
35 This has resulted, both the lung and PTSD issues, in over 1,700 retirees,
36 1,400 due to lung/World Trade Center disability, for a projected pension
37 cost of \$826 million through 2008.
38 And this prompted both the large number of respiratory problems, the

1 mental health issues, the exposure, the questions from our cohort --
2 'Will I be coming down with cancer?' -- has prompted us to be the first to
3 come out with this early assessment of cancer outcomes in firefighters.
4 Our subsequent studies will concentrate on EMS, but our first study
5 concentrated on our firefighters.
6 The study period was 1/1/96 to 12/30/2008, and we started off requiring
7 that everybody be active on 1/1/96 so that we could have them all be
8 similar on that date -- active, not retired. Because we would be
9 comparing to U.S. data, we concentrated on white, black and Hispanic
10 males. We required that they be working at FDNY for more than 18
11 months, because if you've only been there for a year it's likely that
12 you're a different type of person and also that you've had very limited
13 smoke exposure. And by starting on 1/1/96 we had nearly everyone
14 exposed, but we had a small number of people who were unexposed.
15 We also required that they be less than age 60 on 9/11 because even
16 though cancer is a disease of the elderly, we would wind up with very
17 few people above age 60 on 9/11 and therefore would not have good
18 data for comparison.
19 There's been a lot talked or mentioned about matching. We have
20 consent forms to match to every registry. But unique to us is that we
21 have the Social Security number for our entire workforce, and our IRB
22 has allowed us to match -- for the entire workforce, both pre- and post-
23 9/11 -- so that we are capable of matching to people who were hired in
24 1980 and were never at the World Trade Center because our IRB has --
25 working with us, has appreciated our demonstration that there would be
26 no negative impact to matching even without consent. And the IRBs in
27 the tumor registries that we have matched to have agreed with that. So
28 therefore we are matching against our entire cohort, 100 percent Social
29 Security numbers, 100 percent of the cohort, whether they were there or
30 not there.
31 However, as also mentioned, with more and more hematologic illnesses
32 being diagnosed as outpatients, these are not being reported to tumor
33 registries. If they're diagnosed as outpatients in a hospital they are
34 being. But if they're diagnosed as outpatients in a private office,
35 although there are state requirements that they be sent to the tumor
36 registry, they are frequently not. So we have also endeavored to make
37 certain that we can supplement cases with those who are self-reported,
38 but only after confirmation with pathologic data. And we keep these

1 separate, so when we compare to the U.S. SEER data, we're only using
2 those data from tumor registries so that we're comparing like to like.
3 But when we compare exposed to non-exposed firefighters, we use both
4 tumor and self-reported cases. But again, only self-reported cases that
5 have pathologic confirmation.
6 And we have these two comparison groups, external to the U.S.
7 population and internal compared to unexposed firefighters. Our
8 internal comparisons will get better over time because we will have
9 more unexposed firefighters over time as we supplement this with --
10 with newer firefighters.
11 It's very important when you do these comparisons to not only correct
12 for age group, gender and race, but to also correct for calendar year,
13 because this way you're able to correct for both decreases and increases
14 in cancers that are occurring normally due to other issues in the
15 population. For example, there's been a decrease in certain cancers, but
16 recently there have been reports both in the U.S. and in the world of
17 increases in thyroid, prostate and melanoma cancers.
18 We look at observed cases divided by expected cases, and we can also
19 look at this as a ratio found in the exposed to unexposed. This has been
20 quite controversial, but we've had multiple inquiries about this and,
21 after discussing this, we always are able to come to a conclusion that
22 this, after answering questions, is a reasonable statistical design.
23 One of the biggest issues with our data, and with any data on cancer that
24 will come from any of the groups, is the impact of surveillance bias on
25 increasing the number of cancers that we report. And this is a very
26 reasonable concern because our members are now in a monitoring exam
27 and therefore may -- we may find more cancers than would be in the
28 general population. We may find even more cancers in our unexposed
29 group because our unexposed group may not be as likely to participate
30 in monitoring, though we disagree with that and because we have very
31 good rates in our unexposed group as well. But to address these
32 concerns we removed the -- we did one analysis with all these cancers
33 there, and then we did a second analysis which we call the corrected
34 analysis where we removed any cancer that we could have diagnosed in
35 an asymptomatic worker due to our monitoring exam. What we found
36 here is -- this was published in Lancet 9/3/2011 -- we found that in our
37 exposed group, with 61,000 person-years, we had 263 cancers of all
38 types, and we would have expected in the general U.S. population 238.

1 This creates a ten percent increase. But if we look at this as exposed
2 divided by unexposed, the increase is a 32 percent increase.
3 Now that's before correcting for surveillance bias. If we correct for
4 surveillance bias by removing the cancers, if we remove the cancers by
5 just postponing their diagnosis two years, essentially removing almost
6 every one of those cancers, we get -- instead of a 32 percent increase,
7 we get a 21 percent increase. And if we removed every one of them we
8 would get only a 19 percent increase in the likelihood of developing
9 cancer.
10 Now we lose statistical significance when we do that. You can see that
11 the odds ratios drop below one. And when we look at individual sites we
12 do not have statistical significance, especially after we correct. But we
13 have trends that again argue, as talked about this morning, for the
14 possibility that there will be an increased cancer signal in the blood-
15 borne cancers, the ones that you would have expected to have occurred
16 earlier. We believe that after another year or two of additional data
17 these will rise to statistical significance based on extrapolating what we
18 currently have.
19 Now yes, some of these lose statistical significance. I'm now back to
20 talking about all cancers, not just the individual sites. Yes, when we
21 adjust these analyses for surveillance bias or for early versus late
22 diagnosis, it is absolutely true that some of these point estimates lose
23 statistical significance. However, five of the eight analyses still had
24 statistical significance. And every single one of them, as shown on this
25 figure, is to the right of an odds -- of a points estimate of one point zero.
26 And statisticians, both our own as well as those on the World Trade
27 Center Cancer Expert Panel that we convened, said that this was the
28 most important finding. Not whether a single analysis has statistical
29 significance, but whether every one of your analyses has a point
30 estimate above the level one, and every one of ours does.
31 We believe that this reflects the potential of a biologic plausibility,
32 though clearly more study needs to be done studying additional
33 populations. We are already in progress with nearly finishing our EMS
34 population and studying all of these groups for longer amounts of time.
35 I again say to you that we need to be very careful, especially in this area,
36 in looking at whether other centers are able to demonstrate the same. It
37 is easy for other centers to demonstrate the same when it came to
38 things like obstructive airways disease, World Trade Center cough

1 syndrome, because the numbers are so huge. In terms of cancers, the
2 numbers are small. This is not an epidemic. And therefore knowing the
3 entire population is critical in obtaining excellent data.
4 Finally -- I'll close very rapidly, and I appreciate your patience with me in
5 addressing the final issue I wanted to mention, is where are we now in
6 terms of research? The Zadroga Act, as you know, has provided specific
7 funding for research. This increased funding will allow us to do more
8 than just case studies and cross-sectional analyses. It was meant to
9 allow us to continue these analyses and to continue our longitudinal
10 analyses. It was meant to stress collaboration that is already ongoing,
11 but to expand it further. It was meant to add basic science studies,
12 which we could not do before, and fund those. And it was to be all
13 determined on the basis of peer review.
14 The problems that require immediate solutions may or may not be
15 addressed by this. For example, can disease surveillance or new illnesses
16 be done in this type of methods when you don't yet know what the
17 illnesses are? Can time-critical research be done, even though it has not
18 yet been funded? And can peer review be done effectively?
19 The problems with these issues do have solutions. So can disease
20 surveillance be done, can time-critical research be done? I believe it
21 absolutely can be done, if we continue to fund the data centers and the
22 World Trade Center Registry to do analytic work. The data centers are in
23 touch with the clinical centers. They're in touch with the workers. And
24 they should be the ones that do the analytic clinical and epidemiologic
25 research 'cause they can do it most rapidly and most efficiently.
26 This could be funded through specific research awards through the data
27 centers for trends analyses and disease surveillance. It could also be
28 done through a project program grant and awards that have been used
29 in the past by NIH to expand upon this proven research process. All the
30 information you're seeing has been provided by the registry or these
31 data centers. We should be expanding on that process, not abandoning
32 it.
33 In addition, we could also use another process called the Career
34 Investigator Award to fund both proven researchers as well as junior
35 researchers to continue in this effort. And we should use isolated small
36 awards, the RO1 award process, only to look at mechanistic research, to
37 look at hypothesis-driven, mechanistic research, and then when they
38 find that, it could be corroborated in a larger scale by the data centers.

1 The awards need to be based on peer review. But we have found that
2 there's a potential problem in the way peer review was done during the
3 BAA process which Dr. Howard talked about briefly this morning in that
4 there were eight awards given. All of these awards are certainly
5 excellent awards and it is not my duty to demon-- you know, to look
6 backwards at that. However, the process can be improved.
7 What happened was there was peer grading, but the grades were not
8 looked at in a study section to then compare grades to normal those --
9 normalize those grades for graders that might have a more strenuous
10 grading process than others, and to prioritize it based on the needs of
11 the program or the program administrator. Those things are typically
12 done using an NIH study section. They do not require any budget, any
13 large-scale budget because it can be done by a conference call, and is a
14 critical part of any peer grading process and should be added to this
15 process at the next available option. Peer grading should continue, but a
16 study section should be added.
17 On my last slide, just to summarize everything into lessons learned, we
18 now know that pre-disaster health baselines, including pulmonary
19 function and mental health screening, should be a requirement. We
20 should protect workers by training and educating them before the
21 disaster. There should be strict enforcement of worker protection laws
22 at a disaster site, especially after the initial rescue effort. All workers
23 should be registered electronically with electronic ID cards so that we
24 know their exposure, their times of exposures and their durations. We
25 should consider restricting workers to minimum number of hours
26 possible during hazardous work environments. And we should continue
27 to integrate these programs to have monitoring, treatment and research
28 together, and also in a collaborative fashion.
29 I thank you for your patience.

STATE UNIVERSITY OF NEW YORK,

STONY BROOK CLINICAL CENTER OF EXCELLENCE

30 DR. WARD: Next speaker is Dr. Luft.
31 DR. LUFT: We'll all take a deep breath -- a lot of material, lot of data. I
32 feel a little bit at a loss where just at this point to present what we do.
33 Let me introduce myself. My name is Ben Luft of the -- director of the
34 Long Island World Trade Center Medical Monitoring Program. I'm not an
35 occupational medicine person. I'm actually a molecular biologist who
36

1 came to work on the World Trade Center after 9/11. Actually I spend
2 most of my time in genetics and making vaccines, some of which are in
3 human trials in Europe.
4 But after 9/11 we began to -- we saw the need that there was -- that
5 9/11 occurred and as an institution at Stony Brook we were preparing to
6 take care of the responders, people who had -- actually survivors. We
7 thought there would be a great deal of people who would be coming out
8 to Stony Brook who were casualties, and unfortunately there were very
9 few and none came out to Stony Brook.
10 Immediately thereafter what we did is we decided to start a program to
11 take care of the responders. You know, we visited the World Trade
12 Center site. We saw the disaster there; it was really quite dramatic. And
13 our approach at that time was that, being -- just from the point of view
14 of providing care is that we saw that the actual toxicity there was really
15 very complex. It was a combination of both physical -- I mean we've
16 heard a tremendous amount about the dust and the caustic nature of the
17 odor and the burning material, and I think that, in a lot of ways, as
18 scientists we can kind of grasp that very quickly and that inhaling that
19 will cause a tremendous amount of injury.
20 But at the same time we knew that there was going to be a tremendous
21 amount of psychic trauma, and that psychic trauma was, you know, from
22 this continuous danger that these people were under, both to their life,
23 their -- being -- not only were they seeing their colleagues killed, but
24 they were be-- seeing them dismembered. You know, they were finding
25 body parts and they were -- and this was not just occurring over a very
26 short period of time. You know, usually when we think about being in an
27 event, it usually occurs -- you know, you're in a car accident. It occurs in
28 ten to 15 seconds and it's all over. Here people were under continuous
29 psychic trauma for a prolonged period of time. And even as an internist,
30 it became evident to us that we were going to be dealing with a very
31 complex set of injuries.
32 And I think -- I wanted to emphasize that because that's really how our
33 program developed, and a lot of the research that we've been doing has
34 evolved from that.
35 So if you look at the -- if you go to the first slide, you look at the
36 geography of what we deal with. We're in Nassau and Suffolk Counties.
37 We're responsible for about 1,200 square miles of suburban area. We
38 wanted to set up two clinical centers, one in Nassau County and the

1 other in Suffolk County. And we recently -- establishing a center in
2 Brooklyn, and these were Centers of Excellence that were supposed to
3 take care of both the medical and the psychic injury.
4 We have a fairly large cohort size, around 6,000 patients, and we have
5 an extraordinarily high patient retention rate. About 84 percent of our
6 patients come back to us from year to year. You know, that's basically
7 our monitoring program when we -- we have our patients -- we have a
8 very stable cohort that we're able to study. And a very large percentage
9 of our patients take on treatment, and I think that that's also a very
10 important thing. If you look at what our -- the number of patients who
11 come in for monitoring and the percentage of their illnesses that we
12 identify, whether it's pulmonary or mental health or -- or
13 gastrointestinal, that a very high percentage of those patients accept
14 care. So we actually are almost -- it's almost identical, you know, the
15 ones -- cases we identify, the same -- almost the same percentage of
16 patients go on to treatment, which is very -- very important.
17 In our population we have two groups, of course. We have the
18 traditional responders, and I think it's very important to realize that.
19 You know, when you hear about the fire department or the police
20 department, those are very traditional type of responders, and about 50
21 percent of our patients are the non-traditional responders. And when
22 you look at the disease rates among the traditional responders and the
23 non-traditional responders, it can be very different. I think that that
24 really, you know, states the importance of what was talked about when
25 we talk about the survivor program, the fire department and the
26 responders, that each of these groups have very unique populations, and
27 that the diseases may be quite different from population to population,
28 how the disease actually manifests itself.
29 And that was really very important to us 'cause I'm talking to you as --
30 from the point of view of a clinician, of a clinical scientist trying to do
31 research as to how diseases -- how syndromes -- how patients are
32 responding syndromically.
33 You can see that if you look at it on a pie chart of what the diseases are,
34 it's very similar to what you find amongst the different populations in
35 our treatment program. The largest number of patients have upper
36 airway, that's in the blue, about 28 percent have upper airway disease;
37 29 percent have lower airway; and mental health disease we find in
38 about 30 percent of patients.

1 Well, as I said to you initially, because we began our program as a
2 treatment program what we began to do is we wanted -- and because we
3 had noted that these patients were exposed to a very complex injury, we
4 wanted to set up a unique model for therapy. And the model that we set
5 up was a -- what we call a collaborative care treatment model, which
6 basically allowed us to treat both the medical -- the mental health and
7 the medical disease concomitantly. Actually our internists were initially
8 trained in some basic psychiatric -- and began to perform certain
9 psychiatric care, and they were teamed up with a social worker who
10 provided care with both -- who are psychiatric social workers. And so
11 when the patients were seen, they were seen by these -- this grou--
12 these two individuals who were able to provide care for both of these
13 things concomitantly. And we felt that this was an important way to be
14 able to treat these -- this particular patient population, not really having
15 a lot of data. But this was our conviction, our -- we were convinced that
16 this was an appropriate way for treating this particular disease
17 syndrome.

18 And so what we were able to show was that by doing this that this was
19 cost-effective. When we began to look at the cost per patient actually it
20 was quite reasonable and it was -- compared to other centers. It was
21 comprehensive. It decreased the obstacles to care, the barriers to care.
22 The patients were much more accepting of mental health care, as well as
23 their physical health care. It increased adherence to regimens, they
24 would be coming back often, you know, to being seen for treatment.
25 There was no stigma that was associated with being treated by mental
26 health versus physical disease because basically you were being treated
27 in the same way. And I think an important part was, like I said, it really
28 overcame a lot of barriers to treatment, the personal barriers, personal
29 prejudices, providers lack of ability (sic). You know, there was a
30 question as to how many -- whether you could get to a psychiatrist or a
31 psychologist. This allowed us to be able to treat them very promptly.
32 Various financial barriers -- sometimes they wanted to keep, you know,
33 their mental health treatment secret. We were able to take care of that.
34 And geographic barriers as well, they were able to come and do really
35 one -- one shop stopping -- one stop shopping, as is familiar in the
36 medical parlance.

37 So this was really a very effective way of being able to take care of these
38 patients. And I think that that was really what was responsible for our

1 high retention level and our high, you know, adherence to treatment was
2 this particular model.
3 We really didn't have a scientific basis for this, and so we began to do a
4 study where we wanted to really prove that this was really an effective
5 manner. And so we did a study which I think -- which is going to be
6 published within the next month in Psychological Medicine, and you
7 have that -- the actual manuscript attached to that. But we looked at
8 about 20,000 patient responders who were followed in our World Trade
9 Center medical monitoring and treatment program, and we wanted to
10 see whether post-traumatic stress -- how that was related to various
11 medical conditions. And for this particular paper what we did is we only
12 did it in response to respiratory disease.
13 So in this population we looked at 8,508 police and 12,333 non-
14 traditional responders who were examined at the various World Trade
15 Center health programs. And what we were able to show was that PTSD
16 and respiratory symptoms were correlated with one another, and that
17 PTSD statistically mediated the association of the World Trade Center
18 exposures with respiratory symptoms.
19 I think this is a very important piece of information. Although this was a
20 study that was only done cross-sectionally, it did indicate, by using a
21 variety of statistical models, that PTSD itself, the psychological
22 condition, may actually mediate between exposure and a physical
23 manifestation of disease.
24 Now this has, I think, very important ramifications when you think about
25 what the compensation fund -- how they deal with mental health --
26 actually mental health is really pushed aside, but this may indicate that
27 the mental health condition plays a very important or almost pivotal role
28 as to how a physical condition will manifest itself.
29 It also has -- very important in terms of biological model. As I said
30 before, my interest is in molecular biology and genetics and genomics.
31 But there are some data that is -- that exists currently that patients who
32 have PTSD, that they can have alterations in their lymphocyte function
33 and that perhaps those inter-- and -- and actual infection disease
34 manifestations, actually -- and there was a very nice paper that was
35 published in the proceedings of the National Academy of Science. And
36 so I think that this is an important piece of information, that the link
37 between PTSD and respiratory symptoms is notable, it supports our
38 integrated medical and psychiatric treatment of pa-- responders, and it

1 con-- gives rise to being able to develop a hypothesis to kind of look at
2 the biological linkage between the mental health and the physical
3 health. I think that this is an important area that we -- we want to
4 continue to explore.
5 As I said, when we did this initial study we did this as -- in a cross-
6 sectional population, and so there's a lot of provisos when you do things
7 cross-sectionally. It's much better to do it longitudinally. It prob-- it
8 real-- it can nail down things. And so we actually applied for one of the
9 grants that was -- and we actually were funded -- where we looked at
10 the burden of mental and physical morbidity. And we worked with a
11 psychiatr-- a psychiatric epidemiologist, [identifying information redacted],
12 who has extensive experience in disaster psychiatry and mental health,
13 and we're now currently doing that.
14 And what we want to do now is we want to identify the mechanisms
15 responsible for the co-morbidity. Psychiatrically we're going to be
16 looking for PTSD, anxiety, and depression, and I think instead of being
17 able to do the PCL, which is a checklist and they're probable, we're doing
18 a SCID analysis on 5,000 responders.
19 But not only that, we're going to begin to look at -- at other issues, such
20 as quality of life. This hasn't really been systematically ascertained,
21 because what our prejudice or what our -- is that when patients have
22 that combination of a mental health disorder such as PTSD and a physical
23 disorder that they are much less functional than a patient that has either
24 one of those things alone; and that it's not just additive, but that this
25 combination actually has a synergistic impact in terms of their quality of
26 life and other indicators of well-being.
27 So this is, as I said, part of this project we're going to be looking at 5,000
28 responders. We're going to be doing SCID analysis on each of these
29 responders. We're going to be looking for various other parameters such
30 as quality of life parameters. And the other part of it is we're going to
31 continue to do our longitudinal analysis looking at the second and third
32 wave data that has recently become available.
33 The other thing that we'd like to do is we'd like to -- since we think that
34 our site, you know, had this collaborative model, it'll also give us an
35 opportunity to compare the outcomes at our site at the Islandia site,
36 which had this partic-- our -- our particular strategy for the care of
37 patients with other sites that had a different strategy, more traditional
38 strategies for care, and perhaps give us some insight into how we should

1 be taking care of responders or individuals who are exposed to these
2 very complex set of mental health and physical traumas.
3 The other aspect that we've become very interested in has been looking
4 at other types of interventions. Now how do we -- you know, one of the
5 things that we've been very interested in is that -- you know, we're now
6 ten years post to the event, and it's remarkable the number of patients
7 that are still sick. You know, you would think that, you know, they had
8 this initial injury, it was an environmental injury, it might have had some
9 impact on their lung function where they lost 300 milliliters of lung
10 function and now it seems to be leveling out. But there's a tremendous
11 amount of continued illness and poor well-being. Patients continue to
12 have a large number of somatic and mental health complaints. And so
13 we want to look at various interventions that we can do to be able to
14 reverse that.
15 And one of the areas that we had noticed was that patients who had
16 PTSD, that they had a higher incidence of smoking as well, and perhaps
17 respiratory disea-- and respiratory problems as well. And so we wanted
18 to -- we developed an interventional study looking at patients who have
19 this combination of PTSD, respiratory problems and smoking, and we
20 developed a program to -- an intensive program for smoking cessation
21 and seeing how that would impact these various parameters; do they
22 feel better once you do that, do they improve in terms of their mental
23 health, do they improve in terms of their quality of life and physical
24 functioning? And so we're going to be doing this in a randomized clinical
25 trial to look at the effect of enhanced treatment versus standard
26 treatment on abstinence from tobacco.
27 So that -- you know, we feel that the development of a powerful new
28 intervention for a difficult group of patients to treat may be a way that
29 we can really impact the quality of life and the actual diseases in this
30 patient population.
31 Lastly, I wanted to mention another project that we are doing at our site,
32 and that's our World Trade Center Oral History Project. This is a project
33 that we began about -- over two years ago, maybe two to three years
34 ago, I'm not sure -- but we were featured on "60 Minutes" on 9/11; they
35 did a half-hour program on our oral history project. And the oral history
36 project was basically that, although there was a tremendous amount of
37 emphasis on the physical and mental health issues that we were dealing
38 with in terms of the responders, we felt that these -- it really didn't deal

1 with what was the impact of -- to them in terms of their life, you know,
2 and how they responded in a very qualitative type of manner. You know,
3 what-- why they responded, what motivated them, how they sustained
4 themselves, what sacrifices they made, how they were able to overcome
5 -- you know, where did they get their sense of resilience. And we
6 thought that that was really a very important piece of information, of
7 qualitative information to -- for the responders.
8 Certainly it's not a scientific study in the traditional terms, but certainly
9 in a very humanistic way, it is. And so we bas-- we've now interviewed
10 about 150 responders. We document their perspective of the disaster.
11 We focus on their personal stories from their perspective, the
12 responder's perspective. We highlight their motivations, their values,
13 their struggles, their resiliency. And we expand our knowledge beyond
14 the medical effects. This has become a very important resource, as I
15 mentioned. You know, "60 Minutes" has utilized it, PBS had a
16 documentary of our program which also was shown on 9/11. And it's
17 been very useful in terms of recruitment and retention, you know,
18 among patient populations. We've developed library curriculums and
19 educational programs for schools. And the Library of Congress is now --
20 has agreed to provide us with a permanent home for this project in their
21 institution, to maintain it in perpetuity, all of these interviews, and we
22 really -- we think it's really going to be a very important piece of
23 information and also an important legacy to this program as to who we
24 took care of and why we took care of it and why it was so important to
25 do so, and how we should do so in the future.
26 So I've attached a copy -- I didn't want to go into a tremendous amount
27 of detail since I knew that there was going to be a lot of data that was
28 there. I attached a copy of our manuscript which goes into this
29 mediational model, and I think you'll find it very useful and informative.
30 But I do think that it's important that we start to look at our data, that
31 we start to develop hypotheses and no longer just deal with -- and then
32 begin to test it, you know, in an experimental manner.
33 And I think I'm going to end here since the hour is late and I'm sure
34 everyone's tired.
35 DR. WARD: Speakers back to the table for a short period of questions or
36 comments from the panel -- yes, Steve -- oh, Valerie.
37 MS. DABAS: Hi, my question was for Mark Farfel. You identified that a
38 lot of the cohorts that you identified in the monitoring program with

1 your -- came from employers. Were you able to access the NYPD
2 database for World Trade Center responders?
3 DR. FARFEL: I don't have the exact number, two or three thousand
4 NYPD. Are you asking me how we were able to outreach, at least
5 through the enrollment process?
6 MS. DABAS: On your fifth slide you had the list of identified as 30
7 percent of enrollees that you received the list and names from the
8 employers and their volunteer organization, and I was wondering if NYPD
9 was one of the ones that you received?
10 DR. FARFEL: Oh, no, they -- I think the NYPD are almost exclusively self-
11 identified.
12 MS. DABAS: Okay.
13 DR. CONE: And from the roll call.
14 DR. FARFEL: Oh, that's Dr. Jim Cone from the registry. Did everybody
15 hear his answer? He was saying that there was outreach through roll
16 calls at police stations.
17 MS. DABAS: I have a follow-up question to that. The outreach through
18 roll calls, once those people came in, they were directly -- did NYPD then
19 provide a list, or was that once they were -- the registry was announced
20 at roll call, those people then identified themselves?
21 DR. CONE: The people identified themselves once they were approached
22 individually or as a group in the roll call. They also did the same thing in
23 the fire stations. We didn't receive lists, but we did go to individual
24 police stations and attend roll calls to personally recruit police officers.
25 We signed up over 4,000. We also went to firehouses throughout the
26 city and did personal recruitment of the firefighters.
27 MS. DABAS: Thank you.
28 DR. MARKOWITZ: My question's for Mark, and also David. And I ask this
29 as -- I'm not authorized by this Committee to ask this, but -- we haven't
30 had a chance to discuss it yet, but by March 2nd or thereabouts we need
31 to produce I think a recommendation guidance to NIOSH about cancer.
32 And Mark, we heard from you that you hope by early January to have a
33 manuscript ready for submission, peer review; and David, you're working
34 on EMS and cancer. My concern is that any manuscripts you might have
35 won't necessarily be ready by a March 2nd date for us to review. So the
36 question I have is whether, when you complete your analyses and
37 they're ready for submission, whether you'd be willing and able to share
38 those with us so that, if NIOSH -- if it's in accordance with what NIOSH

1 wishes, we can look at those data and consider those in our
2 recommendation to NIOSH. I understand under the Act, NIOSH can only
3 use peer-reviewed publications. Nonetheless, it's not clear whether
4 we're -- we have that similar restriction or not.

5 DR. FARFEL: First I just wanted to say we're working as hard as possible
6 to have something submitted as early as possible in 2012, and so there
7 actually is a potential trajectory, given the importance of this topic, that
8 we may actually have a manuscript that's in press or been accepted by
9 the March date that you gave. And so I think -- let's -- let's cross that
10 bridge when we come to it and see what the trajectory is, and we can
11 certainly update the Committee and NIOSH on the progress on that
12 submission. I think it's important, though, to have the peer review
13 aspect to the findings, and that's certainly something that -- that's been
14 the case of every registry publication. So I think let's just recognize that
15 there is a trajectory that may work; and if not, then we need to
16 communicate about the timelines that we are on.

17 DR. PREZANT: I have to defer of course to Dr. Farfel on what the registry
18 can do, but I find it impossible that the registry, or anyone else, will be
19 able to get you anything within your timeline. I know the work it has
20 taken us to get the firefighter study to be completed. We will show the
21 same level of attention and caution in doing the EMS data. I also know
22 that this month is November and therefore, knowing both the analytic
23 process as well as the process that goes on at the Department of Health,
24 it is impossible for you to see any of our studies by March. I mean I -- I
25 just find that to be an expectation that would be setting you up for
26 failure.

27 DR. ROM: I'd like to address a question to David. For making cancer and
28 respiratory health effects assessments, I think it'd really be important to
29 know what's happening to the 1,700 folks who get disability retirements,
30 whether you're able to follow them up for both of these diseases and
31 examine them and what have you.

32 DR. PREZANT: Our data includes the 1,700 that have been retired. Our
33 data, when we publish, if you look at any of our publications, you know,
34 after 2004, have always demonstrated both cross-sectional and
35 longitudinal data. The longitudinal data of course always has less people
36 in it than the cross-sectional data. Cross-sectional data can be the entire
37 cohort. The longitudinal data suffers because people have had to come
38 for multiple, specific time points in the exam, but we have not lost the

1 1,700 that have retired with disability. In fact, they are very much in our
2 cohort and they -- and even -- and here's the point that I was trying to
3 make: For future respiratory studies, mental health studies, et cetera,
4 we have to keep them, and we are. But for cancer or mortality studies
5 we only have to keep them in terms of getting data that supplements the
6 registry's because we match with 100 percent of our cohort.

7 DR. MARKOWITZ: The Chair has permitted me to ask a short question, so
8 maybe you could produce a short answer. This is for David and Joan. Do
9 you believe that persistent inflammation underlies the permanent
10 reduction in pulmonary function that you've seen? I raise that because
11 Bill and Micki this morning made a strong plea on biological plausibility
12 in consideration of outcomes, and so I'm heading in that direction.

13 DR. REIBMAN: I think we know very little about the biology of what's
14 going on in these lung diseases. I think that -- let me back up a little bit.
15 And first I want to second something that David said about research in
16 that I think the intent of the BAAs and the research in the Zadroga Act
17 was to allow us to enhance our understanding and in fact ask questions
18 just like you're asking, which is what are the underlying mechanisms, is
19 there ongoing inflammation, should we be treating and pushing anti-
20 inflammatory treatments in these patients or is that futile. And I don't
21 think we know the answer to those.

22 I think that the other, analytic questions I think that are equally -- or not
23 equally, but are also important, such as the continuing analyses,
24 longitudinal analyses, et cetera, should be ongoing even without the
25 support of the BAAs.

26 So to get back to your question, which is do I think that there is ongoing
27 inflammation, I think the interesting thing, for example, in the biopsies
28 show that there's in fact very little inflammation that we can see. And in
29 fact, if you look at the airways themselves, they don't look like asthma
30 airways. They don't have the mucous hyperplasia. They don't have
31 basement membrane thickening. They don't have what's classically seen
32 in asthma, and the inflammation may not -- is not the same. But that's
33 that subgroup.

34 So what about the others who have the asthma-like syndrome? And I
35 don't think we can answer that. I think we're starting to get some of the
36 biologic background on them, but I don't think that's clear.

