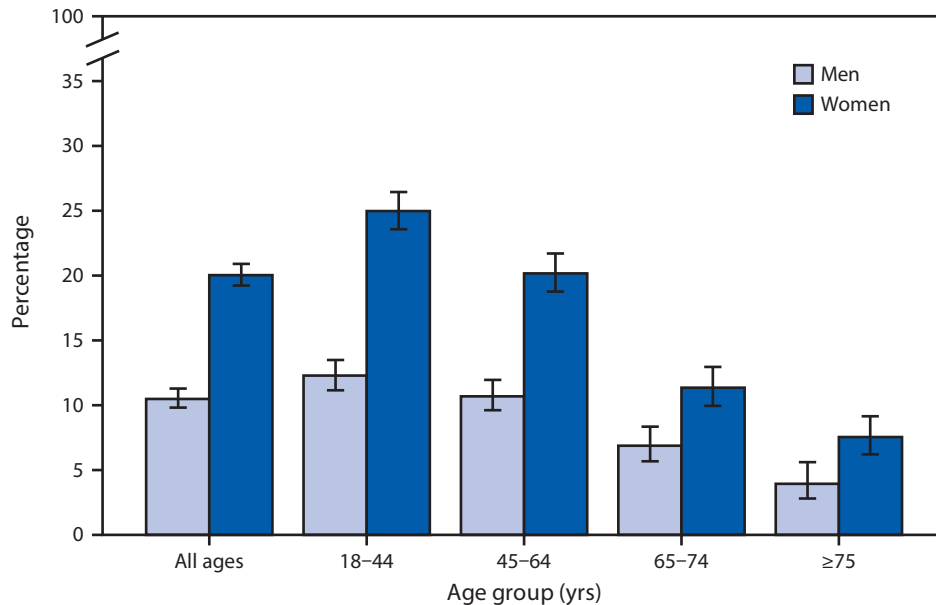


QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

Percentage* of Adults Who Had a Severe Headache or Migraine in the Past 3 Months, by Sex and Age Group — National Health Interview Survey, United States, 2018^{†,§}



* With 95% confidence intervals indicated by error bars.

[†] Based on a question in the Sample Adult Interview that asks "During the past 3 months, did you have...[a] severe headache or migraine?"

[§] Estimates are based on household interviews of a sample of the civilian, noninstitutionalized U.S. population.

In 2018, women were nearly twice as likely as men to have had a severe headache or migraine in the past 3 months (20.1% versus 10.6%), both overall and within each age group. The percentage of persons experiencing severe headache or migraine declined with age for both men and women, from 25.5% among those aged 18–44 years to 7.6% among those aged ≥75 years for women and from 12.3% among those aged 18–44 years to 4.0% among those aged ≥75 years for men.

Source: National Health Interview Survey, 2018 data. <http://www.cdc.gov/nchs/nhis.htm>.

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