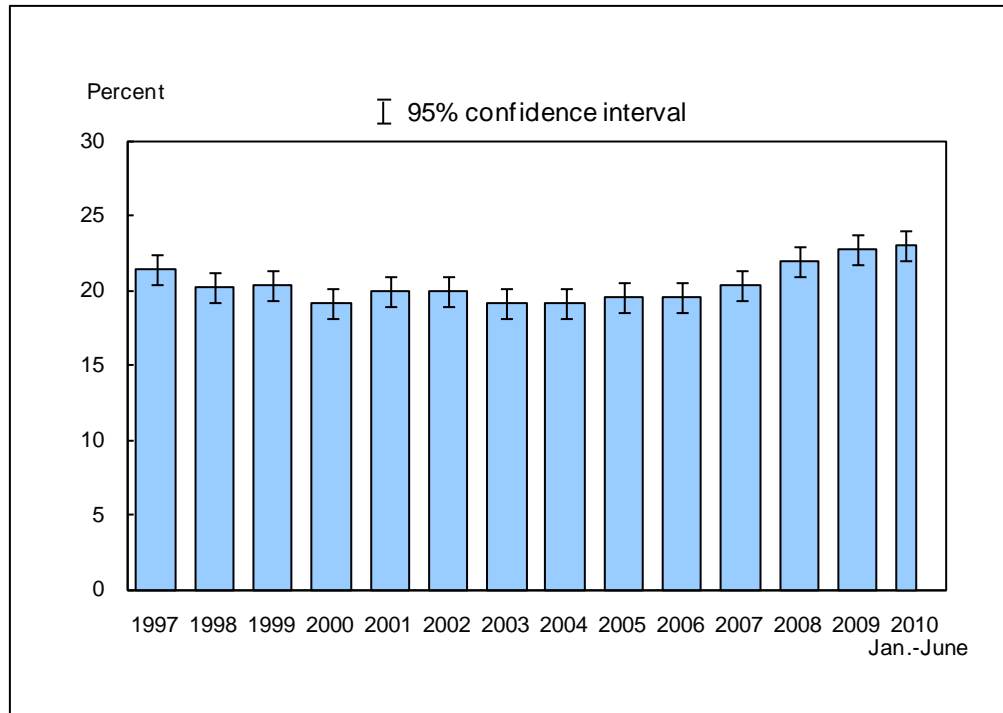


Figure 9.1. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year: United States, 1997–June 2010

