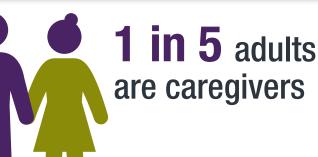
CAREGIVING AMONG LESBIAN, GAY, BISEXUAL, TRANSGENDER (LGBT) ADULTS

2021–2022 Behavioral Risk Factor Surveillance System (BRFSS) Data from Lesbian, Gay, Bisexual, Transgender (LGBT) Adults in 47 States and Puerto Rico



CAREGIVERS provide regular care or assistance to a FRIEND or FAMILY member with a health problem or disability

CAREGIVING CAN BE

LENGTHY Over half have provided care for at least two years



two years INTENSE Nearly a third have

provided care for at least 20 hours per week



WHO ARE CAREGIVERS?

65% are women

7% are 65 years old or older

35% are caring for a parent or parent-in-law

20% are providing care to someone with dementia



HOW DO CAREGIVERS HELP?



Over 85% manage household tasks

Over half assist with personal care





U.S. Department of Health and Human Services Centers for Disease Control and Prevention

FUTURE CAREGIVERS

1 in 7 NON-CAREGIVERS expect to BECOME CAREGIVERS within 2 years

cdc.gov/aging

May 2024