37 I think the other way to answer that would have been a clinical
38 intervention, but we don't have that either.

1 DR. PREZANT: So to me, this is the value of having a study section that's
2 looking at the various different grants that are submitted, because one
3 of the highest priorities should be whether chronic inflammation is
4 ongoing. We at the fire department, in collaboration with NYU, have
5 now had accepted for publication three papers looking at mediators of
6 inflammation. One actually was with Einstein Montefiore that's already
7 been published on alpha-1 anti-trypsin. Another two were with NYU
8 looking at inflammatory biomarkers and then another one looking at
9 metabolic syndrome biomarkers. And these are all preliminary studies
10 'cause they're done on small numbers of patients, and they also are done
11 with blood that's drawn within the first year and not years later. But
12 clearly those studies demonstrate that there is an inflammatory
13 mechanism, at least to the initiation of this process, or to the
14 persistence of this process one year later.
15 In addition, in the study that I did show you on particulates in induced
16 sputum, we saw a very big increase in MMP9, another mediator of lung
17 disease. So I think by having prioritizations both in terms of the RFPs,
18 the BAAs, the award announcements, but also in terms of the study
19 section itself, hopefully these additional studies can move forward.
20 DR. WARD: We should probably brea-- did you want to make a response
21 to that question or -- no. Okay.
22 I think we should probably break for lunch. As you know, we are behind
23 schedule so we're only going to take 45 minutes and -- so what time will
24 we see everyone back? We'll see everyone back at 1:50. Thank you all
25 for your great presentations.
26 (Recess taken from 1:05 p.m. to 2:08 p.m.)
27 DR. WARD: Let's begin the afternoon proceedings. I would like to ask
28 the speakers to try to limit their presentations to 15 minutes. We won't
29 cut you off at 15 minutes, but we will give you a warning that it's
30 reached 15 minutes so that you can draw your presentation to a close.
31 And we'll get started with Dr. Crowley.
32 DR. MIDDENDORF: Ms. Hughes has returned.

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33
34 DR. CROWLEY: Good afternoon. So I'm going to be speaking on behalf of
35 the World Trade Center Health Program at Mt. Sinai. [identifying
36 information redacted] was going to be here today but unfortunately he

1 had a previous engagement at -- in Japan, so I'll do my best to cover.
2 (Pause for technical problems)
3 THE COURT REPORTER: If you could start over, I'd appreciate it -- so I
4 can get her name.
5 DR. WARD: Yeah, but we are still getting a pretty big hum up here.
6 THE COURT REPORTER: Still?
7 DR. WARD: Okay. Yeah. So we're ready to start over, and if you
8 wouldn't mind giving your name again --
9 DR. CROWLEY: No problem.
10 DR. WARD: -- and start from the very beginning.
11 DR. CROWLEY: Okay. My name is Laura Crowley and I'm from Mt. Sinai.
12 I work with both the data coordination center and the clinical center,
13 and I'm going to do my best to describe the World Trade Center Health
14 Program. Dr. Michael Crane could not be here today.
15 I don't see it moving forward, unless I'm doing something wrong -- thank
16 you.
17 Okay. So just as a basic introduction, it's always good to review the
18 exposures. I know everyone's seen this list umpteen times, but I feel like
19 it's important to (inaudible) -- I think I keep coming in and out so I
20 apologize; I'm not sure why.
21 So people have sustained a variety of exposures -- smoke, dust,
22 particulate matter, a variety of toxins, asbestos, concrete, glass fibers,
23 polycyclic aromatic hydrocarbons and polychlorinated furans and
24 dioxins, to name a few. I think it's important to reiterate this list
25 because a lot of what this expo-- this exposure drives what we're facing
26 today. And the common effects to date that we know of are respiratory
27 and mental health consequences. However, we're here today to also
28 investigate the long-term consequences and exposures of late-emerging
29 diseases.
30 Okay, so I'll do my best -- I'll talk really loud.
31 Okay, so the population -- they're divided into two categories, the
32 traditional responders and the non-traditional responders. We heard
33 from Dr. Prezant this morning about the traditional responders, being
34 the firefighters and paramedics. We're going to speak about the cohort
35 that involves non-traditional, along with law enforcement officers.
36 The non-traditional responders included construction workers, the
37 laborers, the telecommunication workers, gas and electric workers,
38 transit workers, public sector workers and volunteers.

1 Just a slide to describe our program. We've been deemed the Clinical
2 Centers of Excellence. We have six centers and a data center. Our job is
3 to provide comprehensive clinical periodic monitoring exams for all
4 eligible responders, and treatment for those with any World Trade
5 Center-related conditions. We're also tasked with the job of
6 disseminating information about World Trade Center health effects to
7 our responders, the public, and all health care providers. And we do this
8 by collecting standardized clinical information to identify any physical
9 and mental health consequences. In addition to that, we analyze that
10 data and conduct a disease surveillance in our data center.
11 The cohort -- this number's dated -- outdated, but it's over 28,000, with
12 the majority of those being male at 86 percent. The median age tends to
13 be about 38, with 57 percent whites, 11 percent black, one percent
14 Asian, three percent other. We do have a population that's unknown,
15 depending upon if the person answers the question or not, and 31
16 percent Hispanic; 83 percent are in a union. And the work status, about
17 81 percent are employees, 11 percent are volunteer, and eight percent
18 both.
19 Here's just a bar graph of the description of the cohort in terms of
20 occupation, and at the bottom you can see that a majority of our
21 responders did come from the protective services, or military, with it
22 being over 12,000; and construction, almost 6,000; we had 1,700 in
23 electrical or telecommunication; transportation was 1,000; 4,000 in
24 other occupations; and about a handful, 477, in unemployed or retired.
25 This slide's a little busy, but I think it's helpful. It's helpful when you
26 look at it on the paper that you have in front of you. Basically it trends
27 the visits in numbers over the years, and the really pretty key number is
28 the bottom number that shows that there's been about 78,000 total
29 screening and monitoring program exams since the beginning of the
30 program, which is pretty amazing.
31 Publications -- I have about 19 slides' worth of publications. I'm on a
32 time limit so I'm going to move as quickly as possible and not go into the
33 details for each publication. This was published in the American Journal
34 of Industrial Medicine. It reviewed the health effects of the World Trade
35 Center site workers and the lessons learned. This -- it was published by
36 Dr. Levin and colleagues. And just a note -- I'm going to hit the
37 highlights of the science to date. There's many other published articles
38 out there which many of my colleagues sitting around me have worked

1 on today, and I'll start with this one. But this one really highlighted the
2 importance of advising our colleagues in the health care profession to
3 advise our health care professionals of the importance of seeing patients
4 that had been exposed and how to evaluate them clinically; how we
5 were going to capture all of those folks who were exposed; whether or
6 not there was going to be a registry; how we were going to distribute
7 respiratory protection; that we needed rapid mobilization of health care
8 services; and make sure we communicate effectively with our public
9 health agency regarding exposure hazards.

10 Another paper published in 2004 in the MMWR reported a similar
11 message about the importance of provision of medical care for
12 responders and respiratory protection.

13 2004, Dr. Landrigan and Dr. Leroy published on the health and
14 environmental consequences of the World Trade Center disaster with
15 the purpose being to examine the dust elements, and found that it
16 contained much of what I spoke about in the beginning of the
17 presentation. And the pH of the dust was highly alkaline, which
18 attributes to much of the damage that is seen in many of our responders
19 to date. This particular study looked at firefighters, cleanup, community,
20 pregnant women, and the health effects in those populations and found
21 that they were seeing a high level of bronchial hyper-reactivity,
22 persisting cough, and elevations in the level of -- you know, frequently
23 many of their patients were reporting asthma as well.

24 In 2006 Dr. Herbert, Dr. Moline and Dr. Landrigan and Dr. Levin reported
25 on a five-year assessment of our program, and they looked at over 9,000
26 patients and found that exposure was definitely related to an increase in
27 respiratory and pulmonary symptoms, and this persisted -- at the time
28 persisted up to two and a half years after the attack, and we know that
29 it's persisted much longer because we're all sitting around this table
30 today.

31 This was a paper -- small study -- published in JOEM in 2007, looked at
32 air trapping and reviewed the symptoms, much of the respiratory
33 symptoms we see in our patients, and looked at it from a radiographic
34 perspective. It was performed by Dr. Mendelson and Dr. de la Hoz, and
35 revealed that air trapping explained a lot of these PFT -- these
36 pulmonary function and breathing test abnormalities that we're seeing
37 in our population.

38 Again another small study by Dr. de la Hoz in the American Journal of

1 Industrial Medicine, and it looked at a finding of vocal cord dysfunction.
2 So we're seeing a variety of respiratory ailments, and this was one of
3 them. These patients presented with respiratory complaints and were
4 found on spirometry to have abnormalities consistent with vocal cord
5 dysfunction.
6 2008 -- this was a comprehensive review. It was done in the Mount Sinai
7 Journal of Medicine and really discussed -- you know, even under
8 circumstances where the program had limited resources and in spite of
9 all the challenges, what they were able to accomplish. But also it
10 discussed, you know, in the absence of a prior model, we were able to
11 come up with a program and see quite a few people in the midst of this
12 disaster.
13 2008, Dr. Stellman and colleagues published Environmental Health
14 Perspectives: The psychological impact on World Trade Center disaster
15 workers, and found that 11 percent were reporting symptoms consistent
16 with post-traumatic stress disorder; eight percent depression; five
17 percent panic; and 62 percent had sustained a substantial stress
18 reaction, really showing that psychological distress and psychopathology
19 was exceeding what we found in population norms.
20 2008, Dr. de la Hoz presented a paper in the Journal of Occupational and
21 Environmental Medicine on reflux symptoms and disorders, pulmonary
22 disease in our workers. And it was a small subset, 42 responders.
23 Looked at spirometry and upper endoscopy and 24-hour pH, and found
24 that there was a spectrum of reflux disorders and spirometry, which was
25 suggestive of air trapping. And he associated reflux findings and
26 pulmonary disease in our cohort.
27 Again, all of this is consistent with, you know, much of the diseases
28 we're covering and treating our patients for to date. All of this literature
29 drives much of the diseases and what we're treating to date.
30 CHEST, this was a publication by Dr. Skloot and colleagues about the
31 longitudinal assessment of spirometry, and it revealed elevated rates of
32 spirometry was found on both -- if a patient ever returned for an exam,
33 we saw abnormal rates of spirometry in both first and second exam, and
34 that the most common finding was a reduced forced vital capacity. This
35 finding's a bit different than what we see in the firefighter cohort, but
36 again, it just highlights the fact that we're seeing spirometry
37 abnormalities in our cohort.
38 This was published in The Psychiatrist, and it was -- it focused on iron

1 workers, and it was published in 2009 and revealed, again, that we're
2 seeing PTSD, panic attacks, depression in this cohort. And Dr. Stellman's
3 study highlighted that this was consistent with what we were seeing
4 across the cohort.

5 Dr. Moline's here today so she'll probably go into more detail about this,
6 but this is a case series of multiple myeloma, and she reviewed, along
7 with our colleagues, eight cases that were observed and found that four
8 of these -- the expected rate was 6.8, and we found eight. Four of these
9 were younger than 45, and this is what was noted to be unusual. We did
10 not expect that.

11 I think -- this is a study about snoring and obstructive sleep apnea. Dr.
12 Udasin, who's sitting next to me, will be talking a little bit about the
13 work they've done. Bottom line is we've now deemed sleep apnea -- in
14 the right setting, with the right World Trade Center-related conditions,
15 deemed to be a -- now a World Trade Center condition. Due to the
16 inflammation in the upper airway, some of our patients are presenting
17 with sleep apnea and it is now a covered condition.

18 Dr. Moline also was involved in this study. This is a study published by
19 Dr. Wu. It was a study that was a case report of seven responders, and
20 they looked in detail at the histopathology and found that they were
21 seeing interstitial lung disease and described those patterns that they
22 were seeing. Also did a mineralogic analysis and found aluminum,
23 magnesium, asbestos, calcium. And in addition, an abnormal fi-- what
24 was -- not abnormal; all of this was abnormal. But they found an
25 unexpected finding of carbon nanotubes. So interstitial lung diseases is
26 also one of our World Trade Center-related conditions as well.

27 Dr. Dalton and Dr. Ken Altman, separately, conducted studies on
28 chemosensory loss, and basically found the prevalence of significant
29 chemosensory impairment in our group, which certainly could be
30 problematic for some people in certain occupations.

31 This is a study I was involved in with my colleagues. We looked at --
32 similar to what the fire department had done, we looked at how many
33 cases of sarcoidosis we were seeing. Sarcoidosis is a granulomatous
34 pulmonary disease, interstitial lung disease, and we found that we had
35 38 cases and went on to look at the incidence rates. When we compared
36 them to background rates, our incidence rates were elevated, and we
37 also found peaks of incidence rates similar to what the fire department
38 found in the first and second year -- we found it in year three and year

1 four. He had found it -- Dr. Prezant's team had found it earlier, but we
2 were finding peaks earlier on.
3 This is Dr. Altman's study.
4 Lastly, this is a study that was published for the 10-year anniversary in
5 The Lancet. It was conducted by Dr. Wisnivesky and Dr. Landrigan and
6 colleagues, and looked at the persistence of many of these illnesses in
7 the World Trade Center recovery workers to date. And unfortunately,
8 we continue to see elevated levels of asthma, sinusitis and gastro-reflux
9 disease, and this paper highlighted -- highlighted that.
10 Okay. So future scientific projects. I'm going to describe the three
11 projects that are funded to date by NIOSH. We received funding after
12 applying for -- submitting our projects. This is the first one, cancer
13 among the World Trade Center responders, and then enhanced
14 surveillance, exposure assessment and cancer-specific rates. This -- this
15 study -- to be fair, this -- we've been doing this already, and we've been
16 conducting surveillance for cancer. It's been an ongoing -- prior to this
17 funding. We've been validating, identifying cases through exams,
18 through a phone bank, collecting for any physicians that tell us that
19 there's a case of cancer, and reaching out to patients to get detailed
20 medical records. We've matched our population with the cancer
21 registries in New York, in New Jersey, and Pennsylvania and Connecticut,
22 and currently we're waiting for a match from Florida and North Carolina.
23 Our group is working on expected rates and observed rates, as is, you
24 know, the rest of the folks who described their studies this morning and
25 hope to, in the near future, be able to discuss those in more detail and
26 have a publication.
27 This -- what's outlined here is a continuation of that work that we've
28 been doing. And basically it outlines -- we know that there's a latency
29 between exposure and cancer development for most human carcinogens.
30 We need to follow up this cohort, and our goals will be to continue to
31 identify and validate all cancer cases in World Trade Center responders,
32 link exposure to cancer risk in these World Trade Center responders, and
33 identify the risk of cancer.
34 DR. MIDDENDORF: Dr. Crowley, you're at 16 minutes.
35 DR. CROWLEY: Thank you. I'll be speedy. This is a study -- Dr.
36 McLaughlin is the PI on this study. It's pulmonary function
37 abnormalities, diastolic dysfunction in World Trade Center exposure.
38 Basically a whole litany of tests will be reviewed with the purpose to

1 determine if there's a risk of cardiopulmonary disease in our folks who
2 were exposed.

3 And Dr. Adriana Feder is the PI on this project, trajectories of
4 psychological risk and resilience in World Trade Center responders, with
5 the purpose to examine the extent of resilience, recovery and chronicity
6 over the eight years, and identify risk factors for these patients. And
7 hopefully all of these studies will guide prevention efforts and
8 preparedness planning for disaster responders.

9 These are the goals of our program, many of which are obvious, but it's
10 really -- we want to identify, treat diseases in early stages. We want to
11 report on trends of certain diseases over time, continue surveillance of
12 diseases with long latency.

13 I would like to reiterate what Dr. Prezant and Dr. Reibman highlighted
14 this morning regarding the importance of the data center being able to
15 continue to do disease surveillance. It's something we were tasked --
16 hopefully we'll continue to be tasked to do 'cause it's a very important
17 job; and obviously educate responders to seek care if they developed
18 any of these illnesses.

19 In conclusion, I just think it's important to reflect on how many people
20 have been screened and monitored -- over 30,000 since July 2002 -- and
21 we've treated over 15,000. So you know, we hope to continue to be able
22 to help our responders.

23 And that's it.

24 DR. MIDDENDORF: Just a note to the record that Dr. Rom has returned.

25 DR. WARD: We'd like to take a few questions for Dr. Crowley since both
26 of our first two speakers may have to leave before the panel session
27 would occur at the end of this -- at the end of this section.

28 DR. DEMENT: The cancer study -- it looks like it's just underway, so
29 obviously no projected time frame for the -- for your cancer study being
30 completed?

31 DR. CROWLEY: Actually I would say it's more than underway. I think --
32 you know, we've been approved for formal funding, you know, as of the -
33 - you know, now. But we've been doing it for quite a while, so hopefully
34 in the very near future we will have a publication. It's hard to give a firm
35 date.

36 DR. DEMENT: I understand. Also your comment about continued ability
37 to do surveillance -- continue your work, basically. Is that -- I mean do
38 you have a -- what, a five-year contract now?

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DR. CROWLEY: Correct.

DR. DEMENT: Okay.

MS. FLYNN: I also want to follow up on the question about data analysis. Just looking at the presentations from FDNY, from you and from Dr. Reibman, it's very clear that having a robust data analysis is absolutely -- it's the cornerstone of the knowledge base. So is there any question of your ability to continue with that work in the future?

DR. CROWLEY: I mean I think right now we just want to be able to continue to do it. We want to be able to continue to do disease surveillance. I think Dr. Prezant's point this morning in terms of the logistics behind, you know, applying for each individual project -- I would have to agree with him about the logistics of. I think, you know, the data center is set up to do disease surveillance and we'd like to continue to do so.

DR. QUINT: I was wondering if you had any plans to do biomonitoring of any of the cohort at some point? There's some of the toxicants that people had exposure to that are persistent and could be compared to NHANES and I'm wondering if there's any possibility of that in -- sometime in the future.

DR. CROWLEY: Yeah, I mean we actually put in a whole host of proposals to -- for -- we submitted a bunch for funding, and hope that around the corner there'll be another opportunity for that because ideas like that, and others, we hope to be able to explore.

DR. WARD: On to the next presentation.

**UNIVERSITY OF MEDICINE AND DENTISTRY OF
NEW JERSEY CLINICAL CENTER OF EXCELLENCE**

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DR. UDASIN: So I'm going to be giving you the advantages of being a small clinic, and so I don't want to repeat what the large clinics have done, but with being a small clinic --

(Pause)

The advantages of being a small clinic are that we get to know our patients really well. We don't have -- maybe we don't have to worry about doing some of the other things that some of the other clinics -- the data center -- has to do. But now I'm going to say something about our individual cases that may make the Committee understand how difficult some of the surveillance is between the time frame of when we actually see patients with illnesses and when they actually are able to be

1 confirmed, so to speak.
2 But this picture, to start my presentation, is the Elizabeth fire trucks on
3 the Staten Island Ferry leaving to go to New Jersey -- leaving to go to
4 New York, rather, from New Jersey. The Elizabeth Fire Company sent all
5 200 of its firefighters to work alongside the firefighters in Staten Island,
6 and so I honor them by putting this presentation up. And this is actually
7 Deputy Chief Workus, who gave us the most -- the best picture of any of
8 our responders. And for those people who don't see World Trade
9 patients on a day-to-day basis, you can see the chief's respirator is
10 around his neck. You can see the World Trade Center debris all over his
11 body. I actually used this picture when I testified before the Energy and
12 Commerce Committee because I thought this was the best picture of any
13 of our responders. And again, we are the only, outside of FDNY cohort,
14 that sees a lot of firefighters. We see the Elizabeth people, we see other
15 fire companies in New Jersey.
16 And just to make things a little bit more interesting about Elizabeth, this
17 is the same fire company that 30 years ago fought the chemical control
18 fire, which Dr. Melius was involved with in NIOSH way back when. And
19 so I have original records on many of the same patients that Dr. Melius
20 saw way back 30 years ago.
21 So we've seen more than 1,700 unique patients. As a 'boots on the
22 ground' kind of person, since we've been seeing them since January of
23 2003, I've seen almost all of them for at least one of their visits. Eighty
24 percent of the patients that we see in New Jersey are offered some kind
25 of treatment. That's a little bit higher -- of course, some of the
26 treatments that we offer are things like nasal saline irrigation and are
27 not expensive treatment, but we are pretty aggressive about preventive
28 health.
29 The next line is a typo that I fixed after I made my 25 copies. What I
30 wanted to say is that most of our patients are civil servants, if you will.
31 Most of them have health insurance, and that should say under-insured.
32 I thought I changed it -- it says 'uninsured' but it should say 'under-
33 insured' there, with -- especially with respect to mental health.
34 Nobody's got good coverage for mental health, and that's one of the
35 things that I'm grateful that our provider -- that our program actually
36 lets us refer to people that are actually good at mental health, not the
37 people that your prescription -- that your insurance plan allows you to
38 see.

1 Different than the other clinics, our three major counties that we see are
2 Middlesex, Monmouth and Staten Island, but we see all over New Jersey,
3 we see Pennsylvania -- we basically go along 287 for those people who
4 know the northeast. We see a lot of people in upstate New York who
5 know that you can zip down the highway 'cause if you drive through New
6 Jersey most people go at about 95 miles an hour on the highways in New
7 Jersey. So our cohort's a little bit more spread out than the other
8 people.

9 Similar numbers except for the fire numbers, but I'm going to also say
10 that we see the Port Authority Police, they're our biggest group, and I'm
11 hoping that when I go to the airport that they're going to get me through
12 the lines 'cause that's where I'm going after this, and they promised me I
13 don't really have to get there four hours before the Israel flight 'cause
14 they're going to get me to the front of the line.

15 The Port Authority Police lost 37 of their members out of a small
16 department of 1,800 people. That means virtually everyone that was in
17 the Port Authority Police knew somebody that died, and knew them
18 really well. The Port Authority Police are -- many of them were
19 physically there, 'cause many were stationed downtown, right around
20 here. If they weren't stationed there they were stationed at a lot of the
21 other airports. The only place that the Port Authority Police are
22 stationed that's not a terrorist target is Staten Island. And they will
23 make jokes about that, but every place else they go is a terrorist target.
24 We've seen a huge number of mental health issues that we take care of
25 in our Port Authority Police, as well as physical health issues.

26 We see a lot of New York City police officers who live in Staten Island,
27 New Jersey state troopers, the various county and municipal sheriffs,
28 and as I said, we looked -- we had an enormous group of people called
29 'other.' And for those of you who know New Jersey, we have lots of
30 hazardous waste workers in New Jersey, but we also have lots of OSHA
31 inspectors who live and work in New Jersey. We've seen a huge number
32 of OSHA inspectors in our population.

33 Similar numbers to everyone, high numbers of upper airway conditions,
34 lots of GI, lots of mental health, lots of lower airway. I had a student
35 present-- a student working for me this summer and, interesting, while
36 upper airway is the highest number, the highest number of prescriptions
37 filled is actually GI, and that's maybe a bit surprising that we do this.
38 And we actually have put in some funding to look at our medication use

1 and how it correlates with exposure and illness. And I guess we're still
2 working on it because it didn't get funded yet, but we're still working on
3 it. But we are -- this is old. This is before the CSC people came along.
4 But we've been tracking our prescribing patterns pretty carefully -- our
5 most used prescriptions and our most expensive prescriptions -- and you
6 can see the psych meds are all on the most expensive prescriptions.
7 That Seroquel and Abilify and Cymbalta, all that stuff costs a small
8 fortune. But I want to call everybody's attention to the fact that number
9 one, Nexium, is one of the highest -- is our highest prescription that we
10 write. I want you to notice that number 13 is Omeprazole. There's
11 really no evidence-based reason why the Nexium should work better
12 than the Omeprazole, but yet it does seem to work better in practice.
13 And I actually think that that probably correlates well with the mental
14 health components because when people see the advertising and they
15 see the purple pill, maybe they're more likely to get better. I'm not real
16 sure about that, but why the heck am I using so much more Nexium than
17 Omeprazole? I'm just giving you this as my hypothesis here.
18 But the other thing is you see that there are three proton -- four proton
19 pump inhibitors on that list, and gastro-esophageal reflux was not
20 originally a covered condition. And it became a covered condition and
21 it's huge. And in a couple of slides I'm going to tell you some reasons
22 why I think it might be different in many of our responders.
23 So highlighting what we've seen and done in New Jersey, and I've been
24 on many of the papers that Laura just presented, and we had another
25 one about symptoms and spirometry that didn't make the hot 19 that
26 was on there, but that Dr. Enright worked on with us as well.
27 But what I was really proud of was our sleep apnea paper. Dr.
28 Marroccoli and I were the two clinicians in our group, and we were very,
29 very conscious of who we were referring to Dr. Sunderram in the sleep
30 lab to see who we were referring. We were not merely referring people
31 with sleep apnea. We were referring people with sleep apnea who had
32 aerodigestive illnesses, and Dr. Sunderram was the one that noticed --
33 and all the rest of the people here are the ones that helped us analyze
34 the data. But basically we found that in our population the sleep apnea
35 did not correlate with their body mass index, and this was of course
36 contrary to popular belief, that being like a big fat slob is what made you
37 have sleep apnea. And indeed in our population we do feel strongly that
38 there are other inflammatory mechanisms. And we are also going to be

1 looking to, number one, expand this study; and number two, look at the
2 mental health issues and sleep apnea. We were in the process of
3 improving that study as well.
4 Going to GI, though, we had an abstract that our GI fellows were working
5 on, and this is about eosinophilic esophagitis, and this condition is not
6 well-understood and symptoms are possibly inflammatory, possibly
7 allergic, we're not 100 percent totally sure. But the people who get
8 referred for this thing are the people with intractable heartburn. And I
9 was discussing this last night with Dr. Harrison when we were preparing
10 our presentations, the gastroenterologists have to be looking for this
11 pattern with the rings when you do this. And maybe because we're a
12 medical school and we had the fellows on the teaching scopes, we saw a
13 lot of these, because the pathology diagnosis is based upon seeing the
14 eosinophils in the high-power fields. But the reason why I'm bringing
15 this up and we presented this abstract is we're still seeing this. This is
16 responding to steroids. This was our cohort.
17 The cohort of people that they reviewed -- and this was, again, a Fellows
18 presentation -- but what was interesting was that three of the 45
19 patients that were referred to these Fellows that they were involved
20 with the care of had eosinophilic esophagitis. Most of these people
21 were on inhaled steroids. And so I bring this up as an emerging illness
22 because I'm still seeing this thing. We're seeing -- we can't get our
23 patients off of PPIs. I'm suspecting in the field of gastroenterology that
24 you will be seeing other emerging illnesses. I think this is an emerging
25 illness. It's very -- it's hard to report because my understanding is you
26 actually have to be looking for this to find it. On the other hand, for
27 many of our GERD patients that are really hard to treat, many of them
28 might have it. Interestingly, a lot of our patients who have this are
29 police officers. Again, though, we're a small clinic. We have an awful lot
30 of police officers, so I'm not sure how to interpret that, but I wanted the
31 Committee to see that.
32 Now the other thing I want to say is a little bit about our cancer cases. I
33 have a medical student who, when we see a cancer case, he pulls out
34 everything that he can find with what did they do, where did they live,
35 what other exposures did they have, what's their job. And some of these
36 cases are on the road to being confirmed, some of them are already
37 confirmed. But I'm just giving you this as a small clinic -- raw numbers,
38 not something that's going to be published in a paper because of course

1 we're part of the consortium, but just something more to think about.
2 So we've seen four cases of multiple myeloma. Two were reported. I
3 was one of the co-authors with Dr. Moline on the multiple myeloma
4 study. The 68-year-old and one of the men in his 50s was included in
5 that study. They were in the table, not the 40-year-olds. But
6 interestingly, we've seen two other people in their 50s with multiple
7 myeloma since that study. And so I suspect that the other clinics might
8 be seeing multiple myeloma at some point and we may be able to report
9 on it.
10 We've seen five cases where I've seen the pathology of non-Hodgkin's
11 lymphoma. Four of them were in law enforcement, one of them spoke
12 very eloquently on CNN, and we have another case that I'm waiting for
13 the pathology to be confirmed. And you know, for all the talk about, you
14 know, when can you get a cancer study, so I've seen the patient, comes
15 into my office, tells me about his non-Hodgkin's lymphoma, so I first
16 have to find the pathology. Then I have to get the pathology over to the
17 nurse who works for Laura, and then that person has to then match it up
18 with all the things she has to match it up for. So it's, you know, not as
19 easy as when the patients are all contained in one place.
20 Two cases of CLL, one case of AML. The myelofibrosis case is kind of
21 interesting 'cause that patient had absolutely no other exposure other
22 than his exposure at World Trade. And of course it's only one case, but
23 having trained under [identifying information redacted], I look at that
24 diagnosis and I think you have to have benzene to have myelofibrosis.
25 So anyway --
26 DR. MIDDENDORF: Dr. Udasin, you're at 16 minutes.
27 DR. UDASIN: Oh, gee -- head and neck cancer, we are seeing a surprising
28 number of head and neck cancers -- and I'm nearly finished -- and some
29 of our other cancers we're reporting on. And that's basically what I have
30 to say here -- and 16 minutes, that's not too bad. So I thank you for your
31 indulgence and I hope you're going to continue to want to fund
32 surveillance and the other patient-related activities that we do.
33 DR. WARD: Thank you. (Electronic interference) presenter. Dr.
34 Harrison? We have to stop at 3:15 to allow for the public comments to
35 take place at the predicted time, and then we'll continue this session
36 afterwards.

