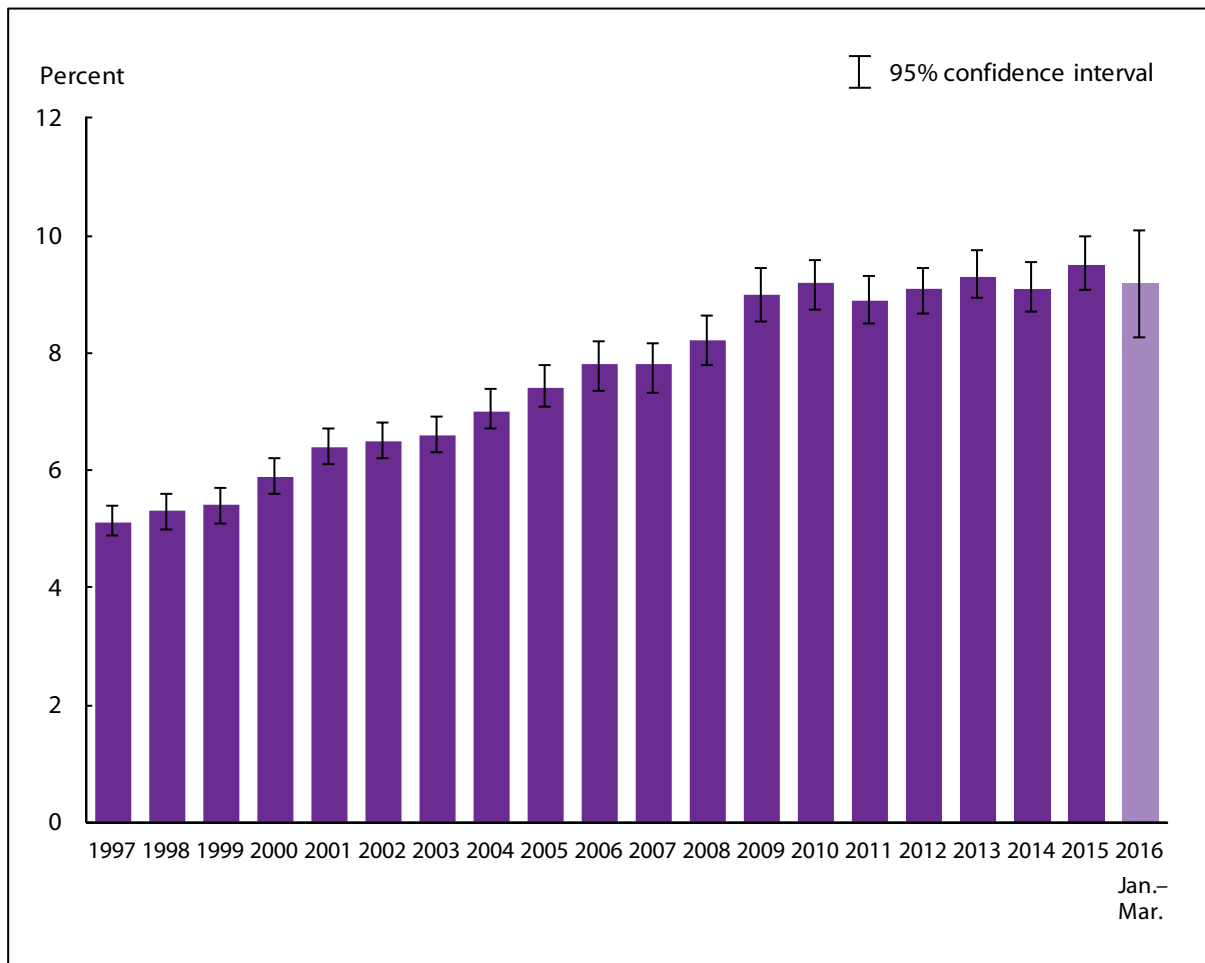


## Diagnosed diabetes

**Figure 14.1. Prevalence of diagnosed diabetes among adults aged 18 and over: United States, 1997–March 2016**

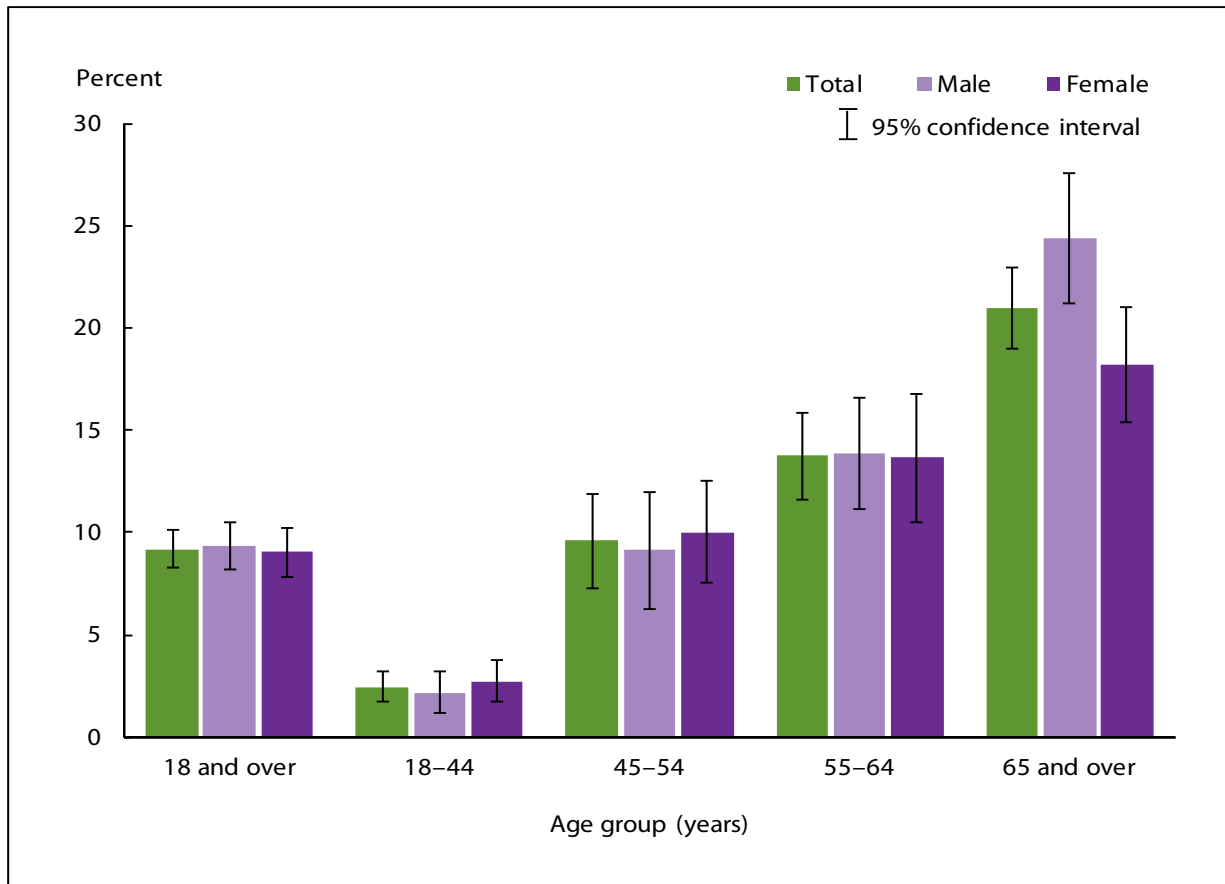


NOTES: Data are based on household interviews of a sample of the civilian noninstitutionalized population. Prevalence of diagnosed diabetes is based on self-report of ever having been diagnosed with diabetes by a doctor or other health professional. Persons reporting “borderline” diabetes status and women reporting diabetes only during pregnancy were not coded as having diabetes in the analyses. The analyses exclude persons with unknown diabetes status (about 0.1% of respondents each year). See [Technical Notes](#) for more details.

