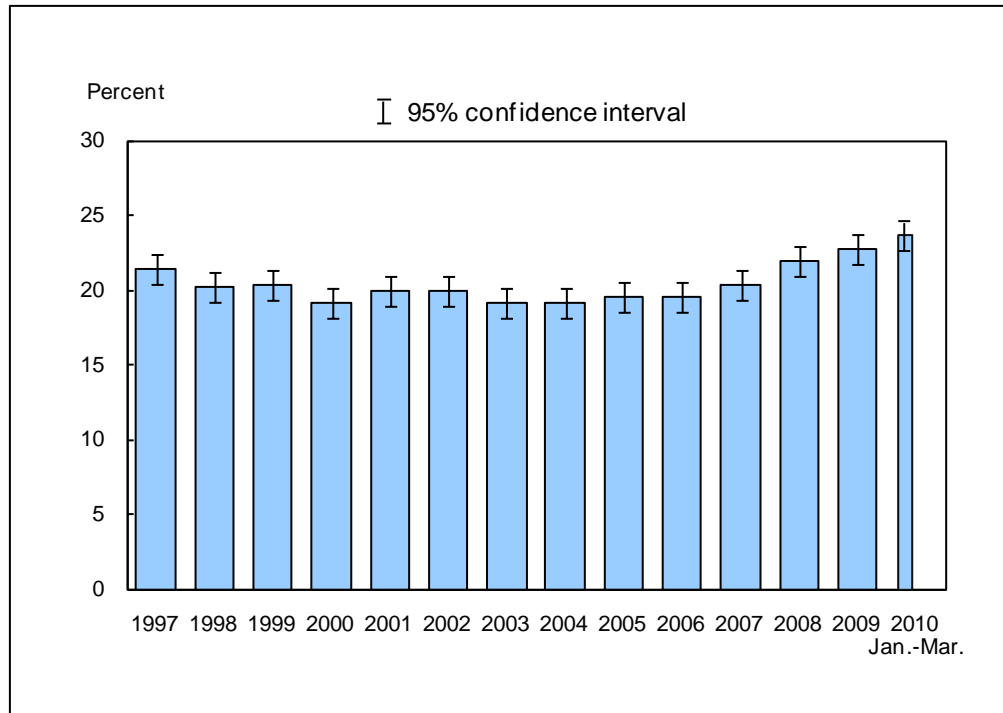


Figure 9.1. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year: United States, 1997-March 2010

