# Module 1: Introduction to the Wellness Policy in Action Tool (WPAT)

# Audio Descriptive Text

The video opens with soothing music, voiceover narration, and collage of images of school-aged children engaging in different activities including working in the school garden, walking and bicycling to school, eating a school lunch, playing volleyball, being active in a physical education class and drinking from a water fountain. This transitions to an image of student in a school cafeteria and provides an overview of a local school wellness policy. The video transitions to a slide with eight icons highlighting different requirements of local school wellness policies. As the soothing music continues, the slides transition to information about the required triennial assessment for local school wellness policies including assessment components and required documentation. The video transitions to describe how two existing school health assessment tools, CDC’s School Health Index and the University of Connecticut Rudd Center’s WellSAT 3.0 tool, were used to create the Wellness Policy in Action Tool (WPAT). The video then transitions to show the purpose of the WPAT and the URL to find out more information about the tool.

The video transitions to a screen with the text with “Please continue to Module 2” and moves on to the final slide with the CDC Healthy Schools URL, <https://www.cdc.gov/healthyschools/>. The CDC logo is at the bottom right of the screen and Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Population Health is at the bottom left of the screen. The music fades out.