DATA SOURCE: NCHS, National Health Interview Survey, 1997–March 2016, Sample Adult Core component.

- For January–March 2016, 9.2% (95% confidence interval = 8.25%–10.15%) of adults aged 18 and over have been diagnosed with diabetes. This percentage was not significantly different from the 2015 estimate of 9.5%.
- The prevalence of diagnosed diabetes among adults aged 18 and over increased, from 5.1% in 1997 to 9.2% in January–March 2016.

**Figure 14.2. Prevalence of diagnosed diabetes among adults aged 18 and over, by age group and sex: United States, January–March 2016**

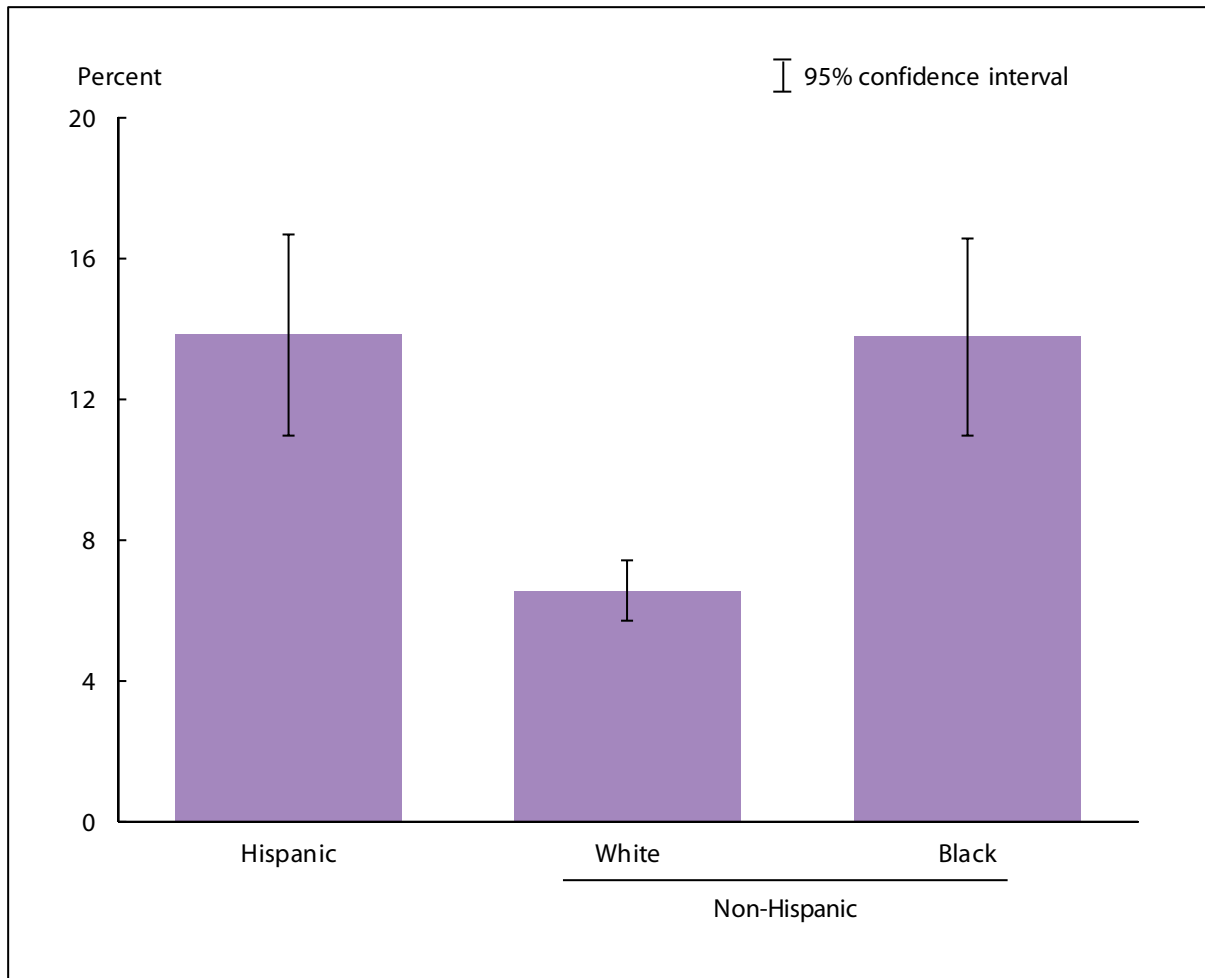


NOTES: Data are based on household interviews of a sample of the civilian noninstitutionalized population. Prevalence of diagnosed diabetes is based on self-report of ever having been diagnosed with diabetes by a doctor or other health professional. Persons reporting "borderline" diabetes status and women reporting diabetes only during pregnancy were not coded as having diabetes in the analyses. The analyses exclude the 0.1% of persons with unknown diabetes status. See [Technical Notes](#) for more details.

DATA SOURCE: NCHS, National Health Interview Survey, January–March 2016, Sample Adult Core component.

- For both sexes combined, the prevalence of diagnosed diabetes increased with age. Adults aged 65 and over (21.0%) were more than eight times as likely as those aged 18–44 (2.5%) to have been diagnosed with diabetes. Men aged 65 and over (24.4%) were more than 11 times as likely as men aged 18–44 (2.2%) to have been diagnosed with diabetes, while women aged 65 and over (18.2%) were more than six times as likely as women aged 18–44 (2.7%) to have been diagnosed with diabetes.
- For adults aged 65 and over, women were less likely than men to have been diagnosed with diabetes.