**NEW YORK UNIVERSITY/BELLEVUE HOSPITAL
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1 DR. D. HARRISON: (Off microphone) of the clinical program at NYU
2 Medical Center at Bellevue. Just -- I will start by giving a quick overview
3 of what we're seeing in our patients, similar to what's been shown for
4 the other clinical centers. We are the smallest clinic in the group, and
5 we have a total cohort registered and monitoring of over 2,200. And of
6 these we refer about 30 percent of our patients to treatment. We have
7 right now 630 patients who are referred for treatment.
8 Most of our patients are English-speaking, the mean age is about 48, and
9 again, most are male. Just to go over the cohort -- you can see most of
10 our patients are white or Caucasian, 65 percent, with 9.6 percent black,
11 four percent Asian, and the rest 'other.' Most of our patients, 89
12 percent, are employed, six percent retired, four percent unemployed,
13 and one percent disabled. Of these, over 87 percent -- I mean around 87
14 percent are insured, with 13 percent uninsured. Most of our patients,
15 like most of the other centers, are -- where you see a lot of -- 46 percent
16 is law enforcement, 11 percent are in construction, and 15 percent
17 'other', and the rest break down into those groups that you could see.
18 Again, one of the most common referrals for treatment are for mental
19 health disorders, and this represents the range of mental health
20 disorders that we are seeing in our center. Like most centers we see a
21 high rate of PTSD, followed by social stressors, and also for the expected
22 depression, generalized anxiety and panic disorder.
23 Most of our patients are referred for lower airway symptoms, and
24 followed by upper airway, GI and also sarcoidosis -- a small number for
25 sarcoidosis and interstitial lung disease.
26 This is a breakdown of the types of cancers. Apparently -- these are
27 patients within our treatment program. The numbers are much higher if
28 we look at our total cohort, but not all the cancer patients are referred
29 for treatment. So again we are seeing a lot of lung cancer patients,
30 followed by thyroid, others which includes multiple myeloma, prostate
31 cancers and breast cancer.
32 So since mental health disorders are one of the most common reasons
33 for referral to treatment, we decided to look at -- to do a systematic
34 review of treating post-traumatic stress disorder in first responders.
35 This study was mainly done by Dr. Haugen and Dr. Evces, the two
36 psychologists in our clinical center. For the purpose of this review they
37 defined first responders as paid professionals and volunteers responding
38 to emergencies, usually have high levels of work demands, routine

1 exposures to both physical and psychological stressors, and unique
2 exposure recognized in revision to PTSD in upcoming DSM-V -- that is
3 experiencing repeated or extreme exposure to adverse details of the
4 event. For example, in 9/11 workers collecting body parts.
5 As expected, there was a lot of mental health disorders found within
6 these -- in the review papers of first responders. This includes
7 depression, somatic or psychosomatic complaints, chronic fatigue,
8 difficulty with alcohol, and post-traumatic stress disorder, which was the
9 focus of this review. Most of the studies that are done on PTSD in first
10 responders are really small-scale studies. There's no national
11 representative large-scale studies, and within the literature there's a
12 report of variable rates, range from seven to 19 percent in police officers
13 and four to six percent in volunteer disaster workers responding to a
14 disaster.
15 To estimate the prevalence of PTSD in first responders we looked for
16 comparison to the military population because we thought that
17 population might more closely represent our group. Specifically we
18 looked at the National Viet Nam Veterans Readjustment Survey which
19 was done in 1990, and looked at -- and it was a good survey because it
20 was nationally representative and was done years post-exposure. From
21 that paper the incidence-- the prevalence of PTSD was estimated -- full
22 PTSD was estimated to be around 15 percent, and partial PTSD at 11
23 percent.
24 To get a further estimate on the prevalence of PTSD we looked at -- from
25 the Bureau of Labor and Statistics in 2008 there was one thousand -- 1.5
26 million patients that were registered as first responders. So to get the
27 estimate of full or partial PTSD we multiplied that by the -- the estimates
28 from the veterans study. And then we concluded that about 390,000 of
29 first responders nationally -- that there are about 390,000 first
30 responders nationally with full or partial PTSD. Of course this could be --
31 the numbers could be higher because this does not include non-
32 traditional first responders like volunteers.
33 So we -- they conduct a literature review of status of treatment outcome
34 studies for PTSD in first responders, looking at studies that involve
35 psychosocial treatment, pharmacological treatment, and combined
36 psychosocial and pharmacological treatments. Inclusion criteria for the
37 study, the papers had to address psychological or pharmacological
38 intervention. Subjects were first responders. Subjects had primary

1 diagnosis of PTSD based on DSM -- or ICD-9 criteria. PTSD diagnosis or
2 symptom status was the chief study outcome. The psychosocial
3 treatment studies compared two active treatment groups or one active
4 treatment group to a non-specific control or wait list group.
5 Pharmacological treatment studies compared drug treatment to placebo
6 or active comparator.
7 So in total, a total of 845 articles were reviewed. Of these, 21 were
8 excluded because they were not in English, and 84 -- 824 patients were
9 considered for the study. 807 were excluded for various reasons
10 (telephone/electronic interference) treatment study, some were not first
11 responders, or the PTSD was not a primary outcome. So they were left
12 with 17 articles for the review. Of these, only two articles were
13 randomized control trials.
14 (NOTE: Electronic interference was present throughout this
15 presentation, with the sound of dial tones and telephones dialing.)
16 So one of the -- this first article was done by Difede et al in 2007 at
17 Cornell University, and involved a randomized control clinical treatment
18 trial for World Trade Center attack-related PTSD in disaster workers.
19 And they looked at -- they randomized the participants to two different
20 treatment groups, what they called cognitive behavioral therapy or
21 what's referred to as 'treatment as usual' therapy, which is essentially
22 referring the participants back to their occupational physician or to their
23 primary care physician to address the PTSD needs.
24 They also used two measurements to measure PTSD. One was the CAPS,
25 which is the gold standard and is clinician-administered. The other was
26 the PCL, which is a self-administered and is what we use in the
27 treatment program. And as you can see, there was -- when you compare
28 pre- and post-treatment data, the mean scores for pre- and post-
29 treatment, the drop in symptoms were higher for the CAPS compared to
30 the PCL. However, if you include -- there was a high dropout rate in the
31 patients that were treated with cognitive behavioral therapy, so if you
32 include them in the intend to treat samples, the drop was not that
33 significant.
34 Another randomized control study that was done looked at the use of
35 brief eclectic psychotherapy for police officers with post-traumatic stress
36 disorder. These were Dutch police officers, and they randomized -- 22
37 patients were randomized, either to brief eclectic psychotherapy or they
38 were -- this was compared to -- a wait list was used for a comparison

1 that included 20 patients. And what was interesting to note was that
2 after four sessions there was no significant difference between the two
3 groups. But post-test and follow-up studies showed that 96 percent of
4 the patients that were in the brief eclectic therapy had no PTSD and
5 those 35 percent on the wait list had no PTSD. And that was true also
6 for other PTSD symptoms.
7 What's interesting, too, at the bottom of the slide, is when you look at
8 resumption of police work, that 86 percent of the patients at the end of
9 therapy that were treated with -- that were treated with brief eclectic
10 psychotherapy, 86 percent returned to work as compared with 60
11 percent that were on the wait list.
12 In summary, around 400,000 first responders with PTSD symptoms, a
13 review of 845 articles, two randomized control of psychosocial
14 treatment, there was no randomized control trials of pharmacotherapy
15 or combined treatment. CBT and brief eclectic psychotherapy was
16 evaluated, effect size was large, and based on studies identified
17 treatment guidelines used our questionnaire. Barriers to treatment
18 research for first responders due to status which -- we know the people
19 on active duty are associated with lower levels of treatment, referral and
20 engagement. Stigma concerns, meaning negative evaluation by peers or
21 leadership. Changes in job status, meaning that they're afraid that they
22 might get reduced. Changes in job duties or reduced pay. And also it
23 seems that first responder organizations are unaffiliated with academic
24 institutions, unlike the Veterans Administration health systems.
25 So recommendations for future treatments in PTSD is to begin with
26 treatment with the strongest preliminary evidence for efficacy with first
27 responders as the CBT and BEP. Psychosocial and pharmacological
28 treatments identified in non-random control trials should be tested in
29 random control trials. And psychosocial and pharmacological treatments
30 represented in current treatment guidelines for PTSD need to be studied,
31 especially for those evaluated with active duty military personnel
32 subjects with many similarities to first responders. Also we need to
33 focus on non-law enforcement, as a majority of studies are focused on
34 law enforcement -- majority of current studies focus on law
35 enforcement. And we need to assess duty status as a potential
36 moderator during and post-treatment. Duty status has been known to
37 be associated with exposure to traumatic stressors, which may
38 complicate treatment, attenuate outcomes.

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So the next common symptoms that we're seeing in the treatment pro-- problems that we're seeing in the treatment program is respiratory disorders. And as you all know from the previous presentations that respiratory symptoms are common among World Trade Center responders. Cough, dyspnea, wheezing are common respiratory complaints, and there are essentially two groups: World Trade Center responders with symptoms and abnormal spirometry, and World Trade Center responders with symptoms and normal spirometry.

It was reported by Dr. Herbert from Mt. Sinai using the clinical center consortium in 2006 that over 9,000 World Trade Center responders, 72 percent have normal spirometry results despite respiratory symptoms. A study that was done at NYU evaluated 174 patients with respiratory symptoms and normal spirometry. This was done by Dr. Berger et al from the pulmonary department at NYU, and they looked at impedance oscillometry, which -- without going into details about, it's a way -- it's a simpler test to do -- some think it's a simpler test to do than pulmonary function test, and it's good for measuring distal airway disease. And they also looked at the use of oscillometry to look at resistance and reactions in these patients, which are measurements used to determine distal airway disease. They also looked at what's called frequency dependency of compliance, and frequency dependency of compliance simply is usually in normal people with no symptoms and normal pulmonary function, when you increase your respiratory rate there should be no change in the compliance. For people with distal airway disease, increase in respiratory rate may cause a decrease in lung -- distal air-- in compliance with distal airways. And this testing was repeated after bronchodilation.

DR. MIDDENDORF: Dr. Harrison, you're at 15 minutes.

DR. D. HARRISON: Okay. I'm almost done. So despite normal spirometry, mean resistance and reactions were elevated, resistance and reactions normalized after bronchodilators, and so they determined that there was a need to look at these alternative ways of measuring lung disease in patients with World Trade Center-related symptoms.

On the flip side, this was a study that was done by Dr. Udasin, who just spoke, on respiratory symptoms associated with lower spirometry results during the first examinations of World Trade Center responders. They looked at over 18,000 responders with dyspnea, wheezing and cough, and they found that the mean FEV-1 and FVCs were lower for

1 participants who reported persistent respiratory symptoms. Responders
2 reporting respiratory symptoms also had larger bronchodilator response.
3 The conclusion was that responders reporting chronic persistent cough,
4 wheezing or dyspnea at first medical examination were more likely to
5 have lower lung function and bronchodilator responsive compared to
6 those without symptoms.
7 Conclusions therefore that, similar to most people with occupational
8 environmental exposures, World Trade Center responders present
9 medical conditions which may have diverse etiologies. These include not
10 just respiratory and mental health conditions, but other disorders such
11 as GERD and sleep apnea. The New York population allows for the study
12 of multiple diagnostic and treatment modalities that can be applied to
13 responders in future disasters.
14 Thank you.
15 DR. WARD: I have seven minutes until public comment, so are there any
16 questions for Dr. Harrison?
17 (No response)
18 Well, I think -- it seems like we shouldn't start the next presentation, so
19 we should --
20 DR. MOLINE: Oh, feel free to interrupt. It's not a problem. I mean I can
21 truncate my talk. My talk's sort of split into two, so I'm happy to start so
22 you don't have to sit and waste some time while we're waiting for public
23 comment, and then I can just continue after. I don't mind. It's --
24 whatever you prefer.
25 DR. WARD: Okay, let's just take a very short stretch break and be ready
26 for public comments.
27 (Recess taken from 3:08 p.m. to 3:15 p.m.)
28 DR. MIDDENDORF: We do need to come back to the table so we can get
29 into the public comment period.
30 (Pause)
31 DR. WARD: Okay, third call for Committee members to come back to the
32 table and -- because we'd like to start our public comment period.
33 (Pause)
34 DR. MIDDENDORF: We need to move on. Okay, we're going to begin,
35 and a note to the record that each of the Committee members is here at
36 the table except for Dr. Trasande. And let me ask -- Dr. Talaska, are you
37 on the line?
38 (No response)

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And not hearing anything, apparently he's not on the line at this point.

PUBLIC COMMENTS

So we do need to get into our public comment period. Each of our public commenters has signed up earlier today on a first come, first served basis, and each of them will have up to five minutes to present. It's often surprising how quickly five minutes can go, particularly when you're talking about a subject that you're very passionate about. So what'll happen is at four minutes I will politely say -- let you know that you have one minute left, and we will also be using these cards so that when you start I'll hold up the five minutes, when it gets to one minute left I'll hold up the yellow card letting you know there's one minute. And when your time is up, I'll bring up the red card and I will have to rudely interrupt you. I apologize for that up front, but it is part of our requirements.

So I should also point out that you do have the option of submitting written comments to the docket for this Committee. The docket is number 248 and the information on submitting the comments is on the NIOSH docket web page and it's also in the Federal Register notice for the meeting.

And the other thing I want to point out is the -- we do have a redaction policy for public comments, and that was also published in the Federal Register notice and was at the table where you signed up.

So with that, I'll turn it over to Dr. Ward.

DR. WARD: **[identifying information redacted]**? And you can come to the microphone at the table where the speakers have...

(Off microphone discussion, not audible due to electronic interference.)

DR. WARD: Okay. Alec Sanchez?

MR. SANCHEZ: Good afternoon. My name is Alec Sanchez. I am a 9/11 responder, cleanup worker. I would like to start out my testimony by very much offering a moment of prayer for a renowned leader to the 9/11 community. Right this minute he's in the hospital, New York (Indiscernible) Hospital, he suffered a stroke -- **[identifying information redacted]**, President of Unsung Heroes, Helping Heroes, and one of our own.

(Pause)

I would like to recognize members of the STAC committee. Mr. Chego (ph) and I have had the honor to work with some of the familiar faces in

1 this Committee -- Steve Cassidy, Madame Mejia, Madame McVay
2 Hughes, Madame Flynn, Madame Fidel (ph), thank you for your
3 commitment to the 9/11 community and to your service to our country.
4 My name is Alec Sanchez, once again. I am a 9/11 cleanup worker. On
5 September 11th I had a very close encounter with terror. I was standing
6 a very short distance from this building, and I witness the gate to Hell
7 open. On September 12th I get a call -- phone call from my supervisor.
8 Prior to performing cleanup here at Ground Zero, I did janitorial work for
9 New York University. On September 12th I get a call and my supervisor,
10 Major Oliver, tells me 'Alec, get your team ready; we're performing
11 cleanup work at Ground Zero.'
12 I had two great news in 2001. I became a father for the first time. And
13 as a New Yorker, being able to be part of the recovery of my city, it was
14 like winning the lottery.
15 9/11 changed the world. And it's very much evident, just coming into
16 this building here today, how security has changed so much since 9/11.
17 On 9/11 we encountered contamination never seen at this level -- not in
18 Hiroshima, Nagasaki or Kuwait. Sadly a registry was never put in place.
19 New York City, unlike D.C., was despair of the action taken at the
20 Pentagon where FBI tasked EPA for rescue, recovery and cleanup to wear
21 the personal protective equipment. Here in New York City we
22 encountered a very casual sentiment to 9/11 contamination -- the air is
23 safe to breathe. Ten years later impunity for those elected officials
24 whose job is to serve and protect, more than a thousand have died since
25 9/11 -- 1,020, to be exact. There is no doubt in my mind that we will
26 surpass the number of 2,751 who lost their lives -- those innocent soul
27 who lost their lives on 9/11.
28 These last eight years [identifying information redacted] and I continue to
29 be on the front line on behalf of a community afflicted by the maladies
30 of 9/11 exposure. Through advocacy and political activism, [identifying
31 information redacted] and I have established a relationship with the
32 orphans, the widows, the mothers, the fathers -- like James Zadroga, Sr.,
33 a dear friend, who today is raising his 10-year-old granddaughter due to
34 9/11 exposure.
35 As a cleanup worker we were never trained or licensed to perform our
36 duties. Also we must note no training in emergency management.
37 Today we have noted numerous of findings. Nearly 70 percent of those
38 exposed to 9/11 contamination have respiratory ailments, gastric

1 disease, post-traumatic stress disorder also being recognized. Clinical
2 studies have shown pregnant women who were exposed had a very low
3 birth weight with their newborns. The Lancet study recently I know all
4 of you are very familiar with.
5 Being in the front line nearly a decade provides a whole lot of insight,
6 seeing those who were exposed to 9/11 contamination deteriorate right
7 before our very own eyes. Example: Jack McNamara; we were sitting in
8 Senator Lieberman's office, and two months after that --
9 DR. MIDDENDORF: One minute, Mr. Sanchez.
10 MR. SANCHEZ: Excuse me?
11 DR. MIDDENDORF: One minute left.
12 MR. SANCHEZ: Two months prior to that we were sitting in Senator
13 Lieberman's office and then two months after that I reached to
14 [identifying information redacted] and asked him, 'Who is that
15 gentleman?' He said 'That's Jack McNamara', who very much
16 deteriorated before our very own eyes.
17 Let me speed it up so I can conclude. We cover all the bases today.
18 What I haven't heard today is the economic aspect to all of this. Under
19 the Zadroga Act the crazy provisions in the Zadroga Act provided by a
20 political establishment, the Republicans, who have turned their backs on
21 9/11 responders since day one. Every society honors and reveres those
22 who go to the front line. We have been --
23 DR. MIDDENDORF: Mr. Sanchez, hold on just a second. Your five
24 minutes is up, but before you leave, since we have nobody else on our
25 list that is going to make any public comments, let me throw it to the
26 Committee -- would you like to hear another five minutes from Mr.
27 Sanchez?
28 MR. SANCHEZ: Thank you so much.
29 DR. MIDDENDORF: It's unanimous.
30 MR. SANCHEZ: We have had a Republican establishment that have
31 turned their backs on 9/11 responders, as I mentioned. Every society
32 honors and reveres those men and women who go to the front line. One
33 of the crazy provisions implemented by the Republican Party to the
34 Zadroga Act is \$2.8 billion being spread throughout five years -- \$800
35 million is the first five years, the remaining \$2 billion on the sixth year.
36 If we recognize these cancers -- there's not enough money in place as it
37 is, but if we recognize these cancers, then -- and we will recognize these
38 cancers, by the way, because we will continue -- our resolve continues to

1 be the same. We will fight to the very end for those who helped lift a
2 city, an economy and a nation.
3 And one of the most proudest thing I ever done in my life is serve at
4 Ground Zero and watching these men and women very much vanish right
5 before my very own eyes, and the children -- I mean I am a single father
6 of an amazing 10-year-old. I wish I can say -- he is our youngest
7 advocate. Jack started advocating along my side since he's five. But I
8 witnessed numerous of diaper change on the bus on the way to D.C. and
9 back. We must continue to strive forward. We are a better country than
10 this.
11 J. Edgar Hoover provided food for millions of Russians. Ronald Reagan
12 gave amnesty to undocumented and put an end to the Cold War. John F.
13 Kennedy put a man in the moon. We are better than this. We need to
14 take care of our own.
15 John Feal, President of the Feal Good Foundation, an officer and a
16 gentleman also, tells me there's a code in the military, you never leave
17 yours behind. We have spent so much money in Afghanistan and Iraq,
18 \$360 billion to be exact, we couldn't come up with \$10.7 billion to help
19 those who helped lift our city and our nation. This is not the country I
20 want my 10-year-old to grow in.
21 We shall never forget, and may God bless the United States of America.
22 Thank you.
23 DR. WARD: ... the video that was submitted earlier, or do we have
24 another public...
25 (Discussion with off-microphone speaker)
26 DR. WARD: Oh, right. Well, I thought the video was part of the public
27 comment period. That's my confusion.
28 (Discussion with off-microphone speaker)
29 DR. WARD: Okay, so we'll go to Dr. Moline then. Dr. Moline?

LONG ISLAND JEWISH MEDICAL CENTER
CLINICAL CENTER OF EXCELLENCE

30
31 DR. MOLINE: Standing between you and Executive Session, I will make
32 my comments as 15-minute-worthy as possible, I hope. It's a pleasure to
33 be before all of you, to be in front of many of my former teachers, some
34 of my former trainees, some colleagues, and many people whose names
35 and papers I've read for many, many years. It's a pleasure to be here
36 presenting.

1 I'm going to be talking about some aspects of the Queens World Trade
2 Center Clinical Center of Excellence, which was started by Dr. Markowitz;
3 and the Center for Biology of Natural Systems at Queens College, and as
4 of July 2011 became a partnership with Long Island Jewish Medical
5 Center and is now the Queens World Trade Center Clinical Center of
6 Excellence at Long Island Jewish Medical Center Queens College. And if I
7 could have my slides, please?
8 The advantage of going last is that I don't have to give you a lot of
9 background or give you much more, and I'll just give you some numbers
10 on the cohorts and means, and then I'd like to talk to you about a
11 research project that's been funded while we're getting the slides up.
12 And so there have been about 3,200 folks registered in Queens. Of that,
13 there are 2,885 in the total cohort and about 1,700 who are actively
14 involved in monitoring. If you can see our -- a map of where most of our
15 responders live. Of note, Queens is the borough with the largest number
16 of World Trade Center responders so it's critical that there be a clinical
17 center within the borough of Queens.
18 And as of the end of September we had 443 unique patients in active
19 treatment. These are people who have been seen within the past 12
20 months, with about 350 in physical health and 200 in mental health, and
21 many of those obviously are in both, which brings us up to our number.
22 Total number of exams is nearly 6,000 that have been done since the
23 inception of the Queens Clinic in 2002. There have been 2,700
24 treatment visits, and almost 5,000 mental health visits. And social work
25 benefits have been -- benefits, evaluations and advice have been given
26 to over 900 individuals.
27 Like many of the others, our patient distribution is mixed. Law
28 enforcement makes up the bulk of patients that are seen in our clinical
29 center. We also have construction, transportation, many unemployed,
30 retired, and in a variety of different trades.
31 As Dr. Crowley mentioned earlier, we worried about multiple myeloma
32 and my -- to talk a little bit about cancers, and the reason that this was --
33 we felt it was important to publish this paper was not that the rate was
34 so much higher in the aggregate -- because the expected rate, given the
35 population size, was 6.8; we saw eight that we counted at the time that
36 we were collecting the data -- but that there were four people that were
37 under the age of 45. And for those of us who have been involved looking
38 at sentinel health events in our occupational medicine careers, things

1 strike out. And sometimes very small numbers are what makes the case,
2 whether it's three cases of hemangiosarcoma in one plant leading to the
3 connection between vinyl chloride and that rare cancer, but it was very
4 striking. Multiple myeloma is not a disease of the young. It's a disease -
5 - it's actually the second most common hematologic malignancy, but it's
6 when you're 70, not when you're 40. And we had four folks under the
7 age of 45, and it just seemed unusual so we wanted to alert folks of this.
8 All of them happened to be in law enforcement, which I think is just a
9 chance finding of our cohort, and this was based on -- by way of history,
10 I was involved with the Mt. Sinai Medical Center and was the director
11 there until April 2010, so this was during my tenure at Mt. Sinai, and this
12 was based on the clinical consortium.
13 But there were possible etiologies that we had (telephonic/electronic
14 interference) multiple myeloma, whether it's with benzene exposure --
15 although usually it's a longer latency than the other hematologic
16 malignancies that are associated with benzene, whether it's solvents or
17 many of the other toxicants that were seen, or whether it's a cofactor of
18 the mixed exposure that people were exposed to.
19 In the manuscript, or in the paper, we also described additionally cases
20 where there were one and (telephonic/electronic interference) in the
21 surveillance project that's being done by the data center at Mt. Sinai and
22 has been reported on by other groups as well, whether it's multiple
23 myeloma or other cancers.
24 I wanted to talk about a project that's been funded as part of one of the
25 research projects with Alfredo Morabia and Steve Markowitz at Queens
26 College, and this is the World Trade Center heart project which is looking
27 at cardiovascular health impact, prediction of incident cardiovascular
28 events among World Trade Center responders. And it's a cohort study
29 looking at the Framingham health -- the risk factors, which are smoking,
30 cholesterol, blood pressure, diabetes; and treatment, looking at the
31 impact of exposure at Ground Zero and also depression. It's following up
32 on much of the work that's being done looking at co-morbidities,
33 whether it's at Stony Brook or at other centers, to see if there is
34 something unique about the World Trade Center exposure, not just
35 purely from an exposure basis.
36 So what is the evidence and significance? We know air pollution is a risk
37 factor for cardiovascular morbidity and mortality. We know that PTSD is
38 an important risk factor for cardiovascular morbidity and mortality. And

1 so the question is do they modify morbidity and mortality above and
2 beyond the established risk factors for coronary artery disease or
3 coronary heart disease, which is the most prevalent killer in the United
4 States. There are -- the first objective is to see whether this cohort can
5 use the Framingham health -- the Framingham score to accurately
6 predict the cardiovascular risk for primary and subsequent cardiac
7 events. If any of you are interested in what your heart risk score is, just
8 Google Framingham health risk, plug in your various factors that it will
9 ask you for, there are a variety of on-line tools, and it will give you a
10 percentage and a percentage score. And actually in preventive
11 cardiology this score is used to determine whether you should begin
12 medications or at what levels, and also to give you some semblance of
13 maybe what you should focus on in terms of modifiable risk factors.
14 Leading to objective two, which is there a need for a special score for
15 World Trade Center score for cardiac health; is there something that's a
16 cofactor between the exposures, as well as the standard cardiac risk
17 factors; and are World Trade Center responders at higher risk of
18 cardiovascular disease than other New York residents who weren't
19 exposed to the air pollution and the mental stress. So is there
20 something unique about these folks that we might be able to add to?
21 We plan to recruit about 6,000 people, very ambitiously, who will be
22 undergoing their monitoring and exams both at Mt. Sinai and at the
23 Queens program. We will be assessing the risk factors, looking at the
24 PCL score for PTSD which has already been collected, and also looking at
25 the dust exposure which has already been corrected -- collected, and it
26 will be integrated into the usual clinical assessment so it will not require
27 an additional visit. There will be a two-year follow-up. Power analysis
28 has been done which, given the prevalence of heart disease and in an
29 aging cohort, there is sufficient power to determine if there is an effect
30 in terms of the primary or secondary events. And there will be annual
31 contact to see if people have been hospitalized to determine -- and
32 these are heart end points in terms of cardiovascular diseases, also
33 looking at SPARCS data for ER visits and medical records. The
34 investigator team includes Dr. Morabia and Dr. Markowitz, as well as
35 colleagues from Mt. Sinai and the Mailman School of Public Health at
36 Columbia.
37 One of the things I wanted to talk about was -- and it's something that
38 came up when Dr. Udasin was speaking, the eosinophilic esophagitis

1 made me think -- you know, one of the true values of the World Trade
2 Center and the research into it, and something I think we need to think
3 about, is that we can learn a lot about some diseases that are idiopathic,
4 or we thought -- or we classified as idiopathic, as a result of looking at
5 the World Trade Center cohort, and maybe these diseases are not truly
6 idiopathic. The more we're learning about sarcoidosis, for example, is
7 that it's a dust-mediated disease now. And there are studies from all
8 three of the major cohorts or the three groups, whether it's the fire
9 department, whether it's the clinical consortium or the health registry,
10 that have all shown elevated rates of sarcoidosis. I think research on the
11 etiology to find out what it was would be very informative, and this is
12 talking about looking at some of the mechanistic causes for sarcoidosis
13 that could inform us to see are there other things besides beryllium
14 which causes a sarcoidosis-like disease. Maybe there were other metals
15 there. Beryllium doesn't seem to have been that big a factor, but maybe
16 it's aluminum. Should we be looking -- and we know aluminum was
17 there. Could it be other metals that are there? And think about using
18 the information that we've gathered to fund research that will look into
19 the etiology of sarcoidosis that would have far-reaching implications
20 above and beyond just the World Trade Center responders.
21 Certainly it's important to think about continued cancer surveillance, and
22 urging that all cases be considered as the studies and the surveillance is
23 being done that we not exclude folks who are coming in to the
24 monitoring examinations who come with a diagnosis of treatment of
25 having a cancer. These are not standard epidemiologic studies where
26 you exclude people who have pre-existing disease when they come in. In
27 a standard epi study you would exclude them because that's -- you want
28 people free of disease at the time they come in if you're doing a
29 rigorously-conducted study. This was not how any of these programs
30 were developed. They were developed as clinical screening, evaluations,
31 and to not count folks who come in with diseases would be a travesty to
32 what was meant, the spirit by which people came into these programs,
33 and I think it's important that we think about that in looking at all the
34 studies as we go forward.
35 And Mr. Sanchez also raised something -- we had actually put in a
36 proposal, that was not funded in the latest round, looking at the socio
37 and economic impact of the World Trade Center among responders.
38 That's something that needs to be done beyond what has just happened

1 to folks clinically. We've published many, many papers on the health
2 effects, haven't (telephonic/electronic interference) looked
3 comprehensively at all the responders to see what the true impact of the
4 World Trade Center has been in terms of economic loss, in terms of
5 disability, in terms of changing careers. And this goes above and beyond
6 those who have clinical disorders. But that's something that really
7 should be funded, and I don't mean to sound self-serving because that's
8 our proposal, to put it in there, but it's the type of information that is
9 really critical for folks to get a full understanding of what impacts
10 (telephonic/electronic interference) of disasters could be. And again,
11 this does have implications beyond just the World Trade Center. But
12 what happens when people respond, and what can be the long-term
13 sequelae in terms of the overall impact on health, and that's something
14 that should be addressed.
15 So I think I -- in conclusion -- I'm the only person who didn't get the Mr.
16 Middendorf, you've had 15 minutes, so I'm happy to conclude and take
17 any questions. Yes?
18 MS. HUGHES: On the second slide it said 25 had deceased. I was just
19 curious, was there any trend among the people, the 25 who had
20 deceased, in your group you were looking at?
21 DR. MOLINE: We don't have the full information on what they may have
22 died of, and they may have called in. But we can certainly look into the
23 cause of death, and I think that's something that's also important. New
24 York State was collecting death information on all folks. Certainly these
25 should be collected -- the causes of death.
26 MS. SIDEL: I just had a quick question. I was wondering when you were
27 talking about seeing disease in somebody that's 45 and it's a disease that
28 you usually see in somebody that's 70. Are you finding that with other
29 diseases, that people are like sort of almost prematurely aging?
30 DR. MOLINE: Aside from the investigators prematurely aging?
31 MS. SIDEL: No, I mean --
32 DR. MOLINE: That's a joke. That was a --
33 MS. SIDEL: -- that's exactly -- right.
34 DR. MOLINE: -- I'm sorry. For many of us who have been doing this for
35 ten years --
36 MS. SIDEL: I'm using that as a -- I'm using that as a lay person, but what
37 I'm trying to say is that they're getting diseases that usually old people
38 get.

1 DR. MOLINE: It's actually -- it's a really critical question, and that's one
2 of the things that I think we have to be alert for, and there have been
3 some concerns about things like follicular lymphoma, which is again a
4 cancer that may not be so increased in number, but yet is something that
5 we see later in life.
6 You know, the cohort is actually -- as time goes on with the monitoring
7 program, people are getting younger, if that makes any sense. When we
8 started it, the average age was 43. Now over time, the average age has
9 gone down to 38. So people coming in actually -- the young-- the people
10 who were there coming in over time, so it'll be important to see whether
11 there are those trends in terms of diseases and rates. Apart from the
12 lymphoma and the myeloma, I'm not aware of any, but it's certainly
13 something that is critical to find.

14 MS. FLYNN: So thank you, Dr. Moline, and thank you for the multiple
15 myeloma study which we read with great interest when it first came out,
16 very important work. And as a lay person I would say yes, we do -- we
17 detect the signal in that study, and you have mentioned two ways to
18 proceed that sound like they should be on a list of how this Committee
19 could approach the issue of emerging illnesses, especially cancers, in a
20 forward-leading fashion so that we are able to sooner than later address
21 the emerging need in the population of sick responders and survivors.
22 And the two things that I caught were, one, to not just look at the issue
23 of greater than expected frequency of disease, but to look at all kinds of
24 other unusual, unexpected patterns. And the other thing you said was
25 that people should not be excluded who enter the health program with a
26 pre-existing diagnosis.

27 Are there any other ways that you can propose where we might lean
28 forward and hope to capture an emerging need sooner than later?

29 DR. MOLINE: I mean it sounds so simplistic, but to approach everything
30 with an open mind. I think if you had asked all of us eight or nine years
31 ago if we would be expecting to see folks coming in with persistent
32 health problems, we would have said no, it's going to go away fairly
33 soon, or we're going to have it in ten percent of folks, not -- certainly not
34 in 30 or -- 30 percent of individuals who remain affected, or to see drops
35 in pulmonary function that never come back in otherwise healthy folks,
36 as they saw in the fire department. I think that, you know, having the
37 open mind and just being willing to accept that there are issues that we
38 need to look at seriously.

