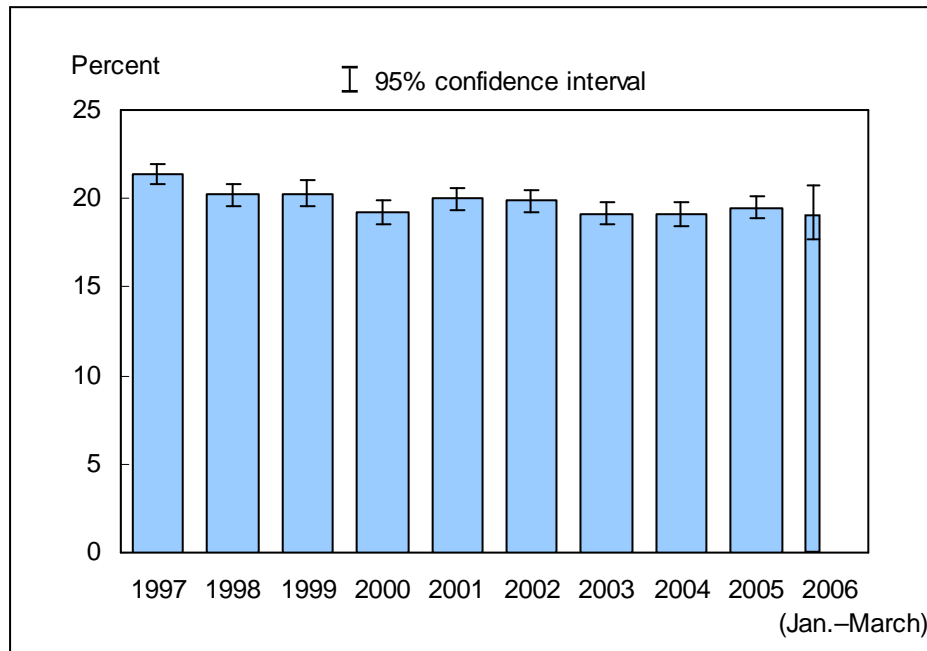


Figure 9.1. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year: United States, 1997–March 2006

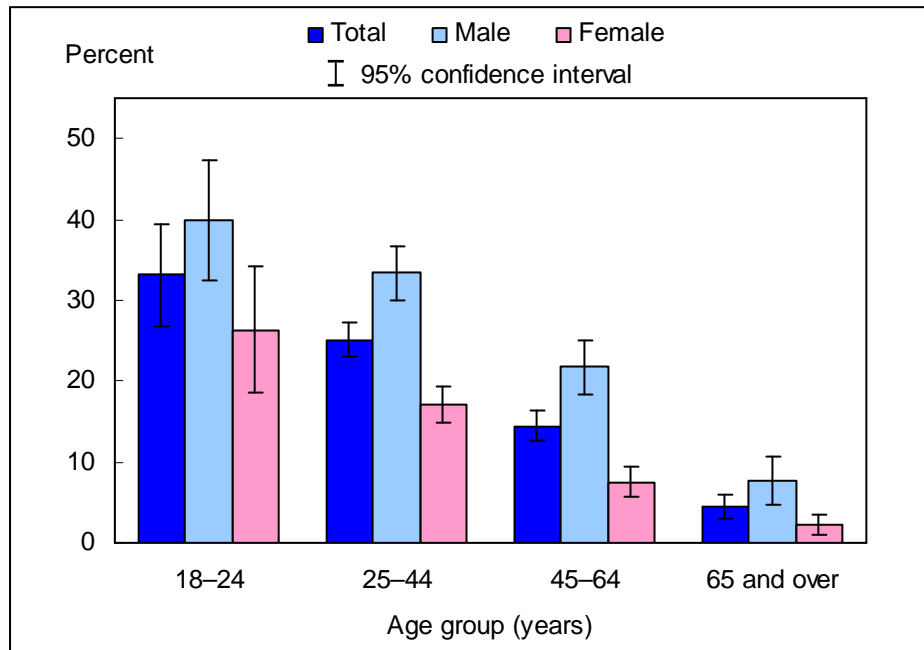


NOTES: The analyses excluded adults with unknown alcohol consumption (about 2% of respondents each year). Beginning with the 2003 data, the National Health Interview Survey (NHIS) transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000–2002 were recalculated using weights derived from the 2000 census. See “About This Release” and Table III in the Appendix for more details.

DATA SOURCE: Sample Adult Core component of the 1997–2006 NHIS. The estimate for 2006 was based on data collected from January through March. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- In early 2006, the percentage of adults who had five or more drinks in 1 day at least once in the past year was 19.2% (95% confidence interval = 17.71–20.73%), which was not significantly different from the 2005 estimate of 19.5%.
- From 2001 through 2003, the annual percentage of adults who had five or more drinks in 1 day at least once in the past year decreased from 20.0% to 19.1% and remained stable from 2003 to 2005.

