

Data Brief 319. Prevalence of Total, Diagnosed, and Undiagnosed Diabetes Among Adults: United States, 2013–2016

Data table For Figure 1. Age-adjusted prevalence of total, diagnosed, and undiagnosed diabetes among adults aged 20 and over, by sex: United States, 2013–2016

Sex	Total	Diagnosed	Undiagnosed
	Percent (standard error)		
All	14.0 (0.63)	9.7 (0.51)	4.3 (0.39)
Men	15.9 (0.91)	10.8 (0.88)	5.1 (0.72)
Women	12.2 (0.74)	8.8 (0.68)	3.4 (0.40)

NOTES: Estimates for adults aged 20 and over were age adjusted by the direct method to the projected 2000 U.S. census population using age groups 20–39, 40–59, and 60 and over. Crude estimates for all adults aged 20 and over are 15.0% for total diabetes, 10.5% for diagnosed diabetes, and 4.5% for undiagnosed diabetes.

SOURCE: NCHS, National Health and Nutrition Examination Survey, 2013–2016.

Data Brief 319. Prevalence of Total, Diagnosed, and Undiagnosed Diabetes Among Adults: United States, 2013–2016

Data table for Figure 2. Prevalence of total, diagnosed, and undiagnosed diabetes among adults aged 20 and over, by age group: United States, 2013–2016

Age group	Total	Diagnosed	Undiagnosed
	Percent (standard error)		
20–39	3.5 (0.65)	1.8 (0.37)	1.7 (0.40)
40–59	16.3 (1.22)	11.1 (1.00)	5.2 (0.83)
60 and over	28.2 (1.48)	21.0 (1.29)	7.2 (0.78)

SOURCE: NCHS, National Health and Nutrition Examination Survey, 2013–2016.

Data Brief 319. Prevalence of Total, Diagnosed, and Undiagnosed Diabetes Among Adults: United States, 2013–2016

Data table for Figure 3. Age-adjusted prevalence of total, diagnosed, and undiagnosed diabetes among adults aged 20 and over, by race and Hispanic origin: United States, 2013–2016

Race and Hispanic origin	Total	Diagnosed	Undiagnosed
	Percent (standard error)		
Non-Hispanic white	12.4 (0.85)	8.5 (0.65)	3.9 (0.56)
Non-Hispanic black	17.9 (0.86)	13.9 (0.63)	4.0 (0.67)
Non-Hispanic Asian	15.3 (1.33)	10.2 (1.13)	5.1 (1.11)
Hispanic	19.8 (1.01)	13.6 (0.76)	6.2 (0.79)

NOTE: Estimates for adults aged 20 and over were age adjusted by the direct method to the projected 2000 U.S. census population using age groups 20–39, 40–59, and 60 and over.

SOURCE: NCHS, National Health and Nutrition Examination Survey, 2013–2016.

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Data table for Figure 4. Age-adjusted prevalence of total, diagnosed, and undiagnosed diabetes among adults aged 20 and over, by weight status category: United States, 2013–2016

Weight status category	Total	Diagnosed	Undiagnosed
	Percent (standard error)		
Underweight or normal weight	6.2 (0.80)	4.3 (0.78)	1.9 (0.41)
Overweight	11.8 (0.90)	8.6 (0.64)	3.2 (0.59)
Obesity	20.7 (1.29)	14.0 (0.96)	6.8 (0.73)

NOTE: Estimates for adults aged 20 and over were age adjusted by the direct method to the 2000 U.S. census population using age groups 20–39, 40–59, and 60 and over.

SOURCE: NCHS, National Health and Nutrition Examination Survey, 2013–2016.