1 One of the things that befuddles all of us, which is how to work with
2 existing regulations and rules and data sequestration -- and there are
3 very strong rules that protect individuals' privacy and we can't
4 circumvent that by any means -- but to be able to utilize whatever
5 resources we have, whether it's the registry that has been done by the
6 police department, for example, and folks that may not have come in
7 with cancer to any of the programs because, quite frankly, they're going
8 to so many doctors they don't want to go for another examination.
9 They're not counted, so they don't exist in any of the studies. And we
10 have to figure out a way of looking at all folks that have been -- that
11 have disease that is verifiable, and include them in a comprehensive
12 review of who was there -- who we know was there -- and say 'What are
13 we seeing across all?' I mean it's easier said than done, because the
14 datasets are distinct, and they have to be distinct for a variety of
15 reasons. But for some of these issues I think that it's important to go to
16 different data sources -- again, verifiable, scientifically credible, whether
17 it's working with the health -- the cancer registries in the region or
18 whatever it might be -- but not to miss out on folks who haven't come
19 into the programs because they've had many other reasons why they
20 wouldn't want to come into a program for yet another examination.
21 DR. R. HARRISON: It strikes me that, in listening to the presentation that
22 you made, as well as others, that there's been a tremendous amount of
23 research that's -- has shed and potentially will shed even more light on
24 disease patterns and mechanisms, potentially, of the disease in this
25 cohort and that that's tremendous benefit. I mean and the publications
26 are really, really impressive, and I think we really have learned from the
27 research many things that will be valuable in the application to other
28 occupational cohorts and environmental disasters in the future.
29 But there's a question that struck me that might be worthy of further
30 attention and I wondered if I could get your reaction to it, and that is the
31 question -- really the bigger question of has the program made a
32 difference? Has the application of probably what is the largest medical
33 monitoring and treatment program that I've been aware of certainly in
34 my career made a difference in health outcomes, whether that be -- has
35 it improved the management of occupational and environmental lung
36 disease, has it improved compliance with medications, has it improved
37 patient satisfaction with care, has it improved access to care? In
38 learning about the resources that we spent over the last ten years, it

1 strikes me there could be a number of interesting findings or lessons to
2 be taken away that I bet -- my hypothesis would be that on a number of
3 fronts the answer would be yes. But not to know that or not to take
4 away from this historical experience some additional lessons about --
5 you know, it just strikes me that, you know, when I hear the firefighter
6 data that these firefighters have been coming in, you know, every year
7 for eight years, that we see a number in the consortium people who
8 have been coming in religiously every year, that's pretty extraordinary
9 and I think has some lessons in terms of care in the American medical
10 system that's different in this experience than in your general primary
11 care setting. These folks have gotten a chance to talk to occupational
12 and environmental health experts. So is there -- are there some
13 questions that could be answered about that?

14 DR. MOLINE: I think they're great questions. I think it's something we
15 could certainly add or amend to the application that we put in that
16 wasn't funded that was looking at the overall impact, because they do go
17 in line with how they have -- what the overall impact has been in terms
18 of access, anecdotally. And from working at the Sinai cohort, and now in
19 Queens, the access issue is -- for many folks this is their only source of
20 medical care. It is certainly their only source of medical care for folks
21 who understand occupational and environmental exposures. Countless
22 folks were placed on antibiotics in 2011. There was probably a shortage
23 of antibiotics in the fall of 2011 in New York City from the number of
24 people who were placed on antibiotics for a cough, who didn't have an
25 infection but they had reactive airways or the beginnings of the World
26 Trade Center lung issues that we still see.

27 So access? Absolutely. Have we learned -- we've also learned that the
28 treatment -- and if you were to apply the NHLBI asthma guidelines in
29 terms of what's considered good treatment, we'd all be considered
30 horrible clinicians because none of our patients are behaving, in those
31 who have World Trade Center-related asthma, in a way that we would
32 like in terms of being able to have them under good control, meaning
33 needing a rescue inhaler less than once or twice a week. They require it
34 far more often so it's a somewhat different disease. So have we learned
35 something from that in terms of patient outcome and utilization? Yes.
36 Could we look at the fill rates and see if that's made a difference in a
37 program that has covered the costs? I mean certainly we can do that,
38 and it's an important question to say 'If you give people access to these

1 medications and they do in fact take them' -- first of all, are they in fact
2 taking them? Are they using them correctly? One of the elements of all
3 of our treatment programs across the consortium has been the nursing
4 education component and the sheer amount of time that people can
5 spend with a patient, which is different from a primary care practice and
6 the demands. So that has also been of value, and does that mediate the
7 effect? I mean those are all important questions to ask, to look at how
8 has this program made a difference. Certainly in terms of access, there's
9 no question.

10 You know, we've had philanthropic donations that allowed people to
11 even get to the clinic because they didn't have the economic resources
12 for a subway trip, and have been able to provide subway tokens or --
13 they don't have tokens anymore; I'm dating myself -- but Metro cards for
14 folks because they couldn't otherwise get to their treatment. And
15 removing that barrier, and particularly for folks with mental health
16 issues who need frequent visits, that has often been the difference
17 between them go-- becoming compliant and not compliant. And I think
18 those are critical issues to look at.

19 DR. R. HARRISON: I think that there ought to be some way to capture
20 that, what you just said, either in qualitative or quantitative terms. I
21 think that's really, really important because as we look back on this,
22 funding a lot -- will bring a lot of money, a lot of resources into this, and
23 I think there is a question -- you know, what -- is this a good thing to do,
24 from a policy, from a care integration point of view. Are we picking up
25 more people with hypertension and diabetes because of this? Are
26 people losing more weight because they're coming in every year?

27 DR. MOLINE: Losing more weight? No. Are we picking up more
28 diabetes? Yes.

29 DR. R. HARRISON: Yes, I mean I'm just -- yeah, I'm being facetious.

30 DR. MOLINE: But you know, one of the aspects is -- you know, are we
31 turning this -- the programs are prohibited from doing any of the primary
32 care treatment. What we can do is primary care health problem
33 awareness, and increase people's awareness of -- and certainly we are
34 identifying the newly hypertensives, the out-of-control hypertensives,
35 the diabetics, folks with a litany of other medical conditions and trying
36 to urge them to get the medical care and, as being in part of a program,
37 show that the rates may be different is a question. I don't think we've
38 been doing very well with the weight, though.

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DR. WARD: Would you like to come back up to the table since we're having a more general discussion, and then I think the next tents were John and Julia.

DR. DEMENT: Thank you. My question has to do with sort of the process and -- of how you would take some of the leads. The sarcoid is an interesting observation. Sort of the current structure I think is something that needs to be looked at in a lot more detail. How would that occur in sort of the current framework for how the centers work with the care centers? I see it's not one of the research projects -- one of the eight funded research projects, so you know, your comment on how that would go about.

DR. MOLINE: The sarcoid question, you know, we've always -- it's been striking, and you know from Dr. Prezant's paper it appear-- the sarcoid was a different type of sarcoid than he described earlier among firefighters even in terms of the symptoms. How we would have to do that would be, with the way things are set up, is we'd have to apply and hope we'd get funding. Or we'd have to find a donor to help fund some of this research, and do it the way that you'd do in a standard way -- which is in many ways a shame that we're not able to easily leverage data that has been collected and say 'We have 75 percent of it, but we can't do the research without that last 25 percent.' And to say you can -- or we should be looking at issues, whether it's something about sarcoidosis and trying to identify other etiologies for it, or the factors that may have caused it. I think that the structure as it's set up now is challenging because there's this very clear partitioning between what a clinical center can do and what we would like to do. And many times there's not the financial resources, the staffing, to do anything except provide clinical care.

DR. QUINT: Hi, I have I think what is a simple question. I may have missed this, but is there a gender breakdown in the people who are a part of the folks who are being monitored? I don't know if I remember --

DR. MOLINE: It's 86 percent male, 14 percent female. It's been steady since 2002.

DR. QUINT: Okay. And have you seen any differences between the -- based on gender? I mean different problems or manifestation of problems in women versus men?

DR. MOLINE: No, we haven't -- I don't think anyone's looked at it specifically, but you know, anec-- when we think about who we've seen,

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it hasn't -- there hasn't been anything that's popped out in terms of gender differences. It would be important to see the groups maybe differently.

DR. QUINT: Right. And the other question I had, I don't know how many of the people are -- have continued to work. I guess I'm interested in terms of the persistence of symptoms over these many years, whether or not there are other co-exposures, either community exposures where people live -- 'cause there could be high pollution which could exacerbate, you know, the in-- you know, the initial WTC impact. Or whether or not, you know, at work there are other exposures that could cause the, you know, symptoms to persist. You mentioned SES and I just think that that's a fascinating thing to look at, you know, not overall in terms of the questions that you raised about the impact of SES. But also we know that, for a number of toxicant exposures, there's a SES pattern, so I'm just -- was curious as to whether or not there's been any look at the data to see if there's any correlation between, you know, where people live or where they work and either severity of symptoms or if that could explain in some way the persistence of symptoms.

DR. MOLINE: There hasn't been any work that's been done yet. I think it's something that's critical to look at. And as part of the ongoing monitoring and examinations there are questions about what people's exposures continue to be, to see not only what was your exposure, what were you doing on September 10th, what did you do during the time interval that you were working at the World Trade Center site, but what trade are you in and what job are you in -- and we do have addresses and there certainly should -- could be some geo-coding of where people live and diseases and see if there is, and maybe that will be one of your recommendations, which is to also look at whether we are seeing patterns of environmental injustice that are mitigating some of the health effects. Or is that also a co-factor as socioeconomic status has declined as a result of the World Trade Center exposures. Again, those are critical things to look at to really assess the impact. Because if somebody's environment has changed because they can't work at what they did before, their salary's gone down and they're moving to an area that may -- as we know, many of the less-advantaged neighborhoods tend to have higher rates of pollution -- or local pollution.

DR. ROM: Jacquie and Denise. So we've heard an awful lot today about cough and dyspnea and wheeze, and then we've heard from Mark Farfel

1 about a real increase in new onset asthma, and asthma aggravation also
2 seems to be a major disease outcome that we're seeing a lot of. And
3 then David Prezant presented a 12-year decline of FEV-1 in one year,
4 that he lost 375 mls in one year, and this -- that doesn't seem to be
5 recovered. So this all looks like the monitory events leading to COPD,
6 and what we may have is a gigantic cohort of invalids ten or 15, 20 years
7 from now of people who are short of breath and have the effects of all
8 this dust. And so should we be really focused on this disease pathway
9 now to try to identify what may be causes and how do we intervene and
10 should we start thinking about this, 'cause this may be a huge
11 respiratory disease problem. And what we've seen is cardiovascular
12 disease and stroke and diabetes and cancer, now COPD is an emerging
13 huge global problem, and we may have a big problem or disaster in our
14 back yard with emerging COPD, and I'd like your comments and thoughts
15 about that.

16 DR. MOLINE: Sure, and then I'll happily turn the mic over to Denise to
17 answer this, but one of the things we -- I was privileged to participate in
18 while I was at Mt. Sinai was working with Maryann McLaughlin on a law
19 enforcement cardiac study, and we hope to be -- we've had several
20 abstracts at national meetings and are working on the manuscripts now
21 of 2,500 law enforcement officers and doing fairly extensive coronary
22 artery risk factor and actual measurements. What we did find was there
23 was a fair amount of diastolic dysfunction or right heart dysfunction, and
24 so the question is is that pulmonary in that I think was the idea for the
25 project that she is now looking at. And there are other factors 'cause is
26 it the stress related to being in law enforcement that could be mitigating
27 some of these effects. So -- or is it something pulmonary, because we
28 know there are these pulmonary issues. I think it's a group that is in
29 many ways invaluable for looking at can we -- we've identified -- we
30 know they had a pulmonary insult. Some had symptoms that were
31 manifest, some might not initially have manifest symptoms. Should we
32 be doing interventional trials that are preventive, and I think that -- and
33 thinking outside the box again for looking at creative ways of maybe
34 intervening when there aren't symptoms -- that you know they've had
35 the exposure -- and seeing over time if that will decrease it. We
36 certainly have the power in the numbers of folks who had the exposures
37 and who are being monitored and you've had sequential pulmonary
38 function tests on many, many of these folks. So I mean I think it's a

1 critical issue. And again that's something that could inform medical
2 treatment above and beyond just World Trade Center responders. So in
3 terms of bang for the buck, to answer Dr. Harrison's point in part, is to
4 what have we learned and we've spent a lot of money, and we -- but if
5 we are able to further medical knowledge in general by looking at these
6 very specifically-exposed folks, then the money is very well spent, not
7 just in caring for these people who couldn't otherwise get care, but in
8 understanding or helping others who have these similar disease
9 processes that are occurring more and more.

10 DR. D. HARRISON: We certainly know that a lot of our patients continue
11 to have a lot of respiratory symptoms. What we don't know, however --
12 and we know that, despite the traditional treatment of some of these
13 symptoms, like cough, they're not responsive to the steroid inhalers or
14 to even systemic Prednisone, so there is need to look into what the
15 etiology of this disorder is. And we think that there's need for continued
16 study whether to look at whether it's a irritant-induced pathway as well
17 as early airway disease, and surely more studies need to be done in this
18 area as to what the etiology is.

19 DR. WARD: Okay. So we'll thank you very much for your presentations
20 and the discussion, and move on -- okay.

21 So the next thing on our agenda is we're going to view the DVD that was
22 submitted by District Council 37, and Lee Clarke will give us a brief
23 introduction on that.

24 MS. CLARKE: My name's Lee Clarke. I'm Director of Safety and Health
25 for District Council 37. DC 37 represents 125,000 New York City --
26 primarily based in New York City -- government employees. Our job
27 titles literally range from A through Z, we're fond to say -- we love saying
28 that. But they are, they're architects, engineers, housekeeping aides,
29 mortuary care technicians, clerical workers -- we represent them all.
30 We literally had thousands of our members -- our union building actually
31 is right there, and we were shut out for more than ten months. We had
32 thousands and thousands of our members respond and who were right
33 there when the Trade Center fell. The members of DC 37 pretty much
34 characterize our sisters and brothers in the private sector as well. So
35 when you're looking at this, you're looking also at the private sector
36 workers.

37 It's important I think for this Committee today to go back a few minutes
38 to the beginning of this morning where you started to -- you heard about

1 the population, their titles and what they do. And throughout the
2 course of this very long day people turned into cohorts and numbers and
3 letters and graphs and charts.

4 So with that, the minute -- the video isn't very long. It may freeze. Just
5 hit the 'play' button again. And thank you to the Committee for taking
6 the time to view this.

7 I don't know if you get the sound with it. I hope you get the sound with
8 it. That's what you need, is the sound.

9 (Pause)

10 DR. MIDDENDORF: For some reason it doesn't seem to be... I don't
11 know whether or not this DVD player will work or not. Yeah, it -- I'm
12 more worried about the equipment than I am the DVD itself.

13 (Pause)

14 Howard, who is with GSA, is going to take the DVD and play it from the
15 other room.

16 DR. WARD: Why don't we take a short break, about ten minutes?

17 (Recess taken from 4:11 p.m. to 4:19 p.m.)

18 DR. WARD: Committee members come back to the table. We'd like to
19 start the video.

20 I've just been informed we need to conclude our meeting by 5:00
21 because the building requires us to leave, so we don't have unlimited
22 time here.

23 (Pause)

24 (Whereupon, DVD was played.)

25 MS. CLARKE: The video was made in 2002, right before the upcoming
26 holidays, and everybody in that video, all those workers, were at Ground
27 Zero. Thank you.

28

29 **COMMITTEE BUSINESS**

30 DR. WARD: We're now at the last part of our agenda, which is set aside
31 for Committee business. What time is it? Okay, it's about 4:30.

32 And so I guess the question is what -- I'd like Paul's advice on what
33 would be the most immediate business that the Committee should cover
34 today and what we should defer until tomorrow.

35 DR. MIDDENDORF: I think you might begin discussing what issues are
36 before the Committee, and begin discussing how you might begin
37 approaching those issues. And to do that, you might want to go back to
38 Dr. Howard's presentation first thing this morning in which he laid out

1 what he believes are the issues before you.
2 DR. WARD: This is still a public session, so anyone who wants to is
3 welcome to come -- I mean to stay.
4 So I think there were several issues that Dr. Howard talked about this
5 morning. I guess we're going to discuss the Pennsylvania and the
6 Pentagon issues tomorrow, right? So that's a specific -- we'll be getting
7 an update, but we don't need to make a recommendation?
8 DR. MIDDENDORF: What Dr. Howard said is that there's nothing we can
9 report on at this point so he's not coming to the Committee to ask you to
10 address that. There is -- in your binder that you received there's an
11 update to let you know where we are in that process.
12 DR. WARD: So there's two issues that I recall discussing was the issue of
13 what research recommendations we would have for the next round of
14 funding, and also the consideration of the petition with regard to
15 including cancer, or some specified cancers, as specified diseases.
16 So in the half-hour remaining, perhaps we should tackle -- or begin
17 discussion on the cancer issue, only because I think what we heard today
18 was that there are two studies where the results are pending that -- but
19 not -- but not completed and not available for our consideration that
20 might, you know, really have great bearing on any recommendations we
21 would make about cancer. So the question there is how can we go about
22 making a judicious decision without the two pieces of evidence, 'cause I
23 do think -- you know, as an epidemiologist I wish we had more defined
24 cohorts, like the fire department cohort where we have our denominator
25 and our numerator. But lacking that, I think the information that's
26 coming from the study of the New York Health Registry and the Mt. Sinai
27 cohort is very substantial and important to discussions about whether
28 there is evidence, even preliminary evidence, for increased risk of
29 multiple myeloma, non-Hodgkin's lymphoma, and other cancers.
30 So does anyone have comments about how we should proceed on that?
31 DR. ALDRICH: Let me just first say that I feel that's cause for part of our
32 cancer study. So although I don't think that biases what I have to say, I
33 just want to make sure you know that. It seems to me it's unlikely that
34 there will be more information in the near term, even if we do wait for
35 results from Sinai and the others because there's going to be ongoing
36 concerns about surveillance bias and about the denominator issue. And I
37 don't think we're going to have better evidence than we already have --
38 and for several years to come. I don't think we should delay making a

1 recommendation.

2 DR. TRASANDE: I'm thinking about this a lot because it seems to me

3 perhaps the primal point the STAC ought to consider right away. I'm still

4 struggling somewhat for almost a menu of options the STAC could

5 recommend to the Administrator. I could see off-hand recommending

6 inclusion, not inclusion, or some middle ground, and I'm still at a loss -- I

7 mean I struggle with the notion, just to start with, of saying -- of

8 recommen-- I'm looking, like most of us on this Committee, for more

9 data and for more perspective. But at the same time I think we need to

10 be proactive and precautionary; yet at the same time I think we want to

11 wait for more evidence, at least from my perspective, before making a

12 semi-definitive judgment. And so I'm wondering what specifically would

13 be a middle -- if we were to simply say 'there's not evidence at this time'

14 I think that could have a potential chilling effect for the communities

15 that are looking for our perspective and our guidance. And I think that

16 that would be also something that I think that Mr. Howard would not

17 necessarily want us to leave him with that suggestion. So I guess I'm

18 looking for some guidance on what -- and maybe this is a bit of reflection

19 back, and I don't know if Paul wants to comment, or others want to

20 comment, about what might be some guidance to the STAC of what

21 would be helpful advice.

22 MR. CASSIDY: I tend to agree with you. It's complicated, but there are a

23 lot of different studies that are out there. The one point that I would

24 like to make about Dr. Prezant's study is that it's a seven-year study

25 through July of 2008. When 9/11 happened, I remember specifically the

26 stories being written six months, a year after, 'It's going to take ten

27 years for cancers to show up.' So this is a seven-year study. As the

28 president of the firefighters' union, I already know of several firefighters

29 who are sick and dying, are not in Dr. Prezant's study because they got

30 sick after 2008.

31 What I think, when I heard what Dr. Prezant said, when I heard what

32 others say, you know, Dr. Prezant's study is about -- it's just about

33 firefighters, but it's really -- I think it gets to the heart of the exposure.

34 And so it documents -- you know, he went into great detail about the

35 level of exposure -- firefighters who were there on day one, day two, day

36 three. And I think it -- you know, I think that highlights something. I

37 think we should discuss what that highlights.

38 But then I -- you know, I think that because if there's not a study of

1 police officers or construction workers who were working in the same
2 area that that doesn't mean that you can't say 'well, one is transferable
3 to the other'. I mean I think we have to have a discussion about what
4 does one study say about others, and does it say something about
5 people who were not working right there on the Pile but lived five blocks
6 away. I think what's been documented today is that you could have
7 severe exposure, you know, living ten blocks away if your building was
8 contaminated and they were blowing contaminated dust through your
9 building. How do we determine that?
10 So I don't think the level of exposure is necessarily -- although I think it
11 largely revolves around how close you were to the site, for what period
12 of time and when you were there. But I do think we need to talk about
13 levels of exposure in some way. And then I think Dr. Prezant's study is
14 really about levels of exposure. I know it's about firefighters, but I think
15 -- I think, I believe, it's about levels of exposure.
16 And then I think can this Committee then look at that, because it seems
17 to be the only documents that are -- the only study that's out there that
18 has pre- and post-9/11. I mean you can't lose 12 years' lung capacity in
19 the blink of an eye and think that it doesn't really mean anything. It
20 means something. Now what does it mean? I don't know we should be
21 discussing it. But I think Prezant's study is more than just about
22 firefighters. I think it's about levels of exposure, and I think we should
23 talk about whether or not we can come to some consensus about level of
24 exposure. And that's my thoughts right now.
25 MS. SIDEL: I think we need to craft a compassionate solution, that we
26 can't just leave people that are sick untreated while we get the correct
27 data. And you know, you're scientists and so you have a certain
28 methodology for doing this, but you know, I'm also aware that you have
29 certain criterias for risk assessment and that's something that, you
30 know, other studies like the National Academy of Science are looking at
31 how those things are done. And so I think that there are so many
32 different factors that to do anything definitive that isn't -- I think that we
33 should somehow craft a compassionate solution, and I think that Dr.
34 Prezant's study is really important. But I don't know -- I mean what else
35 -- you know, how much better can it get? I mean to have all
36 communities that are sick and to have that evidence? I mean it may take
37 a long time, because from what I heard today, I think that a lot of the
38 data has not been compiled because of funding in the past, so a lot of

1 the Centers of Excellence haven't had an opportunity to really compile
2 data the way -- the way it needs to be compiled. That could take a long
3 time, and I think that people shouldn't have to suffer because of a failure
4 to fund something.

5 DR. WARD: Now let me just make a comment. Now what I heard today,
6 specifically in relation to the two cancer incident studies, is that the data
7 are for the most part compiled and they're in the process of completing
8 the analyses, which would -- in my mind -- translate into a six to 12-
9 month time frame for us to have the results. But it -- you know, I don't
10 know if others interpreted the comments the same way. But I do want
11 to hear from everyone who has their tent card up. I think, Steve, you
12 might have been first.

13 DR. MARKOWITZ: That six to 12-month time frame is probably right, and
14 I think we have to, you know, express our opinion, even if it's
15 provisional, but before then.

16 I have a couple of miscellaneous thoughts. One is I'd like to -- not this
17 afternoon, but I'd like to seriously discuss the fire department study,
18 because it was positive in the sense of showing cancer effect. It was --
19 unusual set of results. It's what we have, and it was -- the quality was
20 very good, so I think we need to talk about that directly because that's
21 what we -- really what we have in terms of epidemiology.

22 Secondly, I think we have to talk at some point about what criteria we're
23 going to -- we're using to make judgments. And you know, the law says -
24 - and I'm puzzled about this -- 'substantially likely to be a significant
25 factor in aggravating, contributing or causing', so is that any different
26 from the way we normally think about causation? Because if it is
27 different, then we should be explicit about that.

28 And finally, I think we have to -- again, I don't expect to be able to do
29 this today or tomorrow, but -- take a very serious look at exposure and
30 about biological plausibility, because there's more there probably than
31 we have in terms of epidemiology. And if -- if -- it's relevant to the case.
32 I mean it's highly relevant to the case and I think, again, we have to look
33 at those things directly, as fully as we can, and see what we think about
34 them.

35 DR. QUINT: Yes, I guess as a toxicologist I don't usually rely -- wait
36 necessarily for epidemiological data, and I'm concerned about a couple
37 of things. I mean I know the fire department study is pending, and we
38 have a cancer study that needs to be discussed. But I think biological

1 plausibility is something that should be considered. It's what we go with
2 for many toxicants, such as the soup that people were exposed to at
3 9/11. And I think that -- you know, we have cumulative impacts of many
4 carcinogens here, and we have latency, you know, that -- it hasn't been
5 long enough to say that the cancers, some of the cancers, would have
6 developed from some of the chemical-- from some of the exposures. So
7 I think having set the criteria for how we're going to make decisions is
8 important, because I've heard a lot of emphasis placed on, you know,
9 epidemiological studies. And often it's -- you know, if you have those
10 studies, that's -- and they're well-conducted and we don't have
11 confounders -- confounding, that's great. But in the absence of those
12 data, then I think we have to look at what we know about these
13 particular exposures and, you know, bring to the table the biological
14 plausibility that cancer could develop, and we haven't seen cancers
15 because either we don't have the power to see them -- I don't know if
16 somebody's done a power calculation for some of these cancers, but you
17 know, we certainly haven't -- it hasn't been long enough for some of
18 them to have developed, it seems to me. So I think that that should be
19 part of the decision-- part of what we consider when we make a
20 recommendation, however we write it.

21 DR. ROM: I don't think we're there yet for cancer and that's very
22 troubling. My concern with the FDNY paper is several-fold. One is, no
23 particular cancer came out, and I would expect maybe lung or colon or
24 some cancer site to be increased, and that didn't come across. It wasn't
25 there. And we know that there were carcinogens in the mixture. There
26 was a lot of asbestos. There was some benzene and there were
27 polycyclic aromatic hydrocarbons, so we know that carcinogens were
28 there. They may not have been very high, but the exposures were very
29 intense to a lot of people. I don't want to say I'm against compassion,
30 we all have compassion, but we are a scientific/technical advisory
31 committee, and we're going to have critics out there of anything we say,
32 and we have to be on solid footing to -- before we say anything so that
33 the critics can be quelled. So a 1.2 -- or a 20 percent increase is not that
34 impressive, I wouldn't -- everything below two is a little bit bothersome.
35 I like to see threefold and fourfold. When you have eight multiple
36 myelomas and 6.8 are expected, you know, I want to see 16 or 20 and
37 then I feel a little bit more confident and I'll stick my foot out -- and my
38 neck out. So I think we need more data. And it's nice that there are

1 some studies coming down the pike, but I would push NIOSH heavily that
2 they are -- that the Administrator's in a pickle and we need more data.
3 And there are research BAAs coming down the pike and we should start
4 thinking about how these BAAs are going to generate data that's going to
5 answer some of these critical questions. We need studies that address
6 cancer and we need studies that address asthma, and we need some
7 more of this science. And if there's just four of these funded when
8 there's like eight or nine really good ideas and a bunch that are on
9 cancer or biomarkers or monitoring or modeling, those might move up in
10 the priority list.

11 MS. DABAS: I have to say that I think we should make some kind of
12 decision when it comes to cancers. For one, I think the fire department
13 has probably some of the best information that we're going to get
14 because they have information on the responders prior to 9/11 and after
15 9/11. Mt. Sinai's study is not going to have the pre-9/11 information on
16 their people that they are gathering on. I also know that Mt. Sinai has
17 not done an exhaustive search for responders with cancer. One of the
18 things that they are still doing, and I believe haven't even done to date,
19 is to reach out to the NYPD to get the list of responders to cross-check
20 that with the cancer registry. So I don't believe that their specific study
21 is going to come out within the first quarter of the next year, which
22 they've said that it would but have backed away from that timeline time
23 and time again. And if we're going to wait for Mt. Sinai to get to that -- I
24 also spoke to the WTC Registry, who also haven't contacted the NYPD to
25 identify any members that were there so that they can also cross-check
26 their study with the cancer registry. Mt. Sinai also had informed me on a
27 separate occasion that they will not include the 49 police officers that
28 have died of cancer to date, which -- because they would not be able to
29 make a proper assessment of where they were at the World Trade
30 Center and how long they were there for. I think that was going to
31 greatly skew their numbers. So to date I think the fire department study
32 might be our best study.

33 The multiple myeloma as well, Jacquie Moline did cite -- while she said
34 the number of occurrences was not high, the age of the occurrences
35 were. When you have people, six out of the 16 of the multiple myeloma
36 cases were of men under 45 in a disease that shows up at 70, that I think
37 is a number that we need to look at.

38 MS. MEJIA: Well, I don't even know where to start, but all I can say is

1 that I am not a statistician. I am not an epidemiologist. I am not a
2 toxicologist. But I do know -- what I do know is that we have a lot of
3 members and a lot of workers out there that have developed cancers
4 since 9/11. Now the question I have is should all cancers be covered,
5 and that's something that I think we need to, you know, discuss a little
6 bit further because cancer is cancer, and so we need to determine
7 whether we're going to cover one cancer versus another cancer, or are
8 we going to cover the entire world of cancers. And so I do have that
9 question out there.

10 MS. SIDEL: I already touched on what I was thinking, but one thing that
11 I'm concerned about is this whole thing with creating zones and what
12 day were you there, because you could go into your apartment and have
13 -- and get a great big pile of dust in your face, and you could have a
14 predisposition toward something, and it could have happened three
15 months after the fact. But those toxins don't get less toxic -- I don't
16 think, do they? I mean I think that they are what they are. And so no
17 matter when you get them, you know, when they get into your system
18 they're going to do the same thing. And every body -- and I mean body -
19 - is different, and I think that -- I understand as scientists you want to
20 find a commonality. I think it's really hard and it's unfair to a lot of -- I
21 think that there's no way to not exclude people that need to be included.

22 DR. WARD: At this point there are many complex questions, and I think -
23 - you know, what you said really kind of resonated with me because I
24 think -- you know, when you look at the firefighters study and you look
25 at the results, and there were excesses for specific cancers and there
26 was a somewhat -- there was also an excess for cancer overall, but it was
27 not large. And so you look at that and you say okay, if you wanted to be
28 compassionate and cover some cancers, which one of those cancers
29 would you feel that there was enough evidence, you know, to say was
30 associated with the exposure? And I think from those results it would be
31 very hard for most of us to say there's one. I mean I'm certainly
32 concerned about the multiple myeloma because we've heard about it in
33 more than one population. Some of the others, like thyroid and
34 prostate, you know, it's -- it would be hard to single them out because
35 again we know they are susceptible to early detection -- whether there's
36 detection bias or not, those are cancers that are just very susceptible to
37 being detected when people see a physician. So it's really -- even though
38 I think it is a strong study, there's not a single pat-- there's not a single

1 cancer or a pattern that's kind of screaming that it's causally related to
2 the exposure. And so I think that's the dilemma we face. Plus, of
3 course, the very complicated issues of what -- you know, the different
4 exposed populations and what constitutes high exposure and how do we
5 best characterize exposure in all these diverse circumstances.
6 So we do have to close at 5:00 and I think -- does -- we can certainly mull
7 these questions over tonight and come back in the morning refreshed,
8 and hopefully come to some completion. I doubt that we'll come to a
9 final conclusion, but hopefully we'll have some level of consensus on a
10 plan for how to proceed and what criteria we should use, and kind of
11 how to frame the discussion tomorrow so that we make the best use of
12 our time together.
13 So I guess it's about time? Yeah. Well, thank you -- oh, yes?
14 DR. TRASANDE: I'm just looking for the Chair and Paul's guidance here
15 with regard to whether -- with regard to what our agenda is for tom-- for
16 the half-day tomorrow. Is our intent to focus on the cancer question?
17 Are there other questions of import that we're -- I mean I'm just
18 cognizant that we want to use our time efficiently as well and respond --
19 I recognize we have three core missions that Administer Howard outlined
20 here, and I just -- I'm only asking that because I think we should try to
21 think about it rather than mull that and have it be uncertain until the
22 morning -- tomorrow morning.
23 DR. MIDDENDORF: What I would say is that you have a definite deadline
24 on the cancer petition, so that's something that you must begin
25 discussing tomorrow. You need to plan a way forward, how you're going
26 to address that, and then come up with a recommendation by March 2nd
27 that you can give to the program administrator.
28 I think the research issue is something that is on the table that maybe
29 you want to start thinking about just process, how you might as a
30 Committee begin addressing the issue as to how you might develop
31 recommendations for Dr. Howard as the program administrator. But I
32 would not get into any details at this point in time because of the
33 potential for conflicts of interest. That's something we're going to need
34 to deal with between now and when you start getting down to specifics.
35 DR. WARD: So I think it would make sense that when we reconvene that
36 we first discuss the cancer question, but that we agree in advance that
37 we'll have a certain amount of time set aside for the research question
38 because I think it is important, after all we heard today, to really identify

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some top areas that we'd like to see addressed in the research agenda, while all the discussion from today is fresh in our minds.

