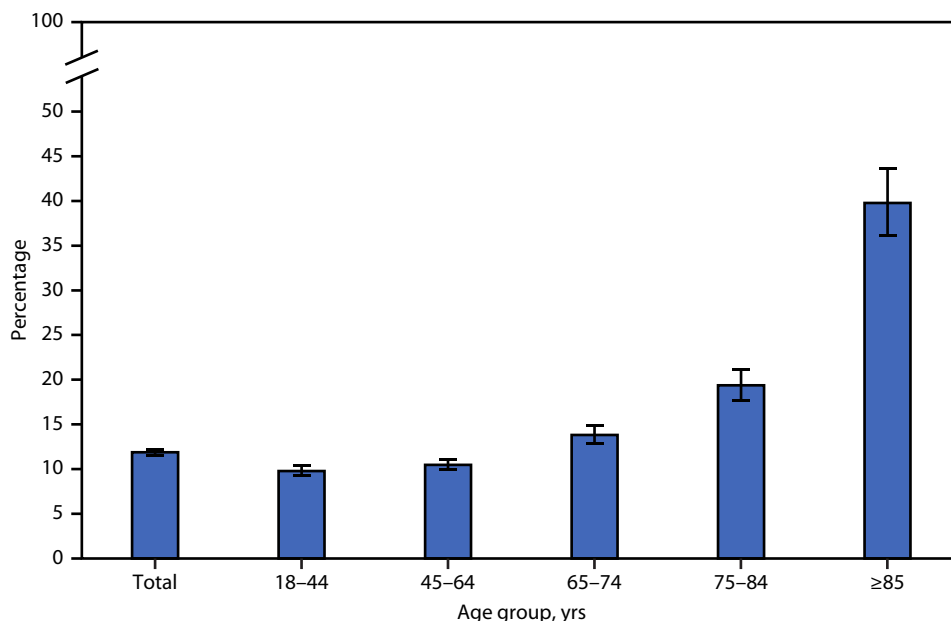


## QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

### Percentage\* of Adults Aged $\geq 18$ Years Who Received Care at Home from a Friend or Family Member During the Past 12 Months,<sup>†</sup> by Age Group — National Health Interview Survey,<sup>§</sup> United States, 2021



\* With 95% CIs indicated by error bars.

<sup>†</sup> Based on a response to the question, "During the past 12 months, did you receive care at home from a friend or family member?" The definition of care was left up to respondent interpretation in most cases, but if asked, the interviewer could clarify that care encompasses a wide range of activities with which a person might need help, including personal and household tasks.

<sup>§</sup> Estimates are based on household interviews of a sample of the civilian, noninstitutionalized U.S. population.

During 2021, 11.9% of adults aged  $\geq 18$  years received care at home from a friend or family member during the past 12 months. The percentage of adults who received care during the past 12 months was similar among adults aged 18–44 years (9.8%) and 45–64 years (10.5%), then increased with age to 13.8% among those aged 65–74 years, 19.4% among those aged 75–84 years, and more than doubled to 39.8% among those aged  $\geq 85$  years.

**Source:** National Center for Health Statistics, National Health Interview Survey, 2021. <https://www.cdc.gov/nchs/nhis/index.htm>

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