**Building an AIDS-free Future for Over 100,000 Girls and Young Women**

**3-minute video**

**On-screen text:** ZAMBIA

**On-screen text:** Building an AIDS-free Future for Over 100,000 Girls and Young Women

**On-screen text:** CDC Around the World

*(soft music underneath voice over throughout)*

**On-screen text:** Taonga, DREAMS Staff

**Taonga:** HIV has really impacted my community in a negative way.

**On-screen text:** Comfort, DREAMS Staff

**Comfort:** It’s impacting a lot of adolescents, especially adolescent girls and young women.

**On-screen text:** Carlos Muleya

Community Services Specialist, CDC Zambia

**Carlos:** 40% of the new HIV infections in a year, are among adolescents

and young people and of those, 63% are coming from sub-Saharan Africa.

**On-screen text:** Linah, DREAMS Participant

**Linah:** I was concerned about getting HIV, very concerned, because it’s a disease that you have to live with your entire life.

**On-screen text:** In 2014, a global initiative called DREAMS was introduced to address the increase in new HIV infections among adolescent girls and young women.

**On-screen text:** U.S. CDC, through PEPFAR, currently supports the DREAMS initiative in 13 countries, including Zambia.

**Carlos:** In Zambia, we launched DREAMS in 2016. It stands for Determined, Resilient, Empowered, AIDS-Free, Mentored and Safe.

**Linah:** DREAMS is a program that helps vulnerable people, especially adolescent girls between the ages of 10 to 24 years.

**Carlos:** So the main objective is to keep adolescent girls and young women AIDS-free. And also to empower them so that we can close the barriers that put them at risk of HIV infection.

**Linah:** They help people go to school, skills training and providing them with health care services.

**Taonga:** We ensure that this adolescent girl is empowered with information and aside of being empowered with information, this adolescent girl is empowered with skills that will enable her

to survive in the community.

**Carlos:** From October 2020 to October 2023,110,090 adolescent girls and young women have been reached through the DREAMS program as a whole in the CDC districts. The program is really working to improve the resilience of the girls, even reducing the levels of stigma

for them to seek services.

**Taonga:** DREAMS is making an impact, not just in my life because I was the beneficiary, but DREAMS has impacted so many lives in the community where I come from. It's a very big part of my life now, because I've created a family here. Everyone here is so nice. They are like my sisters. I have this love for DREAMS. I love DREAMS.

**Comfort:** I feel adolescents are the future leaders and if we educate them now, we know that even their homes will be educated. If we can empower them now, we know that the society also and the communities will be really safe. I love working with adolescent girls

to help them through this stage and make them better people for tomorrow.

**On-screen text:** [www.cdc.gov/globalhealth](http://www.cdc.gov/globalhealth)

**On-screen text:** Follow @CDCGlobal on Social Media