DR. MIDDENDORF: That's -- why don't we say 8:15, just to make sure the people can get through the door. Does that work for everybody, 8:15 in the morning? Great. Have a good evening.

DR. WARD: Thank you, everyone.

(Meeting adjourned at 4:59 p.m., to reconvene at 8:15 a.m., Thursday, November 10, 2011.)

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CERTIFICATE OF COURT REPORTER

STATE OF GEORGIA

COUNTY OF FULTON

I, Steven Ray Green, Certified Merit Court Reporter, do hereby certify that I reported the above and foregoing on the day of November 9, 2011; and it is a true and accurate transcript of the proceedings captioned herein.

I further certify that I am neither related to nor counsel to any of the parties herein, nor have any interest in the cause named herein.

WITNESS my hand and official seal this the 6th day of December, 2011.

STEVEN RAY GREEN, CCR, CVR-CM, PNSC

CERTIFIED MERIT COURT REPORTER

CERTIFICATE NUMBER: A-2102

**THE U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
PUBLIC HEALTH SERVICE
CENTERS FOR DISEASE CONTROL AND PREVENTION
NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH**

convenes

MEETING ONE

WORLD TRADE CENTER HEALTH PROGRAM
SCIENTIFIC/TECHNICAL ADVISORY COMMITTEE

VOL. II

DAY TWO

THURSDAY, NOVEMBER 10, 2011

Jacob K. Javits Federal Building
26 Federal Plaza New York, NY

The verbatim transcript of the
Meeting of the Scientific/Technical Advisory
Committee held at the Jacob K. Javits Federal
Building, New York, New York, on November 10, 2011.

This verbatim transcript of the WTC Health Program Scientific/Technical Advisory Committee, Committee Meeting held telephonically on March 28, 2012, has been reviewed for concerns under the Privacy Act (5 U.S.C. § 552a), and personally identifiable information has been redacted as necessary.

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ELIZABETH WARD, PhD, CHAIR	

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PROCEEDINGS

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(8:29 a.m.)

DR. MIDDENDORF: Good morning. Here we are for the second day of our meeting. The first thing we need to do are some of the administrative tasks again. I'd like for each of you to identify yourselves for the purposes of taking a roll call. So Dr. Ward, if you'd like to start.

DR. WARD: Elizabeth Ward.

DR. NORTH: Carol North.

MR. CASSIDY: Steve Cassidy.

MS. HUGHES: Catherine McVay Hughes.

DR. ROM: Bill Rom.

MS. SIDEL: Susan Sidel.

DR. QUINT: Julia Quint.

DR. WEAVER: Virginia Weaver.

MS. MEJIA: Guillermina Mejia.

DR. MARKOWITZ: Steven Markowitz.

MS. DABAS: Valerie Dabas.

MS. FLYNN: Kimberly Flynn.

DR. DEMENT: John Dement.

DR. WARD: So before we start the public comment period, I'd just like to give a very brief overview of how we think the agenda should be today. We'll have the public comment period and then we'll ask John and Emily to come to the table and give us an overview again of the options regarding how to respond to the petition regarding cancer, so everyone's clear in our mind what the options are for that. And also the Committee can ask any questions about -- that might have arisen yesterday regarding the criteria for a condition to be listed among the World Trade Center-related conditions, as well as any other procedural or legal questions that came to mind.

We'll then move on to reviewing some of the criteria that's used to determine carcinogenicity. Specifically we'll look through the Bradford-Hill criteria, which is in our notebook, and some of the material from IARC and NTP.

We'll then start a substantive discussion of the cancer question, and probably spend up to an hour and a half on that topic before we move on to discuss research.

1 analysis of cancer. One of the things that was very clear from the expert
2 meeting, and John Dement was part of that group, was that in terms of
3 cancer epidemiology each of these cohorts is actually a very small size.
4 We're usually looking at much larger numbers. And so detecting an
5 increase is very, very difficult.
6 And we also know that there are cases -- that there are reasons why we
7 believe that cases are missing, including the matching to cancer
8 registries which are two years behind, which are much better at
9 detecting solid tumors but not as good as recording cases of hematologic
10 cancers, which are the ones that we would expect -- and Jacquie Moline
11 mentioned that yesterday. So this issue of the power of the cohorts is
12 very important.
13 And while we look forward to those analyses, and they will be -- they will
14 add to the knowledge, there will still be limits. And I think you also need
15 to look at that when you look at the FDNY study.
16 What we do have is the FDNY study. Steve yesterday -- Steve Markowitz
17 -- had suggested really taking a careful look at that, and I think that
18 Steve Cassidy's comment about looking at it in a broad sense about what
19 it says about exposure, not just about one particular population, and
20 how that might apply is very important.
21 This issue of biologic plausibility, that really has not been explored at all,
22 and a careful look at at least the toxicants that we know about and that
23 there is some evidence -- historical evidence in terms of disease
24 causation, I think that this Committee needs to take a careful look at
25 that piece in the development of disease, as well as the issue of sentinel
26 and unusual cases.
27 Jacquie Moline mentioned the multiple myeloma cases that were in an
28 earlier age group that were kind of surprising. There were mention of
29 some other cases of cancer that are just particularly rare cancers and,
30 again, by themselves don't give you the answer. But put together into a
31 bigger piece, they do.
32 So as you move forward -- and there may be more. I mean I think that
33 this Committee will probably come up with more pieces of evidence that
34 could be brought into the record to make this case.
35 I think this Committee -- you have a limited time frame in terms of
36 meeting, but the Committee has other powers, I believe, in terms of
37 soliciting information that may be helpful. So if there's information
38 about exposures, about particular cases -- I'm not sure exactly the

1 procedures for that, but I think that that is possible, as well as
2 subcommittees, sort of continuing work, between the regular Committee
3 meetings.

4 So thank you. That's my comment.

5 DR. WARD: Our next commenter is Lee Clarke.

6 DR. MIDDENDORF: While Ms. Clarke is coming to the table, I'll just note
7 to the record that Dr. Trasande has joined the Committee.

8 MS. CLARKE: Micki Siegel de Hernandez expressed my thoughts and I
9 appreciate it. Thank you.

10

11 **COMMITTEE BUSINESS**

12 DR. WARD: Okay, so we're going to ask Emily to join us at the table and
13 first for Emily to give us an overview of the options that we have for
14 responding to the petition, or for making our recommendations to Dr.
15 Howard of how to respond to the petition.

16 MS. HOWELL: Hello. I was asked to speak with you all about questions
17 that had arisen yesterday regarding what your path forward at this time
18 may be regarding submitting a recommendation to the program
19 administrator on the petition request that you've received. I think under
20 tab 8 you have a copy of the letter that Dr. Howard submitted to the --
21 to Dr. Ward, the Chair. In that letter he asks for the STAC to review the
22 available information on cancer outcomes associated with exposures
23 resulting from the September 11th, 2001 terrorist attacks and provide
24 advice on whether to add cancer or a certain type of cancer to the list
25 specified in the Zadroga Act. He provides you with the two reports, the
26 first periodic review of cancer by NIOSH, as well as the FDNY contact
27 that has come out -- I'm sorry, the FDNY study that has come out, and
28 this letter was in response to a petition received from the Congressional
29 delegation of New York State.

30 A recommendation from the board would typically take the form of an
31 up or down yes or no vote. However, as a Committee you, in your
32 recommendation letter, Dr. Howard has specifically asked you to give
33 rationale and scientific basis for what you are recommending. So in this
34 instance it's foreseeable that you could choose to say 'We don't see a
35 basis for adding cancer at this time, given the two studies we have in
36 front of us and the other information, and we are aware of future
37 studies that will be coming out that we think will shed more light on
38 this.' It's also possible that you not vote today. You have until March

1 2nd, and you may feel that more information will be coming forward
2 between this time and that time. You could vote yes today, but you
3 would need to give a rationale that the program administrator can rely
4 upon in making his own determination. Because once he receives a
5 recommendation from you all, he then has the option of moving forward
6 with proposing a rule to add the condition or publishing a determination
7 that it's not warranted at this time.
8 I also wanted to clarify that of course what you're voting on is a specific
9 petition. So if for some reason, whether it's through -- regardless of how
10 the Committee votes, but if this condition were not added at this time
11 there's always the possibility, and we fully anticipate future petitions on
12 a range of conditions to come forward. So if this particular petition does
13 not result in an addition of perhaps all cancers, we could receive a
14 petition tomorrow on another specific type of cancer or broadly cancer,
15 or any number of other medical conditions and the Administrator would
16 then have at his discretion sending you all a request to consider that
17 petition.
18 So just to make it clear that this is not necessarily the only opportunity
19 that you will have to discuss the condition. It's just the -- this would be
20 your opportunity to discuss this specific petition. So I just wanted to
21 make that clear.
22 DR. MIDDENDORF: And could I ask a quick question or make a point? I
23 think it isn't just that Dr. Howard would need to have a petition. If
24 there's evidence that comes out he could, of his own volition, come to
25 the Committee --
26 MS. HOWELL: Yes --
27 DR. MIDDENDORF: -- and ask for it.
28 MS. HOWELL: -- that's also true. He can self-initiate consideration of an
29 addition. And if he does that, he could also choose to submit that to you
30 all.
31 One of the other things that came up during discussion yesterday was
32 some reference to the language in the statute about the 'substantially
33 likely to be a significant factor' and 'aggravating, causing, contributing
34 to' test that's in the statute. We wanted to make sure that the board
35 was aware that that language actually pertains to the individualized
36 consideration and linkage between 9/11 exposure and an individual's
37 condition to their being covered for treatment. When you all are looking
38 at adding a condition to the covered list of conditions, that really doesn't

1 figure into your consideration. What you're looking at is whether or not
2 a condition could be associated with the kind of exposures that you
3 understand to have been present at 9/11. And then it's up to the
4 individual physician to look at their patient's particular case and link the
5 exposure to 9/11 with their diagnosis of that condition, which has been
6 sent to the Administrator and the Administrator certifies that for
7 treatment.

8 So you all, as a Committee, are welcome to discuss the kind of standard
9 of evidence and burden of proof that you all would like to see used. But
10 it's separate and not linked to the 'substantially likely to be a significant
11 factor' test that's in the Zadroga Act for an individual's condition being
12 linked to 9/11 for certification of treatment. So we just wanted to make
13 that clear.

14 Are there any questions on that? I have -- yes, Dr. Markowitz?

15 DR. MARKOWITZ: To clarify that last point, you said that we would
16 provide advice based on -- about a relationship between WTC exposures
17 and a condition, if it could -- if it could be caused by WTC exposures.
18 Which I interpret 'could' actually is meaning 'possible', not even
19 probable or definite, but possible.

20 MS. HOWELL: I think it's up to the Committee --

21 DR. MARKOWITZ: Right, no, no, and then you said that we actually need
22 to decide and define on the criteria we would use to make that decision.

23 MS. HOWELL: Yes.

24 DR. MARKOWITZ: So it's the latter instruction which pertains. Right?

25 MS. HOWELL: Yes.

26 (Pause)

27 DR. TRASANDE: I apologize, I wanted to be courteous in being
28 acknowledged first. Thank you, that's extremely helpful.

29 I wanted to ask for some historical context. The World Trade Center
30 Health Program is not the only program of its kind historically and
31 legally. And I have to imagine there have been decision processes not
32 unlike the one that we're undertaking that have been done before and
33 there are perhaps criteria by which inclusions were made or not made.
34 And while I find the Bradford-Hill reference in the first report extremely
35 helpful, required reading, required context for thinking, and something
36 that is routinely done in the epidemiologic literature, I think that relates
37 very well to Dr. Markowitz's point that at some level I'm wondering to
38 my-- the same question: What degree of causation, what degree of

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linkage, epidemiologic data do we need to build upon to include such a condition in the historical context as well.

Thank you.

MS. HOWELL: I'm really not sure how to respond to that. I mean other programs that are compensation programs, whether they're providing financial compensation or health care, often do have standards, but oftentimes those standards are either statutory in nature or regulatory, so they've been set out and that's what a committee may have to rely on. Or there is no committee and that's what the program relies on, which in this case the program has a standard that it has applied in certifying individual conditions. However, in terms of the standard that the program Administrator will apply in determining whether or not to add a condition to the list, that has not been articulated in the statute, and also has not yet been articulated in the regulations. So while I understand, you know, how it might be helpful to have other examples, there are legal and policy bases for those examples that aren't applicable here, so I don't want to muddy the water by pulling in a lot of other examples of other causations that have been used when that hasn't been done in this case.

Now you're welcome as a Committee -- I know that yesterday there was some discussion about the standard that the New York State Workers Comp uses in their -- in making their presumptive determination. If you guys wanted to look at that as a committee, you could. Again, the reasons that they're choosing for a presumption might be very different and have a really different underlying rationale when you're talking about workers comp versus this kind of a health compensation program. So those are things that I think there's really not a shortcut to. That's the kind of discussion that, as a Committee, you may want to have. Or you may want -- you may have a very clear idea of some standards that are appropriate in the scientific or medical fields that you wish to apply, and then the program administrator will be struggling with those questions for himself about what the program standards to apply will be.

DR. TRASANDE: Thank you. I appreciate very much that this is a unique series of circumstances, but for all of us, who come from different backgrounds, I think that historical and legal context would help at least how I'm thinking about it. I would want to be somewhere in the range of historical context with regard to a judgment that a condition should be included or not included insofar as this Committee has a unique role in

1 potentially adding -- playing a role in adding a list to -- a condition to the
2 list.
3 DR. ROM: Thank you, Leo. I think now I have three questions instead of
4 just the one. The first is sarcoidosis. So there's the prescribed list of
5 conditions in the Act, and I've heard that sarcoidosis has been added and
6 I want to find out if it really has and what -- what the process was for
7 that.
8 And then second of all, this list in the Zadroga Act lists conditions fairly
9 broadly, like chronic respiratory disease. I mean that can cover a lot of
10 possible conditions, and has that been clarified or do we clarify that.
11 And then the third thing is, NIOSH has had the nuclear workers program
12 for years, and there are conditions that are compensated, like chronic
13 beryllium disease and cancers, and can we get some information about
14 that program that would inform us on how we recommend things,
15 because that should have plowed this ground ahead of time. And it
16 would be very helpful if John or someone could inform us about this.
17 MS. HOWELL: Okay, I will take -- let me see if I can remember all these
18 questions. The second question was in regard to whose job it is to kind
19 of define what the medical terms that are outlined in the Zadroga Act
20 might cover since they are so broad.
21 That is within the sole discretion of the World Trade Center Program
22 Administrator and his medical staff. So obviously that might be
23 something that you all have opinions on, but -- and may want to discuss,
24 but it's something that he would be in charge of, figuring out how
25 broadly that's applied.
26 In terms of whether -- I think your first question as to whether
27 anything's been added to the list. Nothing has been added to the list.
28 Sarcoidosis has not been added to the list at this time. I am not aware of
29 specific instances where it may have been determined to be a medically-
30 associated condition that therefore has received coverage. That's
31 something that would be specific to an individual patient and therefore
32 would not be discussed in this forum. But nothing has been added to the
33 list at this time because rule-making would be required for any addition
34 to the list, even with an advisory committee recommendation, et cetera,
35 and that's a pretty long process. So the list is as it stands in the Zadroga
36 list.
37 Your third question about the Energy Employees Occupational Illness
38 Compensation Program Act, or EEOICPA as we refer to it at NIOSH --

1 EEOICPA has its own burden of proof that's statutory, which is what I
2 was kind of hinting at with Leo there -- or Dr. Trasande. And so -- I mean
3 I can discuss what that burden is, but I have a hard time with you all
4 using something that was established by statute as their basis that was
5 not included in the Zadroga Act to try and figure things out. I just --
6 there's a hesitation there.
7 Now if you all discuss and decide that that's what you want to do as a
8 Committee, that's one thing. But I just don't want for the absence of
9 direction in the statute to then force you to look specifically at another
10 one that was written for another purpose.
11 The standard of proof in the Energy Employees Occupational Illness
12 Compensation Program Act is whether or not it's feasible to reconstruct
13 an individual's dose, radiation dose, with sufficient accuracy. And there
14 are standards that were then put into rule-making for what they have,
15 which is a Special Exposure Cohort, and there's also dose reconstruction
16 -- it's a different program.
17 There are two different -- two different ways in which somebody can be
18 compensated. And this is a program -- for those of you who are
19 unaware, EEOICPA is a program that compensates nuclear energy
20 workers who were exposed -- or may have been exposed to radiation on
21 the job in weapons work. And the first way that individuals can be
22 compensated, and it is a financial compensation as opposed to health
23 care program like ours, is through a dose reconstruction which goes
24 through and looks at the actual dose received. And using a variety of
25 estimation measures, figures out whether or not the person had over a
26 50 -- met over a 50 percent threshold for their dose. And there are
27 certain speci-- there's a list of cancer that's included to that. Until
28 recently it only excluded a few, such as chronic lymphocytic leukemia
29 which is now potentially being added. And then where there was not
30 enough information to reconstruct dose with sufficient accuracy, there
31 was a second way that someone could receive compensation through
32 something called a Special Exposure Cohort, and that is where they show
33 that as a class this group of individuals' dose cannot be reconstructed
34 with sufficient accuracy. There's a list of 22 specified conditions,
35 cancers, that are covered for that. You mentioned beryllium or silicosis,
36 those are under parts of the Act that are not under NIOSH's purview.
37 They're run by the Department of Labor and NIOSH is not involved in
38 those medical determinations generally.

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So that's a very brief background on that. Again, like I said, those standards were established by that statute and the regulations from it, and so it's a very different system than this one is.

DR. WEAVER: So I guess I'm less concerned about legal differences in some of these other compensation systems, but given the complexity of having to grapple with the cancer issue as our very first charge, I'm looking for any boilerplate that we could come up with. And I'm not sure if I'm allowed to ask something this specific, but Dr. Melius is in the room and he has worked for a number of years on the atomic energy issue, and I'm wondering if it would be possible for him to give us any of the medical background or the scientific background that could have been involved that ultimately resulted in the legal acts following it.

MS. HOWELL: I mean I think what you're describing is someone giving you legislative history on another act -- I mean because -- I mean, you know, if the Committee wishes to hear from Dr. Melius and he wishes to share, I'm just -- again, I'm struggling with the direct usefulness of something when it was a statutory provision that was put in place by Congress.

DR. WARD: I have a thought on that which is just a comment, it's not a decision by the Chair, but from what I understand, with the Department of Energy Act it was -- there was a huge amount of epidemiologic data available on which to -- you know, to work from in terms of --

MS. HOWELL: They had 50 years' worth of data.

DR. WARD: -- dose reconstruction and lots of data on radiation-associated cancers. So I don't know how helpful -- how specifically helpful discussing that particular program would be. I think the one that's probably a little bit more relevant to our situation is the -- if there's a background on how the comp decision was made, because even though it's not a precedent, there was a line of reasoning that -- that was -- that led to that decision and might be helpful -- I know we have several members of the working group here on the panel and in the room, so that I think might be more helpful to the Committee than talking about the Department of Energy workers. But let's hear Guillia's comment and then we can decide what we want to do.

MS. MEJIA: I believe that the presumption on cancer for Workers Comp - - there is no presumption in terms of the Workers Compensation. The presumption comes in on the pension aspect of it, so I just wanted to clear that up.

1 Maybe you could clear this up for me, too. And I'm simplifying it. If we
2 were to include cancer, recommend that cancers be a covered condition,
3 the treatment is still left up to the program administrator? Is that...
4 MS. HOWELL: An individual -- although cancer would be a covered
5 condition, or a specified cancer -- and I do want to clarify as well that it
6 is within the Committee's purview to split the cancers; you know, to say
7 there's a specific type of cancer which you believe at this time you have
8 enough evidence to say should be -- to recommend it being added to the
9 list, but maybe not other cancers. I don't think I made that clear before.
10 But once cancer, or a cancer, is added to the list, an individual member
11 of the World Trade Center Health Program would go to their physician.
12 The physician would examine them, diagnose them as having cancer and
13 document their World Trade Center exposures, and then the physician
14 would have to put together a determination that linked their World
15 Trade Center exposures with the cancer using the substantially likely
16 standard that the program has in place. That determination is then sent
17 to the program administrator. The program administrator applies his
18 own application of the substantially likely test to certify that condition
19 for treatment.
20 But in terms of what treatment is received, the program has protocols
21 for treatment that are established in consultation with the data centers.
22 And so the actual -- you know, what kind of treatment is best for that
23 patient is kind of a separate question. But in order for a specific
24 individual to receive treatment for cancer, they have to have received a
25 determination from their physician that's been certified by the program
26 administrator.
27 So anyone who is eligible for the program who has cancer is not
28 necessarily going to receive treatment. They first have to take this
29 additional step of having that condition certified as being substantially
30 likely related to their 9/11 exposure.
31 Is that helpful?
32 DR. DEMENT: With regard, I guess, to the parallel with the DOE process,
33 I'm not so sure that it's actually that much different, if you look at the
34 Special Exposure Cohort side of it. And I think the criteria there -- and
35 maybe Jim could speak to this -- is the inability to reconstruct a dose. I
36 think clearly we have inability to reconstruct a dose here.
37 The other thing is that after you meet that threshold, the list of cancers
38 are presumed to be compensable basically through an administrative

1 process. And so I think there is a reasonable parallel here to some of it.
2 And I think certainly we have, in the list of exposures, materials that -- if
3 you look even at the IARC criteria for causality -- would drop into that
4 category. So I'm not sure it's inappropriate to think about that process.
5 DR. WARD: Thanks for that comment. I stand corrected, and I do think
6 that would be an important thing to discuss, just as -- again, looking for
7 precedents, 'cause I think many members of the Committee feel that we
8 don't have -- you know, the framework for this situation is fairly unique,
9 and I don't think -- while I think it's worthwhile discussing the IARC
10 processes and NTP processes, it's just not a parallel situation, and so
11 that might be one of the more parallel situations that would provide
12 more precedence.
13 DR. MIDDENDORF: I just want to get back to Bill's question about
14 sarcoidosis. I understand that's an interstitial lung disease. Is that
15 correct? Okay. So it has the potential to be covered because interstitial
16 lung disease is specifically listed as a covered condition.
17 DR. WARD: So -- so is -- I mean let's go through the questions and then
18 we can see if there's someone in the room who perhaps could give us a
19 little bit more background on the specialized cohorts in the DOE process.
20 Tom?
21 DR. ALDRICH: Did you want to know about the New York State -- the
22 cancer was included from the very beginning as a -- one of the conditions
23 that provided presumption of eligibility for pension, and that's all.
24 There's no treatment component of the New York State program, and
25 there is Workers Compensation, which has -- as been mentioned, does
26 not include cancer as one of the presumptive conditions.
27 DR. WARD: So that means that if you were exposed at the World Trade
28 Center, you're considered eligible for a pension if you get cancer, but if
29 you were not exposed, you're not -- cancer is -- you're not el-- you --
30 DR. ALDRICH: If you're not exposed, you don't have the presumption,
31 which doesn't necessarily mean that you don't get a pension. But it
32 means that you're going to have to go through additional hoops to
33 qualify for a pension.
34 DR. WARD: Okay.
35 MS. MEJIA: But I do -- if you don't mind, I do have to -- it's a matter of
36 determining whether it's an accidental disability or a regular pension,
37 and that's where the difference comes in, so...
38 MR. CASSIDY: I was involved in actually negotiating this with then-

1 Governor Pataki. The way the bill works, and I think it was signed in
2 2004 or 2005. The way the bill works is for workers who have proven,
3 have been certified to have been at the site working for 40 hours,
4 documented by their employer, they are -- they are registered under the
5 World Trade Center Presumptive Bill. If they get sick and -- then it is
6 presumed that that illness is related to their work at the World Trade
7 Center site. But you have to be documented by your employer. You
8 have to qualify. They required you to be there for 40 hours, so that's the
9 exposure component of it. If you get ill, it is for pension purposes only.
10 It is presumed that it is related to that. There is a process that you go
11 through in your individual agency; therefore whatever pension plan
12 you're covered under -- I do this all the time with firefighters. So it's not
13 a guarantee, but that's the process. You have to have qualified. You
14 have to have had worked 40 hours at the site to qualify. And then if you
15 get sick, you get to apply before your pension fund and that pension
16 board will then take that into consideration and make a decision. So you
17 can actually get your pension upgraded -- you can be retired, get sick,
18 file for an upgrade of a disability pension under the World Trade Center
19 Presumptive Bill, and you were covered based on being part of the
20 covered group that spent 40 hours down at the World Trade Center site.
21 I think I could have done better if I had another cup of coffee, and I
22 apologize.

23 DR. WARD: That was great. I have one follow-up question. So who
24 maintains the list of people who have qualified?

25 MR. CASSIDY: It is now shut, so you -- there was a time frame that was
26 extended for a few years. Anyone who had -- obviously the site closed.
27 It's only covered from 9/11 through June of 2002, you had to work 40
28 hours during that time period, and you had to get certified by your
29 employer. The bill didn't get passed till 2004 or '05 -- I think it was '04 --
30 and subsequently you had I think two years to get your paperwork in and
31 get certified through your employer. Once that was done, once the
32 deadline was cut, nobody else has added to that list. You were either
33 qualified or not qualified. If you get sick in the future or you were
34 already -- been sick and covered under the presumptive bill, so be it.
35 But it's a limited group. It's not an expanding group.

36 DR. WARD: And how many people are in that, do you know?

37 MR. CASSIDY: I don't know the answer to that, but we certainly can find
38 that out.

1 DR. WARD: The reason I'm following up on this is, when we get to
2 research recommendations later, I think one of the things that's really
3 important to think about doing is ways to recreate denominators. Not --
4 you know, I think all of the information that's coming from the treatment
5 programs is important and all of the information that's coming from the
6 voluntary programs is important, but really, you know, the most impor--
7 the most meaningful epidemiologic data is generated when you start
8 with a defined population and follow it. So I think, you know, one of the
9 things we may be recommending as a Committee is that we look for
10 opportunities to define cohorts of people in the past and so that we can
11 get clear enumerators and denominators for future studies, and that
12 sounds like such an opportunity. Yes?

13 MS. DABAS: (Off mic) ...there within the first 48 hours, you would also --
14 so if you didn't meet 40 hours but you were at the site within the first 48
15 hours, you are also presumed -- covered under the presumption.

16 MS. MEJIA: I just want to clarify that this only covers public sector
17 workers. It does not cover private sector workers at all. And there is a
18 registration that does occur, so it's not automatic. The worker still has
19 to go through the system. There's still a lot of papers that have to be
20 filed. There's a lot of notices -- records that have to be reviewed. So it's
21 really the extension that -- right now it's true it was closed, but we're
22 looking at opening the extension for additional people to be covered
23 under this, but -- so...

24 DR. MARKOWITZ: I suggest that actually we're going to need to carry on
25 this conversation about criteria that we want to use into the future,
26 because -- in part because of the DOE precedent, in part because of
27 Agent Or-- treatment of Agent Orange and veterans of various wars, so
28 we need some mechanism actually for continuing this so we don't deci--
29 you know, this is a crucial decision, what set of criteria -- accepting
30 Emily's instruction that there's no prescription here as a particular set of
31 criteria we need to use, but the utility also of looking at precedents in
32 terms -- just in terms of considering the universe of criteria to be used,
33 whether it's NTP, IARC, IOM, DOE, et cetera. So I think we're going to
34 have to put this into some sort of committee that we can carry on and --
35 the conversation.

36 DR. ALDRICH: To make a few points that I think are relevant to ways that
37 we can start to make a decision, the first point is that, you know, a
38 cancer diagnosis is tragic, no matter whether it's World Trade Center-

1 related or not World Trade Center-related. And the purpose of the
2 World Trade Center Health Program is to deal with the World Trade
3 Center-related conditions, and so it is important to know if there's a
4 major increase in cancer. A minor increase, tragic for the individual, is
5 not something that the Committee should be tremendously concerned
6 with because -- well, I -- that's the one point I wanted to make.
7 I think we have to acknowledge that the state of our knowledge is just
8 not good enough, and is not going to be good enough in the next several
9 years, to make a determination if there's a major increase in cancer as a
10 result of the World Trade Center, and which cancers those are. We're
11 just not going to have that information. It's been only -- well, the data
12 from the fire department is only seven years. The data from the registry
13 and Mt. Sinai is only going to be about eight years. And that's -- given
14 the latency of most cancers, that's just not going to be enough. We have
15 to wait five, ten more years to really know the answers to the questions
16 that we want to know.

17 Another sort of related point is that there's been a lot of discussion
18 about multiple myeloma and whether or not it could be World Trade
19 Center-related, and the data are only anecdotal. The data come from a
20 study that showed a small increase in persons under 45 years of age, and
21 a small decrease in persons over 45 years of age. Is that decrease over
22 45 years of age supposed to tell us that the World Trade Center exposure
23 was protective for older people? Of course not. And so we shouldn't
24 make too much of a very small increase under 45 years of age in a cohort
25 that has serious concern about selection bias.

26 And so I think our consideration should be only -- or should be, from an
27 epidemiologic point of view, based on data where we can have some
28 understanding of selection bias, denominators and things along those
29 lines. We have to be concerned with other issues like biological
30 plausibility and exposures, and that's very important.

31 The final point that I wanted to make is that -- well, I think it's sort of
32 related to what we've already talked about. There's perhaps a 20 to 30
33 percent increase in total cancers from the one epidemiologic study that
34 doesn't have selection bias nor a problem with denominators. And
35 among those, the best estimate of odds ratios greater than two were for
36 pancreas, kidney, thyroid and close to two for non-Hodgkin's lymphoma.
37 But all of those odds ratios -- the confidence intervals crossed one, so we
38 still don't know whether those things are related.

1 I think our final decision for now ought to be in some -- should not be
2 irrevocable. Either we should decide that some cancers or all cancers
3 should be covered but that can be revisited in the future if it turns out
4 that there's no substantial increase, or we should decide that they're not
5 coverable at the present time but that decision should be revisitable in
6 the future.

7 DR. WARD: So let me just ask -- one other comment 'cause I think
8 inherently these decisions can be revisited in the future. In other words,
9 we can respond to this specific petition -- let's say we said 'No, we don't
10 think there's enough evidence to cover cancer' in response to this
11 petition. Then the issue can be raised again at any time by another
12 petition, or by decision of the World Trade Center Administrator. Is that
13 -- that's correct, right? So certainly we're not being asked to make a
14 decision that's irrevocable.