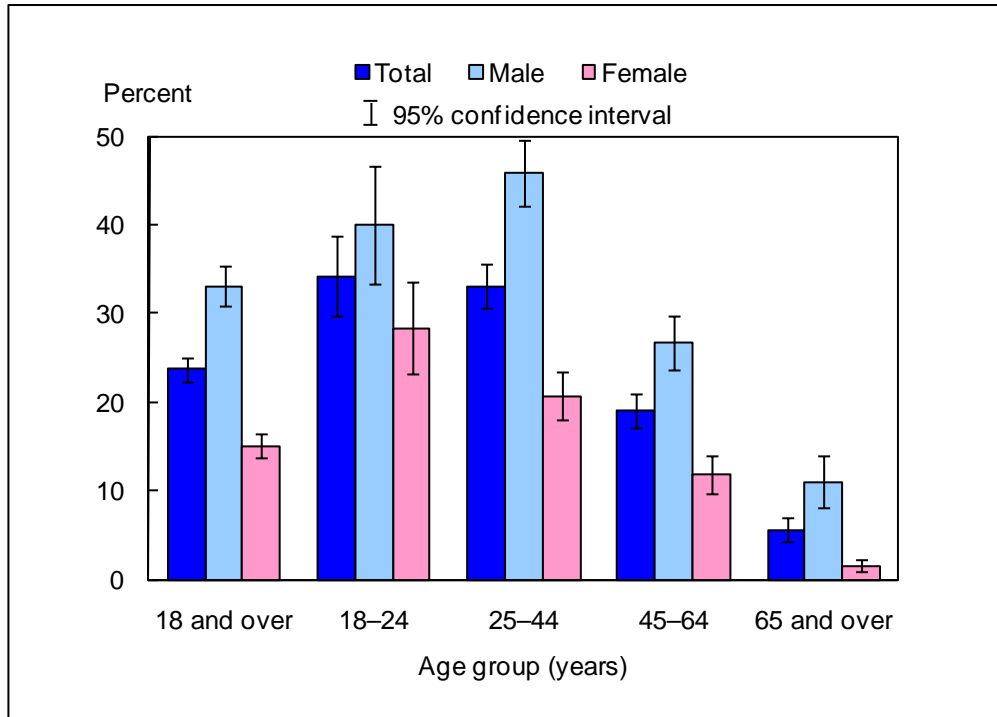


NOTES: The analyses excluded adults with unknown alcohol consumption (about 2% of respondents each year). Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000-2002 were recalculated using weights derived from the 2000 census. See "About This Early Release" for more details.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997-March 2010, Sample Adult Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- In early 2010, the percentage of adults who had five or more drinks in 1 day at least once in the past year was 23.7% (95% confidence interval = 22.29%-25.11%), which was higher than, but not significantly different from, the 2009 estimate of 22.8%.
- The percentage of adults who had five or more drinks in 1 day at least once in the past year decreased from 21.4% in 1997 to 19.5% in 2005, and then increased to 23.7% in early 2010.

Figure 9.2. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by age group and sex: United States, January-March 2010

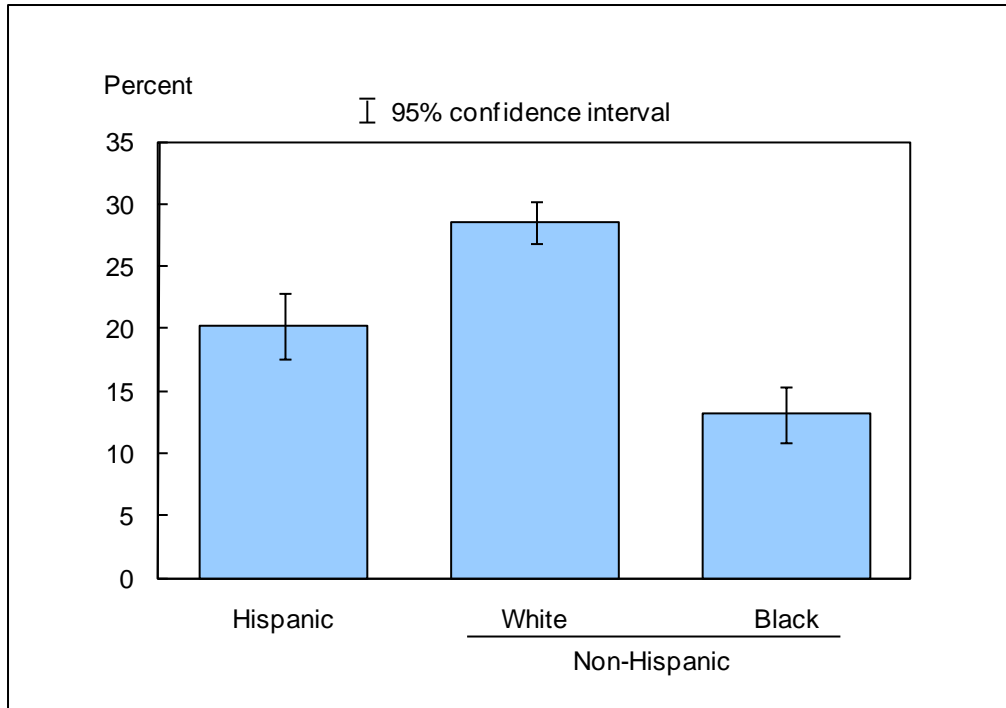


NOTE: The analyses excluded 89 adults (1.2%) with unknown alcohol consumption.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January-March 2010, Sample Adult Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- The percentage of women who had five or more drinks in 1 day at least once in the past year decreased with age.
- In all four age groups, men were considerably more likely than women to have had five or more drinks in 1 day at least once in the past year.

