

Managing Chronic Kidney Disease

When my dad was diagnosed with chronic kidney disease, I knew we had to take action. Having diabetes put him at an increased risk for chronic kidney disease.

I help dad manage both of his conditions by making sure his blood sugar is in range, encouraging him to be more active, and checking in often with his doctor.

Treating his chronic kidney disease can slow its progression and stop it from worsening over time.

If you or a loved one has diabetes, or is at risk of diabetes, ask a doctor to test for chronic kidney disease.

Screen text: Ask a doctor to test for chronic kidney disease [cdc.gov/kidney-disease/prevention](https://www.cdc.gov/kidney-disease/prevention)