15 DR. ALDRICH: But I think we should explicitly acknowledge that we're
16 not going to be able to make a fully informed decision and that we
17 should plan on revisiting, not just wait for another petition.

18 MS. HOWELL: You can't revisit the issue at your own initiative. I mean
19 there is a deadline associated -- there's a statutory deadline associated
20 with the request you've received from the Administrator. However, Dr.
21 Ward is correct that, you know, at any time the same condition could be
22 put forth to you through a petition, by a request from the Administrator
23 either through a petition or at his own initiative, so it is likely that the
24 issue would not be over. But I just want to clarify that the Committee, at
25 its own initiative, can't take something back up after that -- you know,
26 after it's voted and/or the time has elapsed.

27 DR. ALDRICH: But surely we could present as the sense of the
28 Committee that this would need to be addressed.

29 MS. HOWELL: Certainly. And you know, I think we're all aware that this
30 is a very thorny issue. I think the program knows that, the Administrator
31 knows that, and the sense is that this is not going to be the end of it.
32 I think they've been waiting over here for a while.

33 DR. WARD: Susan?

34 MS. SIDEL: And my question is, each time we see a cancer where there
35 are people going to an oncologist, does it get started with their
36 occupational medicine doctor and then they go -- I mean I don't
37 understand what the process is and what -- how the cancer committee is
38 involved in this.

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MS. HOWELL: That's probably a question for someone from the program.

MS. DABAS: (Off mic) ... you guys because I work with a lot of people that have been diagnosed with cancer. Most people are going to their oncologist, and the reason being is that back in 2004 and early on many of these physicians were saying that it was improbable for them to develop cancers. So one of the -- when people say that, one of the things that happens is we get a lot of people that are going to physicians and these physicians are not looking for these things. So a lot of people felt that -- from what I've been hearing, that a lot of their conditions were overlooked and not properly addressed at the beginning. I have always advised members when I speak to them to go to another physician if they feel like their conditions have not been properly addressed.

So from there, the way our program -- the way we've been working with Mt. Sinai is we get a call saying that they've been diagnosed with cancer. I send them a HIPAA release form to try to get them into the program at Mt. Sinai. The hurdle that we've come upon now is that Mt. Sinai's cancer study is saying that they are not going to include you in the study if you are not part of the treatment and monitoring program. Now they have to get certified in order to get into the monitoring and treatment program, which can take six to eight weeks, and then Mt. Sinai will then consider them for the cancer study once they have first filled out a HIPAA form, and then there's a second form that they must fill out in order to get into the study. So there is about now -- to date, if you've been diagnosed and you call me, I would say the lag to get into the cancer study at Mt. Sinai is possibly three months, the earliest.

DR. TRASANDE: Thank you. I'm going to wear my pediatrician hat with these questions, which is going to probably develop another dust storm, if you will, about this issue.

My understand -- these are questions directed to you, so -- is there any history with regard to pediatric exposure setting or pediatric disease monitoring and/or inclusion program? And then my second question is, is a decision of an included condition applicable to all age groups or all subgroups of populations? There's been a little murmur through this discussion about talking about subpopulations with cancer, but my read of the statute is that if you include cancer, you include all cancer. Thank you.

1 MS. HOWELL: Okay, so the first question as to pediatric groups, I'm
2 aware of financial compensation programs that are largely -- I'm not sure
3 that they're solely directed at pediatric exposures or patients. I'm
4 thinking of the vaccine compensation program. However, that is largely
5 for pediatric patients and that is again a financial program. I would have
6 to look further to see if there were any programs that made health care
7 available to pediatric patients. And again, the standards used in that
8 program may be different.

9 The second question, you're correct. In terms of adding a condition to
10 the list, it's not a ratified list. It's not -- if a condition is added to the list,
11 it's a condition that would be covered for responders and survivors, or
12 adults and children, for people within the World Trade Center disaster
13 area, people who are eligible within the physical geographic bounds of
14 the program, so it's not something where the Committee needs to look
15 at that there's certain people -- the place where that comes into -- plays
16 a role is going to be in the individual physicians' determination and the
17 World Trade Center Program Administrator's certification of that
18 condition, that there is a link between the exposure and the condition.

19 DR. TRASANDE: Brief follow up in that regard in that I know from old
20 work history, having worked a little bit on the Vaccine Injury and
21 Compensation Program, that the specificity of adding a condition to the
22 so-called vaccine table is very regimented, much more so than what
23 we're dealing with here. There's a condition that is added, but it relates
24 to -- it asks specific questions regarding the nature of the condition,
25 timing with regard to vaccine, particularly associated symptoms, fever
26 level, things like that, for example. So we're -- I agree, we're in a very
27 different situation, but that clarification is still nonetheless very helpful.
28 Thank you.

29 DR. WARD: Four tents up, and I would suggest we go through your
30 comments, and then I think it might be helpful if we asked Dr. Melius to
31 give us a description of the Department of Energy program, if he's willing
32 to do that. Okay, great.

33 So let's go through the comments, and I'm not sure who -- I think -- who
34 was next? Okay, Guilla?

35 MS. MEJIA: I just wanted to know whether we can make a
36 recommendation that we actually need additional time to look at this
37 matter? I mean we are under a time constraint. We have to -- I believe
38 we have to have a recommendation by March. Why can't we just make a

1 recommendation that we need additional time to look at, you know,
2 whatever literature might come out?
3 NOTE: Extreme electronic interference with dial tones, sounds of
4 dialing, et cetera throughout the following comments.
5 DR. MARKOWITZ: I just wanted to comment on Tom's remark that major
6 versus minor increase and relates to actually something Bill said
7 yesterday, that -- you know, let's talk when we have a three-fold
8 increase in cancer, not a 20 percent increase in cancer. I think it really
9 relates to the criteria that are used for deciding. We could decide,
10 absent any epidemiology, that it's reasonable to conclude that cancer is
11 likely among WTC-exposed workers. That wouldn't be a crazy decision.
12 In fact, if you look at National Toxicology Program criteria, they're
13 reasonably anticipated to be a carcinogen; all you need is animal
14 evidence. If you look at IARC, they're -- probable carcinogen; all you
15 need is animal evidence and maybe -- maybe a little bit of limited -- what
16 they call limited human evidence. So we don't necessarily need
17 epidemiology. This is really -- so this is why I'm suggesting that we need
18 to take a careful look at the range of possible criteria and then
19 deliberately decide how we want to approach that.
20 DR. WARD: Julia?
21 DR. QUINT: My comment was very similar. You know, I said yesterday it
22 seems to be a heavy reliance on epidemiological data. And you know,
23 we have the latency, you know, as an issue, and these studies are hard
24 to do.
25 I just had a question since, if we do list cancer -- and in response to Leo's
26 question that survivors, children, all of these folks would -- I mean all of
27 these W-- exposed people would be a part of that, and we -- talking
28 about getting denominator data, which I think would be helpful, are
29 those studies being planned, or -- you know, I don't underst-- I know
30 about the firefighter study. There has been some reference to a Mt.
31 Sinai cancer study. But I'm not sure if the survivors -- who's involved in -
32 - what these studies are. Because if we revisit this, if we make a decision
33 and we can revisit it, it should be based on some possibility of getting
34 more data or -- or something. And I'm not sure where we are in that
35 spectrum so I -- you know -- if we're even able to get studies done.
36 DR. WARD: I think that the two epidemiologic studies that we heard
37 about yesterday, one was being done by the New York City Health
38 Department, and that registry included residents of lower Manhattan.

1 No? People are shaking their heads. Right, right, okay.
2 Well, anyway, but just to -- I mean all of these studies will have
3 limitations, but just to address the question so we have that one study
4 and then we have a study that's being done by Mt. Sinai, which is...
5 UNIDENTIFIED: (Off microphone) (Inaudible)
6 DR. WARD: Yeah, so what we'll -- what we'll do when we turn to the
7 research -- and so I think if we reviewed the slides that were presented
8 yesterday we'll -- you know, we can -- I think the nature of those studies
9 was explained, but I think when we get to the research part of the
10 discussion there may be a recommendation for additional epidemiologic
11 studies or epidemiologic studies done differently than those that are
12 currently being done. But as far as I know, there's at least those two,
13 which have large population sizes -- relatively large -- and which are
14 attempting to link with the National Death Index and the cancer
15 registries to ascertain cancer incidence.
16 DR. MARKOWITZ: (Off mic) ... next study of the FDNY, which is going to
17 be smaller than the firefighter study, but similarly conducted -- although
18 I'm not sure they have pre-9/11 data, but in any case, that's the third.
19 DR. WARD: But I do think it would be help-- that one of the things that
20 would be helpful for us would -- as homework is to really come up with a
21 summary of all of the existing -- all of the ongoing epidemiologic studies
22 -- you know, who's -- you know, what population is included, its
23 strengths and limitations. I think that's something that the Committee
24 will be looking at in the future as well. So -- yes?
25 MR. CASSIDY: So I'd like to comment a little bit on what Dr. Aldrich said
26 and what Dr. Markowitz said, and to kind of summarize what I think we
27 know for sure. Right? The fire department did a study. It's a seven-year
28 study. By all accounts, most experts don't expect it -- would not expect
29 to see a significant cancer spike for 10, 15 years, maybe longer. So we
30 could say, until we have the numbers, come back and see us in ten years.
31 We could take the approach, which I think is reasonable and common
32 sense, to look at those statistics -- 32 percent, or 23 percent, depending
33 on how you look at it -- and factor in the one thing that we know for
34 certain, which is shocking, that New York City firefighters lost 12 years'
35 lung capacity in the blink of an eye. Now that's a documented fact. That
36 cannot be dismissed.
37 So if we're going to say that we know that's amazing and startling, but
38 we're here to talk about cancers and we don't really have the numbers

1 for cancers, we're just going to have to wait. But I think common sense
2 would say to anybody that those numbers are so startling that you can't
3 possibly think that you could do that kind of permanent damage to your
4 lungs through this, you know, unbelievable exposure -- which hopefully
5 is a once in a lifetime thing -- that there is no comparison to, and say the
6 cancers aren't really where they need to be for us to say yes now. I hope
7 we're not there. I hope we take a much more common sense approach
8 and look at it and say 'Of course cancers are likely to come.' Of course
9 they are plausible to say we're going to have a spike in probably a wide
10 range of cancers. I mean the blood-bornes seem to be jumping out more
11 than any others right now. And I'm not a scientist, but I do know that
12 the damage that was done to people who were there, with the severe
13 exposure, is unmistakable. And I hope we take a common sense
14 approach and do not dismiss the 12 years' lung capacity which was lost
15 on New York City firefighters. And I would say anybody who was there
16 for an extended period of time probably has similar results, so I don't
17 want this -- I don't want everybody to think that I'm saying firefighters
18 and firefighters only. But I will say the 12 years on average -- think
19 about that. There are firefighters who were there for 400, 500, 600
20 hours. They didn't lose 12 years' lung capacity; they lost 18 years' lung
21 capacity.
22 Now if you lost 18 years' lung capacity and you get sick, but we're going
23 to say 'We don't really have the data to say that your cancer is related to
24 your exposure', I say that's crazy, and I think that a plausible response, a
25 common sense response, is to say 'Of course it is linked to this horrific
26 event.' And I hope we consider that when we decide where we're going.
27 DR. WARD: So Jim, can -- is -- come up to the microphone?
28 DR. MELIUS: I will try to be brief. This is EEOICPA-like. I think Emily
29 actually gave a fair amount of good background, and Emily and I have
30 talked about this a lot in public meetings. I serve on the advisory board
31 that deals with that.
32 Legislatively the DOE workers, the EEOICPA Act, deals with cancer, and it
33 bases -- as it has been mentioned, though a dose reconstruction process.
34 That dose reconstruction process uses a methodology that was
35 developed by the National Cancer Institute, essentially a -- sort of a life
36 table approach for calculating your risk of developing cancer based on
37 what your past exposures to radiation were. And the data that -- the
38 epidemiological data that went into that approach, calculation was

1 based on the people in Japan -- Hiroshima/Nagasaki, the lifetime follow-
2 up study that was done there -- plus the uranium miners study that was
3 done by NIOSH and NCI over many years and follow-up of those workers.
4 And it then, for an individual, can make a calculation that, based on a
5 certain radiation exposure, you will have a certain risk of developing
6 cancer. And the criteria that is used for the -- determining whether or
7 not you get compensated in that process is a -- that the calculation that's
8 done through this what's called IREP model is greater than 50 percent
9 chance that you will develop cancer. So roughly a two-fold risk.
10 However, the IREP model as applied through this legislation takes into
11 account the error in making that estimate, both the error in terms of the
12 epidemiology estimate of risk which, despite all we know about radiation
13 -- I mean it's probably studied as much as anything in terms of cancer,
14 epidemiologically, when it comes down to estimating individual risk, the
15 error is quite large. And on top of that, it also takes into account the
16 error in the dose reconstruction, the dose estimation. So essentially the
17 greater uncertainty there is about your -- what your dose -- actual dose
18 was that was calculated based on your work history at these atomic
19 facilities, which is nuclear bomb facilities, which is very complicated
20 exposures, they -- is also quite large.
21 So it ends up being a -- won't say -- don't know if generous is the right
22 term, but it is -- certainly does not require that you have -- demonstrate
23 that you have a very -- a significantly high risk epidemiologically of
24 developing cancer. In fact, you can -- the actual studies that have been
25 done of Department of Energy workers would probably not document
26 the same degree of risk that has been provided through the
27 compensation program.
28 Now there are problems doing those studies, and basically because of
29 past dose records, size of populations, all the usual caveats on that, and
30 of doing epidemiological studies, but the fundamental model that's used
31 here is one that does not require the worker show that they were --
32 would have been at very high risk -- you know, really far below a two-
33 fold risk of developing cancer, you know, as measured through some sort
34 of an epidemiological study.
35 This was adopted from legislation and methodology was being used for
36 atomic -- military veterans, people -- veterans that were involved in
37 some of the atomic testing, where there's a presumption that if you
38 were -- worked or were stationed within a certain distance of the above-

1 ground testing that you would be compensated for certain cancers if you
2 developed certain cancers. Again, this was post facto -- after the -- many
3 years after the testing was done. And if you were -- actually had other
4 forms of cancer or if you were a little further distance away where you
5 were stationed, then there was a dose reconstruction process that was
6 established, in some ways more simple to do than what NIOSH now has
7 to do in terms of providing and estimating dose -- exposures now in this
8 program 'cause these DOE facilities are so complicated.
9 There's also a provision that was put into the legislation that -- so-called
10 Special Exposure Cohort, which is in instances where NIOSH found that
11 they were unable to reconstruct dose for a particular group of workers,
12 those workers were then automatically compensated if they had worked
13 essentially at least one year at the facility and had a list of 22 cancers
14 that were sort of broadly defined as radiogenic. There was a list
15 developed within NIH many years earlier, but radiogenic is sort of a
16 slippery term for this -- you know, and what's radiogenic changes over
17 time and -- depends on your perspective, what you're looking at and so
18 forth. So -- but that's provided.
19 To give you some, again, perspective of the people that have received
20 cancer compensation through this program, I recently looked at the
21 data, about a third of them received it through dose reconstruction,
22 about two-thirds have received compensation through the SEC process. I
23 think it's roughly 15,000 and 30,000 or 18 and 36, something like that,
24 that have received compensation there. But it's -- again, I think the
25 differences to keep in mind, it's based on radiation which is certainly
26 obviously a known and proven, you know, carcinogen -- do that. It's a
27 relatively -- not a very strict criteria in terms of proving that your cancer
28 is related to your work or you're at great risk -- greater risk -- significant
29 risk because of your exposures at that facility. There simply isn't enough
30 data to be able to do that, even though these DOE facilities actually have
31 been -- many of them have been fairly well studied, but the amount of
32 information it takes to develop one of these tables and make, you know,
33 somewhat accurate predictions of cancer risk is quite large, so it's just
34 not possible to do with it -- and the system works.
35 The committee I now chair, been on for ten years, we spend a lot of time
36 trying to figure out when you cannot do dose reconstruction, which is
37 also quite common.
38 For other parts of the program there are some other diseases that are

1 covered. The criteria are in some cases specified in that, and then
2 there's a basic sort of compen-- Workers Compensation for other
3 diseases that these former nuclear facility workers have that then the
4 requirement is substantial likelihood that their disease is related, and it
5 gets quite compli-- you are -- you can be sort of doubly compensated
6 through this.

7 But that's sort of EEOICPA light -- do that. I think there's some good
8 background information on the NIOSH web site under -- that would
9 explain some of that. As I said, the legislative history is they took the
10 criteria from I think legislation -- sort of adopted it from what was
11 already going on for atomic veterans, but essentially upgraded. And
12 then the Special Exposure Cohort was added because it was, you know,
13 documented that DOE's records were extremely poor in terms of even
14 keeping track of what materials went to what sites. While the legislation
15 was under consideration they suddenly discovered three of the major
16 sites had handled significant amounts of plutonium and nobody had
17 bothered to tell anybody about it, so...

18 Any questions? Anything I misstated or -- clarify, Emily?

19 DR. ROM: Could you recall whether multiple myeloma was part of that
20 list of 22 radiogenic cancers?

21 DR. MELIUS: I believe it is, yeah.

22 DR. ROM: Do you remember any others on that list?

23 DR. MELIUS: Oh, it's the, you know, lung, leukemias, the -- that it -- it
24 goes fairly down the list -- I mean it's broad categories of cancer on that.
25 The list is on the NIOSH web site under the -- it's called the DCAS
26 program, Division of Compensation and Analysis or -- is that right, John?

27 DR. MIDDENDORF: I just want to make sure that they understand, the
28 list of cancers are listed in the statute that are covered. Is that correct?

29 DR. MELIUS: Correct, it's a -- it's a --

30 DR. MIDDENDORF: And it's based on a lot of scientific data which has a
31 fairly high degree of scientific certainty. Is that an accurate statement?

32 DR. MELIUS: Well, it's based on radiation epidemiology. The criteria for
33 the list is not what risk you -- what risk needed to be found in
34 epidemiological studies of radiation is not clear, and you -- if you look up
35 -- if you look at various review articles on radiogenic cancers, various
36 lists, they vary quite a lot. It depends on sort of which kind of exposure
37 you're looking at and what criteria, so -- so they adopted something that
38 the NIH had used and was -- it had been used, I believe, in one of the

1 atomic veteran compensation programs.
2 DR. MIDDENDORF: And just a last point, I think what you were saying is
3 that whether or not an individual is compensated is based on their
4 individual exposures.
5 DR. MELIUS: Or the fact that one can't reconstruct their exposure, it's
6 one or the other. It is different in that and is certainly different in it is
7 based on a, you know, carcinogen that's -- you know, substantial amount
8 of other evidence for, but it's not based on epidemiological studies of
9 those particular workers. The criteria's not that they have to meet, you
10 know -- you know, a study at Hanford doesn't have to show a two-fold
11 risk of lung cancer to demon-- for those people to get compensated. It's
12 based on their exposures.
13 DR. MIDDENDORF: And I was just trying to make the distinction that
14 what this Committee needs to deal with is whether or not to make it --
15 something a covered condition, which is similar to the list that was in the
16 statute for the EEOICPA. That's what they're --
17 DR. MELIUS: Yeah, yeah -- no, I -- yeah, fine. Any other -- yes?
18 MS. FLYNN: I actually have a Zadroga-related question. I know that you
19 were involved, as other people in the room were, in the crafting of the
20 Zadroga bill, and I guess I would -- I would hazard this statement that in
21 fact it is the intent of the statute, out of a recognition of the
22 unprecedented nature of the exposures and also the lack of
23 comprehensive environmental measurements, to provide for great
24 flexibility, that the statute recognizes that we are on uncharted territory.
25 And I'm not saying that we should not entertain any useful precedents. I
26 think we should. But I also think we have to recognize that we are on
27 some new ground here and that the -- and that in many ways it sounds
28 like this Committee is being asked to structure these deliberations in
29 recognition of the unprecedented nature of exposures and resulting
30 illnesses. And I'm wondering, Dr. Melius, if you could reflect on that.
31 DR. MELIUS: Only I think it's been stated already -- I mean it is a unique
32 situation and the criteria for -- I think the statute was developed in a
33 way that it was expected that there would very well be additional
34 conditions that would be added as time went by because -- just simply
35 latency and follow-up of these people and the natures -- unknown
36 nature of their exposures and effects, and so it was left open and it is --
37 it is something -- you know, it was not -- there was no model that would
38 -- legislatively that would -- was an exact fit for this.

1 I would urge you, having been through this process at the other end with
2 the DOE program, it is important what Emily and John have told you. It
3 is -- I think it is important when you make a decision to include your
4 rationale for that decision because that's important in carrying this
5 forward through the process and in the decision that the Administrator
6 has to make. So some careful thought to how you're approaching it is
7 also important -- and important to document.
8 MS. FLYNN: Thank you.
9 DR. MELIUS: Thank you.
10 DR. WARD: So I think at this point it would make sense to take our short
11 morning break, and then reconvene. We do need to get on to some of
12 the other items on the agenda, but first we need to make a plan for how
13 we're going to proceed on the cancer petition when we get back from
14 break.
15 (Recess taken from 9:55 a.m. to 10:08 a.m.)
16 DR. MIDDENDORF: As I was just -- it was just pointed out to me that --
17 and I've noticed it, I just haven't said anything about it, is that there's
18 about a one-second lag time between when you turn the microphone on
19 and when it actually starts picking things up. So if you'd either turn it on
20 early or, you know, just wait a second or two before you actually start
21 speaking so that our reporter can take down what you're saying.
22 Okay, for purposes of the roll, just a note to the record that all the
23 Committee members are at the table. Dr. Talaska, did you happen to
24 join us on the phone?
25 (No response)
26 I guess not. Okay.
27 DR. WARD: So in this phase of the meeting we will be trying to wrap up
28 the cancer discussion and figure out what our next steps are. It is -- you
29 know, there is a provision for us to follow the formal procedure of
30 someone making a motion, the motion being seconded and voting. So it
31 may be appropriate to do that in the course of this discussion.
32 I can summarize what my sense of -- from the Committee discussions is
33 and -- I mean my sense is that most people who've spoken do not feel
34 comfortable making a recommendation to include cancer or to not
35 include cancer in the -- among the covered conditions based on the
36 evidence that we have in front of us and based on our discussions today.
37 So that my sense is we probably will want to have at least another
38 meeting to discuss that issue, probably one in person where there can

1 really be good communication, in part because (a) it's a very difficult
2 issue, it's a complicated issue. Our group is just forming. We're really
3 still struggling to understand the exact nature of the Act and what our
4 determination means in that context.
5 I also think, though, that we need as a Committee today to define what
6 are the pieces of information or perspectives or data that we really
7 would have -- would like to have in front of us when we come to that
8 final determin-- our final recommendation so that we can have
9 workgroups or individuals working on pulling that information together
10 for us. We do have the oppor-- the possibility of forming workgroups
11 that we can have -- you know, we can have workgroup telephone calls in
12 between meetings, and we can have those open to the public and
13 transcribed if we feel necessary.
14 So that's my general sense from the group, and I don't know if that is
15 true for all of us or if people want to speak to that, but go ahead.
16 DR. ALDRICH: I think that, from my point of view, that's correct, that
17 we're not quite ready to make a decision. But I think we have to say
18 something. And we're going to have to have another meeting. I think
19 we should -- you know, in advance of that next meeting, we should have
20 some material to react to. And I think that there should be a group that
21 gets together before the next meeting that comes up with position
22 papers -- possibly two, maybe more, position papers expressing the
23 different points of view. And then the Committee will have a chance to
24 digest that in advance of the meeting. And rather than just start from
25 scratch, we'll have some starting point.
26 MS. SIDEL: I just wanted to say that there's so -- you know, we all know
27 what the carcinogens were that were at the World Trade Center site, and
28 there's so much information about how so many of those cause cancer
29 that I just don't understand why this is such a stretch to say that they
30 caused cancer in some people and they caused certain cancers. I mean
31 I'm not saying that everybody and every cancer should be covered, but
32 there's -- you know, for example, NIOSH's own guide, chemical guide,
33 what is it called, the chemical -- guide to chemical hazards. And you
34 know, I have a copy and it's like Zagat's only it lists the chemical and
35 then what -- you know, what -- what the health effect is of exposure to
36 that chemical. So I just wanted to put that out there.
37 MS. DABAS: I actually wanted to see if we could go around the room and
38 kind of just get where each person stands because I'm kind of -- I know

1 where some people stand, but -- on -- they've been vocal, but I'm not
2 sure where everybody stands on how they -- what they would need to
3 make this decision or whether they've already kind of come to a
4 conclusion.
5 DR. WARD: Someone make a motion and second it, and then we could
6 do that. Do -- well, maybe you can phrase -- frame the --
7 DR. ROM: I think Elizabeth phrased the motion best. I'll try to rephrase
8 it.
9 I move that we have considered cancer as a listed condition and that we
10 have not found enough evidence to either list it in favor or against, and
11 that we need an additional round of information to our next meeting
12 before deciding further.
13 DR. TRASANDE: Can I suggest a potential minor amendment to that in
14 that I would just simply move that we have a subsequent discussion --
15 I'm just concerned that if we state there's no evidence either way at this
16 time, that that -- I'm not -- just for a process protector, I'm not sure
17 whether that's already information to the Administrator. I would
18 actually rather have the time to have another meeting, and I was also
19 going to further suggest that -- you know, in scientific conferences you
20 can pre-release information for discussion among groups in a privileged
21 fashion. And I'm wondering why the entities that are pursuing such
22 research might not be willing to do that in this context. I think that that
23 -- it could be tremendously important, and there is precedence for this.
24 DR. MARKOWITZ: So actually I don't see the need for a motion. We
25 have till March 2nd. We haven't made any decisions. So I'm not sure
26 that, you know, what we would accomplish by moving ahead on any sort
27 of motion. I'm not sure that gets to Valerie's request to get us sort of a
28 preliminary sense of where people sit.
29 DR. DEMENT: I think -- to address your question, I think we need a --
30 before we form committees to do this and that, I think we need a
31 discussion of a criteria or what criteria will we use to make this decision.
32 For example, if it's just going to be the epi studies, then we may as well
33 go home because it's not there. I think the question is, given the list of
34 exposures -- some of which are reviewed pretty well in the NIOSH
35 document -- what of those exposures do we -- and what do we know
36 about those exposures and the risk of cancer, and will we consider those
37 exposures' biological plausibility in coming up with our final decision. So
38 perhaps there are two committees, one to look at the epi data and

1 evaluate -- particularly the new study that came out. Maybe the other
2 committee is the one to look at the issues of exposures and what data do
3 we have and the plausibility that these will increase certain types of
4 cancers but probably not all.

5 MS. DABAS: (Off mic) to make a motion and was actually piggyback
6 offing -- piggybacking off the generalization that was made that it seems
7 that there was a consensus, there was some reason to believe that
8 people -- and I just -- there were some people I haven't heard what their
9 take on this was, and I was interested in their opinion and not
10 necessarily a vote on it.

11 DR. WARD: That's the -- you know, the three ways we can go in this
12 decision would be to vote to include it as an eligible condition, to vote to
13 not include it as an eligible condition, or to decide that we need further
14 information and another meeting to make that determination. So maybe
15 -- why don't we start off by maybe asking a raise of hands, how many
16 people would support the notion that we should defer the decision and
17 have another meeting to make this recommendation?
18 (Committee votes by show of hands.)

19 So that's a pretty large majority. But I really like the idea that we may
20 want to approach -- I mean one approach that we might want to take is
21 the position paper approach, because I think very clearly we have, you
22 know, a difficult question here and the way you -- and so I think it would
23 -- that would be very helpful to articulate all the reasons why, you know,
24 one would argue that it should be less considered a World Trade Center-
25 related condition and all the reasons why -- you know, all the evidence
26 and rationale why we don't have sufficient evidence to do that at this
27 point. That might be a helpful approach in this.

28 DR. MIDDENDORF: Just a note to the record that when Dr. Ward asked
29 for people to raise their hands, 13 people raised their hands and two did
30 not.

31 MR. CASSIDY: If we're going to look for position papers or additional
32 information, we're going to come back and discuss it in the future, I
33 think that it might be helpful if we have -- someone could do a review of
34 other major exposures and how long it took for cancers to show up. I
35 don't know -- there is no, obviously, similar event to the World Trade
36 Center. There's nothing quite like it. So I don't mean to imply that we
37 can find something that's similar and therefore do an A/B comparison.
38 But maybe there are some large exposures that happened, and when did

1 cancers -- if cancers popped up, when did they pop up? Because if, as
2 some experts have said, you're looking at 15 to 20 years and this
3 Committee is going to make a decision strictly on numbers, then
4 somebody already said it: We might as well go home.
5 But I think if we have some background that shows that previous
6 disasters and/or serious exposures -- cancers came, but they didn't come
7 for 15 to 20 years, then I think it gives us some leeway to be more
8 flexible in terms of using the common sense that -- I think most people
9 expect us to come out with some kind of approach that includes a
10 common sense look at what we know now. And what we know now is
11 really a seven-year study. It's not 2011, it's July of 2008. And the only
12 real study that has pre- and post-9/11 is the fire department, and you
13 can't dismiss the 12 years lung capacity, there's nothing quite like that.
14 So I think if we're going to come back, I think it's important if there's
15 other -- if somebody can do some research for us that would present to
16 us similar events -- there are no similar events -- disasters that resulted
17 with cancers and how long it took for it to happen.
18 DR. DEMENT: You know, there aren't any similar events. The major
19 events that occurred that are these rapid exposures, then follow-up,
20 largely are radiation-related events. And there are a few others, but not
21 to any great extent like this one. I'm not advocating that we use the epi.
22 I think we use epi only to substantiate a positive. To go the other way
23 and say there's no risk I think is not appropriate. And I think whatever
24 review of the studies that would be done by a subcommittee needs to
25 point out the limitations of the epidemiology in trying to make this
26 decision. That's all.
27 MS. MEJIA: You know, there's a saying in the field of occupational safety
28 and health that an injury to one is an injury to all. And we know that
29 there are cancer cases out there, they've been diagnosed. We have
30 members who have that diagnosis. They may not have made it on a
31 chart or on a pie graph or been assigned a dot somewhere on an X/Y
32 axis, you know what I mean, as -- so we can't ignore the fact that there
33 are people out there that have the diagnosis.
34 So with that said, my question is how much weight can we put on the
35 clinical observations that were made by -- at the -- you know, by the
36 doctors that are treating these workers? Now clinical observations were
37 the basis for establishing the original list of covered conditions, so why
38 not -- you know, can we consider that as, you know, as a way to look at

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this?

DR. DEMENT: I think the clinical observations are helpful for some conditions, and particularly those that we, a priori, know they're related to dust exposures. But when you come to cancers, the clinical observations may or may not be helpful. If it's a very rare cancer and we know the relationship with an exposure and you see the sentinel event, then I think it is, you know, very helpful. But simply observing lung cancers in a population over time doesn't tell you what the risk really is. It just simply says you have a numerator, but you don't know what you would expect in a normal population. So that's just the limits of epidemiology. It's not to dismiss the importance of these observations. So I think we have to back up and look at the exposures, are they biologically plausible with regard to these outcomes, and make some determination on how we're going to use that prior body of information. The Bradford-Hill criteria -- you know, we're not going to be able to apply that to our studies in any real meaningful way. I think it's going to be supportive information from the epi studies, but to use a negative is not the way to go.