**Figure 14.3. Age-sex-adjusted prevalence of diagnosed diabetes among adults aged 18 and over, by race and ethnicity: United States, January–March 2016**



NOTES: Data are based on household interviews of a sample of the civilian noninstitutionalized population. Prevalence of diagnosed diabetes is based on self-report of ever having been diagnosed with diabetes by a doctor or other health professional. Persons reporting “borderline” diabetes status and women reporting diabetes only during pregnancy were not coded as having diabetes in the analyses. The analyses exclude the 0.1% of persons with unknown diabetes status. Estimates are age-sex-adjusted, using the projected 2000 U.S. population as the standard population and using four age groups: 18–44, 45–54, 55–64, and 65 and over. See [Technical Notes](#) for more details.

DATA SOURCE: NCHS, National Health Interview Survey, January–March 2016, Sample Adult Core component.

- The age-sex-adjusted prevalence of diagnosed diabetes was 13.9% for Hispanic persons, 6.6% for non-Hispanic white persons, and 13.8% for non-Hispanic black persons.
- The prevalence of diagnosed diabetes was lower among non-Hispanic white persons compared with Hispanic and non-Hispanic black persons.

## Data tables for Figures 14.1–14.3:

**Data table for Figure 14.1. Prevalence of diagnosed diabetes among adults aged 18 and over: United States, 1997–March 2016**

Year	Crude <sup>1</sup> percent (95% confidence interval)	Age-adjusted <sup>2</sup> percent (95% confidence interval)
1997	5.1 (4.9–5.4)	5.3 (5.1–5.6)
1998	5.3 (5.0–5.6)	5.4 (5.1–5.7)
1999	5.4 (5.1–5.7)	5.5 (5.2–5.8)
2000	5.9 (5.6–6.2)	6.0 (5.7–6.3)
2001	6.4 (6.1–6.7)	6.4 (6.1–6.7)
2002	6.5 (6.2–6.8)	6.5 (6.2–6.8)
2003	6.6 (6.3–6.9)	6.5 (6.2–6.9)
2004	7.0 (6.7–7.4)	6.9 (6.6–7.3)
2005	7.4 (7.10–7.78)	7.3 (6.95–7.57)
2006	7.8 (7.35–8.20)	7.6 (7.15–7.96)
2007	7.8 (7.33–8.18)	7.5 (7.08–7.87)
2008	8.2 (7.81–8.64)	7.8 (7.43–8.19)
2009	9.0 (8.54–9.45)	8.5 (8.09–8.93)
2010	9.2 (8.73–9.59)	8.6 (8.21–8.97)
2011	8.9 (8.51–9.30)	8.3 (7.90–8.61)
2012	9.1 (8.68–9.46)	8.3 (7.93–8.66)
2013	9.3 (8.95–9.75)	8.5 (8.14–8.87)
2014	9.1 (8.71–9.56)	8.2 (7.86–8.57)
2015	9.5 (9.07–10.02)	8.5 (8.10–8.89)
January–March 2016	9.2 (8.25–10.15)	8.2 (7.38–9.09)

