

Risk Factors for Chronic Kidney Disease

After my dad was diagnosed with diabetes, we learned that more than one in three people with diabetes has chronic kidney disease...just like him!

People are at higher risk of chronic kidney disease if they have: Diabetes, High blood pressure, Heart disease.

A family history of chronic kidney disease, or obesity.

Since we found out the risk factors for chronic kidney disease, we encouraged dad to get checked.

All it took was a simple test.

If you or a loved one has diabetes or is at risk of diabetes, ask a doctor to test for chronic kidney disease.

Screen text: Ask a doctor to test for chronic kidney disease [cdc.gov/kidney-disease/prevention](https://www.cdc.gov/kidney-disease/prevention).