DR. WEAVER: You know, I think the diversity reflected on this Committee is a really good thing because it illustrates the complexity of the exposure. It's -- we're very polarized. You know, we have the community members who very eloquently have stated that they've had -- you know, this massive exposure has occurred and cancers will result. And you know, I kind of think that's true. But then we have the scientific view where we've sort of been entrenched in looking for P values of .05, and so I think maybe we should see where we can find middle ground, and Mr. Cassidy's comment about latency may be one such area. Because we could look at the exposure data to the extent that we have it, and that's challenging, too. You know, we have a huge range in who was exposed and where they were exposed and how they were exposed, and it was a disaster so there are no exposure data that were carefully taken like there would have been in a factory. It was mixtures. We don't know very much about mixtures. And we learned yesterday that it's controversial. There's a lot of concern about the exposure assessment and how adequate it was. And so I think that's kind of where we have to start. But I think then moving forward and thinking carefully about latency and what kind of short-term cancers might we expect to see, and then

1 whether -- whether we move from being strictly scientific, even though
2 that's our title, to addressing the fact that this is an incredibly unique
3 exposure and people are caught, given our current health care system, in
4 a situation where they may lose their jobs and they may not have health
5 care to support their cancer care.
6 So you know, that's not strictly scientific and it doesn't have a P value of
7 .05, but that's what I'm thinking.
8 DR. ROM: Well, I'm a scientist. For better or worse, I'm stuck with
9 myself. There are things that would move me off the dime. And about
10 case series reports for rare tumors or uncommon tumors, I could be
11 moved on those kinds of things. Multiple myeloma, I'm not there yet
12 with eight cases and 6.8 expected. But if those twos and twos and twos
13 that are 16 are really cases, and there are 16 over there at Mt. Sinai,
14 that's getting more impressive. And if that's published as a case series,
15 then I think that's more compelling.
16 Non-Hodgkin's lymphoma is another one, and these are related to the
17 polycyclics and benzene and the mixtures that were in the fires and in
18 the aviation fuel and it's biologically plausible, so non-Hodg-- so multiple
19 myeloma did not come up in the FDNY study. It was not significant, it
20 was way down there. Non-Hodgkin's lymphoma was significant, and it
21 almost made it when it was corrected for bias. But I think a case series
22 on non-Hodgkin's lymphoma would also be compelling.
23 The other ones that came up in the firefighter study, thyroid came up --
24 you know, that's radiation-induced, and I have a hard time with that one.
25 And melanoma came up, and it's the -- FDNY play basketball all the time,
26 gets UV exposure, you know. And then the third one that came up was
27 prostate, and prostate had 30 excess cases -- it was 90 observed over 60
28 expected, and that made the whole paper and that got them in The
29 Lancet. It was all prostate, and prostate has nothing to do with anything
30 other than you're a male and you're old, and that's the most difficult for
31 an environmental exposure. So prostate, I have a hard time
32 compensating those folks.
33 So we may have some sentinel cancers that might be doable, but I don't
34 think we're there as of today to do that.
35 And the other thing is that there are tremendous opportunities here for
36 research, 'cause this dust is really -- I don't know if toxic is the word, but
37 it's caustic and it's got a lot of things in it and it's very inflammatory. It's
38 a good inflammagen, if you will. And we know that inflammation and

1 cancer live right next to each other, and COPD lives as the third agent
2 there, so there's opportunities for research on COPD and inflammation
3 and cancer that you wouldn't believe.
4 One of the problems of this is that we can't do animal studies very well
5 because this mixture is hard to reproduce. I mean we can take WTC dust
6 and expose animals to that, but it was the fires and all these polycyclics
7 and everything else, and that we can't do. And I'm not so sure just the
8 WTC dust itself would be that convincing to cause cancer, so animal
9 studies are kind of out.
10 So we're really left with human studies, and so we have a lot of
11 opportunity to do human studies, but to really get at the answer we
12 have to do pretty invasive things, like bronchial brushings and stuff like
13 that. Maybe sputum would be something that you could do, but these
14 invasive studies get you the samples that you can then study for
15 inflammatory markers and mediators and gene expression and mutations
16 and all of these things, and it opens up a very interesting door. But I'm
17 getting a little bit -- I'm segueing into the next session on research.
18 So those are my thoughts.
19 DR. WARD: Is there anyone with their tent up wanting to speak? I just
20 want to double check that nobody's -- okay. I don't know who's first.
21 We'll have time for everyone, so why don't we just go in order around
22 the table. Leo?
23 DR. TRASANDE: Thank you. I just wanted to make a couple of generic
24 comments about pediatric cancer because that needs to be in the
25 discussion. First of all, we'll never get a three-fold increase in the
26 context of any population that one could study, so I think our threshold
27 for including that category of cancer -- and I'm not arguing that should
28 be our basis for deciding whether to include that condition, but I just
29 wanted to voice that, that for all environmental cancer studies that I've
30 seen for children, with the rare exception of some radiation, you're
31 never going to get to a three-fold increased risk factors. I wanted to put
32 that reality check in there because I keep hearing three-fold as a -- as a
33 criterion, and I find that a little hard to accept.
34 So I'm going back to Dr. Dement's comment that we need to look at
35 biological plausibility and the scope of exposures we best can
36 characterize it as our guiding force here. So I'll leave it there for now.
37 Thank you.
38 MS. FLYNN: Yeah, I mean I am coming from very much the same place as

1 Leo. I think that we need to look at bio plausibility, and I actually -- and
2 of course we would also need to think separately about pediatric cancer
3 -- bio plausibility in the context of pediatric cancers. And I'm wondering
4 if this Committee should seek expertise -- you know, seek the most
5 advanced thinking in making its bio plausibility arguments on the impact
6 of synergies. So yes, I agree, we have PAHs, we have benzene, we have,
7 you know, known bad actors. But we also have concentrations and
8 combinations that haven't been seen before and I think that that could
9 very much strengthen a bio plausibility argument.

10 MS. DABAS: My concern has been, one, I think Mt. Sinai has benefited
11 and scientists will benefit from the ability to treat some of these
12 ailments. And if we don't allow them to treat the cancers, it makes their
13 research that much harder. When you have people -- the people that
14 are studying in one institution at Mt. Sinai, and the people that are
15 treating at Sloan-Kettering, who has not really been part of this
16 discussion, there is a bridge that's just not there. So the information will
17 always be muddled. And so if we keep asking for this information and
18 this information and we don't build the bridge to get the information by
19 looking at cancers and creating an avenue for the physicians that are
20 studying these cancers to actually treat these cancers so they can learn
21 more, then we're crea-- we are becoming part of the problem. We are
22 kind of -- you know, Dr. Rom says he's a scientist. We're preventing
23 scientists from doing what scientists do, and I think that we need to be
24 careful that, in trying to prove something that seems to be, you know, 25
25 years from now before we can make a definite scientific proof and not
26 provide the tools for science to do what it needs to do, then we're really
27 going to hurt the process.

28 DR. MARKOWITZ: I am not terribly hopeful about the epidemiology
29 that's -- we're going to get in the next year because those study designs
30 are not as favorable as FDNY. The EMS study's going to be smaller, and
31 even the fire department study clearly had some problems with
32 statistical power and having enough people. And then there are
33 problems with Sinai and DOH having to do with selection and et cetera.
34 That's not to say that they won't be worth something, just that it's not
35 necessarily such a hopeful situation in terms of clarifying it.
36 So then we're left with the rest of the case. And for me, the rest of the
37 case -- I think about a hypothetical. If this were -- if we -- if Ground Zero
38 were opened for ten years and there were benzene down there and

1 people -- we knew what the benzene level was, and then six years later
2 somebody developed leukemia, we wouldn't be even thinking about
3 epidemiology. We would say that yeah, the exposure was there, there's
4 a known relationship, the disease occurred on time and we're good. And
5 so the question is -- in my mind, is in nine months, which is how long it
6 was open -- Ground Zero was open, is a short period of time for
7 occupational studies. It was a long period of time for people down
8 there, given the pictures of what we saw their exposure was like, but in
9 our normal occupational epidemiology it's very sma-- it's very short.
10 So this hinges on are there data we can point to, not our feelings about
11 it, but a scientific argument we can point to that acute or sub-acute
12 exposures, relatively short-term exposures, can cause cancer, and can
13 cause cancer in an accelerated time frame. And if we can find something
14 that supports that, then I think that builds an argument. And if we can't,
15 then we're stuck with this is a unique situation and -- which is
16 acknowledged, but what do we say next when we say it's a unique
17 situation? What can we say beyond that, that it's unique, we haven't
18 seen it before, and therefore we conclude -- what?

19 MS. HUGHES: Hello? I agree with a lot of what you say, but I just want a
20 point of clarification as someone who's lived downtown, one block from
21 the World Trade Center, for the last 23 years. The exposure did not
22 necessarily stop after nine months. A lot of this -- the chemicals dripped
23 into the surrounding area. There's been construction and digging for the
24 last ten years. Deutsche Bank was finally only down, not even the
25 foundation, not even the complete foundation, and transferred so -- not
26 even transferred, it was -- Port Authority was given access this January in
27 2011. And so the concrete -- even R. J. Lee with their \$30 million
28 toxicology study on contaminants, showed contaminants in the concrete.
29 And so the surrounding area -- they had been digging it for the Vehicle
30 Security Center so I don't think we need to be bounded by just the nine-
31 month exposure. It might be nine months for -- depending on certain
32 type of occupational exposure, but I believe it's a lot longer and even
33 people in surrounding buildings that were not necessarily cleaned out in
34 nine months.

35 For example, I don't know about the Verizon building, which is right
36 there, or the World Financial Center. This -- only recently -- also about
37 Fehrman (ph) Hall was there for years. You know, maybe it was finally
38 completed two years ago, and you have all the debriding truck through

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the community.

DR. MARKOWITZ: I overlooked that point, and I apologize. And I thought that Jo Polett did an excellent presentation yesterday portraying the continued -- the likelihood of continued exposure. Obviously it does not apply to the workers who ended in mid-June, but for the residents, sure.

MS. SIDEL: I just wanted to say something really quickly about the combination of chemicals that I just find -- nothing good is going to come from the combination of chemicals. So if it was like, you know, benzene and dioxins, I -- and they're pushed together, it's not going to be good. They're not going to cancel each other out, so it's just going to make it worse. And I mean I don't know how you prove that scientifically, or even why that's important because obviously it's just going to be more caustic. It's not going to be good. So when everyone keeps talking about the combination and we don't know how that affects people, it's going to be worse, that's going to be the effect. I mean I -- thank you.

DR. WARD: There's at least two large issues. I guess one is, you know, what can we infer from what we know about the material that was there and the extent of exposure to that material. And I think -- you know, a lot of the information that we have is basically a list of what was there, and there's some exposure concentrations, but it really -- I'm not sure what additional extrapolation or data you would need to kind of come up with a probabilistic statement about 'we believe that' -- I mean do -- what kind of chains of evidence would you need to say that, given the nature of this exposure, we believe it's not only possible but likely that this -- I mean I think already there's probably enough to say it's -- it could happen. So how do -- is there -- you know, is there someone who would like to volunteer to kind of either be on a workgroup or try to address the question of how much inference can be made about cancer from the composition and the exposure data that's available to date and bring that back to the Committee? Or --

DR. MARKOWITZ: You're asking -- you're asking about exposures, about taking a new look at exposures?

DR. WARD: Well, I mean we have data on exposures, and I think many people have said is it biologically plausible that these exposures could cause cancer. And I think for -- many people would say yes, it's biologically plausible. The question is how likely is it. I don't know if -- I mean I think one thing we need to do is frame the -- you know, we've

1 made assertions about what we know -- we've made assertions about we
2 can -- what -- we can make inferences from the exposures, but I guess
3 the question is to refine a little bit what inferences -- how to make those
4 inferences and what those inferences are. So is it -- is it the fact that,
5 you know, eight known carcinogens were present? Do we need more
6 data to develop a rationale based on levels of exposure or concentration
7 or -- you know, what is it that we need beyond what we have now to
8 make more -- firmer conclusions about that? Leo?
9 DR. TRASANDE: Let me take a step back. How I'm thinking about this is
10 maybe a bit different. There is a medical certification that follows from
11 listing that needs to be performed before a condition would actually be,
12 in practice, covered. So I'm -- to me, that takes some of the burden off
13 of us insofar as we might add a condition to the list. There still is a step,
14 a medical certification. I'm about to start filling these out myself in my
15 own work, and they are serious -- from what I've read, they are very
16 serious documents. Now if that represents a conflict, I'm laying it right
17 on the table, just in terms of saying it. But anyway, so what I'm struck
18 by, rather than going into a workgroup I think we -- I still -- I'm still
19 struggling on what are our core criteria for inclusion first as a condition.
20 And the only other point that I would like to make about epidemiologic
21 evidence is there are some suggestive other studies that don't
22 themselves look at outcome but look at biological markers, and
23 especially -- I'm always struck by Dr. Ricky Preher's (ph) study on PAH
24 DNA adducts in relation to World Trade Center proximity. Now that was
25 not an occupationally exposed population. I'm not saying PAH DNA
26 adducts jumps you down the line to cancer, but it's a marker of PAH
27 exposure. So you know, I'm not answering the question that I posed to
28 the group about criteria just yet, but I think what I'm also suggesting
29 nonetheless is that if there's -- there's going to be very weak
30 environmental monitoring data that we can work from, there's probably
31 not a need to revisit the literature in full and come back with a
32 consensus. There are a lot of review publications that have examined
33 this, including the first report. But I -- and so I would urge us to think
34 about what might be enough to push us over that -- push us off the
35 dime, to use what Bill Rom said. And I'm already signaling that if you
36 had decent biological plausibility in the context that we -- we can't
37 identify a subpopulation that actually has an increased risk of cancer, it's
38 not our job -- that if we can identify it within a subpopulation that we

1 think is highly exposed, that that may move us off the dime onto the list.
2 And if there are other suggestive evidence of sufficient carcinogen
3 exposure to potentially increase risk, then that might push me off -- off
4 of that dime. So I don't know if -- I'm not being completely eloquent,
5 but I think I'm starting to move -- try and move us towards a definition
6 of what would lead to an inclusion of a condition.
7 Others should feel free to amplify, criticize and comment. Thanks.
8 DR. WARD: I mean, you know, one of the things that IARC considers is
9 that when there's animal evidence of carcinogenicity but no human
10 epidemiologic studies or weak epidemiologic studies, they look at
11 mechanistic data and they specifically look at evidence that a mechanism
12 that can -- you know, that whereby something causes cancer in animals
13 or known to cause cancer is -- is present. So looking at the biomarker
14 studies, DNA adducts for example, would be one of those indicators that
15 would make the link between potential carcinogenicity based on what's
16 in the mixture, and the fact that the population had exposure at a level
17 that is increasing this marker, you know, that's related to cancer. So I
18 think that is something that we should definitely look at more carefully,
19 as well as consider in our research recommendations, is what biomarkers
20 have been looked at and do they in any way contribute to how we
21 evaluate the existing data.
22 Tom?
23 DR. ALDRICH: Well, I acknowledge the weakness of the epidemiologic
24 data, and the issues of latency are a really big problem. But I don't think
25 we should be too sanguine about the exposure data at all. I mean we
26 are all exposed to asbestos. We are all exposed to benzene. It's a
27 matter of dose, and we just do not know the doses that workers or
28 residents or anybody received of any of these potential carcinogens.
29 And so I just don't see that knowing a list of chemicals that were present
30 is really all that helpful.
31 MS. SIDEL: I just want to say that I'm not sure why dose -- as a scientist,
32 I can understand why that's an issue, but everybody is so different,
33 everyone's body is different, so the way you respond to the same dose
34 that I get could be totally different. And you know, I may have a genetic
35 predisposition to something and this exposure triggers that
36 predisposition. I just think people are too different and to say that one
37 dose is going to affect everybody the same when there's just such a
38 varied population there, I don't understand how that works and why

1 that's critical. We do know that there was -- we do know that there was
2 a -- we have like all that information about the data of what was out in
3 the neighborhoods, what was done on the Pile, you know, and what
4 percentages. We have a lot of information about that stuff.
5 DR. TRASANDE: I was going to comment -- and maybe I'm in a middle
6 place between the last two commentators, but I'll -- but try me here. I'm
7 of the philosophy that if you're above -- environmental monitoring levels
8 need to be above background. That drives me in a way that if they're in
9 the range of background, that's -- that's important to me. And I think
10 there are a number of studies that we have that suggest that for a
11 number of key chemicals of concern for carcinogenicity, we do have
12 evidence of levels above background. Now we also have biomonitoring
13 data for dioxin and for perfluorinate, if my memory serves me correctly,
14 in at least one population of biomonitoring evidence above background
15 as well. And now that doesn't sway me for the whole population of
16 WTC-related exposees, but I think it -- we don't have that -- the luxury of
17 dividing up the population with regard to what's an eligible condition at
18 this point. We either have to or -- or don't. And I think we have to act in
19 that mode, and I think then from there it goes back to biological
20 plausibility and some of the other arguments that we've had before. At
21 least that's how I'm thinking about it. Now I may not be on base there.
22 DR. DEMENT: I think in some ways we're at the limits of what we can say
23 about cancer risk related to dose. I'm yet to know a cancer where
24 there's actually a threshold. Certainly we have background exposures
25 and we have some risk. Take some examples that came from this
26 exposure, asbestos and benzene. It's been controversial for years
27 whether or not there's actually a level of exposure that you can have
28 that you don't have some risk. The more studies we've had going on
29 over the years, that level where you can actually demonstrate risk has
30 gone down and down. And with benzene you go back to some of the
31 models that look at the mechanistic process in terms of activation or
32 deactivation of metabolic pathways, and there's still no evidence that
33 benzene has a threshold for the -- especially for leukemia.
34 So I -- you know, I like the idea of exposures that are significant being
35 related to potential cancer outcomes. If you ask me down the road do I
36 think that we'll have excess cancers in this population demonstrated by
37 epidemiology, yes, I do. To say, a priori, which ones there'll be is quite
38 another question. I would probably guess we're going to probably see

1 some lung cancer excesses out of it down the road for sure.
2 DR. WEAVER: I just wanted to ask John if -- apparently you were on a
3 cancer committee that met within the last year relating to World Trade
4 Center? Can they bail us out at all with this?
5 DR. DEMENT: I think one of the studies you have before you actually
6 came about -- at least a part of the discussion of the design for that and
7 how it would go forward and some of the others that are already
8 planned were -- that was the object of that discussion -- how would you
9 characterize exposures, and maybe across the studies you can actually
10 compare them a bit, and sort of the methods for linking up with some of
11 the registries.
12 DR. WARD: So I mean it -- it sounds like, in terms of forming the
13 workgroups, that we could have one or we could have two. And I would
14 say that maybe we do think about framing it, because I think a lot of --
15 ultimately we're really going to be -- it is going to be an opinion, no
16 matter what. I mean there isn't enough data to say, based on any
17 external criteria that already exists, yes or no. But I think it's going to be
18 an opinion, and I think what's -- so I think we would charge the
19 Committee to really develop a case in favor -- what are all the arguments
20 that could be made in favor of including cancer as one of the conditions,
21 and what are all the arguments or the factors about the existing data
22 that would make us hesitate to make that recommendation at this point,
23 because I really think in the end it's going to be -- this recommendation
24 is going to be built on opinions. And then I do think it's critical for us to
25 try to identify what are the pieces -- the most critical pieces of data that
26 could be used to make a more -- to have a more informed decision and
27 to look at whether those studies are underway or they actually need to
28 be initiated or recommended by the Committee.
29 Does that sound reasonable to folks? Does anyone have an opinion as to
30 whether we should have two committees, one focused on exposures and
31 toxicology and another focused on -- I would say epidemiology,
32 biomarkers, with a little toxicology, because I think toxicology's relevant
33 to both. Leo?
34 DR. TRASANDE: I don't know what others' thoughts are, but my sense is
35 that this is a job for the Committee of the whole. I think segmenting -- I
36 don't think this is something that the epidemiologists should go into one
37 corner, the medical people should go into another corner, and the
38 community advocates should go into another. I just think that's a

1 dangerous proposition. This is a tremendously significant decision for
2 the group, and I think in the interest of enhancing transparency and
3 having open dialogue like this that's been really helpful, I would prefer
4 we go forward with this as an ongoing conversation. If that means
5 teleconferences, if that means alternative modes of communication, so
6 be it.

7 DR. WARD: I think that's a great point. I do think that we do need some
8 people to commit to do some actual work, and so in that sense I was
9 proposing workgroups, but you know, it's fine if the Committee wants to
10 do that, as long as we have people who are tak-- you know, are willing to
11 take on some defined tasks to prepare between the meetings for specific
12 discussion topics.

13 DR. TRASANDE: I'm struggling a little bit with what work tasks. I mean I
14 think we're at the point that -- you know, if we -- you know, one of the
15 things that I prepared for this meeting, knowing that cancer was going to
16 be a point of discussion, was the Administrator's first report, and I
17 actually think that's a fairly thoughtful, fairly presented discussion of
18 what we know to date. I just hesi-- I'm just not sure what the work
19 products are going to be. I think we need to have more dialogue
20 discussion about criteria and start to move towards a judgment call. I
21 think that would be a more fruitful process. So my own opinion is we
22 need dialogue, not reports on reports on reports. I respect that mode
23 and at some point when we get to writing, I think we're going to want a
24 companion opinion, maybe there's a small subgroup of people composed
25 on this Committee who do the actual writing. That's just my perspective.

26 MR. CASSIDY: I think Leo's right. I think it needs to be the entire group.
27 One thing I -- you know, we can't get away from is that there really is a
28 failsafe built into this system. Right? So if we were to decide to include
29 cancers, there is a failsafe. It's not like we then green-lighted this
30 process where anybody who lives below Canal Street is in. We can't
31 dismiss that because it's critically important to the process. I mean it's
32 almost like when one of my kids comes to me and says is it okay if I go to
33 the movies tonight, and I always say yeah, it's okay with me as long as
34 you get your mother's approval. So in effect, you know, I've given like a
35 half a green light. And there's some sense of reality to that because --
36 you like that, Leo? Good -- because that's the truth. I mean we're
37 making a decision based on common sense.

38 If there was no failsafe, if -- if there was no failsafe, if no individual -- if

1 we were to grant cancer or add cancers and there was no failsafe, then I
2 think it would be reasonable for a lot of people in this Committee to be
3 skeptical about that decision. But because there is a failsafe, a real
4 failsafe that requires a review and a confirmation by a physician, and an
5 ultimate decision by the Administrator, I don't think that that is such a
6 great leap that we are making, given the fact that we know what
7 happened. We all watched it unfold on TV. It is a disaster of unknown
8 proportions. And the exposure to thousands and thousands of people
9 are documented, and some results -- although preliminary on cancers --
10 show an increase. The lung disabilities for firefighters is documented
11 beyond belief. And I think when you factor all that in and you have a
12 failsafe, I think that gives us leeway to make a decision to include it. But
13 no matter what, I think that should be part of the discussion when we
14 talk about where we're going.

15 DR. ALDRICH: Well, I generally agree that we should not be segmenting
16 into an epi group and a toxicology group. I think what would be useful,
17 though, is position papers taking -- I don't want to say extreme positions,
18 but defined positions. And for me personally, I believe that the data at
19 some day is going to show that there are increased cancers related to
20 World Trade Center exposure. I have little doubt about that.
21 But I think that there are some -- that there's good reason to be
22 cautious, and that is -- and there's very good reason to base our
23 decisions on evidence. And furthermore, I think that it's not all or
24 nothing. I think that it's extremely unlikely that a cancer that comes up
25 in December of 2001 -- a lung cancer, let's say -- is related to World
26 Trade Center. It's extremely unlikely and we should acknowledge that,
27 along with the other things, that there's -- that the further out we get,
28 the more the chances that a given cancer is related to World Trade
29 Center exposure. The closer to the time of exposure, the less likely. And
30 that has some importance for public policy, I think.

31 I don't know what's the right answer, but I think we should stake out
32 some positions, even if they're a little bit more extreme than we really
33 believe, just to take positions so that people can react to them.

34 DR. ROM: All of us have time constraints, so joining working groups is
35 something that's almost impossible. But I do think there's a program
36 administrator who does have a staff and could provide us with some
37 information. And I would suggest two or three areas where we need
38 more information.

1 First, we have these exposures, and there's a lot of measurements on
2 benzene, polycyclics, asbestos and perhaps some other carcinogens, like
3 dioxins, that could be brought together. And how much was in the
4 building, like how much asbestos was there, and then all these
5 measurements I've seen by the EPA -- generally they don't find anything.
6 But I'd like to know what measurements have been made and have one
7 piece of paper or a couple of pieces of paper that tells us what the
8 exposures -- what the exposure data is.
9 And the second thing is -- so we'll have the FDNY study, the Mt. Sinai
10 study and the registry study on cancer coming out in early '012, but I
11 think it would be nice if somebody is going to capture that data and
12 whatever else is out there and -- and have that for us at our next
13 meeting.
14 And the third thing is there may be additional biomarker data that's out
15 there that would be nice to have, that could help us make a case.
16 And I think staff helping us is not unusual for advisory committees, that
17 that would be helpful, and we certainly would have the time to review
18 documents, and to try to generate the documents ourselves would be
19 more of a challenge.
20 DR. WARD: In the report that was generated by NIOSH there's a
21 compendium of exposure data, but you're asking for another level of
22 analysis, or an evaluation of each of the elements?
23 DR. ROM: (Off microphone) (Inaudible)
24 DR. WARD: Okay. So Steve, and then Leo.
25 DR. MARKOWITZ: I would propose a compromise. The request to us -- in
26 the request to us, Dr. Howard wants us by March 2nd to include a
27 description of our evidence, the quality of the data, description of the
28 methods used to formulate the advice, so we're going to have to write
29 something up and we might as well begin sooner rather than later. So
30 we could have workgroups that are open to everybody and that
31 achieves, you know, both purposes. And those workgroups could try to
32 take -- consider positions perhaps more extreme than they might
33 naturally move to as a way of getting out all the issues, and I would
34 volunteer to be on one of the workgroups.
35 MS. FLYNN: I just want to respond, Bill, to what you were saying. We
36 went through, many of us in this room, a nearly year-long process with
37 the EPA's World Trade Center Expert Technical Review Panel --
38 UNIDENTIFIED: (Off microphone) (Inaudible)

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MS. FLYNN: What?

UNIDENTIFIED: (Off microphone) (Inaudible)

MS. FLYNN: Yeah, yeah. So the data -- let's -- let me just state it this way. The data from indoor environments that the EPA gathered was widely discredited by the experts on the panel and by people in the community who got up, who had -- had done their own environmental auditing. The Stuyvesant Parent Association had hired a very well-known, highly accredited environmental auditor, and there also were a wide range of narrative accounts, eyewitness accounts by residents, about how the EPA's -- that the actual people entering buildings to do testing would not run fans and leaf blowers, would turn fans directly against the wall -- I mean it's -- the problems were legion, so I'm just going to -- you know, a very, very big red neon cautionary note on utilizing EPA data to draw conclusions about the exposures of residents, students and area workers.

DR. TRASANDE: Just thinking about the day and a half -- day and change so far, the one aspect of the World Trade Center disaster that we've not discussed in great depth, like what Bill said, is the environmental exposures themselves and what data we have for or against certain chemicals being above background, for instance. And there are experts in the area specifically who have thought about this in extremely great depth. There are some on this very FACCA, as well. And that may help move our discussion in a facile way, in addition to what the Committee -- the Administrator's staff can provide. I think that would really be helpful. At least that's the area I think I'm hearing of greatest uncertainty perhaps about exposure.

I think from there we could probably move through the biological plausibility, and other components of the logical chain to cancer, more carefully.

DR. WARD: I think we are going to have to wrap this up or we won't be able to discuss research at all. I mean I hear a couple of people making the specific proposal that we -- I mean I think in general people agree that the main body of work will need to be done by the Committee as a whole, but there might be some preparatory work that could be done either by making requests to NIOSH staff for specific information or bringing in experts to advise us on specific topics. And I think the idea of dividing up into two groups just to maybe draft the arguments for and against has kind of resonated with a couple of people, so -- so if -- I

1 mean -- so if someone wants to make a motion to proceed in that way --
2 but I guess the -- essentially what we're saying is the group wants to
3 continue to meet, possibly by telephone, to deliberate on this further.
4 But -- and people are opposed to workgroups going off in isolation and
5 doing a lot of work just off on their own, but that they are not opposed
6 to having groups that would help prepare position statements for
7 discussion by the group.
8 Is that correct, Steve?
9 DR. TRASANDE: May I ask a question and then possibly propose a
10 motion?
11 As far as I know, we haven't defined a next meeting date, and
12 presumably that meeting would have to happen by March 2, so I'm -- I'm
13 a big fan of walking back from the date certain and potentially working
14 out a strategy to get to a point where there's -- where we do our job. So
15 I guess one proposal would be to actually suggest a potential meeting
16 date and try to march backwards from there, but that's just a thought.
17 DR. WARD: I don't know if we'll be able to decide an actual date, but we
18 could say that we'd probably plan an in-person meeting sometime in
19 February -- I mean if we worked under that assumption. Yes?
20 MR. CASSIDY: I agree with Leo, we should work back, and I think sooner
21 rather than later so -- you know, I do think there's a consensus that we
22 all get in the same room. I don't like the idea of dividing into camps for
23 or against because, to be honest, I want to hear the arguments of both
24 sides and could change my opinion. And I don't want to think that I'm
25 predetermined to be in a particular camp without hearing other people's
26 arguments.
27 But having said that, I don't think we should wait till February. I think
28 we should try to get a meeting in January, in case it doesn't go as well as
29 we would hope. And March 2nd -- you know, if you're in February, you
30 don't really have a time to get another one going. So I think we should
31 try to get something early/mid-January which would give us time to get
32 back late February to finalize something, assuming we're building a
33 consensus. And if we're not building a consensus, we've probably got to
34 get back in a room and try to figure out where we're going.
35 DR. MARKOWITZ: At least to clarify, make a motion that we do have two
36 workgroups, one focusing more on the epidemiology and the toxicology
37 as it approaches the epidemiology, and the other on the other side more
38 on the exposure and then related toxicology; both workgroups be open

1 to all, and both workgroups consider the various sides of the arguments,
2 and that the workgroups produce a preliminary write-up that would
3 serve the purpose really just of furthering and focusing the discussion so
4 that we can advance more quickly.
5 MS. FLYNN: I think I mostly agree, as long as working group
6 conversations would -- everyone would be privy to those.
7 But before we move -- and I'm sorry to do this, but before we move in
8 the direction of defining a working group around exposure, I'd actually
9 like to ask Micki Siegel if you could just briefly give us an overview of
10 what's available by way of exposure data, 'cause I think everybody needs
11 -- I really do think this is very important.
12 DR. WARD: Right, but I do think -- we have a motion on the table --
13 MS. FLYNN: Okay, we have a motion on the table. We'll redefine the
14 mission of the working group, the one that includes exposure data, after
15 --
16 DR. WARD: No, and I also think it's important to understand that the
17 group that addresses exposure data is going to look at the quality of
18 data, look at the limitations of the data, and you know, people will have
19 an opportunity to be -- to be represented and to share information. So -
20 - so it -- but it's -- it's really just that that committee will focus on
21 exposure data.
22 MS. FLYNN: I'm just not entirely sure that the people sitting around this
23 table can -- because I'm not -- it's unlikely that the majority of people
24 sitting around this table understand just how limited those data are.
25 DR. WARD: Well Paul, this is kind of a procedure question, so when we
26 have these meetings they will be announced -- the telephone meetings
27 of the workgroups, they would be announced in the Federal Register and
28 open for public comment, and we also would have the option of asking
29 specific individuals to come and speak to specific issues. And I think that
30 could be recommended by some -- anyone on the STAC, that we -- if we -
31 - so I think it's covered. Tom?
32 DR. ALDRICH: I don't think it's going to be helpful to have two separate
33 approaches, because I think we're pretty much in agreement about the
34 epi data, that -- well, we're in agreement that there's some value to it,
35 but it's not going to be definitive. And so what our decision really hinges
36 on is the toxicology. And so I think we should focus on that and just
37 have a -- because if we have too many groups, we're just going to have --
38 it's going to impede our coming to a decision. I think we should have a

1 single discussion, clarify the toxicology, acknowledge the weaknesses in
2 the data, try to determine if there are any data that are reliable, and
3 present what we have and go from there.

