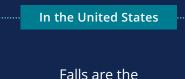
Older Adult Fall Prevention CDC's Injury Center Uses Data and Research to Save Lives



leading cause of injury and injury death

among adults ages 65 and over



department visits

1.2M hospital stays

Older adult falls result in about

\$80 billion

in **medical costs** every year. Medicare shoulders

of these costs

Our Mission

CDC empowers healthcare providers, public health agencies, older adults, and caregivers to help maintain the health and independence of older adults by preventing falls

CDC Equips Healthcare Providers



The Stopping Elderly Accidents, Deaths & Injuries (STEADI) initiative supports healthcare providers in making fall prevention a routine part of their clinical practice

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STEADI-R_x guides pharmacists on how to screen pharmacy patients, assess for medication issues, and intervene to reduce patients' fall risk



A **STEADI best practices guide** helps inpatient staff make fall prevention part of the hospital stay to reduce older adult falls during and after hospitalization

CDC Educates Older Adults and Caregivers

- → The **Still Going Strong** campaign **raises awareness about** common injuries, such as falls, and provides simple steps older adults and their caretakers can take to help older adults age without injury
- → **MyMobility Plan** guides older adults on building a **plan to stay independent** by staying safe at home and mobile in their community



→ A CDC Compendium of Effective Fall Interventions is a collection of evidence-based interventions to address older adult falls in communities

CDC Supports

Communities

- → With CDC funding, the **National** Association of County and City Health **Officials (NACCHO)** provides resources for local health departments
- → Association of State and Territorial Health Officials (ASTHO) provides resources for state health departments



www.cdc.gov/falls/about/