

Provider Education for Mental Health Care of Cancer Survivors with Audio Descriptive Transcript

Audio Descriptive Text

- Provider Education for Mental Health Care of Cancer Survivors slide with logos from the Centers for Disease Control and Prevention and the National Association of Chronic Disease Directors.
- Graphic showing one-third spoke with their doctors about their concerns. CDC, 2016.
- Graphic showing less than one-third receiving treatment for distress. CDC, 2016.
- Video showing doctor providing advice and results to his patient.
- Video showing nurse discussing results to her patient.
- Health care provider watching the Provider Education for Mental Health Care of Cancer Survivors simulation on his laptop.
- Enlarged simulation showing interactive navigation options and the simulated doctor with a simulated patient.
- Tablet showing the following points this simulation would help providers—
 - Learn about the importance of distress screening.
 - Better navigate conversations about mental health with your patients.
 - Discuss referral options.
- Simulated doctor with a profile block of Ellen Grunberg, virtual cancer survivor with a moderate to severe distress level, with the following action items—
 - Discuss the results.
 - Work with her on a plan.
- Performance dashboards with an overall score and a narrative on the patient's results.
- A doctor looking at the simulation on his tablet and writing notes with his left hand.
- To practice conversations about patient experience: ConversationsAboutCancer.org. Slide with logos from the Centers for Disease Control and Prevention and the National Association of Chronic Disease Directors.

Video Summary

During this free, web-based interactive training, providers can engage in role-play conversations with simulated cancer survivors to try different approaches to discussing mental health concerns identified through distress screening, and make appropriate referrals when indicated. This training also allows providers to get personalized feedback and gain the confidence and skills to lead similar conversations in real life. For more information and to access the simulation, visit <https://www.cdc.gov/cancer/survivors/health-care-providers/mental-health-care-prov-ed.htm>.

Audio Script

[Instructor] Only one-third of cancer survivors have discussed their mental health with their doctors. Even fewer received treatment for distress.

As a health care provider, bringing up these topics can be challenging. Time is limited and some patients are hesitant to discuss their mental health. However, we know that having these conversations can help our patients improve their quality of life, experience fewer physical symptoms, and lead to better treatment and supportive care outcomes.

Provider Education for Mental Health Care of Cancer Survivors is a role play simulation created to help providers like you learn about the importance of distress screening, better navigate conversations about mental health with your patients, and discuss referral options for treatment and supportive care.

You'll discuss the results of a distress screening with Ellen, a virtual cancer survivor, using evidence-based conversation techniques. You'll collaborate with her on a plan and even receive personalized feedback to help you improve your skills.

A conversation has the power to change a life. Let's learn and practice skills that will help our patients experience better health outcomes and lead them to a healthier, happier future.

Ready to access the simulation? Visit [ConversationAboutCancer.org](https://www.conversationaboutcancer.org).