4 MS. MEJIA: I really don't want anybody to leave this room thinking that
5 there's a lot of exposure data out there because there really isn't.
6 There's a big void there, and so let's not hang our hats on all this data
7 that may not be there because there was -- there was no data captured, I
8 think from day one. There wasn't any environmental monitoring done
9 on day one. There was no personal monitoring done on day one. So
10 let's not -- you know, don't walk out of here thinking that you're going to
11 find a whole bunch of data out there that we haven't really tapped into.

12 DR. DEMENT: This is at least the third meeting that I've been to, maybe
13 the fourth, where data on exposures has been discussed, and the same
14 theme comes across every time, that they are limited. And frankly, I
15 think the publications that are already out there summarizes what we're
16 going to know. I think we could waste a lot of time trying to dig into
17 these data, and the people who really know it very well, they've already
18 done that and some of it summarized in the NIOSH report is in reference
19 to the original publication. So I don't know where we're going to go
20 beyond that.

21 DR. WARD: Given what you know and where you've been, do you have a
22 recommendation on how to -- we should proceed to come up with this
23 recommendation?

24 DR. DEMENT: I think we're overwhelmed by the exposure, both with
25 regard to the initial magnitude of it and that which existed for a number
26 of months, but also the complexity of it. Now there were like almost 300
27 different compounds that were -- and materials that were measured into
28 the exposure, identified, and we can't -- there's no way possible for us to
29 deal with that.

30 Now I think a sensible approach, at least in the way I see it, is pick the
31 ones -- major ones which had a theme that went across most of the
32 exposures, the ones for which there was reasonable exposure
33 measurement data at least showing the exposures, and Paul LeRoy's
34 papers have summarized a lot of that. And I think we have to base our
35 decision on whether to include or not include cancer on those
36 exposures.

37 DR. WARD: If we want to do that at our next meeting, we would really
38 try to focus on those exposures and look at whatever limited quanti-- I

1 mean look at the cancer sites that have been associated with those
2 exposures in prior studies, and look at the extent to which we have data
3 on exposure levels.

4 DR. DEMENT: Exposure is a three-part scenario. Exposure levels, we
5 don't have a lot of that. It's also where you were at the time. It's your
6 duration of it -- frequency, duration and level, and we don't have a lot of
7 personal exposures. The thing about occupational exposure
8 measurement that you find typically is the general environment may or
9 may not be very high. It's the environment that the individual's in. The
10 breathing level samples, for example, closer to the source are typically
11 much different from those that are far away. People generate their own
12 micro-environments based on what they're doing.

13 So for us to hang a determination on some required exposure level I
14 think is not doable.

15 What I was suggesting, though, there are certain compounds -- and I
16 think NIOSH has listed a fair number of them in their report -- where
17 there's some repeated measures. The levels certainly were above
18 background in many cases, most cases, so you can -- I think with a fair
19 degree of confidence -- say these are exposures that most people at the
20 site would have had.

21 Then the next question is what do we know about those in the risk of
22 cancer from NTP/IARC, largely.

23 DR. WARD: So that makes sense. I think what I was thinking of in terms
24 of exposure is, and some of the things on the list are like vinyl chloride,
25 for example, and I don't -- you know, you do need to get a sense of is
26 this an important exposure in this setting or not, and I don't know if
27 there's any data to know. But certainly we have benzene, we have
28 asbestos, we have the silica-type compounds, we have -- there's actually
29 a limit-- a pretty limited list of group ones, and then I guess we could go
30 and include the 2-As and 2-Bs, and maybe start from that approach. Is
31 that agreeable to everyone, so at least we have a direction that we're
32 moving in, is look at those specific compounds that have substantial data
33 on carcinogenicity?

34 DR. TRASANDE: Could I -- I don't know if we're still on a motion or not,
35 so I'm a bit perplexed. But it might be good to continue this
36 conversation on a call where we try to focus on a list of ten or so -- or
37 something -- something that we can grab our hands onto and get some
38 committee help with regard to giving us maybe some -- a synopsis with a

1 little bit more depth about exposure as we know it with regard to the
2 World Trade Center, recognizing that we may only be able to do a binary
3 above background/below background assessment as a Committee. And
4 then, you know, I -- my instinct is that the rest of it from there is fairly
5 judgmental. I mean it's based on -- you have IARC data, you have NTP,
6 you have all these sources, and we have to just decide well, what class
7 evidence are we going to accept as a basis for taking us to plausibility, at
8 least at some level, from the standpoint of whether there was an
9 exposure or not, recognizing that we can't even sub-segment the
10 population, our task before us is quite straightforward.
11 (Interruption regarding conference connection)
12 What a pleasant interruption. So that's just my -- my suggestion is that
13 we might move towards a conference call where we as a committee try
14 to hone down. And then my suggestion would be to try to, after that
15 conference call, start writing the -- start writing the document. It might
16 be a very small subgroup of lead writers, but then it would always be
17 done in an inclusive fashion towards actually -- and I think inherently it
18 would include abstracted data from the staff reports about the exposure
19 with regard to these key chemicals and the implications based on
20 knowledge from IARC, NTP, et cetera. Those are just some thoughts that
21 I have.
22 DR. WARD: Then I think where we stand with respect to the motion is
23 Steve made a motion for the two committees, and I don't think it was
24 formally seconded, and then there were -- other people put forth
25 different motions, so -- can't do that? Okay.
26 MR. CASSIDY: (Off microphone) (Inaudible)
27 DR. WARD: Okay. So how do we correct this?
28 DR. MARKOWITZ: Why don't we have a restatement of the motion.
29 MR. CASSIDY: Let him restate his motion and then you see if there's a
30 second, and then it's open for discussion.
31 DR. MARKOWITZ: I'm not going to restate the motion because -- I think
32 the motion died. But I would like to say something else.
33 So we have these group one carcinogens. Everyone know-- everyone
34 recognizes they're -- there are human carcinogens down there --
35 benzene, asbestos, PAHs, a couple of others. We know there was
36 exposure. We believe there was exposure. We believe the epidemiology
37 is not going to really help us yet. So what else do we need? And that's
38 sort of a restatement of what Susan said. There's something else we

1 need, and otherwise we're not comfortable, but apparently there is
2 some level of comfort that I've heard two scientists say here that they do
3 believe in the future that cancer will -- could be produced from those
4 exposures and it will have evidence thereof. So whatever else we need,
5 then let's focus on that.
6 Now maybe that's just a restatement of what Leo said, but let's get there
7 and hone in on that -- you know, either way. I'm not prejudging the
8 decision. I'm just saying let's get there.
9 DR. DEMENT: If you were to ask me my opinion, that should we include
10 cancer as something that would occur as a result of this exposure, my
11 answer would be yes.
12 But back to ask the next level is which sites are going to be included or
13 not, I think that's the more difficult question. Maybe it's not a question
14 that we actually need to address, but it is an important question.
15 MR. CASSIDY: I just want to remind people, with reference to what Dr.
16 Markowitz just said, that there were fires burning at the World Trade
17 Center on St. Patrick's Day, and I was there, March 17th, 2002 -- March
18 17th, 2002, we were still putting out fires. So everybody knows that
19 when you have fire, you have carcinogens in the air. The fact that stuff
20 was still burning, you know, six months after the attack should say
21 something about the level of exposure in the 22-acre site. And I think it
22 speaks to -- you know, sometimes we can get bogged down in the
23 technical data, the numbers, the benzenes. How in God's green Earth
24 were things burning six months after? And the answer is: This is a once-
25 in-a-lifetime event, and the exposures suffered by those who were there
26 is, unfortunately, a once-in-a-lifetime event. And to think that cancers
27 are not going to come out of it I just think are flat-out silly. They are.
28 The early documentation indicates that. The fire department study on
29 lungs is -- is definitive. All these bad things can happen to you. You
30 cannot be in a site six months after an attack and still fires burning, and
31 think maybe nothing's going to come from this. So I don't want us to get
32 away from the common sense and facts that are maybe not scientific,
33 but real.
34 DR. WARD: But it is incumbent on us, if we make this recommendation,
35 to rigorously define the scientific rationale for that recommendation.
36 And so I don't think we've laid the basis for doing that at this meeting. It
37 could -- and I think what we're trying to do is struggle with how to
38 approach this large body of evidence and, you know, apply it to making

1 this recommendation. Susan.

2 MS. SIDEL: This might be a situation where a lot of the legal community

3 that's involved in this might be helpful because the writing

4 recommendations for like say the victim's compensation fund or just

5 briefs that they're doing, past briefs, [identifying information

6 redacted]briefs, things that, you know, [identifying information

7 redacted]wrote for Zadroga when he was representing him, there's a lot

8 of -- you know, where they had to connect the dots to make a case, and

9 that's essentially what you're saying here is that you're sort of making a

10 case. And so what I sort of see is that we have the chemicals and now

11 we're going to start -- you know, we have all this -- these things and

12 we're just going to be connecting those dots. It's really like a brief, in a

13 way. I mean it -- is that bad because it's not scientific? I mean but it is -

14 - it's connecting the dots, putting it -- putting it together, sort of.

15 MS. DABAS: My question is, it goes back to Steve's question, which is

16 what is it that is still missing that people need to -- for the science?

17 What is it that is likely to be available within the next time that we meet

18 that will make this case? And I pose that to the scientists. Like if -- if

19 there is something that we feel that could be available or that will be

20 available before March 2nd, I would -- I would love to know what it is

21 because it doesn't seem that the fire department, Mt. Sinai or the WTC

22 Registry will provide any information before then. It doesn't seem that

23 there's anybody else that's going to provide any further scientific

24 information until then. So I'm wondering if -- what -- what would we

25 need? And if that information is even available.

26 DR. ROM: Valerie was looking at me. All right, I'll tell you what I want.

27 For lung cancer, which is really possible 'cause this was an inhalation

28 exposure and we have defined carcinogens that are great for making

29 lung cancer, so the firefighters had nine lung cancers in seven years and

30 they had 21 expected, and their SIR, this incident ratio, was .42, so you

31 know, we have a long way to go.

32 I think lung cancer is not going to be seen to be increased for years. For

33 at seven years, I don't think we're going to see much -- I don't -- ten

34 years, 15 years, so it's going to be too long to wait. And the firefighters

35 were the most heavily exposed for lung cancer.

36 I find the multiple myeloma and non-Hodgkin's lymphoma a little bit

37 more likely and plausible 'cause they -- there's literature on them and I

38 mentioned the numbers of cases. I'm not quite there yet. I'd like to see

1 some at least case series reports, which probably will be forthcoming in
2 the not too distant future.
3 I don't think that we should list other kinds of cancers, like prostate or
4 even thyroid or melanoma. You know, there's a biological plausibility for
5 these cancers related to exposure, and I have a real problem with
6 prostate and a pretty big problem with melanoma, and maybe a little
7 less problem with thyroid. And then for other sites like breast or colon
8 or -- or maybe larynx I could think of, but brain -- I mean these sites just
9 aren't biologically connected. The dots don't connect. So -- and to go
10 for all cancers, I think that's too much of a stretch. So that's where we
11 are with the science.
12 MS. DABAS: I just want to comment in that you said that firefighters
13 were the most exposed. I think a lot of the pictures show you that
14 firefighters and police officers worked side by side on that day, so to
15 differentiate between fire and police or fire and whoever was on that
16 Pile is going to be a hard differentiation to make. That would be one of
17 my things.
18 Second, there are about four or five cases making their way through the
19 courts right now dealing with cancer, and I think it's important that the
20 Committee kind of look at those cases as they come along. One of them
21 that I'm familiar with is Mackery (ph) where somebody had a lung scan
22 done two or three days prior to September 11th and it was a clear lung
23 scan. And when they did it again in August 2002, their lung cancer
24 showed. There might be some scientific reason for that, but that case is
25 currently pending in the courts.
26 DR. ROM: Okay. I think the police would be an excellent cohort to study
27 because, as you said, they were heavily exposed and I would make a
28 research recommendation for someone to write a proposal to study all
29 police in New York City and define the exposures and look at some of
30 these outcomes.
31 As far as individual legal cases, there's -- you know, in the FDNY study
32 there were nine lung cancers so, you know, there could be nine
33 individual cases out there. I think that a surveillance program for lung
34 cancer might be kind of interesting in some of this heavily-exposed
35 cohort, like CT scans and maybe biomarkers, but that's a research study
36 and I think that would be a compelling one to look at and possibly fund.
37 I didn't write one, by the way.
38 DR. ALDRICH: One -- you know, I agree with much of what Bill said about

1 that not all cancers are likely to be consequent to World Trade Center
2 exposures, but there are some that are. But there's also a time element,
3 too. I mean notwithstanding the change in CTs between whenever it was
4 and 2002, it's still quite unlikely that a lung cancer originating -- or
5 discovered in 2002 started after 2001. So whatever recommendation we
6 make should take that into account, that it's quite unlikely that a solid
7 tumor in 2001 or 2002 was World Trade Center-related. Not impossible
8 that a hematological malignancy was, and so there are important
9 differences in that regard that make some sense to pay attention to from
10 a public policy point of view.
11 DR. WARD: Any response to that?
12 DR. DEMENT: Yes. Yes.
13 DR. WARD: Okay.
14 DR. DEMENT: But I think that gets to the sort of the second level, that's
15 the attribution of individuals -- a cancer to the exposure. I don't think
16 we've been asked to do that. I think we're just -- we're being asked if
17 this exposure, or these exposures, can cause cancer, are likely to cause
18 cancer. The attribution comes at the next level when you have your
19 cancer and you're with your doctor and you say 'I was exposed last year;
20 can this be related to exposure?' You know, doctors say a lot of things,
21 but hopefully an informed doctor would say 'Very unlikely.'
22 DR. WARD: Leo? And that'll be the last comment and then I'll make a
23 proposal, we won't make it a motion, of how to proceed.
24 DR. TRASANDE: Just a quick comment that if we start -- and I agree
25 philosophically with what Bill said, as well, except to say that there -- we
26 also have to consider the fact that cancers get chemo and there's such a
27 thing as secondary cancer to consider as an associated consequence,
28 which is in the language of the Zadroga Act.
29 And the other thought that I had has since evaporated so I will defer.
30 DR. WARD: Well, I mean what I would propose is that we should set up a
31 phone call sooner rather -- phone meeting sooner rather than later. We
32 have not gotten to the research recommendations and I'd like to do that
33 in a time frame that we can remember what we've discussed today.
34 I think we have gotten some suggestions about how to focus the
35 discussion. One is to look at those specific carcinogens for which there
36 is some data on exposure at the site and we can focus some discussion
37 around that. We have a specific idea of maybe looking at particular
38 cancers -- lung and NHL and multiple myeloma -- looking at those

1 specifically, and perhaps there may be some others -- obviously
2 mesothelioma. You know, that there -- that if we're not ready to make
3 the recommendation to include all cancers, there might be specific
4 cancers for which we would be more inclined to make a
5 recommendation.
6 So I think what we can do is we'll need to still do some work to develop
7 the agenda for that meeting, and maybe we could do that through
8 exchanging e-mails and so on, but --
9 DR. MIDDENDORF: I would point out that for you to have a meeting it
10 takes at least one -- I'd have to have an agenda, or at least the matters
11 to be discussed, at least one month ahead of time to be able to get it
12 into the Federal Register in time.
13 DR. WARD: Okay.
14 DR. MIDDENDORF: So we have that kind of a lag time, and that doesn't
15 include my time for developing the information or developing the
16 Federal Register notice. So probably five to six weeks at least.
17 DR. WARD: Okay. So in the meantime is there -- is there a way that we
18 could collect from the Committee, let's say their key -- the key things
19 they captured from yesterday's discussion on research, or is it -- do we
20 have to wait till the next meeting to get input from the Committee on --
21 or on their perspective on the discussion regarding cancer?
22 DR. MIDDENDORF: I think it might be helpful for us to delay the
23 discussion of research, simply because it's one of those potential areas
24 of conflict of interest and we need to review that more carefully in light
25 of the individuals on the board -- on the Committee and make sure that
26 we can appropriately and properly address the conflict of interest issues
27 there.
28 DR. WARD: Okay.
29 DR. MARKOWITZ: Paul, what's the timetable for that?
30 DR. MIDDENDORF: The timetable? We'll clearly be -- I think we'll be
31 able to handle that probably within the next month.
32 MS. FLYNN: And when are the next BAAs issued? I just want to make
33 sure that we have this discussion about priorities before --
34 DR. MIDDENDORF: Yeah, I'm not sure --
35 MS. FLYNN: -- the process happens around funding research going
36 forward. No date?
37 DR. MIDDENDORF: I'm not certain when that date would be. Nothing's
38 been established yet, so it'll be a while.

1 DR. WARD: Okay, so is there anything that we should -- can do -- I'm
2 sorry. Leo?

3 DR. TRASANDE: Can I make a motion that we sketch out an agenda for
4 our next call now?

5 DR. WARD: Yes, excellent motion. I'm sorry.

6 DR. TRASANDE: Yeah, is that seconded?
7 (Motion seconded by multiple Committee members.)

8 DR. TRASANDE: Okay. Can I move we -- do we need a discussion -- this
9 is Chair-- do we need a discussion about -- can we start to just -- I'll -- if I
10 can, I'll just try to speed things up and suggest some items.
11 So I think clearly we need some staff input about a list of chemicals of
12 exposure -- at least this is how I'm thinking, but maybe I'm an individual
13 perspective on this panel, not the consensus. But if we could focus on a
14 list of chemicals of concern, and focus on a list of -- that would fol-- so
15 that would be one item.
16 Would -- we have a discussion of a more in-depth description of what we
17 know to date about exposures and the aftermath of the World Trade
18 Center disaster.
19 Then I think what we would probably have is an agenda item that would
20 follow that, hopefully would be a discussion of the carcinogenicity of
21 those elements.
22 And then a third would be potentially going where Bill was going,
23 potentially looking at what types of cancer might be on a suggested list if
24 indeed we are to proceed to make a suggestion to the Administrator of
25 causation.
26 I would also like to further suggest that we move quickly to, once we get
27 the conflicts issue sorted, to have a research-focused call fairly soon in
28 tandem, recognizing a five- to six-week lag, so I'm probably attaching
29 that to the motion, but I apologize for doing that if I'm out of order.

30 DR. MIDDENDORF: And I'll say that you need to have just one meeting,
31 not two separate meetings. One phone call, which is a meeting, and
32 then it needs to be an open meeting.

33 DR. TRASANDE: I'm just suggesting that we try to schedule the two
34 consecutively, but not have one meeting and then schedule another
35 meeting with a lag. I'm just sensing that we -- that would take us to
36 March or...

37 DR. MIDDENDORF: What I'm saying is that we will have -- we should
38 have one meeting in which we discuss both the research needs and these

1 other issues.
2 DR. TRASANDE: Thank you. That clarifies it.
3 MR. CASSIDY: If we have an approximate six-week lag time, then we
4 really can only meet twice before March 2nd. Now that's the reality,
5 right?
6 DR. MIDDENDORF: Well, what I could -- if you make decisions on the
7 need to have two additional meetings, we could put that into one
8 Federal Register notice.
9 MR. CASSIDY: I mean I'm just thinking out loud, but it seems to me that
10 we -- we should strongly consider, before we leave today, agreeing that
11 we need a physical meeting, face-to-face, sometime in February as a
12 follow-up to this phone meeting, so that -- you know, maybe we won't
13 need it, but we should plan on having it. Everybody's busy. We should
14 get it on a calendar. We should leave here either knowing shortly that
15 we're going to have a meeting scheduled in February, we're going to
16 have a phone conference four to six weeks from now, and that those two
17 events are going to be what we have left before March 2nd, and I think
18 we should do both of those things.
19 MS. HUGHES: So many people already in New York, the conference call -
20 - maybe there's a room where people who are in New York, to save you
21 money, can be in the room, because somehow a conference call is not as
22 effective as face-to-face dialogue, and money seems to be an issue.
23 DR. WARD: That's a great suggestion that we should go ahead and plan a
24 face-to-face meeting in -- well, it's January or February, whatever is most
25 feasible, in addition to a telephone meeting.
26 DR. MIDDENDORF: My suggestion would be that if you want to have a
27 telephone meeting, we do that maybe in mid-January so you can get the
28 Federal Register notice up and out. With the holidays coming up things
29 tend to get slid a little bit. And then plan for something pos-- face-to-
30 face possibly in mid-February.
31 DR. WARD: Yeah, I think -- I mean I think the Committee would prefer
32 not to wait that long, because we want to be able to have some
33 continuity of thought. Are the two of you commenting specifically on
34 the meetings, the meeting schedule, or... Okay.
35 DR. WEAVER: Just in terms of moving the research agenda along, I'm
36 wondering if it's allowed for us to e-mail our top three suggestions for
37 research priorities so that those could be compiled. We could look for
38 areas of commonality, and then conflicts could be addressed.

1 DR. ALDRICH: That's exactly my point.
2 DR. WARD: That sounds like a great idea to me. We'll have to see if it
3 works with the FACA.
4 DR. MIDDENDORF: Okay, I think the answer to that is, in part, what we
5 can do is you can identify areas of research and send it in an e-mail, but
6 the information will need to be discussed publicly at an open meeting.
7 Okay?
8 And the other thing is that individuals should not be putting things on
9 their list, things in which they have the potential for possibly getting
10 research grants so that they would potentially benefit directly.
11 DR. WARD: Does anybody else feel is it silly for Emily to have to whisper
12 in Paul's ear, 'cause is there --
13 DR. MIDDENDORF: Yeah, this is the way she wants to do it so that's not
14 a problem. The point Emily was making to me is that the e-mails all need
15 to be one-way. It's not a dialogue. So if you set up your list, you should
16 send it to Liz. Liz can compile the list and then that list will be discussed
17 at the telephone meeting.
18 DR. WARD: So we have a proposal for the draft agenda for the
19 telephone meeting, which is to discuss the exposures and the aftermath
20 of 9/11, the list of chemicals of concern with respect to carcinogenicity,
21 to discuss what types of cancer might be associated with those
22 exposures and therefore on the suggested list, and then to move quickly
23 to discuss the research.
24 Is there any other addition to the agenda or --
25 DR. MIDDENDORF: I do want to make the point that it's probably not
26 appropriate for the Committee to assign tasks to the program, which is
27 what it sounds like has been done -- or an attempt to do. That's not
28 something that was in the Committee's purview, so we can't give the
29 program required activities. So I guess what I'm saying is that if the
30 information that's already been developed for the report of cancer, you
31 can use that for -- to address your things about exposure, the things that
32 you want to learn. You can go to the literature. But I don't know that
33 we can go back to the program and say you need to do this for us for our
34 next meeting.
35 DR. MARKOWITZ: Can we request assistance?
36 DR. MIDDENDORF: We can request, but we can't expect it. And Liz was
37 putting it on the agenda as something that was going to be coming, so I
38 don't think we can promise that.

1 DR. WARD: I'm not sure how we can do that based on the information
2 that you have. I mean I wasn't even -- I mean you basically gave us a list
3 with the IARC and NTP classifications, and you gave us summary data on
4 exposure measures. And I do think -- and we have information on the
5 sites of carcinogenicity from IARC, so I don't think that's an extensive
6 preparation task that we're talking about.

7 DR. MIDDENDORF: So what, in addition to what's in the report on
8 cancer, would the Committee be requesting?

9 DR. WARD: John, did you want to speak?

10 DR. DEMENT: Well, you have the classifications listed. And I think in
11 addition, listing the sites where the cancers were found to be increased
12 or suspected to be increased based on the available data would be
13 helpful. It's certainly -- and I wouldn't say do it for this whole list. I
14 think there's a smaller list of exposures that are actually discussed back
15 in the paper and back in the document itself that would be appropriate
16 to spend our time on. We can't deal with this whole list.

17 DR. MIDDENDORF: Okay. So if we were to extract those that were
18 identified by IARC as categories one, 2-A and 2-B, and extract from the
19 documentation of the IARC categorization the animal tests and epi tests
20 that were done and identify what was found from those, is that what
21 you're asking for?

22 DR. DEMENT: That's correct. I think we're looking for a little more
23 direction. I started making my own list based on my recollections of
24 some of the documents -- you know, sites that were found to be
25 increased. I mean basically IARC has to make a decision, and the
26 decision's generally based on either human data showing an increase or
27 some animal data showing an increase, and so that's what we're looking
28 for, those sites where the data show increase, either one, 2-A, 2-B.

29 DR. MIDDENDORF: We'll go ahead and put in that request to the
30 program.

31 DR. WARD: Okay then, so is there -- yes?

32 DR. QUINT: I just want to point out, for the animal evidence the sites
33 won't mean very much because it's not concordant necessarily with the
34 human sites, so it -- that would only be relevant for the epi data -- the
35 sites.

36 DR. WARD: Yeah, group ones, you typically don't have some specific
37 sites, but --

38 DR. QUINT: Yes.

1 DR. WARD: -- the data will be limited, but I think the group ones will be
2 the most informative.

3 DR. TRASANDE: Can I also suggest that perhaps, and recognizing that the
4 hour's very late, that we might want to focus the program's attention on
5 a certain sub-list of chemicals of concern? I mean I could rattle off a list
6 of ones that come to my mind, but -- and I've mentioned some of them,
7 but -- and that may not be helpful as what others might do. I think --
8 PHs, dioxins, perfluorinateds, particulates are some that jump out as of
9 concern to me. That's not a complete list, that's just off the top of my
10 head -- silica, asbestos, benzene -- thank you -- one three butadiene
11 would be on my list as well. John, are you saying cesium? Diesel, sorry,
12 diesel, thank you. Absolutely right. And we're doing this in extremely
13 rapid fashion. I don't mean to push it that hard, but --

14 DR. WARD: Well, it is a good point because when I look at the -- I was
15 thinking it would be pretty straightforward to look at the list and look
16 for the ones and 2-As 'cause those will be the strongest ones, but then I
17 noticed that diesel is not -- I mean I don't even see diesel on the list. Is
18 it a 2 -- I don't remember if it's a 2-B, so I'm not sure -- so these were --
19 this list was based on things that were measured, but maybe some things
20 -- I mean if diesel isn't specifically measured, it would not be on this list,
21 so we may -- you know, we may have to look at the list and make sure
22 that there are not things like that that aren't on it that need to be
23 added.

24 DR. TRASANDE: I would also double check -- and we may need to do this
25 informally -- that there aren't chemicals not on the list that were used as
26 part of the cleanup or rescue or fire extinguishing efforts that aren't
27 otherwise mentioned in here. I think the list is complete, but I'm putting
28 a 'think' there for a reason.

29 DR. WARD: Okay. Yes, Susan?

30 MS. SIDEL: All of the oil that was burning from, you know, those -- I
31 forget how many hundred thousands of gallons, but there was all this oil
32 that was being stored in the basement for OEM. You know, there's all
33 that -- okay, diesel, sorry. All right. I mean that was a big...

34 DR. WARD: So I think that's -- you know, I don't know if there's a
35 mechanism for this, but if we're using the list that was put together
36 earlier as our basis, I think we're adding diesel, including the stuff
37 produced from burning diesel fuel. And I imagine it's okay for the
38 Committee -- if they look at this list on the plane home and see

1 something missing, they can e-mail you and ask -- make that sugges-- or -
2 - e-mail me and I'll make it to Paul to add.
3 MS. HUGHES: So in the World Trade Center, that's all, I just want to add
4 plastics.
5 DR. WARD: Yeah. Susan?
6 MS. SIDEL: Yeah, because every floor of the World Trade Center site is
7 basically an acre, and every acre had hundreds of computers, and think
8 about the carpet on the floor, the boxing for the computers, so all that
9 has to be included, too.
10 DR. WARD: So we're at 11:55. I think we've had some very productive
11 discussions today and yesterday. I think we're worn out. So if anyone
12 has any additional suggestions for the call-in agenda, send them to me.
13 I'll convey them to Paul, Paul will work on setting up a time for the next
14 telephone meeting and an in-person meeting, and we'll work on getting
15 the agendas together and the Federal Register notices.
16 Okay, so we are going to need dates of availability from people. Paul, do
17 you want to send out a poll with potential dates and then have people
18 fill them in, or -- that might be the most efficient way.
19 DR. MIDDENDORF: Yeah, I just need to remind you that we need to look
20 at availability of personnel to support the meeting. We have very
21 limited support and they have other tasks as well, so that will be one of
22 the considerations. And for the face-to-face meeting will be the
23 availability of the location, so the sooner you can get me dates, the
24 sooner I can make some decisions.
25 DR. WARD: So you want people to send you dates when they're
26 absolutely not available or dates when they are available?
27 DR. MIDDENDORF: Probably not available.
28 DR. WARD: Okay, not available. Okay.
29 MR. CASSIDY: What time of day?
30 DR. WARD: Well, I think for the phone conference -- well, I guess that's -
31 - it was brought up that maybe we should have the meeting -- the face-
32 to-face meeting at a time when working people can attend, so we did
33 have the idea of maybe starting let's say at 2:00 in the afternoon, going
34 into the evening, and then continuing the next day, so that's a
35 possibility. But a telephone meeting, I would assume it'll be probably at
36 least three hours.
37 DR. MIDDENDORF: Yeah, we would probably start in the afternoon to
38 accommodate our west coast folks so they don't have to get up at 5:00

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o'clock in the morning.

DR. WARD: Okay, so -- yes.

MR. CASSIDY: What's -- this is a silly question. What's the -- for the face-to-face meeting, why would we start in the afternoon? Why wouldn't we start 8:00 o'clock in the morning?

DR. WARD: The idea would be to have part of the meeting off regular work hours. I guess the other option would be to do it on a Saturday, but I doubt that that's feasible if we want to hold it in the federal building with all the staff support, so that was the only idea is to allow some time for the public to be here when they're --

MR. CASSIDY: When it's open to the public.

DR. WARD: Yeah, yeah.

MS. MEJIA: For the telephone meeting, are we precluded from meeting with some of the Committee members in one room to handle that telephone call? Can we do that?

DR. MIDDENDORF: Yes, you can do that.

DR. WARD: Thanks everyone. We'll bring the meeting to a close now, and I appreciate all of your participation and input, and I guess you are free to send me any suggestions via e-mail and I will convey them to Paul. Thank you.

(Meeting adjourned at 11:57 a.m.)

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I, Steven Ray Green, Certified Merit Court Reporter, do hereby certify that I reported the above and foregoing on the day of November 10, 2011; and it is a true and accurate transcript of the proceedings captioned herein.

I further certify that I am neither related to nor counsel to any of the parties herein, nor have any interest in the cause named herein.

WITNESS my hand and official seal this the 6th day of December, 2011.

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