

Asthma Cooperative Agreement Partner Profile

NEW HAMPSHIRE

Accessible link: <https://www.cdc.gov/asthma/contacts/asthma-grantee-profile-nh.html>

The **New Hampshire Asthma Control Program (NHACP)** has been part of CDC's National Asthma Control Program since 2001. They work alongside partners to reduce asthma disparities by improving the quality of asthma care, improving asthma management in schools, and fostering policies to help reduce exposure to asthma triggers in outdoor, indoor, and workplace environments.

Strategies in Action

- In 2020, NHACP forged a new strategic partnership with the Granite YMCA's Director of Healthy Living Initiatives, who is also a member of the NH Asthma Collaborative. Because of this partnership, NHACP provided the connection and funding for the Granite YMCA to train three staff members to facilitate the American Lung Association's Asthma Self-Management Education Open Airways Program in 2022. The Granite YMCA included programming for children with asthma in their strategic plan as a priority under health equity. This new partnership expands the reach of NHACP to the 35,000 individuals served by the Granite YMCA each year, creating numerous opportunities for training personnel, caregivers, and students in asthma management.
- The NH Department of Education School Safety and Facility Management Bureau (NH DOE), annually conducts an Indoor Air Quality Survey for all schools in NH. Results of the survey help identify actions schools can take to address their indoor air quality issues. In 2020, the NHACP, through its relationship with the NH DOE, successfully advocated for the inclusion of the question "How many visits to the school nurse over the last year were asthma related?" in the annual survey. The NHACP added two additional questions in 2023 to the annual survey: "Does your school have a fragrance-free policy? Y/N" and "Does your school predominantly use third party certified cleaning products? Y/N". Recording this information allows the NH DOE to identify possible health impacts and the outcomes of interventions in the school designed to improve air quality. This information also allows NHACP to target interventions to specific schools with the highest number of visits to the school nurse for asthma.

NH

Asthma by the Numbers:

2020

127,113 Adults
with asthma

17,331 Children
with asthma



In 2020, 127,113 New Hampshire adults (11.5% of the adult population) and 17,331 New Hampshire children ages 0–17 years (7.2%) had asthma.

2020

2,598 ER visits

255 Hospitalizations



In 2020, there were 2,598 emergency department (ED) visits and 255 hospitalizations due to asthma in New Hampshire.

[cdc.gov/asthma](https://www.cdc.gov/asthma)

National Asthma Control Program: EXHALE

Education

on asthma self-management

X-tinguishing

smoking and exposure to secondhand smoke

Home

visits for trigger reduction and asthma self-management education

Achievement

of guidelines-based medical management

Linkages

and coordination of care across settings

Environmental

policies or best practices to reduce asthma triggers from indoor, outdoor, or occupational sources

CDC's National Asthma Control Program (NACP) and its partners help people with asthma achieve better health and improved quality of life. NACP developed EXHALE, a set of six public health strategies that each contribute to better asthma control.

Each EXHALE strategy has been proven to reduce asthma-related hospitalizations, emergency department visits, and healthcare costs. Using the EXHALE strategies together in a community can have the greatest impact.