<sup>1</sup>Crude estimates are presented.

<sup>2</sup>Estimates are age-adjusted using the projected 2000 U.S. population as the standard population and four age groups: 18–44, 45–54, 55–64, and 65 and over.

NOTES: Data are based on household interviews of a sample of the civilian noninstitutionalized population. Beginning with 2012 data, the National Health Interview Survey transitioned to weights derived from the 2010 census. For 2003–2011 data, weights were derived from the 2000 census. In this Early Release, estimates for 2000–2002 were recalculated using weights derived from the 2000 census. For 1997–1999 data, weights were derived from the 1990 census. See [Technical Notes](#) for more details.

DATA SOURCE: NCHS, National Health Interview Survey, 1997–March 2016, Sample Adult Core component.

**Data table for Figure 14.2. Prevalence of diagnosed diabetes among adults aged 18 and over, by age group and sex: United States, January–March 2016**

Age (years) and sex	Percent	95% confidence interval
18–44, total	2.5	1.76–3.17
18–44, male	2.2	1.18–3.19
18–44, female	2.7	1.71–3.77
45–54, total	9.6	7.28–11.87
45–54, male	9.1	6.24–12.00
45–54, female	10.0	7.53–12.52
55–64, total	13.7	11.64–15.84
55–64, male	13.9	11.15–16.56
55–64, female	13.6	10.52–16.75
65 and over, total	21.0	19.02–22.94
65 and over, male	24.4	21.20–27.60
65 and over, female	18.2	15.42–21.01
18 and over (crude <sup>1</sup> ), total	9.2	8.25–10.15
18 and over (crude <sup>1</sup> ), male	9.4	8.20–10.51
18 and over (crude <sup>1</sup> ), female	9.1	7.84–10.26
18 and over (age-adjusted <sup>2</sup> ), total	8.2	7.38–9.09
18 and over (age-adjusted <sup>2</sup> ), male	8.6	7.54–9.66
18 and over (age-adjusted <sup>2</sup> ), female	8.0	6.94–9.02

<sup>1</sup>Crude estimates are presented.

<sup>2</sup>Estimates are age-adjusted using the projected 2000 U.S. population as the standard population and four age groups: 18–44, 45–54, 55–64, and 65 and over.

NOTE: Data are based on household interviews of a sample of the civilian noninstitutionalized population.

DATA SOURCE: NCHS, National Health Interview Survey, January–March 2016, Sample Adult Core component.

**Data table for Figure 14.3. Age-sex-adjusted prevalence of diagnosed diabetes among adults aged 18 and over, by race and ethnicity: United States, January–March 2016**

Race and ethnicity	Percent <sup>1</sup>	95% confidence interval
Hispanic or Latino	13.9	11.01–16.71
Not Hispanic or Latino, single race, white	6.6	5.72–7.43
Not Hispanic or Latino, single race, black	13.8	11.00–16.59

<sup>1</sup>Estimates are age-sex-adjusted using the projected 2000 U.S. population as the standard population and four age groups: 18–44, 45–54, 55–64, and 65 and over.

NOTE: Data are based on household interviews of a sample of the civilian noninstitutionalized population.

DATA SOURCE: NCHS, National Health Interview Survey, January–March 2016, Sample Adult Core component.