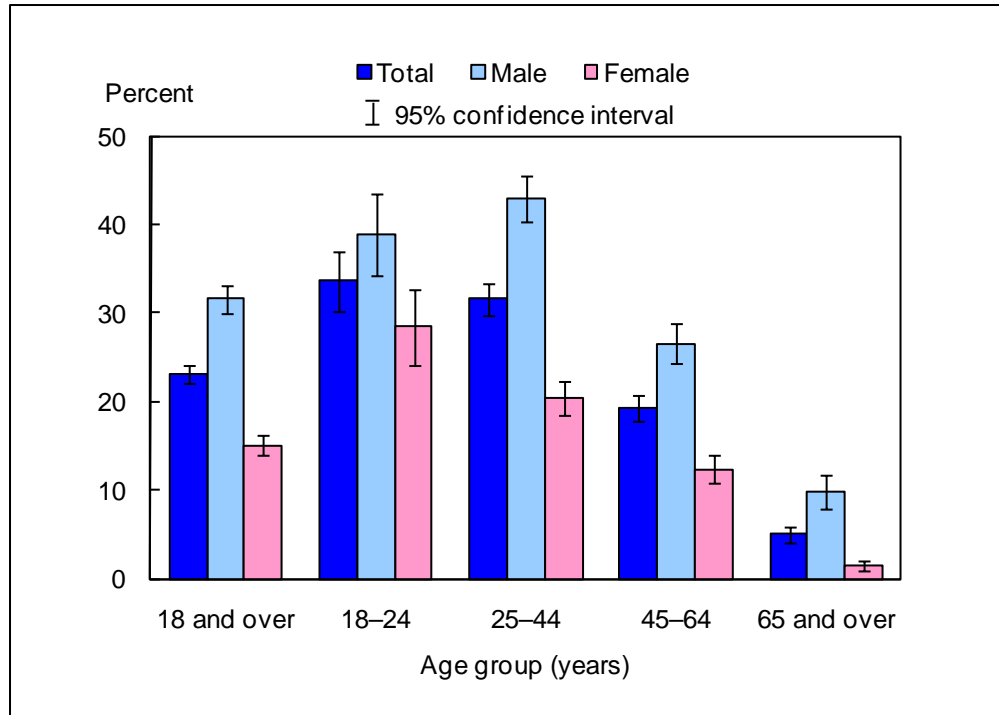


NOTES: The analyses excluded adults with unknown alcohol consumption (about 2% of respondents each year). Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000–2002 were recalculated using weights derived from the 2000 census. See "About This Early Release" for more details.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997–June 2010, Sample Adult Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- For January–June 2010, the percentage of adults who had five or more drinks in 1 day at least once in the past year was 23.0% (95% confidence interval = 21.99%–24.05%), which was not significantly different from the 2009 estimate of 22.8%.
- The percentage of adults who had five or more drinks in 1 day at least once in the past year decreased from 21.4% in 1997 to 19.5% in 2005 and then increased to 23.0% for January–June 2010.

Figure 9.2. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by age group and sex: United States, January–June 2010

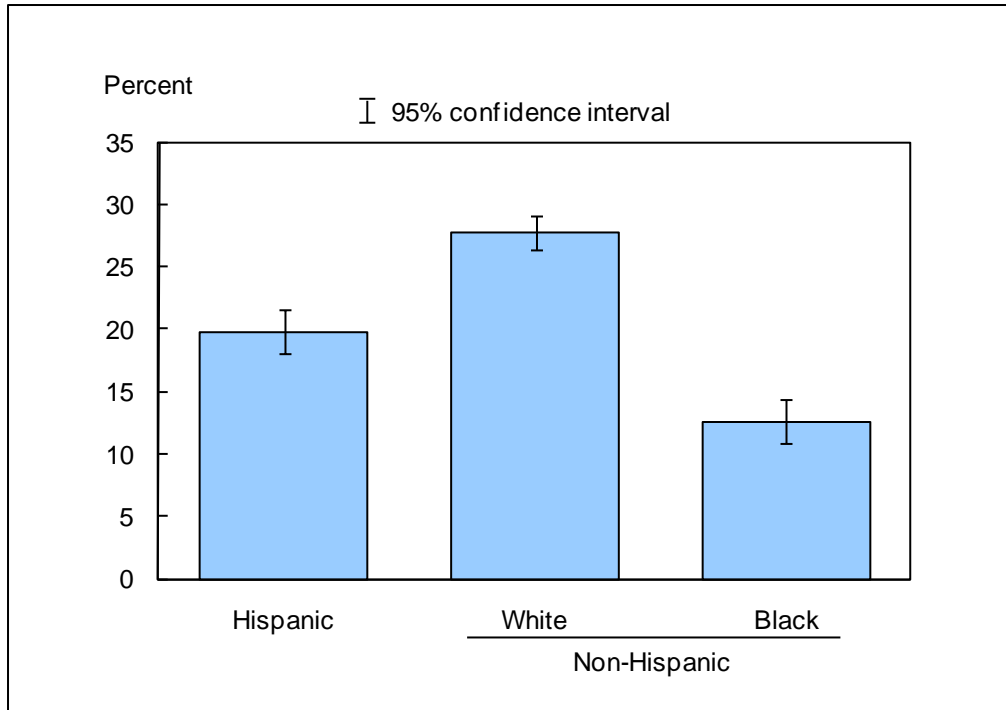


NOTE: The analyses excluded 162 adults (1.1%) with unknown alcohol consumption.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January–June 2010, Sample Adult Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- The percentage of women who had five or more drinks in 1 day at least once in the past year decreased with age.
- For adults aged 18–24 years, 25–44 years, 45–64 years, and 65 years and over, men were considerably more likely than women to have had five or more drinks in 1 day at least once in the past year.

Figure 9.3. Age-sex-adjusted percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by race/ethnicity: United States, January–June 2010



NOTES: The analyses excluded 162 adults (1.1%) with unknown alcohol consumption. Estimates are age-sex-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18–24 years, 25–44 years, 45–64 years, and 65 years and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January–June 2010, Sample Adult Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- The age-sex-adjusted percentage of adults who had five or more drinks in 1 day at least once in the past year was 19.8% for Hispanic adults, 27.7% for non-Hispanic white adults, and 12.6% for non-Hispanic black adults.
- Non-Hispanic white adults were most likely to have had five or more drinks in 1 day at least once in the past year, followed by Hispanic adults and non-Hispanic black adults.