Figure 9.2. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by age group and sex: United States, January–March 2006

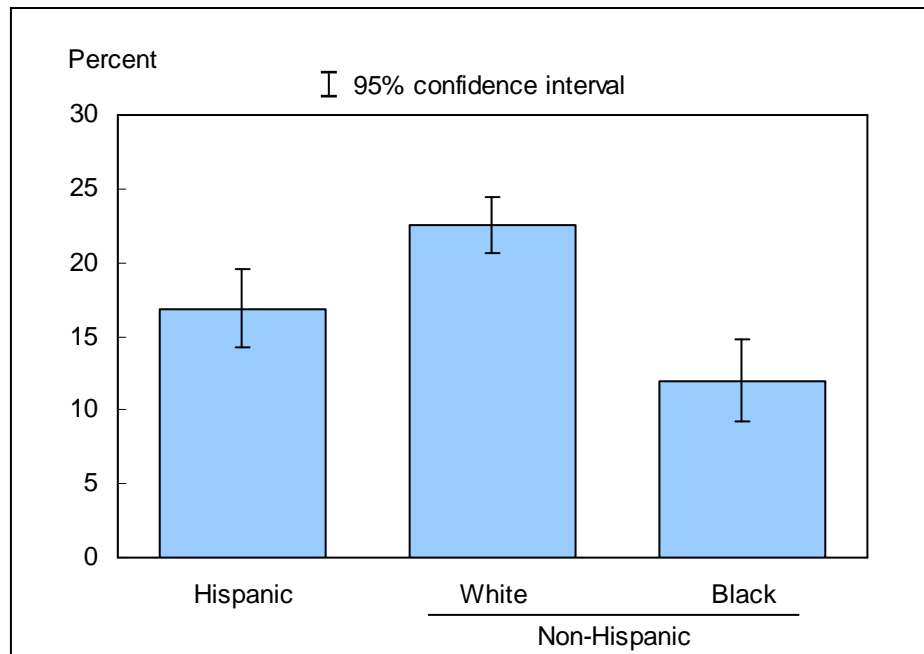


NOTE: The analyses excluded 149 adults (2.4%) with unknown alcohol consumption.

DATA SOURCE: Based on data collected from January through March in the Sample Adult Core component of the 2006 National Health Interview Survey. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- For both men and women, younger adults were more likely than older adults to have had five or more drinks in 1 day at least once in the past year.
- In all four age groups, men were considerably more likely than women to have had five or more drinks in 1 day at least once in the past year.

Figure 9.3. Age-sex-adjusted percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by race/ethnicity: United States, January–March 2006



NOTES: The analyses excluded 149 adults (2.4%) with unknown alcohol consumption. Estimates are age-sex adjusted using the projected 2000 U.S. population as the standard population using four age groups: 18–24 years, 25–44 years, 45–64 years, and 65 years and over.

DATA SOURCE: Based on data collected from January through March in the Sample Adult Core component of the 2006 National Health Interview Survey. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- The age-sex-adjusted percentage of adults who had five or more drinks in 1 day at least once in the past year was 17.0% for Hispanic adults, 22.5% for non-Hispanic white adults, and 11.9% for non-Hispanic black adults.

- Non-Hispanic white adults were most likely to have had five or more drinks in 1 day at least once in the past year, followed by Hispanic adults and non-Hispanic black adults.

Data tables for figures 9.1–9.3:

Data table for figure 9.1. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year: United States, 1997–March 2006

Year	Percent	95% confidence interval
1997	21.4	20.8-22.0
1998	20.2	19.6-20.8
1999	20.3	19.6-21.0
2000	19.2	18.6-19.9
2001	20.0	19.4-20.6
2002	19.9	19.2-20.5
2003	19.1	18.5-19.8
2004	19.1	18.4-19.8
2005	19.5	18.89-20.18
January–March 2006	19.2	17.71-20.73

NOTES: Beginning with the 2003 data, the National Health Interview Survey (NHIS) transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000–2002 were recalculated using weights derived from the 2000 census. See “About This Release” and Table III in the Appendix for more details.

DATA SOURCE: NHIS, 1997–March 2006. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for figure 9.2. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by age group and sex: United States, January–March 2006

Age and sex	Percent	95% confidence interval
18–24 years		
Total	33.1	26.70-39.50
Male	40.0	32.53-47.44
Female	26.3	18.50-34.17
25–44 years		
Total	25.1	23.04-27.14
Male	33.4	30.10-36.72
Female	17.0	14.79-19.26
45–64 years		
Total	14.4	12.51-16.25
Male	21.7	18.30-25.05
Female	7.5	5.73-9.34
65 years and over		
Total	4.5	3.10-5.98
Male	7.7	4.65-10.67
Female	2.3	1.08-3.50
18 years and over: crude¹		
Total	19.2	17.71-20.73
Male	26.7	24.37-28.97
Female	12.4	10.79-14.01
18 years and over: age-adjusted²		
Total	19.4	17.93-20.91
Male	26.4	24.12-28.60
Female	12.9	11.27-14.48

¹Crude estimates are presented in the figure.

²Estimates are age adjusted using the projected 2000 U.S. population as the standard population using four age groups: 18–24 years, 25–44 years, 45–64 years, and 65 years and over.

DATA SOURCE: National Health Interview Survey, 2006. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for figure 9.3. Age-sex-adjusted percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by race/ethnicity: United States, January–March 2006

Race/ethnicity	Percent ¹	95% confidence interval
Hispanic or Latino	17.0	14.31-19.74
Not Hispanic or Latino:		
White, single race	22.5	20.66-24.38
Black, single race	11.9	9.09-14.63

¹Estimates are age-sex adjusted using the projected 2000 U.S. population as the standard population using four age groups: 18–24 years, 25–44 years, 45–64 years, and 65 years and over.

DATA SOURCE: National Health Interview Survey, 2006. Data are based on household interviews of a sample of the civilian noninstitutionalized population.