Figure 9.3. Age-sex-adjusted percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by race/ethnicity: United States, January-March 2010



NOTES: The analyses excluded 89 adults (1.2%) with unknown alcohol consumption. Estimates are age-sex adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-24 years, 25-44 years, 45-64 years, and 65 years and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January-March 2010, Sample Adult Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- The age-sex-adjusted percentage of adults who had five or more drinks in 1 day at least once in the past year was 20.3% for Hispanic adults, 28.5% for non-Hispanic white adults, and 13.2% for non-Hispanic black adults.
- Non-Hispanic white adults were more likely to have had five or more drinks in 1 day at least once in the past year compared with Hispanic adults and non-Hispanic black adults.

Data tables for Figures 9.1-9.3:

Data table for Figure 9.1. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year: United States, 1997-March 2010

Year	Crude ¹ percent (95% confidence interval)	Age-adjusted ² percent (95% confidence interval)
1997	21.4 (20.8-22.0)	21.1 (20.5-21.6)
1998	20.2 (19.6-20.8)	19.9 (19.3-20.5)
1999	20.3 (19.6-21.0)	20.1 (19.5-20.7)
2000	19.2 (18.6-19.9)	19.2 (18.6-19.8)
2001	20.0 (19.4-20.6)	20.0 (19.4-20.6)
2002	19.9 (19.2-20.5)	20.0 (19.4-20.6)
2003	19.1 (18.5-19.8)	19.2 (18.6-19.9)
2004	19.1 (18.4-19.8)	19.2 (18.6-19.9)
2005	19.5 (18.89-20.18)	19.8 (19.20-20.49)
2006	19.6 (18.86-20.39)	19.9 (19.19-20.68)
2007	20.4 (19.44-21.34)	20.7 (19.79-21.68)
2008	22.0 (21.00-22.93)	22.4 (21.47-23.38)
2009	22.8 (21.87-23.67)	23.3 (22.41-24.21)
January-March 2010	23.7 (22.29-25.11)	24.4 (22.96-25.75)

¹Crude estimates are presented in the figure.

²Estimates for this *Healthy People 2010* Leading Health Indicator are age adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-24 years, 25-44 years, 45-64 years, and 65 years and over.

NOTES: Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000-2002 were recalculated using weights derived from the 2000 census. See "About This Early Release" for more details.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997-March 2010, Sample Adult Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for Figure 9.2. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by age group and sex: United States, January-March 2010

Age and sex	Percent	95% confidence interval
18-24 years, total	34.1	29.63-38.65
18-24 years, male	40.0	33.40-46.59
18-24 years, female	28.3	23.11-33.46
25-44 years, total	33.1	30.63-35.59
25-44 years, male	45.8	42.12-49.55
25-44 years, female	20.7	18.05-23.35
45-64 years, total	19.1	17.21-20.96
45-64 years, male	26.7	23.66-29.80
45-64 years, female	11.9	9.78-14.09
65 years and over, total	5.6	4.26-6.92
65 years and over, male	11.0	8.05-13.86
65 years and over, female	1.5	0.79-2.21
18 years and over (crude ¹), total	23.7	22.29-25.11
18 years and over (crude ¹), male	33.1	30.86-35.25
18 years and over (crude ¹), female	15.1	13.71-16.40
18 years and over (age-adjusted ²), total	24.4	22.96-25.75
18 years and over (age-adjusted ²), male	33.4	31.28-35.58
18 years and over (age-adjusted ²), female	15.8	14.45-17.13

¹Crude estimates are presented in the figure.

²Estimates are age adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-24 years, 25-44 years, 45-64 years, and 65 years and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January-March 2010, Sample Adult Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for Figure 9.3. Age-sex-adjusted percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by race/ethnicity: United States, January-March 2010

Race/ethnicity	Percent ¹	95% confidence interval
Hispanic or Latino	20.3	17.65-22.91
Not Hispanic or Latino, single race, white	28.5	26.81-30.27
Not Hispanic or Latino, single race, black	13.2	10.91-15.40

¹Estimates are age-sex adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-24 years, 25-44 years, 45-64 years, and 65 years and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January-March 2010, Sample Adult Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.