Data tables for Figures 9.1–9.3:

Data table for Figure 9.1. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year: United States, 1997–June 2010

| Year | Crude ¹ percent (95% confidence interval) | Age-adjusted ² percent (95% confidence interval) |
|-------------------|---|--|
| 1997 | 21.4 (20.8-22.0) | 21.1 (20.5-21.6) |
| 1998 | 20.2 (19.6-20.8) | 19.9 (19.3-20.5) |
| 1999 | 20.3 (19.6-21.0) | 20.1 (19.5-20.7) |
| 2000 | 19.2 (18.6-19.9) | 19.2 (18.6-19.8) |
| 2001 | 20.0 (19.4-20.6) | 20.0 (19.4-20.6) |
| 2002 | 19.9 (19.2-20.5) | 20.0 (19.4-20.6) |
| 2003 | 19.1 (18.5-19.8) | 19.2 (18.6-19.9) |
| 2004 | 19.1 (18.4-19.8) | 19.2 (18.6-19.9) |
| 2005 | 19.5 (18.89-20.18) | 19.8 (19.20-20.49) |
| 2006 | 19.6 (18.86-20.39) | 19.9 (19.19-20.68) |
| 2007 | 20.4 (19.44-21.34) | 20.7 (19.79-21.68) |
| 2008 | 22.0 (21.00-22.93) | 22.4 (21.47-23.38) |
| 2009 | 22.8 (21.87-23.67) | 23.3 (22.41-24.21) |
| January-June 2010 | 23.0 (21.99-24.05) | 23.6 (22.56-24.65) |

¹Crude estimates are presented in the figure.

²Estimates for this *Healthy People 2010* Leading Health Indicator are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18–24 years, 25–44 years, 45–64 years, and 65 years and over.

NOTES: Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000–2002 were recalculated using weights derived from the 2000 census. See "About This Early Release" for more details.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997–June 2010, Sample Adult Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for Figure 9.2. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by age group and sex: United States, January–June 2010

| Age and sex | Percent | 95% confidence interval |
|--|---------|-------------------------|
| 18-24 years, total | 33.6 | 30.26-37.00 |
| 18-24 years, male | 38.9 | 34.26-43.56 |
| 18-24 years, female | 28.4 | 24.20-32.58 |
| 25-44 years, total | 31.5 | 29.79-33.28 |
| 25-44 years, male | 42.9 | 40.26-45.50 |
| 25-44 years, female | 20.4 | 18.44-22.35 |
| 45-64 years, total | 19.2 | 17.79-20.66 |
| 45-64 years, male | 26.6 | 24.40-28.73 |
| 45-64 years, female | 12.3 | 10.76-13.89 |
| 65 years and over, total | 5.0 | 4.09-5.93 |
| 65 years and over, male | 9.7 | 7.81-11.68 |
| 65 years and over, female | 1.4 | 0.91-1.94 |
| 18 years and over (crude ¹), total | 23.0 | 21.99-24.05 |
| 18 years and over (crude ¹), male | 31.6 | 30.02-33.17 |
| 18 years and over (crude ¹), female | 15.1 | 13.99-16.14 |
| 18 years and over (age-adjusted ²), total | 23.6 | 22.56-24.65 |
| 18 years and over (age-adjusted ²), male | 31.8 | 30.29-33.40 |
| 18 years and over (age-adjusted ²), female | 15.8 | 14.70-16.86 |

¹Crude estimates are presented in the figure.

²Estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18–24 years, 25–44 years, 45–64 years, and 65 years and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January–June 2010, Sample Adult Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for Figure 9.3. Age-sex-adjusted percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by race/ethnicity: United States, January–June 2010

| Race/ethnicity | Percent ¹ | 95% confidence interval |
|--|----------------------|-------------------------|
| Hispanic or Latino | 19.8 | 18.08-21.54 |
| Not Hispanic or Latino, single race, white | 27.7 | 26.43-29.06 |
| Not Hispanic or Latino, single race, black | 12.6 | 10.79-14.39 |

¹Estimates are age-sex-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18–24 years, 25–44 years, 45–64 years, and 65 years and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January–June 2010, Sample Adult Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.